# Childlike Faith: Humbly Trusting God



Explore seven days rediscovering simple, trusting faith modeled by Jesus' followers. Grow in humble trust and deepen your walk with God.





#### Table of contents

<u>Introduction</u>	3
Day 1: P Beginning with Simple Trust	5
Day 2: X Trusting God's Promises	11
Day 3: Peace in Childlike Faith	17
Day 4: Receiving Grace with Open Hands	23
Day 5: O Trusting God in Life's Storms	29
Day 6: Faith that Receives Joyfully	35
Day 7: B Growing in Faith and Trust	41







#### Introduction

**Faith** is more than a belief; it is a vibrant, living trust that shapes how we relate to God every day. In this 7-day study, we journey together to rediscover *childlike faith*—the kind of simple, humble trust that Jesus invites us to have. Throughout Scripture, Jesus highlights the importance of trust without pretense, a readiness to lean fully on God without doubt or hesitation. Childlike faith is not naive; rather, it is the purest expression of dependence on God's love, power, and promises.

Children trust naturally—they believe in their parents, rest in their care, and expect their provision without anxiety. Jesus used this very imagery to teach his followers to approach God with that same confidence and humility. As adults, our life experiences and challenges can cloud this pure trust, leaving us cynical or self–reliant. Yet God calls us back to a faith that is simple yet profound, steadfast yet gentle.

In the upcoming days, we will explore stories from Jesus' ministry and the early church that reveal how childlike faith transforms lives. We will reflect on how such faith is humble, ready to receive, and confident in God's goodness. Each day will invite you to engage deeply through Scripture, thoughtful reflection, prayer, and journaling prompts designed to awaken your trust and reliance on God anew.

May this study encourage you to lay aside complexity and rediscover the joy and power of humble faith—faith that clings to God like a child to a loving







Father. Let us walk this path together, opening our hearts to what God desires to reveal about trust through His Word and Spirit.

















#### Your Verse

#### **Supporting Scriptures**

- Mark 10:15 'Truly I tell you, anyone who will not receive the kingdom of God like a little child will never enter it.'
- Psalm 131:2 'But I have calmed and quieted myself, I am like a weaned child with its mother; like a weaned child I am content.'







#### Devotional: Embrace Trust Like a Child

**Faith begins with humility**—a willingness to let go of self-sufficiency and trust wholeheartedly. Jesus teaches that to enter God's kingdom, we must become like little children. Children naturally live in dependence on their parents and accept provision with pure trust. This is an invitation to *simple faith*, one that does not wrestle with complicated doubts or try to control every outcome. Rather, it rests quietly in the assurance that God is good and able.

Psalm 131 models this perfectly—a soul quietly content, like a child weaned but still confident in the mother's care. The childlike faith we seek is not oblivious to reality; it is peace-filled trust that God is near. Today, reflect on where in your life you might be relying too much on your own strength or intellect. What fears or doubts get in the way of your simple trust in God?

Choosing childlike faith is a daily act of surrender. It's a powerful step toward a deeper relationship with God, opening the door to experience His kingdom in new and refreshing ways.







# Reflect and Apply

	How does Jesus describe the kind of faith necessary to enter God's kingdom?
2.	In which areas of your life do you struggle to trust God fully?
	What would it look like practically to become more like a trusting child in your faith?







## **Journaling Prompts**

1.	Write about a time when you felt complete trust like a child trusting a parent.
2.	List fears or doubts that hold you back from full trust in God.
3.	Describe what simple, humble faith means to you right now.







## Prayer for Today

Heavenly Father, thank You for inviting me into a faith that is simple and trusting. Help me to lay down my doubts and fears and embrace the humble trust of a child. Teach me to rest in Your care and provision, knowing You are always good and near. May my heart be quiet and content as I lean wholly on You. Strengthen my faith to trust You more deeply each day. In Jesus' name, amen.

















#### Your Verse

#### **Supporting Scriptures**

- 2 Corinthians 5:7 'For we live by faith, not by sight.'
- Romans 4:20–21 'Yet he did not waver through unbelief regarding the promise of God, but was strengthened in his faith... being fully persuaded that God had power to do what he had promised.'







#### Devotional: Confidence in God's Unseen Promises

Faith trusts what is unseen. Hebrews 11:1 reminds us that faith is assurance about things we cannot yet see. Childlike faith doesn't demand physical proof; it confidently hopes in God's promises. Abraham is a powerful example as he held firmly to God's word even when circumstances seemed impossible. His faith grew because he trusted God's character and power to fulfill His promises.

In our modern lives, it can be tempting to demand visible evidence or tangible outcomes before trusting God. Yet, childlike faith invites us to walk by faith — to trust that God's good plans are at work even in the silence or waiting seasons. It challenges us to focus not on our fears or doubts, but on God's trustworthy nature and His faithfulness throughout history.

Reflect on how you respond when God's promises seem distant or delayed. Are you willing to believe even when you can't see the outcome? Childlike faith encourages us to rest in God's timing and goodness.







# Reflect and Apply

1.	What does Hebrews 11:1 teach about the nature of faith?
2.	How does Abraham's example inspire your trust in God's promises?
3.	In what ways can you live 'by faith, not by sight' today?







## **Journaling Prompts**

	Write about a promise from God you are holding onto even if it's not yet fulfilled.
	Reflect on moments when trusting in unseen things was hard yet rewarding.
3.	Describe how trusting God's timing affects your daily decisions.







## **Prayer for Today**

**Lord Jesus**, thank You that my faith can rest on Your promises even when I cannot see them fulfilled. Help me to grow in confidence and hope, trusting Your timing and power. Strengthen my heart to believe firmly, like Abraham, that You are able and faithful. Teach me to walk by faith today, trusting not in what eyes see but what Your Spirit reveals. Amen. �� 🙏 👄









Day 3: Peace in Childlike Faith









#### Your Verse

#### **Supporting Scriptures**

- Isaiah 26:3 'You will keep in perfect peace those whose minds are steadfast, because they trust in you.'
- Matthew 11:28 'Come to me, all you who are weary and burdened, and I will give you rest.'







## Devotional: Faith that Brings Peace and Rest

**Faith brings peace** that transcends understanding. When we trust God with a childlike heart, we can release our anxieties and find rest. Paul encourages believers to replace worry with prayer, thanksgiving, and trust. This surrender ushers in God's peace that guards our hearts even amid trials.

Childlike faith doesn't deny difficulties; instead, it faces them with a calm confidence rooted in God's presence. Jesus invites the weary to come and find rest. When we lean into Him, our hearts can be guarded against anxious thoughts and fear.

Today, consider how your faith impacts your peace. Where can you offer God your worries through prayer and trust? Childlike faith invites a peaceful heart that relies wholly on the loving Father.







# Reflect and Apply

1.	How does Philippians 4:6-7 connect faith and peace?
2.	What role does prayer play in cultivating childlike faith?
3.	In what ways can trusting God affect your daily anxiety or burdens?







## **Journaling Prompts**

1.	Write about a situation where prayer brought you peace over worry.
2.	Identify areas where you need to cast your burdens upon God.
3.	Describe what it means to 'come to Jesus' for rest in your life.







## **Prayer for Today**

**Gracious Father**, teach me to bring all my anxieties to You in prayer, trusting You with a childlike heart. Help me to exchange fear for Your peace that surpasses understanding. Guard my heart and mind through Christ Jesus, and remind me to be thankful even in tough times. Thank You for Your unfailing rest and love. Amen. \*\*\mathre{A} \mathre{B}















#### Your Verse

#### **Supporting Scriptures**

- James 4:6 'God opposes the proud but shows favor to the humble.'
- Luke 18:17 'Truly I tell you, anyone who will not receive the kingdom of God like a little child will never enter it.'







#### Devotional: Humble Hearts Receive God's Grace

Childlike faith is marked by humility and openness. Receiving God's grace is not about our efforts but about accepting His gift with open hands. Paul reminds us that salvation is a gift given through faith, not earned by works. This kind of faith humbly acknowledges our need for God's mercy.

James warns against pride because God's favor rests on the humble. Jesus' teaching about receiving the kingdom like a child highlights that a proud or self-sufficient heart cannot truly embrace God's grace. Childlike faith is a posture of dependence, eagerness to receive, and joy in what God freely offers.

Consider today: Are there areas where pride hinders your faith? Can you open your hands and heart more fully to God's grace and gifts? Such humility invites deeper trust and transformation.







# Reflect and Apply

1.	Why is humility essential in childlike faith?
2.	What does Ephesians 2:8 teach about how we receive salvation?
3.	How might pride block you from fully trusting God's grace?







# **Journaling Prompts**

	Write about a time you struggled to receive grace due to pride or self-reliance.
2.	Reflect on ways you can cultivate a more humble heart toward God.
3.	List areas of your life where you need to open your hands to God's gifts.







## **Prayer for Today**

**Lord God**, help me to approach You with humility and open hands. Remove pride and self-reliance from my heart so I can receive Your grace fully. Teach me to live daily by faith as a grateful child receiving Your love and gifts. Thank You for the free gift of salvation through Jesus Christ. Amen.

















#### Your Verse

#### **Supporting Scriptures**

- Psalm 46:1 'God is our refuge and strength, an ever-present help in trouble.'
- John 14:27 'Peace I leave with you; my peace I give you. I do not give to you as the world gives.'







#### Devotional: Faith That Calms the Storms

Childlike faith enables us to trust God during life's storms. When Jesus calmed the storm on the lake, He demonstrated His authority and invited His disciples to trust Him despite the chaos. Even when the waves rage around us, faith holds firm, believing that God is present, powerful, and caring.

David declares God is our refuge and ever-present help in trouble. Jesus promises peace unlike the world's fleeting calm. Childlike faith holds onto these truths, enabling us to face adversity with courage and hope. Often storms can reveal the depth of our trust and dependance.

Reflect on the storms you face today. How can you invite Jesus' peace to calm your fears and renew your faith? Childlike faith does not minimize difficulties but strengthens our conviction that God is with us through them.







# Reflect and Apply

1.	How did Jesus demonstrate childlike faith in the storm?
2.	What does Psalm 46:1 teach about God's role in trouble?
3.	How can you invite Jesus' peace into your current challenges?







## **Journaling Prompts**

1.	Write about a difficult time when your faith helped carry you.
2.	Describe what peace looks like in the midst of your personal storms.
3.	List practical ways you can remind yourself of God's presence when afraid.







## **Prayer for Today**

**Jesus, Prince of Peace**, when life's storms rage, help me to look to You with childlike trust. Calm my fears and remind me that You control every wind and wave. Be my refuge and strength. Fill my heart with Your peace that surpasses all understanding. Teach me to rest in Your presence no matter what I face. Amen.

















#### Your Verse

#### **Supporting Scriptures**

- 1 Peter 1:8 'Though you have not seen him, you love him; and even though you do not see him now, you believe in him and are filled with an inexpressible and glorious joy,'
- Romans 15:13 'May the God of hope fill you with all joy and peace as you trust in him.'







#### Devotional: Joyful Faith in God's Revealed Love

**Childlike faith receives with joy**. Jesus praised the Father for revealing truths to the humble and childlike, rather than the proud and self-reliant. Faith that trusts deeply is often accompanied by a profound joy that the world cannot understand.

Peter speaks of this joyous faith—a love for Jesus, even without seeing Him, filled with a glorious joy. Paul prays that trusting God fills believers with hope, joy, and peace. The childlike heart delights in God's presence and greatness, receiving His promises with gladness.

Reflect on the joy in your faith. Is your trust a source of deep gladness? How can you cultivate a more joyful heart that receives all God offers? Joy is often the fruit of humble dependence and simple faith.







# Reflect and Apply

1.	Why does Jesus praise God for revealing to little children?
2.	How does faith relate to joy even without visible proof?
3.	In what ways can you nurture joyful trust in God daily?







## **Journaling Prompts**

1.	Recall moments of joy that stemmed from trusting God.
2.	Write about how joy changes your perspective on challenges.
3.	List things God has revealed to you that bring you hope and gladness.







## Prayer for Today

Father of Joy, thank You for revealing Your love and truth in ways that a trusting child can receive. Fill my heart with inexpressible and glorious joy even when I cannot see all Your plans clearly. Help me to walk in hope and peace, delighting in Your presence each day. May my faith be a joyful song to You. Amen.

















#### Your Verse

#### **Supporting Scriptures**

- Colossians 2:6-7 '...continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.'
- Hebrews 12:2 'Let us fix our eyes on Jesus, the pioneer and perfecter of faith.'







#### Devotional: Faith That Grows Rooted in Christ

**Faith is a journey of growth**. Childlike faith begins with simple trust but matures as we make every effort to grow in goodness, knowledge, selfcontrol, perseverance, godliness, mutual affection, and love. Peter challenges believers to actively cultivate a faith that deepens and strengthens over time.

Paul encourages us to be rooted and built up in Christ, living lives marked by strength and thanksgiving. Above all, Hebrews urges us to fix our eyes on Jesus—our perfect example and source of faith.

As we conclude this study, consider how your faith is growing. Where has God been shaping you? What steps can you take to nurture your trust more fully? Childlike faith is beautiful in its simplicity but also calls for ongoing growth and dependence on Christ.







# Reflect and Apply

1.	What qualities does Peter say we should add to our faith?
2.	How can you fix your eyes on Jesus amid life's distractions?
3.	In what ways has your faith grown during this study?







# Journaling Prompts

1.	List areas of growth you desire in your faith journey.
2.	Write about how focusing on Jesus strengthens your trust.
3.	Reflect on one step you will take to deepen your faith this week.







## Prayer for Today

**Lord Jesus**, thank You for inviting me to a faith that is both childlike and growing. Help me to make every effort to add goodness, knowledge, and love to my faith journey. Strengthen me to persevere and stay rooted in You. May I fix my eyes fully on You, the perfecter of faith, and live with overflowing thankfulness. Amen.







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