



Children and Humility: Embracing Others First



Explore God's Word for children focusing on
humility and learning to think of others before
ourselves.



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Introduction

Welcome to this 7-day Bible study on **Children and Humility: Embracing Others First**. In today's world, nurturing humility in children is essential for their spiritual growth and relationships. Humility involves recognizing our value yet choosing to think of others before ourselves. It leads to kindness, empathy, and a heart aligned with God's love.

Throughout this study, you will discover what the Bible says about humility and its importance for children. You'll engage with scriptures that reveal how Jesus Himself exemplified humility, and how He calls us to follow His example by putting others first.

Parents, teachers, and children alike will find inspiration and practical guidance as each day unpacks God's Word with a focus on nurturing a humble heart. By learning to serve others and value their needs, children grow in Christlike character, becoming lights in their families and communities.

Let's begin this journey of growing in humility, embracing the joy of thinking of others first, and following Jesus' loving example! 🙏





Day 1: 🧒 The Value of Childlike Humility



Day 1: 🧒 The Value of Childlike Humility

Your Verse

Matthew 18:3 – "And he said: 'Truly I tell you, unless you change and become like little children, you will never enter the kingdom of heaven.'"

Supporting Scriptures

- *Psalms 131:2 – "I have calmed and quieted my soul, like a weaned child with its mother; like a weaned child is my soul within me."*
- *Proverbs 22:6 – "Start children off on the way they should go, and even when they are old they will not turn from it."*



Day 1: 🧒 The Value of Childlike Humility

Devotional: Embrace Childlike Humility to Enter God's Kingdom

Jesus highlights the importance of childlike humility. In Matthew 18:3, He invites us to change and become like little children to enter God's kingdom. This means embracing qualities such as trust, simplicity, and humility. Children often depend fully on their caregivers and are open to learning and growing. Their humility is shown in their willingness to listen and be taught.

Humility is not thinking less of ourselves but thinking of ourselves less. It is the foundation for loving others well. Psalm 131:2 beautifully describes a peaceful, humble soul like that of a contented child. As we nurture children in humility, we help them develop a peace that comes from trusting God completely.

Teaching children to be humble equips them for life and relationships. Proverbs 22:6 reminds us how vital early guidance is to shape a child's heart and future.



Day 1: 🧒 The Value of Childlike Humility

Reflect and Apply

1. What does it mean in your life to 'become like little children' according to Jesus?

2. How do you see humility or pride affecting your relationships with others?

3. In what ways can you nurture humility in your daily actions and thoughts?



Day 1: 🧒 The Value of Childlike Humility

Journaling Prompts

1. 1. Write about a time you experienced or witnessed humility in a child.

2. 2. List three qualities of childlike humility you want to grow in.

3. 3. Reflect on an area where it's difficult for you to be humble and why.



Day 1: 🧒 The Value of Childlike Humility

Prayer for Today

Dear Heavenly Father, thank You for the beautiful example of humility in little children. Help me to embrace childlike trust and simplicity, learning to think of others before myself. Teach me to quiet my soul and follow Your lead, growing in humility each day. May I reflect Your love by serving those around me with a humble heart. In Jesus' name, I pray. *Amen.* 🙏❤️🧒





Day 2: ❤️ Loving Others Like Jesus



Day 2: ❤️ Loving Others Like Jesus

Your Verse

Philippians 2:3 - "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves."

Supporting Scriptures

- *John 13:34 - "A new command I give you: Love one another. As I have loved you, so you must love one another."*
- *Romans 12:10 - "Be devoted to one another in love. Honor one another above yourselves."*



Day 2:  Loving Others Like Jesus

Devotional: Choose Love by Valuing Others Above Yourself

Humility means placing the needs of others first, just as Jesus modeled. Philippians 2:3 calls us to value others above ourselves, rejecting selfish ambition and pride. This challenge is a daily invitation to align our hearts with God's love.

Jesus' command in John 13:34 reminds us that loving one another deeply and sincerely is the heart of humility. When children learn to love others sacrificially, they build lasting friendships and reflect God's character.

Romans 12:10 encourages us to honor each other by putting others first in love. Teaching children this mindset creates a foundation for kindness, empathy, and unity in families and communities.



Day 2:  Loving Others Like Jesus

Reflect and Apply

1. How does humility influence the way you love others?

2. Can you identify moments when selflessness strengthened a relationship?

3. What practical steps can you take today to value others above yourself?



Day 2:  Loving Others Like Jesus

Journaling Prompts

1. 1. Describe someone you admire for their humility and love.

2. 2. Write about a time you put someone else's needs before your own.

3. 3. Reflect on how you can show God's love through humble actions.



Day 2: ❤️ Loving Others Like Jesus

Prayer for Today

Lord Jesus, thank You for showing us true love that puts others first. Help me to give up selfishness and live with humility, valuing those around me above myself. Teach me to love as You do—fully and sacrificially. May my words and deeds honor You and bless those I meet. *Amen.* ❤️ 🙏 ✨





Day 3: 🙌 Serving With a Humble Heart



Day 3: 🤝 Serving With a Humble Heart

Your Verse

Mark 10:45 – "For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

Supporting Scriptures

- *Galatians 5:13 – "Serve one another humbly in love."*
- *1 Peter 4:10 – "Each of you should use whatever gift you have received to serve others."*



Day 3: 🤝 Serving With a Humble Heart

Devotional: Learn to Serve Others Humbly Like Jesus

Jesus exemplifies humility through His servant heart. Mark 10:45 reminds us that even the Son of God came not to be served but to serve others, ultimately giving His life out of love. This teaches children about selflessness and the joy found in helping others.

Serving with humility means putting aside pride and expectations, focusing instead on the needs and well-being of others. Galatians 5:13 encourages us to serve one another in love, a beautiful way to practice humility in everyday life.

1 Peter 4:10 tells us that everyone has gifts to bless others. Children can discover their unique ways to serve, learning that humility involves recognizing these gifts are meant to help, not to boast.



Day 3: 🧡🧡 Serving With a Humble Heart

Reflect and Apply

1. How does serving others deepen humility?

2. What gifts has God given you to serve those around you?

3. In what ways can humility shape the way you serve your family and friends?



Day 3: 🧡🧡 Serving With a Humble Heart

Journaling Prompts

1. 1. Write about a time you served someone joyfully and humbly.

2. 2. List some ways you can serve your community with humility.

3. 3. Reflect on what Jesus' example of service means to you personally.



Day 3: 🤝 Serving With a Humble Heart

Prayer for Today

Father God, thank You for the perfect example of service through Jesus. Help me to follow His footsteps by serving others with a humble heart and loving spirit. Teach me to see opportunities to bless those around me and to use my gifts to Your glory. Strengthen me to serve without expecting reward or recognition. *Amen.* 🤝💙🙏





Day 4: 🌿 Gentleness and Humility Go Hand in Hand



Day 4: 🌱 Gentleness and Humility Go Hand in Hand

Your Verse

Ephesians 4:2 - "Be completely humble and gentle; be patient, bearing with one another in love."

Supporting Scriptures

- *Colossians 3:12 - "Clothe yourselves with compassion, kindness, humility, gentleness and patience."*
- *Proverbs 15:1 - "A gentle answer turns away wrath, but a harsh word stirs up anger."*



Devotional: Humility Shines Brightest Through Gentleness

Humility expresses itself through gentleness and patience. Ephesians 4:2 calls us to be humble and gentle, bearing with one another lovingly. Children who learn gentleness alongside humility develop healthy relationships and peaceful hearts.

Gentleness is not weakness but strength under control, allowing us to respond calmly and kindly even when challenged. Colossians 3:12 encourages us to 'clothe' ourselves with humility and gentleness as daily attitudes.

Proverbs 15:1 reminds us that gentle words can defuse anger and promote peace. Teaching children the power of gentle speech helps them become peacemakers in their families and communities.



Reflect and Apply

1. How does gentleness amplify humility in your life?

2. Can you recall a situation where gentle words changed a conflict?

3. What attitudes help you remain patient and kind toward others?



Day 4:  Gentleness and Humility Go Hand in Hand

Journaling Prompts

1. 1. Write about someone who shows humility through gentleness.

2. 2. Describe a time when you used gentle words to help a friend.

3. 3. Reflect on ways you can practice patience and kindness today.



Day 4: 🌿 Gentleness and Humility Go Hand in Hand

Prayer for Today

Gracious God, teach me to be humble and gentle in all my interactions. Help me to show patience and love, even when situations are difficult. May my words bring peace and my actions reflect Your kindness. Guide me to bear with others in love and grow more like Jesus every day. *Amen.* 🌸 🙌 🙏





Day 5: 🧠 Learning from Jesus' Humble Example



Your Verse

Philippians 2:5-7 – "In your relationships with one another, have the same mindset as Christ Jesus: Who... made himself nothing by taking the very nature of a servant."

Supporting Scriptures

- *Isaiah 53:3 – "He was despised and rejected by mankind, a man of suffering, and familiar with pain."*
- *Matthew 11:29 – "Take my yoke upon you and learn from me, for I am gentle and humble in heart."*



Devotional: Follow Jesus' Example of Humility and Service

Jesus' humility is the ultimate example for us to follow. Philippians 2:5–7 challenges us to adopt the same mindset—one of selflessness and servanthood. Although exalted, Jesus emptied Himself and took on the nature of a servant to save us.

His willingness to endure hardship, rejection, and pain was born from love and humility. Isaiah 53:3 depicts Jesus as familiar with suffering but remaining faithful and humble throughout.

In Matthew 11:29, Jesus invites us to learn His gentle and humble heart. Children and adults alike grow by fixing their eyes on Jesus and imitating His humility in everyday life.



Reflect and Apply

1. What does Jesus' humility teach you about true greatness?

2. How can you reflect Jesus' servant attitude in your daily actions?

3. Are there areas where you struggle to adopt a humble mindset?



Day 5: 🧠 Learning from Jesus' Humble Example

Journaling Prompts

1. 1. Write about a time you acted selflessly like Jesus.

2. 2. Reflect on what it means for Jesus to be 'gentle and humble in heart.'

3. 3. Consider ways you can learn humbleness from Jesus this week.



Day 5: 🧠 Learning from Jesus' Humble Example

Prayer for Today

Jesus, my Savior, thank You for showing me the perfect humility by serving others and laying down Your life for me. Help me to have Your mindset—gentle, humble, and loving. Teach me to empty myself of pride and serve with a joyful heart. May my life reflect Your love and grace. *Amen.* 🙏 ✨ ❤️





Day 6: 🤝 Forgiveness Flows From Humble Hearts



Your Verse

Colossians 3:13 - "Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you."

Supporting Scriptures

- *Ephesians 4:32 - "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."*
- *Matthew 18:21-22 - "How many times shall I forgive my brother or sister? ... Jesus answered, '...seventy-seven times.'"*



Day 6: 💛 Forgiveness Flows From Humble Hearts

Devotional: Humility Leads to Forgiveness and Peace

Humility opens the door to forgiveness, a key to healthy relationships.

Colossians 3:13 reminds us to bear with one another and forgive as the Lord has forgiven us. A humble heart recognizes its own need for grace and is quick to forgive others.

Forgiving others can be challenging, but it reflects God's love and mercy.

Ephesians 4:32 encourages kindness and compassion rooted in the forgiveness God offers us.

Jesus' teaching in Matthew 18:21-22 calls us to forgive generously without keeping score. This attitude flows naturally from humility—putting others' faults aside and emulating God's endless grace.



Reflect and Apply

1. Why is humility essential for genuine forgiveness?

2. How does God's forgiveness motivate you to forgive others?

3. Are there relationships needing forgiveness in your life now?



Journaling Prompts

1. 1. Write about someone you need to forgive and why.

2. 2. Describe how forgiving others has brought you peace.

3. 3. Reflect on what forgiveness taught you about God's love.



Day 6: 🧡 Forgiveness Flows From Humble Hearts

Prayer for Today

Merciful Father, thank You for forgiving me even when I fall short. Help me to have a humble heart that forgives others freely, just as You forgive me. Teach me to be kind and compassionate, bearing with patience. Heal any hurts and restore relationships in Your perfect love. *Amen.* ❤️ 🙏 🧡





Day 7: ✨ Walking in Humility Every Day



Day 7: ✨ Walking in Humility Every Day

Your Verse

Micah 6:8 - "What does the Lord require of you? To act justly and to love mercy and to walk humbly with your God."

Supporting Scriptures

- *James 4:6 - "God opposes the proud but shows favor to the humble."*
- *1 Peter 5:6 - "Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time."*



Day 7: ✨ Walking in Humility Every Day

Devotional: Embrace Daily Humility and God's Guidance

Humility is a lifelong journey, not a one-time event. Micah 6:8 beautifully summarizes God's desire for us: to act justly, love mercy, and walk humbly with Him. Walking humbly means daily surrendering pride and choosing God's ways.

Humility invites God's favor and care into our lives. James 4:6 warns that pride blocks relationship with God, but humility opens the heart to His grace.

1 Peter 5:6 encourages us to humble ourselves under God's mighty hand, trusting that He will lift us up at the right time. Embracing humility allows us to grow closer to God and others, displaying Christ's love in all we do.



Day 7: ✨ Walking in Humility Every Day

Reflect and Apply

1. What does 'walking humbly with God' look like in your daily life?

2. How can acting justly and loving mercy shape your relationships?

3. In what ways do you need God's guidance to grow in humility?



Day 7: ✨ Walking in Humility Every Day

Journaling Prompts

1. 1. Write about how you plan to walk humbly this week.

2. 2. Reflect on times God lifted you up after humbling yourself.

3. 3. List practical steps to show justice, mercy, and humility daily.



Day 7: ✨ Walking in Humility Every Day

Prayer for Today

Lord God, thank You for calling me to walk humbly with You each day. Help me to live justly and love mercy in all my ways. Teach me to surrender pride and seek Your guidance continually. May my life honor You and bless those around me as I grow in humility. *Amen.* 🌿 🙏 ✨





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