



# Celebrating the Resurrection: Victory and New Life



Explore the resurrection of Jesus over seven days,  
celebrating His victory over death and the promise  
of new life through Matthew 28:1–10.

---



# Table of contents



<u>Introduction</u>	3
<u>Day 1: 🌅 Dawn of Resurrection Hope</u>	4
<u>Day 2: 🧑 Witnesses of the Empty Tomb</u>	10
<u>Day 3: 🏠 The Promise Fulfilled</u>	16
<u>Day 4: 💪 Victory Over Death</u>	22
<u>Day 5: 🌱 New Life in Christ</u>	28
<u>Day 6: 🚶 Walking in Resurrection Power</u>	34
<u>Day 7: 🎉 Celebrating the Resurrection Life</u>	40



## Introduction

**The resurrection of Jesus Christ stands at the very heart of the Christian faith.** It is the triumphant event that overcame death, offering all believers the promise of new life and hope beyond the grave. In *Matthew 28:1–10*, we meet the women at the tomb, the angel's glorious announcement, and Jesus' powerful appearance alive—reminding us that death no longer has the final word.

During this 7-day Bible study, we will journey through the Gospels to deeply understand the significance of the resurrection. We will reflect on the emotions of those first witnesses, the fulfillment of God's promises, and what it means for us today. This study invites you to celebrate the victory Jesus won on the cross and in the empty tomb—victory that brings us freedom, forgiveness, and hope.

**Whether this is your first encounter with the resurrection story or you seek to renew your faith and joy in Christ, these daily passages and reflections will guide you.** You will be encouraged to meet Jesus personally, discover the transformational power of His resurrection, and embrace the new life He offers freely. Let's step into the joy and awe of this central Gospel truth together.  





## Day 1: Dawn of Resurrection Hope



Day 1:  Dawn of Resurrection Hope

## Your Verse

*Matthew 28:1–10 "After the Sabbath, at dawn on the first day of the week, Mary Magdalene and the other Mary went to look at the tomb."*

## Supporting Scriptures

- *Mark 16:6 "He has risen! Don't be alarmed. You are looking for Jesus the Nazarene, who was crucified."*
- *Luke 24:6 "He is not here; he has risen! Remember how he told you, while he was still with you in Galilee."*



Day 1:  Dawn of Resurrection Hope

## Devotional: Encountering the Resurrection Dawn

**The resurrection morning broke with awe and wonder as Mary Magdalene and the other Mary approached Jesus' tomb.** The heaviness of grief was met by the light of a new dawn. The stone was rolled away, and an angel proclaimed the incredible truth: Jesus has risen from the dead.

This moment marks a pivotal turning point—not just in history, but in our personal journeys of faith. The resurrection busts through the finality of death and replaces it with hope and life. It calls us to move from darkness into light, from despair into joy.

*Have we truly grasped what this means for us today? The same Jesus who was crucified and buried now lives!* His victory is our victory, and this power to overcome even the greatest obstacles is at work within us.



Day 1:  Dawn of Resurrection Hope

## Reflect and Apply

1. How does the resurrection change your perspective on fear and loss?

---

---

---

2. In what ways can you experience the hope of Jesus' victory in your daily life?

---

---

---

3. What obstacles do you need to invite the resurrection power to overcome?

---

---

---



Day 1:  Dawn of Resurrection Hope

# Journaling Prompts

1. Write about a time you experienced hope breaking through darkness.

---

---

---

2. Reflect on what the phrase 'Jesus has risen' means personally to you.

---

---

---

3. Describe any fears or doubts you want to surrender to the risen Christ.

---

---

---





Day 1: 🌅 Dawn of Resurrection Hope

## Prayer for Today

**Lord Jesus, thank You for rising from the grave and defeating death.** Help me to live each day in the power of Your resurrection, embracing the new life You offer. *Give me courage to face fears and walk boldly in hope.* May I continually reflect the joy and peace Your rising brings. Amen. 🌅 ✝️ ❤️ 🙏





## Day 2: 🧑🏻 Witnesses of the Empty Tomb



Day 2: 🙏 Witnesses of the Empty Tomb

## Your Verse

*John 20:11-18 "Mary stood outside the tomb crying. As she wept, she bent over to look into the tomb and saw two angels."*

## Supporting Scriptures

- *Luke 24:10 "It was Mary Magdalene, Joanna, Mary the mother of James, and the others with them who told this to the apostles."*
- *Mark 16:9 "Jesus appeared first to Mary Magdalene, out of whom he had driven seven demons."*



Day 2: 🧑🏽 Witnesses of the Empty Tomb

## Devotional: Mary's Encounter with the Risen Lord

**Mary Magdalene's encounter with the risen Jesus is deeply personal.** Initially distraught and confused, her grief turns to joy when she recognizes the Lord speaking her name. She becomes the first witness tasked with sharing the good news.

This reminds us that Jesus meets us where we are—in our sorrow, doubt, and searching. His resurrection is not a distant event, but a living reality that invites us into relationship.

*Like Mary, we are called to be witnesses of Jesus' resurrection in our communities.* Our lives testify to the power of His life within us and our hope beyond death.



Day 2: 🧑‍🦰 Witnesses of the Empty Tomb

## Reflect and Apply

1. How do you relate to Mary Magdalene's emotions at the tomb?

---

---

---

2. In what ways has Jesus met you personally in difficult moments?

---

---

---

3. How can you be a witness to the resurrection in your own life?

---

---

---



Day 2: 🧑🏽 Witnesses of the Empty Tomb

# Journaling Prompts

1. Write about a time when you recognized Jesus' presence during sorrow or confusion.

---

---

---

2. Reflect on what it means to be a messenger of the resurrection.

---

---

---

3. Consider someone in your life who needs to hear the resurrection hope and pray for them.

---

---

---



Day 2: 🧑🏾 Witnesses of the Empty Tomb

## Prayer for Today

Dear risen Savior, thank You for meeting me personally, even in my moments of sorrow and doubt. Help me to recognize Your voice and presence daily. Empower me by Your Spirit to share the hope of Your resurrection with others with boldness and love. Amen. 🧑🏾 ✝️ 💬 🙏





## Day 3: The Promise Fulfilled





## Your Verse

*Matthew 16:21 "From that time on Jesus began to explain to his disciples that he must go to Jerusalem and suffer many things... and rise again on the third day."*

## Supporting Scriptures

- *Luke 24:44 "He said to them, 'This is what I told you while I was still with you: Everything must be fulfilled that is written about me in the Law of Moses, the Prophets and the Psalms.'"*
- *Acts 2:24 "But God raised him from the dead, freeing him from the agony of death..."*



Day 3:  The Promise Fulfilled

## Devotional: God's Faithfulness in Resurrection

**The resurrection was not a surprise to Jesus or His followers—it was the fulfillment of God's plan and promises.** Throughout Scripture, the coming Messiah was foretold. Jesus predicted His suffering, death, and rising again multiple times, affirming God's sovereign plan.

*Understanding the resurrection as God's fulfillment reassures us of His faithfulness.* We serve a God who keeps His promises and brings redemption according to His perfect timing.

Reflecting on this helps us trust God amid our uncertainties. The resurrection anchors our hope in an unchanging divine purpose, even when life's challenges seem overwhelming.



## Reflect and Apply

1. How do Jesus' predictions of His resurrection deepen your trust in God's plan?

---

---

---

2. What promises from God have you seen fulfilled in your life?

---

---

---

3. How can recognizing God's faithfulness encourage you in difficult seasons?

---

---

---



# Journaling Prompts

1. List promises in Scripture that assure you of God's faithfulness.

---

---

---

2. Recall and write about a time God fulfilled His promise in your life.

---

---

---

3. Write a prayer of trust, committing uncertain areas to God's plan.

---


---

---



Day 3:  The Promise Fulfilled

## Prayer for Today

**Father God, thank You for Your perfect plan revealed in Jesus' resurrection.**  
 Help me trust Your promises, especially when I face doubts or hardships.  
 Strengthen my faith in Your faithfulness and sovereign timing. May my life be  
 a testament to Your saving grace. Amen.    



## Day 4: 💪 Victory Over Death



## Day 4: 🐣 Victory Over Death

## Your Verse

*1 Corinthians 15:55-57 "Where, O death, is your victory? Where, O death, is your sting? The sting of death is sin... But thanks be to God! He gives us the victory through our Lord Jesus Christ."*

## Supporting Scriptures

- *Romans 6:9 "For we know that since Christ was raised from the dead, he cannot die again; death no longer has mastery over him."*
- *Revelation 1:18 "I am the Living One; I was dead, and now look, I am alive for ever and ever!"*



## Day 4: 📖 Victory Over Death

## Devotional: Conquering Death through Christ

**Death was once a terrifying enemy for humanity, a consequence of sin that loomed over all.** But Jesus' resurrection defeated death's power forever. The grave could not hold Him.

Paul's words remind us that through Christ we are given victory—death's sting is removed, and eternal life is secured. This is the cornerstone of Christian hope.

*By faith, we share in this victory. The resurrection empowers us to live boldly, unafraid of death or sin's consequences.* It calls us to cling to the life Jesus offers, fully confident in His conquering love.





Day 4: 🐣 Victory Over Death

## Reflect and Apply

1. What does Jesus' victory over death mean for your understanding of eternal life?

---

---

---

2. How can knowing death has lost its sting affect how you live today?

---

---

---

3. In what areas do you need to claim victory through Christ's resurrection?

---

---

---



Day 4: 📖 Victory Over Death

## Journaling Prompts

1. Write about your thoughts on death before and after embracing Christ's resurrection.

---

---

---

2. Reflect on fears or anxieties you want to lay before the risen Savior.

---

---

---

3. Describe how resurrection victory inspires your choices and attitude.

---

---

---



Day 4: 🏆 Victory Over Death

## Prayer for Today

**Lord Jesus, thank You for conquering death and giving me victory.** Help me to live free from fear and full of hope, empowered by Your resurrection power. Teach me to walk in the freedom You secured through Your sacrifice and triumph. Amen. 💪 ☪️ 🌅 🙏





## Day 5: New Life in Christ



Day 5: 🌱 New Life in Christ

## Your Verse

*2 Corinthians 5:17 "Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"*

## Supporting Scriptures

- *Romans 6:4 "We were therefore buried with him through baptism into death... and were raised to walk in newness of life."*
- *Galatians 2:20 "I have been crucified with Christ and I no longer live, but Christ lives in me."*



Day 5: 🌱 New Life in Christ

## Devotional: Living the Resurrection Life Today

**The resurrection does not only point to life after death; it powerfully transforms life now.** When we accept Jesus, we are made new creations. Our old selves die, and we rise to walk spiritually alive.

This new life is marked by freedom from sin's chains, the indwelling Spirit, and a journey of growth and transformation. It's a continuous process of reflecting the risen Christ in our thoughts, actions, and character.

*Celebrating the resurrection invites us to cherish and cultivate this new life daily.* We are called to live with purpose, love, and joy, reflecting the victory Jesus won for us on the cross and in the empty tomb.



## Reflect and Apply

1. What changes have you noticed in your life since accepting Christ?

---

---

---

2. How does the concept of new creation influence your identity?

---

---

---

3. In what practical ways can you walk more fully in newness of life?

---

---

---



Day 5: 🌱 New Life in Christ

## Journaling Prompts

1. Write about areas where you see God's transformation occurring in your life.

---

---

---

2. Reflect on habits or thoughts to surrender enabling new life to flourish.

---

---

---

3. Describe how your life story reflects resurrection hope to others.

---

---

---





Day 5: 🌿 New Life in Christ

## Prayer for Today

**Jesus, thank You for making me a new creation through Your resurrection. Help me to live each day reflecting Your life and love. Empower me by Your Spirit to grow, serve, and shine as a witness to Your transforming power.**

Amen. 🌿 ✝️ 🕉️ 🙏





## Day 6: 🚶 Walking in Resurrection Power



Day 6:  Walking in Resurrection Power

## Your Verse

*Ephesians 1:19–20 "His incomparably great power for us who believe. That power is the same as the mighty strength he exerted when he raised Christ from the dead."*

## Supporting Scriptures

- *Philippians 3:10 "I want to know Christ—yes, to know the power of his resurrection and participation in his sufferings."*
- *Colossians 3:1 "Since, then, you have been raised with Christ, set your hearts on things above."*



Day 6:  Walking in Resurrection Power

## Devotional: Empowered by Resurrection Strength

**God's resurrection power is not confined to the past or to heaven—it is active in believers today.** Paul prays for Christians to understand and experience this mighty power as they live for Christ.

Walking in resurrection power means living courageously, overcoming sin, and serving others with strength from God. It is living with a heavenly perspective, fixing our hearts on eternal realities rather than temporary struggles.

*This invitation is both a comfort and a challenge.* Are we willing to tap into this power daily, trusting God to transform weakness into strength and fear into boldness?



Day 6:  Walking in Resurrection Power

## Reflect and Apply

1. How have you experienced God's power in your life?

---

---

---

2. What areas need resurrection power to bring change or breakthrough?

---

---

---

3. How can you set your heart 'on things above' amid daily distractions?

---

---

---



Day 6:  Walking in Resurrection Power

## Journaling Prompts

1. Write about a recent situation where you felt God's strength at work.

---

---

---

2. Reflect on struggles where you want to invite resurrection power.

---

---

---

3. List practical ways to focus your mind and heart on eternal truths.

---

---

---



Day 6: 🧑 Walking in Resurrection Power

## Prayer for Today

**Father, I ask for Your resurrection power to fill and strengthen me. Help me live boldly and faithfully, relying on Your might rather than my own. Guide my heart to seek Your kingdom and live as a reflection of Your eternal life.**

Amen. 🧑 ✝️ 🔥 🙏





## Day 7: 🎉 Celebrating the Resurrection Life





Day 7: 🎉 Celebrating the Resurrection Life

## Your Verse

*Matthew 28:9 "Suddenly Jesus met them. 'Greetings,' he said. They came to him, clasped his feet and worshiped him."*

## Supporting Scriptures

- *Psalm 118:24 "This is the day the Lord has made; let us rejoice and be glad in it."*
- *Romans 8:38-39 "Nothing can separate us from the love of God that is in Christ Jesus our Lord."*



Day 7: 🎉 Celebrating the Resurrection Life

## Devotional: Living a Life of Resurrection Joy

**The resurrection calls us to a life of celebration, worship, and gratitude.** When Jesus met the women, their response was worship—acknowledging His triumph and divinity.

We too are invited to rejoice daily in the victory and love that resurrection represents. It's a life free from despair, empowered by hope and anchored in grace. This celebration is not seasonal but ongoing, affecting every aspect of who we are.

*As we close this study, let us renew our commitment to live as resurrection people—joyful, worshipful, and filled with the certainty of God's eternal love. May our lives be celebrations of His unstoppable power and unending grace.*



## Reflect and Apply

1. How can you cultivate a heart of worship and gratitude daily?

---

---

---

2. What does a celebration of resurrection life look like in your community?

---

---

---

3. How does assurance of God's unbreakable love affect your faith journey?

---

---

---



# Journaling Prompts

1. Write a prayer of praise celebrating the resurrection and God's love.

---

---

---

2. Reflect on ways to share resurrection joy with those around you.

---

---

---

3. Describe how you will live differently because of the hope in Christ.

---

---

---



Day 7: 🎉 Celebrating the Resurrection Life

## Prayer for Today

**Risen Lord, I praise You for Your victory and unending love.** Fill my heart with joy and gratitude that overflows into worship and service. Help me live each day as a celebration of the resurrection life You've given. Let my life testify of Your grace and hope. Amen. 🎉 ✚ ❤️ 🙏





## Where God's Word Meets Your Daily Life

### **A Personal Invitation from HolyJot**

We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



What you'll discover when you visit [HolyJot.com](https://www.holyjot.com):



 **100k+ Bible Study Plans** on every topic of life

 Access studies anytime on your phone, tablet, or computer

 Studies for individuals, families, small groups, and churches

 Secure online journaling — or keep using print for privacy

 A place to grow your faith alongside believers worldwide

### **Bonus for You:**

Download exclusive study bundles and resources when you create a [free HolyJot account](#). No spam. No gimmicks. Just God's Word.

### **Visit Now:**

 [www.HolyJot.com](https://www.holyjot.com)

 Scan this QR code to start your next Bible Study today:



 We'd love to hear your story.  
Email us at [info@holyjot.com](mailto:info@holyjot.com).

 Connect with us at:

[Facebook](#) • [Instagram](#) • [YouTube](#) • [TikTok](#)



You are welcome to share this PDF with others.  
Please keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.