



# Becoming a Titus 2 Grandmother: Living as a Mentor to Younger Women



A 7-day journey to embrace the role of a Titus 2  
grandmother, guiding and nurturing younger  
women in faith and life through biblical wisdom.



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## Introduction

Welcome to this 7-day Bible study dedicated to women stepping into the profound role of a Titus 2 grandmother. This study is designed to help you embrace your calling to mentor younger women in your family and community with grace, wisdom, and love. The Apostle Paul's instructions in *Titus 2:3-5* remind us that mature women are entrusted with nurturing and teaching the next generation, helping them grow in faith and godly living.

As a grandmother, your life experiences, combined with biblical truths, uniquely position you to influence younger women in powerful ways. This study will explore examples of godly women in Scripture, the qualities that define a godly mentor, and practical ways to live out this calling daily. Through Scripture, reflection, and prayer, you will deepen your understanding of what it means to be a spiritual grandmother—one who encourages, models, and lovingly corrects.

Whether you are already active in mentoring or preparing to step into this role, may these seven days inspire you to grow in grace, patience, and wisdom. The goal is to help you become a vessel of God's love and truth, equipping younger women in your family and community to walk faithfully with the Lord.

Let's journey together into the heart of mentoring, rooted in Scripture and empowered by the Holy Spirit, to become living examples of faith to younger generations.  





## Day 1: 🌸 Embracing Your Role as a Titus 2 Grandmother



Day 1:  Embracing Your Role as a Titus 2 Grandmother

## Your Verse

*Titus 2:3-5 – "Likewise, teach the older women to be reverent in the way they live...so that they may encourage the young women to love their husbands and children..."*

## Supporting Scriptures

- *Proverbs 31:26 – "She speaks with wisdom, and faithful instruction is on her tongue."*
- *2 Timothy 1:5 – "I am reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice."*



Day 1: 🌸 Embracing Your Role as a Titus 2 Grandmother

## Devotional: Recognizing the Power of Your Godly Influence

**Understanding your calling is the first step toward fulfilling it well.** The Apostle Paul's instruction in Titus 2 sets a clear example of the importance of mature women in mentoring roles. You are invited to live reverently, not just in personal holiness but also in influence, helping to shape younger women in their faith and character. This role isn't just about giving advice but living as a witness to God's transforming power over a lifetime.

Consider the legacy of Timothy, whose faith was nurtured by his mother Eunice and grandmother Lois. Their dedication to teaching and modeling God's truth equips Timothy for ministry and life. Similarly, you are called to invest your time, wisdom, and love into those younger than you, pointing them toward a life rooted in Christ.

**As you embrace this role, reflect on how your life can reflect reverence, wisdom, and love—qualities that inspire and build up.** How can your daily example serve as encouragement and instruction? Remember, your influence is a gift from God, an opportunity to shape generations.



Day 1:  Embracing Your Role as a Titus 2 Grandmother

## Reflect and Apply

1. What does it mean for you personally to live reverently in your daily life?

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2. How can your experiences enhance your mentoring of younger women?

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3. In what ways can you intentionally encourage faith and godliness in others?

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Day 1:  Embracing Your Role as a Titus 2 Grandmother

## Journaling Prompts

1. Write about a woman in your life who has mentored you and the impact she had.

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2. List three qualities you want to model for younger women.

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3. Describe a challenge you face in embracing this role and pray for God's guidance.

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Day 1: 🌸 Embracing Your Role as a Titus 2 Grandmother

## Prayer for Today

**Dear Lord**, thank You for the calling You have placed on my life to be a mentor and guide. Help me to live with reverence and wisdom, so my life may be a testimony that encourages younger women to follow You faithfully. Grant me patience, love, and understanding as I walk alongside them. Use my experiences, my words, and my actions to build up Your kingdom and to nurture the next generation. In Jesus' name, *amen*. 🙏❤️🌿📖





## Day 2: 🌻 Cultivating Wisdom and Character



Day 2: 🌻 Cultivating Wisdom and Character

## Your Verse

*Proverbs 31:25-26 - "She is clothed with strength and dignity; she can laugh at the days to come. She speaks with wisdom, and faithful instruction is on her tongue."*

## Supporting Scriptures

- *James 1:5 - "If any of you lacks wisdom, you should ask God... and it will be given to you."*
- *Psalms 111:10 - "The fear of the Lord is the beginning of wisdom; all who follow his precepts have good understanding."*



## Devotional: Growing in Wisdom to Guide Others Faithfully

**Wisdom and character form the cornerstone of effective mentorship.** The woman described in Proverbs 31 not only demonstrates strength and dignity but also speaks with wisdom and provides faithful instruction. As a Titus 2 grandmother, cultivating these traits is essential for guiding others well.

Wisdom is more than knowledge; it is the application of God's truth in all circumstances. It begins with a deep reverence for the Lord, recognizing Him as the source of understanding. When we ask God for wisdom, He promises to provide it generously, equipping us to make righteous decisions and offer godly counsel.

Building character takes time and intentionality. Reflect on your daily choices—whether they reflect strength, integrity, and dignity. Your character will be a beacon for younger women longing for authentic godliness modeled in real life.

**Ask God daily to fill you with His wisdom and to shape your character so your words and actions may inspire and uplift.**



Day 2: 🌸 Cultivating Wisdom and Character

# Reflect and Apply

1. How can you seek God's wisdom more intentionally each day?

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2. In what ways does your character currently reflect strength and dignity?

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3. What challenges do you face when trying to speak words of wisdom and encouragement?

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Day 2: 🌸 Cultivating Wisdom and Character

# Journaling Prompts

1. Write down a recent situation where you had to make a difficult decision —how did God’s wisdom guide you?

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2. List qualities of character you admire in godly women and how you can cultivate them.

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3. Pray for growth in specific areas of wisdom and character.

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Day 2: 🌸 Cultivating Wisdom and Character

## Prayer for Today

**Heavenly Father**, I ask You to fill me with Your wisdom today. Help me to grow in character that reflects Your strength and dignity. May my words be seasoned with grace and my actions be a testimony of Your goodness. Teach me to be a faithful mentor who points others to Your truth in love. Guide my heart to be patient and my spirit to be humble as I support younger women in their journey. In Jesus' name, *amen*. 📖 ✨ 🙏 🌟





## Day 3: 💞 Nurturing Relationships with Love



## Day 3: ❤️ Nurturing Relationships with Love

## Your Verse

*1 Corinthians 13:4-7 - "Love is patient, love is kind... it always protects, always trusts, always hopes, always perseveres."*

## Supporting Scriptures

- *John 13:34 - "Love one another. As I have loved you, so you must love one another."*
- *Ephesians 4:2 - "Be completely humble and gentle; be patient, bearing with one another in love."*



# Devotional: Building Lasting Bonds Through Patient Love

**Mentorship is rooted in love—patient, kind, and enduring love.** The love described in 1 Corinthians is the heart of mentoring relationships. It requires humility, gentleness, and a willingness to bear with imperfections, both in ourselves and others.

As you nurture relationships with younger women, love must be the foundation. This love reflects the ultimate love Jesus showed us—a sacrificial and unconditional love that seeks the best for others. Love moves beyond feelings; it is an active commitment to support and uplift consistently.

**Consider how your daily interactions communicate love. Are they marked by patience and kindness, even when difficulties arise?** In mentoring, demonstrating love through words and deeds fosters trust and openness, enabling deeper spiritual growth.



Day 3:  Nurturing Relationships with Love

# Reflect and Apply

1. How do you express love in your mentoring relationships?

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2. What challenges have you faced in showing patience and kindness to younger women?

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3. How can you better reflect Christ's love in difficult moments?

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Day 3:  Nurturing Relationships with Love

# Journaling Prompts

1. Recall a time when love changed or deepened a relationship you have with a younger woman.

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2. List practical ways you can show patience and kindness this week.

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3. Pray for a heart that loves consistently and sacrificially.

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## Day 3: ❤️ Nurturing Relationships with Love

## Prayer for Today

**Lord Jesus**, thank You for Your perfect example of love. Please help me to love the younger women You bring into my life with patience, kindness, and gentleness. Teach me to bear with their weaknesses and to be a source of encouragement and hope. Help me to love like You love—unconditionally and sacrificially. May my actions always point them to You. In Your precious name, *amen*. ❤️ 🙏 🌸 🕊️





## Day 4: Teaching Boundaries and Godly Wisdom



Day 4:  Teaching Boundaries and Godly Wisdom

## Your Verse

*Proverbs 4:23 – "Above all else, guard your heart, for everything you do flows from it."*

## Supporting Scriptures

- *Psalms 119:105 – "Your word is a lamp to my feet and a light to my path."*
- *Galatians 6:1 – "Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should restore that person gently."*



## Devotional: Guiding With Wisdom and Loving Correction

**A key mentor role is to teach healthy boundaries and godly wisdom.** Proverbs warns us to guard our hearts because it is the wellspring of life. In mentoring younger women, helping them understand the value of boundaries protects their hearts and minds in a world full of challenges.

God's Word serves as a guide, illuminating the path to wise living. By encouraging faithful adherence to Scripture, you equip others to discern right from wrong and to make choices that honor God.

**Mentors must also teach restoration and correction with gentleness and humility.** When younger women falter, your role is to restore—not condemn—helping them return to a place of spiritual health and growth within a safe, loving environment.



## Reflect and Apply

1. How do you personally guard your heart against worldly influences?

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2. In what ways can you gently encourage others to maintain healthy boundaries?

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3. How can you balance love with correction when mentoring?

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# Journaling Prompts

1. Write about a time you learned the importance of guarding your heart.

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2. List Scriptural truths you want to share about boundaries and wisdom.

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3. Pray for discernment and grace in mentoring conversations about tough topics.

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## Day 4: 🛡️ Teaching Boundaries and Godly Wisdom

## Prayer for Today

**God of wisdom**, thank You for Your Word that guides and instructs me. Help me as I teach younger women to guard their hearts and walk wisely. Give me the grace to restore with gentleness when correction is needed and the courage to uphold godly boundaries in all situations. Use me as a vessel of Your love and truth. In Jesus' name, *amen*. 📖 🛡️ 🙏 ✨





## Day 5: Living Out Faith Through Action



Day 5: 🌿 Living Out Faith Through Action

## Your Verse

*James 2:17 - "Faith by itself, if it is not accompanied by action, is dead."*

## Supporting Scriptures

- *Matthew 5:16 - "Let your light shine before others, that they may see your good deeds and glorify your Father in heaven."*
- *Colossians 3:17 - "Whatever you do, whether in word or deed, do it all in the name of the Lord Jesus."*



Day 5: 🌿 Living Out Faith Through Action

## Devotional: Modeling Faith Through Deeds

**Faith flourishes when paired with action.** James reminds us that faith without deeds is incomplete. As a mentor, it's vital to not only teach truth but live it out visibly so younger women see authentic Christianity in practice.

Your daily deeds—acts of kindness, service, and faithfulness—shine as a light pointing others to Christ. These actions speak louder than words and often open hearts to deeper faith.

**Consider how your lifestyle models faith in tangible ways.** Whether through humility, generosity, or prayer, your faith in action is a powerful testimony and teaching tool for those you mentor.



Day 5:  Living Out Faith Through Action

## Reflect and Apply

1. How does your daily life reflect your faith in Christ?

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2. In what ways can you increase visible acts of faith to encourage younger women?

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3. What obstacles keep you from living out your faith fully?

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Day 5: 🌿 Living Out Faith Through Action

# Journaling Prompts

1. Write about a recent act of faith that impacted someone in your life.

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2. List specific ways you want to demonstrate faith this week.

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3. Pray asking God to strengthen your faith and make it visible.

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Day 5: 🌿 Living Out Faith Through Action

## Prayer for Today

**Lord Jesus**, help me to live out my faith in every action and word. May my life be a reflection of Your love and truth, inspiring those around me. Give me opportunities to serve and encourage younger women by example.

Strengthen my faith so that it shines brightly for Your glory. In Your name,

*amen.* ✨ 🙏 ✨ ❤️





## Day 6: 🌱 Encouraging Spiritual Growth and Perseverance



Day 6: 🌱 Encouraging Spiritual Growth and Perseverance

## Your Verse

*Hebrews 12:1 - "Let us run with perseverance the race marked out for us..."*

## Supporting Scriptures

- *Philippians 1:6 - "He who began a good work in you will carry it on to completion until the day of Christ Jesus."*
- *2 Timothy 4:7 - "I have fought the good fight, I have finished the race, I have kept the faith."*



Day 6: 🌱 Encouraging Spiritual Growth and Perseverance

## Devotional: Inspiring Endurance in the Faith Journey

**Mentoring involves encouraging perseverance in faith.** Life's journey is a race that requires endurance. You have the privilege of inspiring younger women to keep running steadfastly, even when hurdles appear.

God's faithfulness assures us that He who started a work in each of us will bring it to completion. Encouragement from a mature believer can renew hope and momentum, reminding others that the race is worth the effort.

**As a Titus 2 grandmother, your words can uplift tired hearts, and your presence can motivate continued faithfulness.** Celebrate progress, remind of God's promises, and model perseverance in your own life as a daily testament.



## Reflect and Apply

1. What challenges have tested your perseverance in faith?

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2. How can you encourage younger women to keep running their race?

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3. What promises from God do you rely on when discouraged?

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## Journaling Prompts

1. Reflect on a time you experienced God's faithfulness in persevering through trials.

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2. Write encouraging words you can share with a younger woman facing challenges.

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3. Pray for strength and endurance in your mentoring journey.

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Day 6: 🌱 Encouraging Spiritual Growth and Perseverance

## Prayer for Today

**Father God**, thank You for Your unfailing faithfulness. Help me to run my race with perseverance and to encourage younger women to do the same. Remind us both that You complete the work You begin. May my life be a testimony of endurance and hope, inspiring others to keep the faith. In Jesus' name, *amen*.





## Day 7: ✨ Passing the Torch: Legacy of Faith



Day 7: ✨ Passing the Torch: Legacy of Faith

## Your Verse

*Psalm 145:4 – "One generation commends your works to another; they tell of your mighty acts."*

## Supporting Scriptures

- *2 Timothy 2:2 – "And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others."*
- *Deuteronomy 6:6-7 – "Impress them on your children. Talk about them when you sit at home..."*



Day 7: ✨ Passing the Torch: Legacy of Faith

## Devotional: Leaving a Lasting Faith Legacy

**Legacy is more than memories—it is the faithful passing of faith to the next generation.** The psalmist marvels at one generation sharing God's mighty acts with another. Your role as a Titus 2 grandmother is to be a vital link in this chain, entrusting faith with intentionality and love.

Paul's charge to Timothy highlights the importance of reliable teaching that multiplies beyond one generation. Through storytelling, teaching, and daily life, you help imprint God's truth on hearts that will carry it forward.

**Reflect on the legacy you want to leave.** How will you intentionally share your faith, wisdom, and love to empower younger women to do the same? This great calling ensures God's work continues and expands through those you mentor.



## Reflect and Apply

1. What faith traditions or truths do you want to pass on?

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2. How can you better entrust and empower younger women to teach others?

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3. What steps can you take to ensure your faith legacy endures?

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# Journaling Prompts

1. Write about a spiritual legacy you received that shaped you deeply.

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2. List ways you can intentionally pass on your faith and wisdom.

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3. Pray for God to guide you as you build this lasting legacy.

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Day 7: ✨ Passing the Torch: Legacy of Faith

## Prayer for Today

**Gracious God**, thank You for the gift of generational faith. Help me to be a faithful mentor who passes on Your truth and love with intention and grace. May my legacy inspire and equip younger women to know You deeply and to lead others wisely. Give me wisdom, passion, and humility to entrust this great calling. In Jesus' name, *amen*. 🙌📖🙏❤️





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