# Adoptive Parenting With God's Heart



Discover biblical truths and inspiration for adoptive parents to nurture, love, and lead with God's heart over seven meaningful days.





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#### Introduction

Adoptive parenting is a unique and beautiful calling that reflects the heart of God Himself. Like the Father who adopts us into His eternal family, adoptive parents extend grace, love, and hope to children who may not share their biological lineage, but become fully beloved members of the family. *Parenthood* through adoption reveals God's profound love and redemptive plan.

In this seven-day study, we will explore Scriptures that highlight God's heart for orphans, His ways of nurturing and transforming families, and how adoptive parents can reflect His unending care and faithfulness. Whether you are currently on the adoption journey, considering it, or simply longing to understand how God shapes hearts in this calling, this plan will encourage and equip you to parent with compassion, strength, and wisdom.

Throughout the Bible, God is described as the ultimate Parent and Protector of the fatherless (Psalm 68:5). Adoption in the New Testament reveals the deeper spiritual reality of God's family — inclusive, intentional, and affectionate. As you engage with these daily reflections, may you feel affirmed and empowered by God's Word to build a nurturing home where every child is deeply loved and valued as God's precious gift.

Let us draw near in prayer and openness, seeking God's guidance and grace. His heart beats for every adopted child and parent, inviting you to experience the joy and responsibility of walking this journey with Him.









### Day 1: God's Heart for Orphans









Day 1: OGod's Heart for Orphans

#### Your Verse

Psalm 68:5 – "A father to the fatherless, a defender of widows, is God in his holy dwelling."

#### **Supporting Scriptures**

- Deuteronomy 10:18 "He defends the cause of the fatherless and the widow."
- James 1:27 "Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress"







Day 1: OGod's Heart for Orphans

#### Devotional: Reflecting God's Compassionate Heart

**God's compassion for orphans** shows us His tender and protective nature as a parent. Psalm 68:5 reminds us that God himself is a father to the fatherless. This means that when you adopt a child, you are stepping into a divine partnership, reflecting God's very heart.

Adoptive parenting requires a heart open to healing, patience, and unconditional love. God's example encourages you to be a steady defender, a source of safety, and a provider in the life of your child. Remember, adoption in Scripture is more than a legal status; it is a spiritual reality of belonging and acceptance.

Trust God to fill you with His love and grace, especially on days when the journey feels difficult. He walks with you, strengthening your resolve and reminding you of your vital role in your child's life.







Day 1: 💙 God's Heart for Orphans

#### Reflect and Apply

How have you experienced God's protection in your own life? How can that deepen your love for your adopted child?
What areas in your heart might need to open more fully to God's compassion in parenting?
How can you practically be a defender and steadfast parent in your child's life today?







Day 1: 💙 God's Heart for Orphans

#### **Journaling Prompts**

1.	Write about a time when you witnessed God's care for the vulnerable.
2.	Describe what it means to you to be a parent 'with God's heart.'
	List ways you can intentionally show your child they belong and are loved.







Day 1: Odd's Heart for Orphans

#### Prayer for Today

Father, thank You for being the ultimate Father to the fatherless. Help me to mirror Your compassion and protection in every moment of parenthood. Strengthen me when I feel weary, guide my actions to reflect Your love, and fill my home with Your peace. May I be a living example of Your grace to my child. In Jesus' name, Amen.  $\heartsuit$ 

















Day 2: 🌣 Adopted into God's Family

#### Your Verse

Romans 8:15 – "The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship."

#### **Supporting Scriptures**

- Ephesians 1:5 "He predestined us for adoption to sonship through Jesus Christ."
- Galatians 4:4–5 "God sent his Son to redeem those under the law, that we might receive adoption to sonship."







Day 2: O Adopted into God's Family

#### Devotional: Embracing the Freedom of Adoption

**Adoption is a powerful image of God's love**, showing that we are chosen and welcomed into His family by grace. Romans 8:15 reminds us that this adoption frees us from fear and replaces it with belonging. For adoptive parents, this is a profound truth to hold onto — your child is not only part of your family by law or nurture but becomes a fully beloved child of God.

Embracing this identity helps you parent in freedom, not fear. Your child's past or circumstances do not define their worth; their place in God's heart does. As you nurture your child, remind them and yourself of God's unconditional acceptance and your shared family identity.

God calls you as an adoptive parent to echo this message of freedom and acceptance daily, helping your child flourish in the security of God's love.







Day 2: 🂢 Adopted into God's Family

#### Reflect and Apply

What fears do you carry in your adoptive journey that God's Spirit wants to free you from?
How can knowing your child is adopted into God's family reshape your parenting approach?
In what ways can you reinforce your child's identity as a beloved child of God?







Day 2: 🂢 Adopted into God's Family

#### **Journaling Prompts**

1.	Reflect on what 'freedom from fear' means in your family context.
2.	Write a letter to your child affirming their God-given identity.
3.	List moments when you have seen God's hand in your adoption journey.







Day 2: 🌣 Adopted into God's Family

#### **Prayer for Today**

Lord, thank You that through Your Spirit I am freed from fear and firmly adopted into Your family. Help me to parent with confidence, reminding my child of Your unconditional love and acceptance. May Your Spirit guide us both to live securely in Your grace. Amen. 🛠 🧐







## Day 3: Healing and Restoration in Parenting









Day 3: **B** Healing and Restoration in Parenting

#### Your Verse

Isaiah 61:3 - "...to provide for those who grieve in Zion— to bestow on them a crown of beauty instead of ashes..."

#### **Supporting Scriptures**

- Psalm 147:3 "He heals the brokenhearted and binds up their wounds."
- 2 Corinthians 5:17 "If anyone is in Christ, the new creation has come."







Day 3: **B** Healing and Restoration in Parenting

#### Devotional: God's Promise of Healing and New Beginnings

Adoptive parenting often accompanies stories of hurt or loss—both for the child and the parent. God's Word offers hope through His promise of healing and restoration. Isaiah 61:3 speaks of exchanging ashes for beauty, inviting adoptive families into God's transformative work.

As a parent, you participate in God's process of healing by creating a safe environment where wounds can be gently tended and new identity blossoms. Jesus' redeeming power enables new beginnings, and your loving presence is part of that miraculous restoration.

Remember to invite God to heal your own heart as well. The parenting journey can surface deep emotions and past pain. When your heart is healed, you are better equipped to nurture your child's journey to wholeness.







Day 3: 💋 Healing and Restoration in Parenting

#### Reflect and Apply

1.	What scars or losses need God's healing in your family story?
2.	How can you foster an environment of safety and restoration for your child?
3.	In what ways have you experienced God's transforming grace personally?







Day 3: 💋 Healing and Restoration in Parenting

#### **Journaling Prompts**

1.	Write about a painful experience God has helped you heal.
2.	Describe your hopes for your child's healing journey.
3.	List practical ways to invite God's restoration in your home.







Day 3: **B** Healing and Restoration in Parenting

#### Prayer for Today

Father, we bring our hurts and longings before You, trusting Your power to heal and restore. Help us create a home where beauty emerges from brokenness and Your love renews every heart. Thank You for being our healer and redeemer. Amen. ② ③ ﴿







## Day 4: V Strength and Wisdom for Parents









Day 4: Strength and Wisdom for Parents

#### Your Verse

James 1:5 – "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault..."

#### **Supporting Scriptures**

- Proverbs 3:5-6 "Trust in the Lord with all your heart and lean not on your own understanding."
- Psalm 28:7 "The Lord is my strength and my shield; my heart trusts in him..."







Day 4: Strength and Wisdom for Parents

#### Devotional: Relying on God's Wisdom and Strength

Parenting an adopted child requires daily strength and wisdom beyond human resources. James 1:5 invites us to seek God's abundant wisdom without hesitation. Parenting is complex, with unique challenges such as addressing trauma, attachment, and identity.

God's wisdom offers clarity and peace when choices feel overwhelming. His strength sustains you when patience is tested. Trusting Him—leaning not on your own understanding—opens the door to supernatural guidance and resilience.

Each day, bring your concerns and questions before God. He delights to provide insight, calm your heart, and empower you to parent according to His perfect plan.







Day 4: ① Strength and Wisdom for Parents

#### Reflect and Apply

1. In what parenting areas do you most need God's wisdom right now?	
2. How can you practice trusting God instead of relying solely on yourself:	?
3. Where have you already noticed God's strength guiding you on this journey?	







Day 4: ① Strength and Wisdom for Parents

#### **Journaling Prompts**

1.	Write about a recent parenting decision where you sought God's wisdom.
2.	List scriptures that encourage you to trust God in parenting.
3.	Describe how you can invite God's strength in challenging moments.







Day 4: ① Strength and Wisdom for Parents

#### Prayer for Today

Lord, You are my source of wisdom and strength. Teach me to trust You fully as I parent, giving me understanding beyond my own. Equip me to lead, nurture, and love with Your heart. I depend on Your guidance each day. Amen.

















#### Your Verse

1 Peter 2:9 - "But you are a chosen people, a royal priesthood, a holy nation..."

#### **Supporting Scriptures**

- Ephesians 2:19 "You are no longer foreigners and strangers, but fellow citizens with God's people."
- Colossians 3:12 "Clothe yourselves with compassion, kindness, humility..."







## Devotional: Affirming God's Chosen Identity in Your Child

Adoption uniquely shapes a child's sense of identity and belonging. Verses like 1 Peter 2:9 affirm that each child is chosen, royalty in God's eyes. As a parent, your role includes affirming this divine identity and helping your child feel secure and valued.

Creating a nurturing environment means offering compassion, kindness, and humility daily. Encourage your child's story, heritage, and uniqueness while anchoring their worth in God's eternal love. Being aware of cultural, emotional, or spiritual needs enriches your parenting and strengthens your family bond.

Let God's truth be the foundation of your child's identity, giving them assurance that they are deeply loved and belong forever.







#### Reflect and Apply

1.	How do you communicate God's chosen identity to your child?
	What challenges might your child face about belonging, and how can you support them?
3.	In what ways can kindness and humility shape your parenting style?







#### **Journaling Prompts**

1.	Write about your child's unique qualities and gifting.
2.	Reflect on how your family celebrates belonging and love.
3.	List ways you can strengthen your child's confidence in God's identity.







#### Prayer for Today

Father, thank You for choosing my child and calling them Yours. Help me to build a home where they grasp their worth in You and feel fully loved and secure. Guide me in showing compassion and kindness every day. Amen. 👛



















#### Your Verse

Colossians 3:12–13 – "Therefore, as God's chosen people, clothe yourselves with compassion, kindness, humility, gentleness and patience..."

#### **Supporting Scriptures**

- Ephesians 4:2 "Be completely humble and gentle; be patient, bearing with one another in love."
- Galatians 5:22-23 "The fruit of the Spirit is... patience, kindness..."







#### Devotional: Growing Patience and Grace Daily

Parenting an adopted child invites us into a daily practice of grace and patience. Often, there may be emotional, behavioral, or relational dynamics requiring extra tenderness and endurance. Colossians reminds us to 'clothe ourselves' daily with characteristics that reflect God's character.

Grace means accepting imperfections, extending forgiveness, and loving despite challenges. Patience allows time for growth and healing. The fruit of the Spirit empowers you to respond with gentleness and perseverance rather than frustration.

Depend on God's Spirit each day to cultivate a home filled with grace, making your family a safe place where love triumphs over every struggle.







#### Reflect and Apply

1.	How do you practice patience when parenting feels difficult?
2.	What does grace look like in your family's daily rhythms?
3.	How can the fruit of the Spirit encourage your parenting journey?







#### **Journaling Prompts**

1.	Recall a moment when grace transformed a hard situation.
2.	List spiritual fruits you desire to grow as a parent.
3.	Write about how patience impacts your relationship with your child.







#### Prayer for Today

God, fill my heart with Your grace and patience as I parent. Teach me to love as You love — forgiving, gentle, and enduring. Help me to walk each day reliant on Your Spirit's fruit. Amen.  $\cancel{B} \heartsuit \square$ 















#### Your Verse

Psalm 127:3 - "Children are a heritage from the Lord, offspring a reward from him."

#### **Supporting Scriptures**

- Jeremiah 29:11 "I know the plans I have for you... plans to give you hope and a future."
- Philippians 1:6 "He who began a good work in you will carry it on to completion."







#### Devotional: Rejoicing in God's Gifted Family

Today we celebrate the blessing and privilege of your adoptive family.

Children are a gift, a reward from the Lord, and your family is a beautiful testimony of His love and faithfulness. Psalm 127:3 invites you to recognize and cherish this sacred heritage.

Remember Jeremiah's promise that God's plans for your family are full of hope and a future. Despite challenges, God is actively working in your hearts and lives. Philippians 1:6 assures us that the good work begun in you and your child will be carried to completion.

Take time to rejoice in milestones, growth, and the unique story you're writing together. Your family reflects God's adoptive heart to the world — resilient, loving, and full of hope.







#### Reflect and Apply

1.	What aspects of your family journey bring you the greatest joy?
2.	How do you see God actively working in your family's story?
3.	In what ways can you celebrate and encourage each family member today?







#### **Journaling Prompts**

1.	Write about a recent victory or joyful moment in your family.
2.	List blessings you see in your adoptive parenting journey.
3.	Plan a special way to celebrate your family's unique story.







#### Prayer for Today

Heavenly Father, thank You for the precious gift of family. Help us always to see Your hand in our journey and to celebrate Your faithfulness. May we continue to grow in love, hope, and unity as we walk forward with You. Amen.









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