



Choosing Your Squad: Building Godly Friendships



Explore how choosing friends wisely shapes your life and faith. Learn to build a supportive, value-sharing friend group that uplifts and encourages you.

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Introduction

Friendships in our teenage years are incredibly influential. The people we choose to surround ourselves with can shape our attitudes, behaviors, and even our faith journey. It's a time of growth, exploration, and identity formation. Yet, with so many voices and opinions around, *how do we wisely select a friend group that lifts us up rather than pulls us down?*

In this study, we'll explore biblical wisdom on choosing friends who share our values, encourage our walk with God, and build us up in love and grace. The Bible offers practical guidance about the importance of fellowship, community, and surrounding ourselves with those who will spur us on in faith. We'll uncover the qualities to look for in friends and how to be the kind of friend God calls us to be.

Throughout the next three days, we will journey through scriptures and reflections that help us identify the characteristics of a healthy, godly squad. Whether you're navigating peer pressure, loneliness, or the challenge of staying true to your beliefs, this plan will provide encouragement and direction. Together, let's learn how to build strong, godly friendships that celebrate our identity in Christ and empower us to live boldly for Him.





Day 1: 💛 The Power of Your Friend Group



Your Verse

Proverbs 13:20 – "Walk with the wise and become wise, for a companion of fools suffers harm."

Supporting Scriptures

- *1 Corinthians 15:33 – "Do not be misled: 'Bad company corrupts good character.'"*
- *Ecclesiastes 4:9-10 – "Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up."*



Devotional: The Importance of Choosing Friends Wisely

Who you spend time with matters! Proverbs 13:20 gives a clear warning: choosing friends wisely impacts your life direction. Walking alongside wise people helps us grow in wisdom, while bad company can lead to trouble and harm.

During your teenage years, friendships often shape your values, choices, and even your self-image. While having fun is important, surrounding yourself with friends who encourage positive choices, kindness, and faith will build a strong foundation for your future. *Think about moments when you felt encouraged or challenged by a friend. How did their influence affect you?*

Paul's words to the Corinthians resonate deeply. Bad company can tarnish even a good heart. It's not just about avoiding trouble but choosing friendships that sharpen your character and help you become the person God created you to be. Remember, good friends lift you up, hold you accountable, and walk faithfully alongside you, especially in tough times.

Reflect on the people you currently spend time with. Are they helping you grow? Are they supportive when you want to make God-honoring decisions? This is the starting point for choosing your squad wisely.



Day 1: 🧡 The Power of Your Friend Group

Reflect and Apply

1. In what ways have your friends influenced your choices and attitude lately?

2. Can you identify qualities in your current friends that either uplift or pull you down?

3. How does God want you to be reflected in your friendships?



Journaling Prompts

1. List the top five qualities you want in a friend and why.

2. Write about a time when a friend positively influenced your faith or character.

3. Describe what kind of friend you want to be to others.



Day 1: 🧡 The Power of Your Friend Group

Prayer for Today

Dear God, thank You for the gift of friends and community. Help me to recognize the value of choosing friends who encourage me to grow in wisdom and faith. Give me discernment to step away from harmful influences and to build friendships rooted in Your truth. Teach me to be a godly friend who loves and supports others as You love me. Strengthen me in moments of peer pressure so I can stand firm in my values. Guide my heart in the friendships I nurture today and always. *Amen.* 🙏😊💡





Day 2: 🌱 Building a Friend Group that Uplifts



Day 2: 🌱 Building a Friend Group that Uplifts

Your Verse

Ecclesiastes 4:12 - "Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken."

Supporting Scriptures

- *Hebrews 10:24-25 - "And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together."*
- *Romans 12:10 - "Be devoted to one another in love. Honor one another above yourselves."*



Day 2: 🌱 Building a Friend Group that Uplifts

Devotional: Creating Supportive Bonds That Last

The Bible paints friendship as a beautiful, God-designed partnership. Ecclesiastes 4:12 reminds us that unity makes us stronger. When friends come together in God's love, they form a bond that isn't easily broken. This strengthens us in challenges and celebrations alike.

Building a friend group that uplifts means intentionally inviting people who share your values and motivate you to live well. It's not about quantity but quality—friends who spur you on in love, good deeds, and faith are treasures. Hebrews encourages us to gather regularly so we can encourage one another, fostering an environment where everyone grows.

Romans 12:10 challenges us to be devoted and honor one another, putting love first in every interaction. A supportive squad listens, lifts each other up, and offers accountability—not criticism or judgment.

Are you nurturing friendships that encourage your faith and kindness? Are you being that friend to others? Today is a perfect opportunity to reflect on the health of your friend group and start building relationships grounded in God's love and truth.



Day 2: 🌱 Building a Friend Group that Uplifts

Reflect and Apply

1. Who in your current circle encourages you to grow spiritually and personally?

2. How can you contribute to making your friend group more loving and supportive?

3. What steps can you take to invite godly friends into your life?



Day 2: 🌱 Building a Friend Group that Uplifts

Journaling Prompts

1. Write about one way your friends have helped you through a difficult time.

2. List actions you can take to show devotion and honor to your friends.

3. Identify one new way you could encourage someone in your current friend group.



Day 2: 🌱 Building a Friend Group that Uplifts

Prayer for Today

Lord, thank You for the strength and support friends provide. Help me build friendships that honor You and uplift one another. Teach me to love my friends deeply and encourage them in faith and kindness. Show me how to be a devoted, loyal friend who reflects Your love. Bring godly people into my life who will walk beside me in truth and grace. May our bonds be like a strong cord, unbroken and full of Your blessing. *Amen.* 🙌❤️👉





Day 3: 🛡 Standing Firm with Godly Friends



Day 3:  Standing Firm with Godly Friends

Your Verse

1 Thessalonians 5:11 - "Therefore encourage one another and build each other up, just as in fact you are doing."

Supporting Scriptures

- *Proverbs 27:17 - "As iron sharpens iron, so one person sharpens another."*
- *James 4:7 - "Submit yourselves, then, to God. Resist the devil, and he will flee from you."*



Day 3:  Standing Firm with Godly Friends

Devotional: Encouraging One Another to Stay Strong

Godly friends don't just hang out—they stand firm together. Paul's letter to the Thessalonians reminds us to continually encourage and build each other up. Through life's ups and downs, a strong friend group acts as spiritual armor, helping us resist temptation and walk boldly in faith.

Proverbs 27:17 beautifully captures this dynamic: friends sharpen and challenge each other to grow stronger. It's natural to need accountability and encouragement to stay true to your values in a culture full of distractions and pressures.

James 4:7 points us back to God's power in resisting negative influences. When you submit your friendship group to God, you're strengthened to say no to harmful choices and yes to God-centered living. *Being part of a godly squad means standing together in courage, faith, and prayer.*

Take time today to think about how your friends support your spiritual life. Are you able to encourage them too? Together, you can build a fortress of faith that withstands challenges.



Day 3:  Standing Firm with Godly Friends

Reflect and Apply

1. How do your friends help you stay strong in your faith during difficult times?

2. In what ways could you be a better encourager to your friends?

3. What temptations or pressures do you need to resist with your friends' support?



Day 3:  Standing Firm with Godly Friends

Journaling Prompts

1. Write a letter of encouragement to a friend who supports your faith.

2. Reflect on a challenge you overcame with the help of a trusted friend.

3. List practical ways you can build others up in your friend group.



Day 3: 🛡️ Standing Firm with Godly Friends

Prayer for Today

Heavenly Father, thank You for friends who encourage and build me up. Help me to be a source of strength and faithfulness in my friendships. Teach us to stand firm together, resisting temptation and walking boldly in Your truth. Give us courage and unity as we support one another in following You. May our friendships glorify You and be a witness of Your love to the world. *Amen.*





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