



# Asking Better Questions Like Jesus About Relationships



Explore how Jesus' approach to asking questions can deepen your relationships and transform your understanding of others and yourself.

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## Introduction

**Relationships are the heartbeat of life.** From the moment we are born, we are interconnected with family, friends, colleagues, and community. Yet, building and maintaining meaningful relationships is often challenging. How can we better navigate these bonds in a way that fosters understanding, compassion, and growth?

*One of the most powerful tools Jesus used in His ministry was asking thoughtful and probing questions.* Rather than just giving answers, Jesus engaged people with questions that inspired reflection, revealed deeper truths, and invited transformation. This Bible study invites you to explore **how asking better questions, like Jesus did, can enhance your relationships.** By learning His method, you can develop a deeper connection with those around you and encourage personal and spiritual growth.

Throughout these seven days, we will reflect on Jesus' interactions with people—from disciples to strangers—and discover the art of asking questions that lead to healing, revelation, and intimacy. You'll be encouraged to pause, listen actively, and engage others with curiosity and love.

Let this study equip you to grow in empathy, understand motives, uncover heart needs, and foster authentic dialogue. As you practice asking better questions, you'll find your relationships enriched in ways that honor God's purpose for connection and community.





## Day 1: 🔍 The Power of Questions



## Your Verse

*John 21:17 NIV - "The third time he said to him, 'Simon son of John, do you love me?'"*

## Supporting Scriptures

- *Proverbs 20:5 - "The purposes of a person's heart are deep waters, but one who has insight draws them out."*
- *James 1:5 - "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault."*



# Devotional: Harnessing the Transformative Power of Questions

**Questions are transformative tools.** Jesus' encounter with Peter after His resurrection is deeply moving. He doesn't just ask once; He asks three times, inviting Peter to reflect on his love and commitment. This repetition shows how questions can draw us beneath surface answers into sincere self-examination.

In relationships, asking the right questions opens the door to deeper understanding, honesty, and reconciliation. Like Jesus, when we ask with love and patience, questions reveal the heart's true desires and fears.

*Take time today to consider how questions have impacted your relationships.* Are your questions inviting openness or defensiveness? Do you listen for understanding or simply waiting to reply? Jesus models asking questions gently and purposefully to invite growth and healing.

Commit to being intentional about your questions this week. Let them be bridges that draw others closer rather than walls that push away.



## Reflect and Apply

1. How do you typically respond when asked questions about your feelings or beliefs?

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2. In what ways could your questions invite deeper honesty and connection in your relationships?

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3. How can Jesus' loving approach to questioning inspire your interactions today?

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## Journaling Prompts

1. List three questions you've been afraid to ask someone important in your life.

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2. Reflect on a time when a question helped you understand someone better. What made it effective?

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3. Write down ways you can improve your listening when others answer your questions.

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Day 1: 🔍 The Power of Questions

## Prayer for Today

**Dear Lord**, thank You for the example of Jesus, who asked questions with love and wisdom. Help me to ask questions that build bridges and draw others closer to You and to me. Teach me to listen deeply and respond with grace, that my relationships may be filled with understanding and peace. Give me courage to ask the right questions and humility to receive the answers, even when they challenge me. *Guide my heart toward compassion and patience as I engage with those around me.*





## Day 2: Listening Like Jesus



## Your Verse

*Mark 10:51 NIV – "What do you want me to do for you?" Jesus asked him. The blind man said, 'Rabbi, I want to see.'"*

## Supporting Scriptures

- *Proverbs 18:13 – "To answer before listening—that is folly and shame."*
- *James 1:19 – "Everyone should be quick to listen, slow to speak and slow to become angry."*



## Devotional: Cultivating Active Listening in Relationships

**Jesus exemplified active listening.** When the blind man Bartimaeus called out for mercy, Jesus paused and asked a personal question. This shows how listening is not passive but requires attention, presence, and care.

In relationships, listening well is critical to asking better questions. It allows us to understand the real needs beneath the surface. Jesus didn't just hear the words; He discerned the heart behind them, responding with compassion and purpose.

*Today, reflect on your listening habits.* Do you listen fully or are you distracted by your own thoughts? When you ask questions, are you ready to genuinely hear the answers? Practicing active listening—giving your full presence and consideration—will deepen your connections.

Ask God to cultivate in you a listening ear, one that mirrors Jesus' care, so your questions may bring life and hope.



## Reflect and Apply

1. How would you rate your listening skills in your closest relationships?

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2. What distractions or habits hinder your ability to listen well?

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3. How can you show others that you truly value their words when they speak?

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## Journaling Prompts

1. Reflect on a recent conversation where you felt truly heard. What made it special?

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2. Write down three practical ways you can improve your listening skills this week.

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3. Consider a relationship that needs healing. How might better listening play a role?

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Day 2: 💬 Listening Like Jesus

## Prayer for Today

**Lord**, thank You for showing us what it means to listen with intention. Please open my ears and heart to truly hear those around me. Help me to set aside distractions and respond with empathy and understanding. Teach me to listen not just to words but to the feelings and needs behind them. May my listening reflect Your grace and invite honest dialogue in every relationship. *Fill me with patience and compassion as I seek to embody Your attentive presence.*





## Day 3: ? Asking Questions That Heal





Day 3: ? Asking Questions That Heal

## Your Verse

*Luke 7:36-48 NIV (Excerpt) - Jesus asks, 'Do you see this woman?'*

## Supporting Scriptures

- *Galatians 6:1 - "Restore gently..."*
- *Ephesians 4:29 - "Speak only what is helpful for building others up..."*



## Devotional: Using Questions to Gently Bring Healing

Jesus' questions often brought healing by encouraging reflection and repentance. When He addressed the sinful woman, He asked Simon the Pharisee if he saw her, prompting him to evaluate his own heart and compassion. This question revealed attitudes and opened a path toward transformation.

Asking healing questions means inviting people to see themselves and situations with honesty and grace. It requires sensitivity and a spirit of restoration, not judgment.

*Today, consider how your questions might lead to healing rather than hurt.* How can you gently encourage others to reflect on their attitudes or behaviors without condemnation? Jesus teaches us to guard our words and questions so they build up rather than tear down.

Pray for wisdom to discern when and how to ask challenging questions that invite healing in love.



## Reflect and Apply

1. Have you experienced a question that helped you change or heal? What was it?

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2. What fears or challenges do you face when asking difficult questions in love?

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3. How can your questions encourage humility and grace in others?

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Day 3: ? Asking Questions That Heal

# Journaling Prompts

1. Write a compassionate question you could ask someone who is struggling.

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2. Reflect on Jesus' example and describe how you want your questions to impact others.

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3. List habits you can develop to ask questions with gentleness and care.

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## Day 3: ? Asking Questions That Heal

## Prayer for Today

**Gracious Father**, help me to ask questions that bring healing and hope. Guide my words so they may restore and encourage rather than wound or convict harshly. Teach me to discern the right time and way to speak truth in love, just as Jesus did. Fill me with Your Spirit to lead others gently toward wholeness and grace. May my questions always reflect Your heart and bring light into dark places. *Empower me to be an instrument of Your healing.*





## Day 4: 🧠 Questions That Reveal Motives



## Day 4: 🧠 Questions That Reveal Motives

## Your Verse

*Matthew 22:17 NIV - "Tell us then, what is your opinion? Is it right to pay the imperial tax to Caesar or not?"*

## Supporting Scriptures

- *Jeremiah 17:10 - "I, the LORD, search the heart..."*
- *Proverbs 16:2 - "All a person's ways seem pure to them, but motives are weighed by the LORD."*



## Day 4: 🧠 Questions That Reveal Motives

## Devotional: Discerning True Motives Through Thoughtful Questions

Jesus often posed questions that revealed the true motives behind words and actions. When tested about paying taxes to Caesar, He asked for honest opinions, drawing out the heart's real position. His questions penetrated beyond surface debates to expose deeper truths.

In relationships, understanding motives prevents misunderstandings and conflict. Good questions invite honesty and transparency, helping both parties see beyond actions to intentions.

*Today, think about asking questions that explore the why behind behaviors. What motivates your own actions? How can you gently invite others to share their honest reasons without feeling judged?*

Reflect on how God understands your heart completely and ask Him to help you discern motives in yourself and others with clarity and grace.





Day 4: 🧠 Questions That Reveal Motives

## Reflect and Apply

1. Have you ever realized your motives were different from what you initially thought? How so?

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2. How do your questions reveal your own motives when you ask them?

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3. What questions can help you understand the motives of others more clearly?

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Day 4: 🧠 Questions That Reveal Motives

# Journaling Prompts

1. Write about a recent decision and explore the motives behind it.

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2. List questions you can ask to uncover honest motives in difficult conversations.

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3. Reflect on how understanding motives can improve one relationship in your life.

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## Day 4: 🧠 Questions That Reveal Motives

## Prayer for Today

**Lord God,** You know the depth of every heart and the motives behind every action. Help me to approach others with humility and grace as I seek to understand their reasons and intentions. Give me wisdom to ask questions that bring clarity without judgment. Show me my own motives honestly, and refine my heart to align with Your truth. May my words and questions foster transparency and peace. *Guide me to be a discerner of hearts, just as You are.*





## Day 5: 🧡 Questions That Build Trust



## Day 5: 🍷 Questions That Build Trust

## Your Verse

*John 4:15 NIV - "The woman said to him, 'Sir, give me this water so that I won't get thirsty and have to keep coming here to draw water.'"*

## Supporting Scriptures

- *Proverbs 3:5 - "Trust in the LORD with all your heart..."*
- *1 Corinthians 13:7 - "Love always protects, always trusts..."*



## Devotional: Fostering Trust Through Compassionate Questioning

Jesus built trust through questions that met people's needs without condemnation. His conversation with the Samaritan woman reveals a respectful and patience-filled approach, asking questions that invited her to share and reflect without fear.

Trust is essential in relationships, and questions that come from a place of genuine care foster safe spaces for openness and vulnerability. Jesus never rushed or pushed but allowed people to open their hearts at their own pace.

*Today, reflect on how your questions either build or break trust. Are they patient, respectful, and open-ended? How can you create space where others feel safe to share honestly?*

Ask God to help you become a trustworthy conversational partner, one who uses questions to nurture strong, lasting bonds.



## Reflect and Apply

1. Think about someone who trusts you deeply. What kind of questions do you usually ask them?

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2. How can you be more patient and respectful when people are hesitant to open up?

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3. What fears do you have around vulnerability in relationships?

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## Journaling Prompts

1. Recall a situation where your questions helped someone feel safe. Describe it.

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2. Write down ways to improve how you invite others to share honestly with you.

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3. Reflect on how God's trustworthiness influences how you build trust with others.

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Day 5: 🧡 Questions That Build Trust

## Prayer for Today

**Heavenly Father**, thank You for being the ultimate source of trust and love. Help me mirror Your heart by asking questions that create safe and secure space for others. Give me patience, respect, and wisdom to nurture trust in my relationships. Teach me to listen without judgment and to encourage openness with compassion. May I be a reflection of Your trustworthy love today. *Guide my words and heart in every interaction.*





## Day 6: 💡 Insightful Questions for Growth



## Your Verse

*Luke 9:23 NIV - "Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me."*

## Supporting Scriptures

- *2 Corinthians 13:5 - "Examine yourselves to see whether you are in the faith; test yourselves."*
- *Hebrews 10:24 - "Consider how we may spur one another on toward love and good deeds."*



# Devotional: Encouraging Growth With Insightful Questions

**Jesus asked questions and made statements that challenged His followers to grow.** His call to take up the cross daily is an invitation to self-examination and transformation. Thoughtful questions encourage us to evaluate where we are spiritually and relationally.

In healthy relationships, asking insightful questions spurs mutual growth and accountability. These questions can help uncover areas for healing, development, and deeper commitment.

*Today, consider how you can use questions to encourage growth in yourself and others.* What questions help you examine your faith and character? How can they inspire positive change and love in your community?

Pray for courage to face honest answers and for wisdom to support others on their journey.



## Reflect and Apply

1. What questions have challenged you to grow recently?

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2. How do you respond to questions that reveal uncomfortable truths?

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3. In what ways can you support others through questions that promote growth?

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## Journaling Prompts

1. Write down three questions that inspire you to examine your heart and faith.

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2. Reflect on how you can create a safe space to ask and answer growth-oriented questions.

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3. List ways to encourage a friend or family member to pursue transformation.

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## Day 6: 💡 Insightful Questions for Growth

## Prayer for Today

**Lord Jesus**, thank You for calling us to grow and follow You daily. Help me to ask and receive questions that inspire change and deepen faith. Give me a willing heart to face the truth and the grace to support others in their journeys. May our relationships be marked by encouragement, growth, and love that reflects Your kingdom. *Empower me to be a source of strength and insight today and always.*





## Day 7: ❤️ Loving Through Questions





## Day 7: ❤️ Loving Through Questions

## Your Verse

*John 13:34 NIV – "A new command I give you: Love one another. As I have loved you, so you must love one another."*

## Supporting Scriptures

- *1 Corinthians 13:1 – "If I speak in the tongues... but do not have love, I am only a resounding gong..."*
- *Colossians 3:14 – "And over all these virtues put on love, which binds them all together in perfect unity."*



Day 7: ❤️ Loving Through Questions

# Devotional: Letting Love Guide Every Question You Ask

**Ultimately, every question Jesus asked was rooted in love.** The new commandment to love one another sets the foundation for all our relationships. Questions motivated by love seek to heal, connect, and build up.

When we ask questions from a heart of love, we reflect God's character and open pathways to deeper intimacy and understanding. Love binds relationships together and empowers us to ask even hard questions with gentleness and grace.

*Today, commit to letting love guide your questions.* Pray for a heart that cares deeply and seeks the highest good for others, even when it means asking difficult questions. Remember, love always listens, encourages, and restores.

May your relationships flourish as you follow Jesus' example by asking with love.



## Reflect and Apply

1. How does love shape the questions you ask?

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2. When have loving questions changed the direction of a relationship?

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3. What can you do to ensure your questions always come from a heart of love?

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Day 7: ❤️ Loving Through Questions

# Journaling Prompts

1. Write a prayer asking God to fill your heart with love in all conversations.

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2. List ways to remind yourself to approach questions with love, not judgment.

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3. Reflect on a relationship you desire to grow through loving dialogue.

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## Day 7: ❤️ Loving Through Questions

## Prayer for Today

**Father of Love**, thank You for teaching us that love is the foundation of all relationships. Please fill me with Your love so that every question I ask flows from kindness, compassion, and a genuine desire to build up. Help me to love others as You have loved me—patiently, gently, and unconditionally. May my words and questions be instruments of peace and restoration. *Guide me to nurture relationships that honor You and bless those around me.*





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