Children and Courage: Trusting God Like David



Explore how children can trust God in challenging times through David's courage in facing Goliath.





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Introduction

Welcome to this 7-day Bible study on *Children and Courage: Trusting God Like David.* Life often puts us in situations that feel as giant as Goliath was to David—a problem too big, a fear too overwhelming, or a challenge that seems impossible. This study is designed especially for children and those guiding them to grow in faith and trust in God through the inspiring story of David and Goliath.

David, a young shepherd boy, faced a giant warrior who terrified everyone. Yet, with simple trust in God's power, David triumphed where adult soldiers were frozen by fear. His faith reminds children that age, size, or experience doesn't limit God's ability to help and use them mightily.

During each day of this study, we will dive into Scripture to understand more about God's strength, courage, and faithfulness. We will also look at how God equips children to face hard things and encourages them to trust in His plans. Whether you are a child reading alone or an adult facilitating, you'll gain meaningful insights and practical ways to rely on God's promises.

Get ready to discover how God can empower you to be brave, trust Him fully, and face life's giants with faith! \bigcap









Day 1: Facing Giants with Faith









Day 1: Facing Giants with Faith

Your Verse

1 Samuel 17:45 – 'David said to the Philistine, "You come against me with sword and spear and javelin, but I come against you in the name of the Lord Almighty..."

Supporting Scriptures

- Psalm 27:1 'The Lord is my light and my salvation—whom shall I fear?'
- Isaiah 41:10 'So do not fear, for I am with you; do not be dismayed, for I am your God.'







Day 1: **(**) Facing Giants with Faith

Devotional: God's Strength Helps Us Face Giants

David's confidence came from knowing God was with him. While the giant Goliath was huge and frightening, David trusted that God's power was greater. Even though David was just a young boy without armor or weapons, God was his defense and strength. This teaches children that size and strength don't matter when God is on their side.

Why should we fear problems when God is with us? When we feel scared or unsure, remembering that God fights for us can bring courage. God gives us the strength to face challenges and win over fear. We don't have to rely on our own power; God's power is enough!

Today, think about a "giant" in your life—a big problem, a scary feeling, or something hard to do. Just like David, you can face it bravely because **God is with you**. Trust in His mighty power and love.







Day 1: V Facing Giants with Faith

Reflect and Apply

| What giants (big fears or challenges) do I face today? |
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| How can I remember that God is stronger than any problem? |
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| What does it mean to trust God instead of being afraid? |
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Day 1: **(**) Facing Giants with Faith

Journaling Prompts

| 1. Write about a time you felt scared but trusted God anyway. |
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| 2. Draw or describe what your own 'giant' looks like right now. |
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| 3. List ways God has helped you in difficult situations before. |
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Day 1: **()** Facing Giants with Faith

Prayer for Today

Lord, thank You for being my strength and my shield. Help me to remember that no matter how big or scary my problems are, You are bigger and more powerful. Teach me to trust You with all my heart and not to be afraid. Give me courage like David had to face my giants. Thank You for always being with me. In Jesus' name, Amen. 🙏 🕒 🖤







Day 2: 🗱 God Chooses the Unexpected









Day 2: 🗱 God Chooses the Unexpected

Your Verse

1 Samuel 16:7 - 'The Lord does not look at the things people look at. ... The Lord looks at the heart.'

Supporting Scriptures

- Jeremiah 1:5 'Before I formed you in the womb I knew you...'
- Psalm 139:14 'I praise you because I am fearfully and wonderfully made.'







Day 2: nd God Chooses the Unexpected

Devotional: God Sees Our Hearts, Not Just Appearance

David was the youngest son, a shepherd, and not the obvious choice to fight Goliath. But God chose him because of his heart and faith. What others saw as weak or unimportant, God saw as brave and capable. This teaches children that God values what's inside—our hearts, our faith, and our willingness to obey Him.

You might feel too small or not good enough sometimes, but God chose you for a reason. He knows your heart and wants to use you in amazing ways. When we trust God, He works through us no matter how we look or what others think.

Remember, God's view of you is perfect. You are specially made by Him and valuable just as you are. Your heart is what really matters.







Day 2: 🎇 God Chooses the Unexpected

Reflect and Apply

| 1. | How do I usually think others see me versus how God sees me? |
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| 2. | What does it feel like to know God values your heart above all else? |
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| 3. | In what ways can I show my faith even if I feel small or different? |
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Day 2: 🎇 God Chooses the Unexpected

Journaling Prompts

| 1. | Write a letter to yourself from God's perspective. |
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| 2. | List qualities about your heart or character that God loves. |
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| | Think of a time God used something small or unexpected to do big things. |
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Day 2: nd God Chooses the Unexpected

Prayer for Today

Dear God, thank You for seeing my heart and choosing me just as I am. Help me to believe that You can use me for great things, no matter what others think. Teach me to trust Your plan and not be discouraged by my size or abilities. Help me to be brave and obedient. I praise You for making me wonderfully. In Jesus' name, Amen.

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Your Verse

Joshua 1:9 - 'Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.'

Supporting Scriptures

- Psalm 56:3 'When I am afraid, I put my trust in you.'
- 2 Timothy 1:7 'For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.'







Devotional: God Gives Us Courage to Face Fears

David faced a scary giant, but he knew God was with him. Courage isn't about never feeling afraid; it's about trusting God even when we are scared. God promises to be with us always, giving us courage, power, and love.

Sometimes, the hardest part is choosing to trust God when things feel scary. But God's Spirit is stronger than our fear! When we pray and depend on Him, He fills our hearts with bravery so we can face whatever comes.

Just like David didn't fight Goliath alone, we don't have to face hard things by ourselves. God's power makes us strong, and His love gives us peace. Today, ask God to fill you with courage and not let fear stop you.







Reflect and Apply

| What fears do I have that need God's courage? |
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| How does knowing God is always with me help me face hard things? |
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| What practical ways can I remember to trust God when I feel afraid? |
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Journaling Prompts

| 1. | Write about a fear you want to give to God. |
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| 2. | Describe what courage feels like to you. |
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| 3. | List Bible verses that remind you God gives strength. |
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Prayer for Today

Lord, thank You for loving me and giving me courage. Help me to be strong when I feel afraid. Teach me to trust in Your presence every day. Fill my heart with Your Spirit so I can face challenges without fear. Thank You for being my helper and friend. In Jesus' name, Amen. 💸 🕡 🙏 💝

















Your Verse

Zechariah 4:10 - 'Do not despise these small beginnings...'

Supporting Scriptures

- Matthew 17:20 'If you have faith as small as a mustard seed... nothing will be impossible.'
- Luke 16:10 'Whoever can be trusted with very little can also be trusted with much.'







Devotional: Faith Grows from Small Acts

David started as a simple shepherd boy with small stones, yet God used those small things to achieve a mighty victory. Sometimes, children may think their faith or actions are too small to matter. But God honors even small steps of faith and obeying Him.

No matter how young you are or how little you feel you have, God can use you mightily! Faith is a journey, starting with trusting God in little ways. Each time we take a small step toward obeying God, our faith grows stronger, and God's plans become clearer.

Remember, it's not about having everything perfect or being the biggest. It's about trust and obedience in the **small beginnings**.







Reflect and Apply

| 1. | What small faith step can I take today? |
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| 2. | How do little actions help build my trust in God? |
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| 3. | Why does God value our obedience more than size or greatness? |
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Journaling Prompts

| 1. | Write about a small way you can show faith today. |
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| 2. | Think of a time when a small effort led to a big result. |
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| 3. | Draw a picture of David with his small stones facing Goliath. |
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Prayer for Today

God, thank You for using small things to do big work. Help me to have faith that grows from little steps. Teach me to trust You even when I feel small or unsure. Use me to do great things through my obedience and faith. I want to follow You every day. In Jesus' name, Amen. ?















Your Verse

1 Timothy 4:12 - 'Don't let anyone look down on you because you are young, but set an example in speech, in conduct, in love...'

Supporting Scriptures

- Matthew 19:14 'Let the little children come to me... for the kingdom of heaven belongs to such as these.'
- Jeremiah 1:7 'Do not say, 'I am too young.' You must go to everyone I send you to...'







Devotional: Children Are Powerful in God's Kingdom

David was young, yet God chose him to lead a great victory. God doesn't need us to be grown up or perfect to do His work. God values children and uses them in incredible ways to show His love and power.

God calls each child to be a light and a witness in their home, school, and community. You can set an example by loving others, speaking kindly, and trusting God even when things are hard. God uses your words and actions to make a difference.

Don't ever think you're too young to serve God. Like David, you can be brave and strong by relying on God's power inside you.







Reflect and Apply

| 1. | How can I show God's love where I live and go? |
|----|--|
| | |
| 2. | What gifts or talents has God given me to use for Him? |
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| 3. | In what ways can I be an example to others this week? |
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Journaling Prompts

| 1. | Write about a time you helped someone or showed kindness. |
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| 2. | List ways you want to be a good example this week. |
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| 3. | Pray and ask God how He wants you to serve Him as a child. |
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Prayer for Today

Lord, thank You for loving and using me even though I'm young. Help me to be brave and kind, setting a good example for others. Show me how to use the gifts You have given me to serve You. Give me courage like David to trust You in everything I do. In Jesus' name, Amen. (?) *> ***















Your Verse

Proverbs 3:5-6 - 'Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him...'

Supporting Scriptures

- Psalm 56:11 'In God I trust and am not afraid.'
- Romans 8:28 'In all things God works for the good of those who love him.'







Devotional: Put Your Complete Trust in God

David didn't rely on his own strength but trusted God completely. We can face big challenges by depending on God's wisdom and guidance rather than our own understanding. Sometimes, we don't know how things will work out, but God does.

Trusting God means choosing to believe He is good and has a plan for us, even when life is hard. When we trust Him, we let go of fear and worry and lean on His promises. God promises to guide our steps and bring good even from difficult situations.

Today, bring your worries to God and choose to trust Him fully. Like David, believe that God is your protector and helper in every hard thing.







Reflect and Apply

| What does it mean to lean on God instead of my own understanding? |
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| How can trusting God change the way I face problems? |
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| When have I seen God work good things from hard experiences? |
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Journaling Prompts

| 1. | Write a prayer of trust to God for your current challenges. |
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| 2. | Describe a time when trusting God helped you feel peace. |
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| 3. | Make a list of God's promises that give you hope. |
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Prayer for Today

Dear God, help me to trust You with all my heart. Teach me not to depend on my own ideas but to listen to Your voice and follow Your ways. Thank You for working good things in my life. Please guide me through every challenge I face. I want to lean on You always. In Jesus' name, Amen. \triangle

















Your Verse

1 Samuel 17:50 – 'So David triumphed over the Philistine with a sling and a stone; without a sword in his hand he struck down the Philistine...'

Supporting Scriptures

- Psalm 20:7 'Some trust in chariots and some in horses, but we trust in the name of the Lord our God.'
- Ephesians 6:10 'Be strong in the Lord and in his mighty power.'







Devotional: God Gives Us Victory Over Giants

David's victory over Goliath shows that God's power triumphs over every giant. When we choose to trust God, He helps us overcome impossible things. David didn't fight with weapons of war but with faith, courage, and God's strength.

Our giants might be fears, doubts, or hard situations, but God promises us victory when we depend on Him. God's power is always greater than what frightens us. He fights for us and leads us to victory in His timing.

As this study ends, remember that no matter what giant you face, God's strength is available to help you conquer it. Keep trusting and obeying Him—the victory is yours!







Reflect and Apply

| 1. | What giant in my life do I want God to help me defeat? |
|----|--|
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| 2. | How have I seen God give me victory in the past? |
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| 3. | What can I do to keep trusting God every day? |
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Journaling Prompts

| 1. | Write about your biggest 'giant' and give it to God in prayer. |
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| 2. | Describe how you want to celebrate God's victories in your life. |
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| 3. | Make a list of ways you can show courage and faith this week. |
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Prayer for Today

Lord, thank You for being my victory and my strength. Help me to remember that with You, I can overcome any giant or challenge. Teach me to keep trusting You no matter what comes my way. I praise You for fighting for me and winning my battles. In Jesus' name, Amen. Σ







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