Courage and Faith: Facing Your Giants Like David



Explore how young David's trust in God empowers you to overcome life's biggest challenges and fears with faith and courage.





Table of contents

Introduction	3
Day 1: Courage Comes from Trusting God	4
Day 2: X Facing Giants with God's Strength	10
Day 3: X Victory Through Faith and Action	16







Introduction

Welcome to a powerful journey inspired by the story of David and Goliath! As a teen, life often feels like facing giants — overwhelming challenges, fears, or obstacles that seem impossible to conquer. The story of David, a young shepherd boy who stepped up against the giant Goliath, teaches us timeless lessons on courage, faith, and trusting God amidst adversity. *David wasn't the strongest or the most experienced, yet his trust in God gave him victory.*

Through this 3-day study, we will explore how you, like David, can face your giants with confidence. Each day will dive into Scripture, reflections, and practical encouragement to help you understand God's power in your life. Whether your giant is fear, peer pressure, failure, or any difficult situation, remember: with God, no challenge is too big.

Let's walk this journey together, learning how to develop spiritual courage, lean on God's strength, and step boldly into what He calls you to face. Get ready to be inspired, challenged, and equipped. Your giants don't stand a chance when God fights for you!















Your Verse

1 Samuel 17:45 NIV - 'David said to the Philistine, "You come against me with sword and spear and javelin, but I come against you in the name of the LORD Almighty."'

Supporting Scriptures

- Psalm 56:3 'When I am afraid, I put my trust in you.'
- Isaiah 41:10 'So do not fear, for I am with you; do not be dismayed, for I am your God.'







Devotional: Courage Grows When You Trust God Fully

David's confidence wasn't based on his own strength, but on the power of God. When he faced Goliath, everyone saw a giant they feared, but David saw an opportunity to show God's greatness. This teaches us that courage is born from trusting God, especially when circumstances seem intimidating.

As teens, fear can feel overwhelming—fear of failure, rejection, or the unknown. But Scripture reminds us repeatedly not to be afraid because God is with us. Trusting Him means believing He is stronger than any problem, bigger than any challenge. When you feel scared or doubtful, remember David's words. You don't have to face your giants alone.

Ask yourself: where is God asking you to trust Him more today? What giant needs your faith, not your fear?







Reflect and Apply

1.	What are some giants or fears you currently face in your life?
	How does knowing that God is with you change your perspective on these challenges?
3.	How can you remind yourself to trust God when fear arises?







Journaling Prompts

1.	Write about a time when you felt afraid but chose to trust God anyway.
2.	List your current fears or challenges as your 'giants' and pray over them.
3.	Describe what trusting God looks like in your daily life.







Prayer for Today

Dear God, thank You for always being with me, even when giants feel too big to face. Help me to trust You more deeply and to remember that Your power is greater than any fear or challenge I face. Give me boldness and courage like David, and help me lean on You every day. Strengthen my faith, and guide me through all the giants in my life. *Thank You for fighting for me and never leaving my side.*

In Jesus' name, Amen. 🙏 🕡 💪 🐪







Day 2: XX Facing Giants with God's Strength









Day 2: 🔀 Facing Giants with God's Strength

Your Verse

1 Samuel 17:47 NIV - 'All those gathered here will know that it is not by sword or spear that the LORD saves; for the battle is the LORD's.'

Supporting Scriptures

- Philippians 4:13 'I can do all this through him who gives me strength.'
- Exodus 14:14 'The LORD will fight for you; you need only to be still.'







Day 2: XX Facing Giants with God's Strength

Devotional: Rely on God's Strength in Every Battle

David's victory wasn't about his weapons or skills—it was about God's power working through him. Sometimes, the giants in our lives seem unbeatable because we try to handle them on our own. But God calls us to rely on His strength, not our own.

In teen life, whether it's school pressure, relationships, or personal struggles, it can be tempting to think you must figure everything out yourself. But Scripture reminds us the battle belongs to the Lord. When you feel powerless, pray and ask God to fight your battles for you. Rest in His strength.

Remember: you don't have to carry heavy burdens alone. God's power equips you to stand firm and overcome.







Day 2: 💥 Facing Giants with God's Strength

Reflect and Apply

1.	Are you currently trying to fight a battle on your own?
2.	What steps can you take to surrender your challenges to God?
3.	How can you practice relying on God's strength daily?







Day 2: 🔀 Facing Giants with God's Strength

Journaling Prompts

1.	Write about a situation where God's strength helped you overcome something difficult.
2.	Identify an area where you need God's help and ask Him for strength.
3.	Describe what it feels like to let God fight your battles for you.







Day 2: 🔀 Facing Giants with God's Strength

Prayer for Today

Lord, I admit that sometimes I try to do things on my own and feel weak. Please help me to rely fully on Your strength. Fight my battles, Lord, and give me the peace that comes from knowing You are in control. Help me be still and trust Your power. Teach me to surrender my challenges and rest in Your victory. Thank You for being my mighty warrior and protector.

In Jesus' name, Amen. 🖏 🙏 💪 😂







Day 3: XX Victory Through Faith and Action









Day 3: 💸 Victory Through Faith and Action

Your Verse

1 Samuel 17:50 NIV – 'So David triumphed over the Philistine with a sling and a stone; without a sword in his hand he struck down the Philistine and killed him.'

Supporting Scriptures

- James 2:17 'Faith by itself, if it is not accompanied by action, is dead.'
- Hebrews 11:1 'Faith is confidence in what we hope for and assurance about what we do not see.'







Day 3: 💸 Victory Through Faith and Action

Devotional: Step Out in Faith to Overcome Giants

David's faith was active—he trusted God and took bold action. Faith isn't just believing God is able; it involves stepping forward even when the outcome isn't certain. David didn't wait for someone else to fight his giant; he faced Goliath himself, equipped only with faith and a sling.

In your journey, remember that God's power is made perfect in your obedience and trust. Overcoming your giants requires faith that motivates action—whether speaking up for what's right, seeking help, or making changes in your life.

Ask God to give you the courage to take steps of faith, knowing He will be with you.







Day 3: 🎇 Victory Through Faith and Action

Reflect and Apply

1.	What giant in your life requires both faith and action?
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2. I	How can you actively demonstrate your trust in God this week?
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_	
	What specific step can you take toward overcoming your challenge oday?
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Day 3: 🎇 Victory Through Faith and Action

Journaling Prompts

1.	Write about a time when acting on your faith led to a positive change.
2.	Identify a small step of faith you can take this week and commit to it.
3.	Reflect on what faith means to you personally.







Day 3: 💸 Victory Through Faith and Action

Prayer for Today

Father God, thank You for the example of David who acted in courage and faith. Please help me to not only believe in Your power but to step boldly forward in obedience. Give me the courage to face my giants with confidence, knowing You go before me. Strengthen my heart to trust You fully and help me take courageous steps today. I surrender my fears and challenges into Your hands, trusting You for victory.

In Jesus' name, Amen. 🎇 🙏 💪 🕡







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