



# 72 Hours to Freedom from Fentanyl Addiction



A focused 3-day Bible study guiding you toward hope, strength, and freedom from fentanyl addiction through Scripture and prayer.

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## Introduction

Welcome to your **72-hour journey toward freedom**. Addiction can feel like an unbreakable chain, especially with substances as powerful as fentanyl. Yet, the Bible offers profound hope and practical strength for every step toward recovery. In this study, you'll discover God's promises, experience His peace, and embrace His power to overcome addiction.

*Freedom is not only possible, but it is promised.* Over the next three days, immerse yourself in Scriptures that address despair, powerlessness, healing, and renewal. Each day includes Scripture readings, reflections, and prayers designed to foster deep spiritual transformation. This plan is crafted to align with your urgent desire for freedom within 72 hours—reclaim your life with God's help starting now.

Let these moments of reflection ignite courage within you. Addiction may have a grip, but God's love and grace hold you stronger. Open your heart, lean on His Word, and allow Him to lead you from bondage to liberty.





## Day 1: Finding Hope Amid Despair



Day 1: 🕊 Finding Hope Amid Despair

## Your Verse

*Psalm 34:17 – "The righteous cry out, and the LORD hears them; he delivers them from all their troubles."*

## Supporting Scriptures

- *Isaiah 41:10 – "So do not fear, for I am with you; do not be dismayed, for I am your God."*
- *Matthew 11:28 – "Come to me, all you who are weary and burdened, and I will give you rest."*



Day 1: 🕊 Finding Hope Amid Despair

## Devotional: Hope Begins When We Cry Out to God

**Day one begins with hope — a vital anchor when battling addiction.**

Fentanyl's grip can lead to overwhelming despair and fear. Yet, God's Word assures us that He hears every cry for help. *Psalm 34:17* reminds us that when we reach out to the Lord, He delivers us from troubles, including the chains of addiction.

Fear and discouragement are common in this fight, but *Isaiah 41:10* counters these feelings with God's reassurance: "I am with you." God's presence is your strength. You are not alone in this journey — the Creator of the universe walks beside you, ready to uphold you.

Jesus invites those weighed down by addiction's burden to come to Him and find rest, as seen in *Matthew 11:28*. Today, accept His invitation, and begin your path toward freedom by placing your hope fully in Him. Your honest prayers and heartfelt cries will be heard; this is just the start of God's redemptive work in your life.



Day 1: 🕊 Finding Hope Amid Despair

## Reflect and Apply

1. What burdens are you carrying today that you want to give to God?

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2. How does knowing God hears your cries change your perspective on addiction?

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3. In what ways can you accept God's invitation to find rest amidst your struggle?

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Day 1: 🕊 Finding Hope Amid Despair

## Journaling Prompts

1. Write about what it feels like to know God hears your cries.

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2. List fears or doubts you want to hand over to God.

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3. Describe how you envision God walking alongside you in this journey.

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Day 1: 🕊 Finding Hope Amid Despair

## Prayer for Today

**Lord, today I come to You with a heavy heart.** I confess my struggles and ask for Your deliverance from addiction. Help me to trust that You hear my cries and stand with me even in my darkest moments. Give me the courage to rest in Your promise of peace and to walk forward in Your presence. Strengthen me to take one step closer to freedom. Thank You for never leaving me alone.

*Amen.* 🙏💪🕊✨





## Day 2: 🔥 Finding Strength to Resist Temptation



## Day 2: 🔥 Finding Strength to Resist Temptation

## Your Verse

*1 Corinthians 10:13 – "No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear."*

## Supporting Scriptures

- *James 4:7 – "Submit yourselves, then, to God. Resist the devil, and he will flee from you."*
- *Ephesians 6:10 – "Be strong in the Lord and in his mighty power."*



## Day 2: 🔥 Finding Strength to Resist Temptation

## Devotional: God's Faithful Strength Helps You Resist

On day two, the focus shifts to strength and resistance. Addiction often manifests through powerful temptations that seem impossible to overcome. However, Scripture assures us that no temptation is beyond what we can bear with God's help.

The Apostle Paul encourages believers in *1 Corinthians 10:13* that God is faithful to provide a way through temptation, not around it. The battle is real, but victory is guaranteed because God supplies the strength needed.

*James 4:7* teaches the power of submission and resistance—when you yield to God fully and actively resist the enemy, the forces that hold you captive lose their grip. Additionally, *Ephesians 6:10* reminds you to draw strength from God's might, standing firm against the cravings and lies of addiction.

Today, pray for a heart that submits completely to God and a spirit empowered to resist every temptation. Remember: God's power is made perfect in your weakness.



## Day 2: 🔥 Finding Strength to Resist Temptation

## Reflect and Apply

1. Which temptations feel strongest for you right now, and how have you tried to resist them before?

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2. How does knowing God provides a way out affect your confidence in fighting addiction?

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3. What does submitting to God look like in practical ways during your recovery?

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## Day 2: 🔥 Finding Strength to Resist Temptation

# Journaling Prompts

1. Identify moments when you felt strong in resisting urges—what helped you then?

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2. Write a prayer asking God for the strength to resist temptation today.

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3. Describe how you can surrender daily battles to God's power.

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Day 2: 🔥 Finding Strength to Resist Temptation

## Prayer for Today

**Heavenly Father, I lean on Your strength today.** Temptations feel overwhelming, but I claim Your promise that You will not let me face more than I can bear. Help me to submit fully to You and resist the lies of addiction. Equip me with Your mighty power to stand firm and walk free. Thank You for never leaving my side. *Amen.* 🙏🛡️🔥✨





## Day 3: 🌿 Embracing New Life and Freedom



Day 3: 🌱 Embracing New Life and Freedom

## Your Verse

*2 Corinthians 5:17 - "Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"*

## Supporting Scriptures

- *John 8:36 - "So if the Son sets you free, you will be free indeed."*
- *Romans 12:2 - "Be transformed by the renewing of your mind."*



Day 3: 🌱 Embracing New Life and Freedom

## Devotional: Step Into New Life Fully Freed in Christ

**Day three celebrates the new life God offers beyond addiction.** Addiction can make you feel defined by past mistakes and struggles. Yet, in Christ, you are a new creation. *2 Corinthians 5:17* declares that the old is gone and new life has begun.

Jesus' promise in *John 8:36* assures complete freedom for those who accept Him. This freedom isn't just about the absence of addiction but living fully in God's peace and joy.

*Romans 12:2* encourages transformation through renewing your mind. Recovery is not only physical but spiritual, requiring ongoing surrender and growth. Embrace daily renewal by immersing yourself in God's Word and community.

Today, choose to walk as a new creation. Celebrate every small victory, knowing you are loved, restored, and free in Christ.



Day 3: 🌱 Embracing New Life and Freedom

## Reflect and Apply

1. What does being a new creation in Christ mean to you personally?

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2. How can you actively renew your mind to support lasting freedom?

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3. In what ways can you celebrate and share your progress with others?

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Day 3: 🌱 Embracing New Life and Freedom

## Journaling Prompts

1. Write about who you want to become in this new life with Christ.

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2. List practical steps to renew your mind daily.

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3. Reflect on victories—big or small—you've experienced this week.

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Day 3: 🌿 Embracing New Life and Freedom

## Prayer for Today

**Lord Jesus, thank You for making me new.** I embrace the freedom You offer from addiction and the old life's chains. Help me to renew my mind daily and walk confidently as Your beloved creation. Fill me with Your peace and joy as I live this new life. May my journey inspire others to seek Your freedom as well.

*Amen.* 🌿 ✨ 🙏 ❤️





## Where God's Word Meets Your Daily Life

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