# Confident Voices: Boldly Speaking Truth as Women



A 7-day journey inspiring women to speak truth with courage, gentleness, and boldness in any setting, especially among men.





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#### Introduction

**Empowering women to confidently proclaim truth** is a calling that resonates deeply in today's world. Whether in boardrooms, churches, or community gatherings dominated by men, God calls women to *boldly yet gently* declare His Word. This study explores that calling rooted in Scripture, equipping you to find your voice and share the truth with courage and grace.

Throughout history, many women in the Bible stood firm in faith and spoke with conviction despite cultural barriers. From Deborah's leadership to Esther's courageous advocacy, from Mary's humble proclamation to Anna's persistent prayers, their stories illuminate the power God places within each woman. You too are part of this legacy.

This plan will encourage you to embrace your identity in Christ, to find strength in His promises, and to practice boldness tempered with gentleness & humility. We'll explore practical ways to build confidence in your spirit, understand God's heart for your voice, and overcome fear or hesitation.

Remember, speaking truth in a room full of men doesn't mean shouting louder; it means standing anchored in God's truth, guided by His Spirit, and expressing your insights with clarity, love, and courage. Let's embark on this journey together and walk in the freedom and power God intends for your voice!















#### Your Verse

Psalm 139:14 – "I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well."

#### **Supporting Scriptures**

- 2 Timothy 1:7 "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."
- Jeremiah 1:7 "But the Lord said to me, 'Do not say, 'I am too young.' You must go to everyone I send you to and say whatever I command you.'"







# Devotional: Discovering Confidence Through God's Design

Have you ever felt your voice was too small or not needed in a room full of men? Psalm 139:14 reminds us that God has crafted each of us fearfully and wonderfully. Your voice is no accident—it is a divine creation made to impact others. *Confidence in speaking* begins with embracing who God made you to be.

Timothy's encouragement shows that the Spirit within you is powerful, filled with love and self-discipline—not fear or hesitation. Even when God calls you to step into intimidating situations, He equips your spirit to rise up and speak boldly.

Remember Jeremiah's early doubts—"I am too young"—but God reminded him that His authority transcends human limitations. Like Jeremiah, your personal limitations or fears don't disqualify you. God calls you, equips you, and promises to fight alongside you. Your voice is a gift, rooted in God's design and empowered by His Spirit.

Today, start by affirming your identity in Christ. Your voice matters. It's time to listen to God's calling and begin speaking the truth with boldness and grace.







## Reflect and Apply

	How does knowing you are fearfully and wonderfully made affect your confidence?
2.	What fears or doubts hold you back from speaking boldly?
3.	In what ways has God already empowered you to speak truth?
4.	How can you remind yourself daily of God's calling over your voice?













### **Journaling Prompts**

1.	Write about a time you felt hesitant to speak up. What changed afterward?
2.	List qualities God has given you that help you communicate effectively.
3.	Pray and journal your personal affirmation of God's gifting your voice.







#### Prayer for Today

Heavenly Father, thank You for creating me fearfully and wonderfully. Help me to see myself through Your eyes and to walk in the confidence You provide. Replace any fear or hesitation with boldness and love. Equip me with Your Spirit to speak truth gently and courageously, no matter the room I am in. Thank You for Your calling and presence that never leaves me. In Jesus' name, *Amen.* Amen.

















#### Your Verse

Acts 4:29 - "Now, Lord, consider their threats and enable your servants to speak your word with great boldness."

#### **Supporting Scriptures**

- Ephesians 6:19 "Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel."
- Proverbs 31:26 "She speaks with wisdom, and faithful instruction is on her tongue."







#### Devotional: Praying for Boldness to Speak Truth

Boldness to speak God's truth does not come from our own strength but from the Lord's enabling power. In Acts 4:29, the early believers prayed for courage to proclaim God's Word despite opposition. This mindset is vital for us today when we face intimidating situations, especially speaking up where men predominate.

Ephesians 6:19 shows us that boldness is linked to prayer and dependence on God. Ask Him daily to give you the right words and fearless heart. When your confidence is rooted in God, your voice becomes powerful, not just through volume but through the truth it carries.

The Proverbs 31 woman sets a beautiful example: she speaks wisdom coupled with faithful instruction. Your speech should always be seasoned with truth and hope, reflecting God's heart. Speaking boldly doesn't mean being harsh or brash—it means standing firm in truth with a gentle spirit.

Boldness and gentleness coexist beautifully when our confidence comes from God. Your voice is an instrument of blessing. Today, commit to praying for courage and wisdom to boldly declare God's truth in every room.







### Reflect and Apply

1. How does praying for boldness change your speech outlook?	
2. What does it mean to speak with wisdom and faithful instruction?	
3. Where do you need God's courage most to speak up?	
4. How can boldness be expressed with gentleness in your context?	













### **Journaling Prompts**

1.	Describe a situation where you wish you had spoken with more boldness.
2.	Write a prayer asking God to give you wisdom in your words.
3.	Journal ways to balance truth with gentleness in your speech.







#### Prayer for Today

















Day 3: 🙆 Learning from Proverbs' Women

#### Your Verse

Proverbs 31:25 – "She is clothed with strength and dignity; she can laugh at the days to come."

#### **Supporting Scriptures**

- Proverbs 11:16 "A kindhearted woman gains honor,"
- Isaiah 30:21 "Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, 'This is the way; walk in it.'"







Day 3: 🙉 Learning from Proverbs' Women

#### Devotional: Strength and Dignity Shape Bold Speech

The Proverbs 31 woman embodies strength and dignity,

Honor, kindness, and wisdom are qualities prized in Proverbs 11:16, reminding us that being gentle doesn't detract from being strong. Boldness is not about overpowering others but commanding respect through humility and love.

Isaiah 30:21 comforts us that God's guidance is always available, no matter where you are or who you are speaking to. When nervousness creeps in, listening to God's gentle promptings will align your words with His will.

Like the Proverbs woman, you can embrace strength, dignity, and joy as you stand boldly with God's wisdom guiding your voice. Your confidence will grow as you lean on His guidance in every conversation.







Day 3: 🙉 Learning from Proverbs' Women

## Reflect and Apply

1.	How do strength and dignity help you overcome fear of speaking up?
2.	In what ways can kindness build honor in your voice?
3.	How can you tune your ears to God's guidance daily?
4.	What fears about the future does trusting God help you dismiss?













Day 3: 🙆 Learning from Proverbs' Women

### **Journaling Prompts**

	List ways you can demonstrate both strength and gentleness in conversation.
2.	Reflect on a time God guided you to speak the right word.
	Write about what 'laughing at the days to come' means for your confidence.







Day 3: 🙉 Learning from Proverbs' Women

#### **Prayer for Today**









# Day 4: Wisdom in Speaking









Day 4: V Wisdom in Speaking

#### Your Verse

James 1:19 - "Everyone should be quick to listen, slow to speak and slow to become angry,"

#### **Supporting Scriptures**

- Colossians 4:6 "Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone."
- Ecclesiastes 3:7 "...a time to be silent and a time to speak; a time to embrace and a time to refrain from embracing."







Day 4: Wisdom in Speaking

#### Devotional: Listening First: The Heart of Bold Speech

True confidence in speaking comes hand-in-hand with wisdom,

Colossians 4:6 encourages conversations to be full of grace and purposeful—seasoned with salt—meaning your words should be thoughtful, inviting, and impactful. This kind of speech wins hearts and honors God.

Ecclesiastes reminds us there's a right time for everything, including for speaking and remaining silent. Knowing when to speak boldly and when to hold back is a sign of mature confidence and discernment.

Confidence to speak up boldly doesn't mean rushing in without thought but rather being grounded in wisdom and grace. Cultivate a listening spirit and pray for discernment so your words reflect God's heart in every conversation.







Day 4: 🖓 Wisdom in Speaking

### Reflect and Apply

	How can becoming a better listener increase your confidence in speaking?
2.	What does it mean for your words to be 'seasoned with salt'?
3.	When might silence be more powerful than speaking?
4.	How do you discern the right time to speak truth boldly?











Day 4: 🖓 Wisdom in Speaking

### **Journaling Prompts**

1.	Recall a time when listening helped you respond wisely.
2.	Write a plan to practice listening more intentionally this week.
3.	Journal how you can bring grace into your conversations.







Day 4: Wisdom in Speaking

#### Prayer for Today

**Lord,** teach me to be quick to listen and slow to speak. Help me to speak with grace and wisdom so my words bless those who hear them. Give me discernment to know when to speak boldly and when to wait silently. May my voice always reflect Your love and truth. In Jesus' name, *Amen.* P ... &















#### Your Verse

Esther 4:14 – "And who knows but that you have come to your royal position for such a time as this?"

#### **Supporting Scriptures**

- Joshua 1:9 "Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."
- 2 Corinthians 12:9 "My grace is sufficient for you, for my power is made perfect in weakness."







#### Devotional: God's Presence Fuels Courageous Speech

Speaking up often requires courage, especially when you know opposition may come. Queen Esther's story reminds us that God places us strategically in situations for His purpose—'for such a time as this.' Your presence in any room is not accidental; God is equipping you for His mission.

Joshua's exhortation to be strong and courageous is coupled with a promise: God's steadfast presence. You are never alone when you declare truth; His strength covers your weaknesses.

Paul's reminder that God's power is perfected in our weakness offers freedom. You don't have to be flawless or fearless. God's grace suffices, enabling you to speak with impact even amid vulnerability.

Let this truth settle in your heart today: God calls you to courage, provides strength, and uses your voice for His glory—even in opposition.







## Reflect and Apply

1.	What 'time as this' might God be calling you to speak up?
2.	How does God's presence lessen your fear of opposition?
3.	In what ways can weakness become a platform for God's power?
4.	How can you prepare your heart to be courageous in difficult moments?













Day 5: ① Courage in the Face of Opposition

## **Journaling Prompts**

1.	Write about a situation where courage helped you speak truth.
2.	Describe how you experience God's presence when fearful.
3.	Pray asking for God's grace to strengthen your voice in weakness.







Day 5: ① Courage in the Face of Opposition

## **Prayer for Today**

**Father God,** thank You for placing me exactly where I need to be. Grant me courage to speak Your truth, confident that You are with me always. Help me embrace my weaknesses and rely on Your perfect grace. Strengthen my heart to face opposition without fear and to declare Your Word boldly yet lovingly. In Jesus' strong name, *Amen.*







# Day 6: C Gentle Strength in Relationships









Day 6: 🎔 Gentle Strength in Relationships

#### Your Verse

1 Peter 3:15 – "But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect,"

### **Supporting Scriptures**

- Galatians 6:1 "Restore gently those who are caught in sin; save them by spirit of gentleness."
- Philippians 4:5 "Let your gentleness be evident to all. The Lord is near."







Day 6: 🌣 Gentle Strength in Relationships

## Devotional: The Power of Gentleness in Bold Speech

Boldness in speech is sweetest when paired with gentleness. 1 Peter 3:15 guides us to always be ready to explain our hope but to do so with gentleness and respect. This balance allows your message to be received even in challenging environments dominated by men.

Galatians teaches us that restoring others requires a gentle spirit. Strength is not about overpowering but about lovingly inviting and influencing. When you speak with kindness, even difficult truths are more easily embraced.

Philippians reminds us that our gentleness is a testimony to God's nearness. Your demeanor can soften hearts and open doors for courageous conversations.

Practice gentle strength as you speak, knowing it honors Christ and honors your listeners. Your voice can be both bold and gracious—a reflection of Jesus' own approach.







Day 6: 🍑 Gentle Strength in Relationships

# Reflect and Apply

1.	How can gentleness enhance the impact of your words?
2.	In what ways can you prepare to give answers respectfully?
3.	Where might you need to soften your approach to be more effective?
4.	How does remembering Christ's lordship affect your speech attitude?













Day 6: 🌣 Gentle Strength in Relationships

## **Journaling Prompts**

1.	Recall a conversation where gentleness led to a breakthrough.
2.	List ways you can show respect even when disagreeing.
3.	Write a prayer seeking Christ-like gentleness in your words.







Day 6: 🌣 Gentle Strength in Relationships

## Prayer for Today

**Lord Jesus,** help me to hold Christ as Lord in my heart and to speak with gentleness and respect. Teach me to balance boldness with kindness so that my words draw others closer to You. Let Your gentleness be evident through me today as Your presence draws near. In Your compassionate name, *Amen.* 



















#### Your Verse

Hebrews 10:35-36 - "So do not throw away your confidence; it will be richly rewarded. You need to persevere so that when you have done the will of God, you will receive what he has promised."

### **Supporting Scriptures**

- Psalm 118:6 "The Lord is with me; I will not be afraid. What can mere mortals do to me?"
- Matthew 5:16 "Let your light shine before others, that they may see your good deeds and glorify your Father in heaven."







## Devotional: Persevere and Let Your Light Shine Bright

#### Confidence to speak boldly must be preserved and nurtured;

Psalm 118:6 is a powerful declaration that when God is with you, fear loses its grip. Your voice has power because of His presence.

Jesus' teaching in Matthew 5:16 reminds us that your words and actions shine His light. Boldly speaking truth is part of letting your light shine in the world, influencing others for God's glory.

Today is the day to step out boldly, empowered by God's promises and presence. Your voice is needed. Speak with faith, confidence, and humility as a witness to God's goodness.







# Reflect and Apply

1.	What fears try to steal your confidence, and how can you overcome them?
2.	How does God's presence dispel fear in your life?
3.	In what ways can your words let God's light shine?
4.	What steps can you take to persevere in boldly speaking truth?













## **Journaling Prompts**

1.	Write about what it means to persevere in faith when speaking up.
2.	List practical ways to let your light shine in everyday conversations.
3.	Pray for boldness to reflect God's glory through your words.







## Prayer for Today

**Father,** thank You for the confidence You give me. Help me to persevere and not throw away the boldness You've placed in my heart. Remind me daily that You are with me, so I have no reason to fear. Empower me to let Your light shine brightly through my words and actions, glorifying Your name. In Jesus' powerful name, *Amen.* 🛠 🂢 🔔







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