



# Courageous Teens: Esther's Legacy of Faith and Bravery



Discover how teen Esther's faith and courage inspire you to use your voice boldly for God's purpose in your own life today.

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# Table of contents

<u>Introduction</u>	3
<u>Day 1: 🛡️ Embracing Your God-Given Courage</u>	5
<u>Day 2: 🗣️ Using Your Voice for Justice and Kindness</u>	11
<u>Day 3: ✨ Trusting God's Timing and Plan</u>	17



## Introduction

Welcome to your 3-day Bible study on courage and purpose for teens, inspired by Queen Esther. Esther was a young girl thrust into a pivotal moment in history, where her bravery and faith made all the difference. Though just a teen, she trusted God and boldly spoke up to save her people *“for such a time as this”* (Esther 4:14). This study is designed to encourage and empower you, as a teen, to embrace your unique calling and step forward courageously in the challenges you face.

Teen years are often filled with questions, uncertainties, and a desire to find where you fit in God's big picture. Esther's story reminds us that God uses ordinary people in extraordinary ways—especially those willing to act in faith even when scared or uncertain. Her courage did not come from her own strength but from a deep trust in God's plan and timing.

Across these next three days, you will reflect on powerful Scriptures, dive into Esther's amazing journey, and learn how to apply her example to your own life. You'll discover that being a teen does not limit you from making an impact—in fact, God often calls teens like Esther to be His instruments of change. Whether in school, at home, or with friends, you are created with bravery and purpose.

**Get ready to explore what it means to be courageous, to speak up for others, and to trust God fully with your story. Let Esther's life encourage you to stand**



**strong and be bold because God has you exactly where you need to be. Let's begin this transformational journey together!**





# Day 1: Embracing Your God-Given Courage



Day 1:  Embracing Your God-Given Courage

## Your Verse

*Esther 4:14 - 'And who knows but that you have come to your royal position for such a time as this?'*

## Supporting Scriptures

- *Joshua 1:9 - 'Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.'*
- *1 Timothy 4:12 - 'Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity.'*



Day 1:  Embracing Your God-Given Courage

## Devotional: You Are Called to Courage Today

**Have you ever felt too young or unqualified to make a difference?** Esther was just a teen when God placed her in a position of great influence. But she didn't shy away because of her age. Instead, she embraced the courage God gave her. Sometimes, we underestimate the power and impact teens can have. This is a perfect moment to remember that God's strength is made perfect in our weakness.

In Esther 4:14, Mordecai reminds Esther that she might have been placed exactly where she is *“for such a time as this.”* That means no matter your circumstances or feelings of doubt, God has you in your unique space for His great purposes. The challenge is to trust Him, lean into His strength, and act.

**Just like Esther, you can be bold and shine your light.** God doesn't call the qualified—He qualifies the called. Being courageous doesn't mean you aren't afraid; it means choosing faith over fear. Today, ask God to reveal where He has placed you and give you the courage to step up.



Day 1:  Embracing Your God-Given Courage

## Reflect and Apply

1. What areas of your life have you felt too young or unprepared to lead or speak up?

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2. How does knowing God is with you change your feelings about those situations?

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3. In what ways can you start showing courage in your daily life right now?

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Day 1:  Embracing Your God-Given Courage

# Journaling Prompts

1. Write about a time when you were afraid but acted bravely anyway.

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2. List areas where God might be calling you to be courageous this week.

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3. Pray and journal your fears and ask God for His strength to overcome them.

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Day 1: 🛡️ Embracing Your God-Given Courage

## Prayer for Today

Dear Heavenly Father, thank You for placing me exactly where I need to be. Help me to see that You have a purpose for my life, even as a teen. Give me courage when I feel afraid and strength when I feel weak. Teach me to trust You fully and to step out boldly in faith, knowing You are always with me. Help me to be a light and voice for Your glory in my family, school, and community. *In Jesus' name, Amen.* 🙏💪✨🛡️





# Day 2: Using Your Voice for Justice and Kindness



## Your Verse

*Esther 7:3 - 'Then Queen Esther answered, "If I have found favor with you, Your Majesty, and if it pleases you, grant me my life—this is my petition. And spare my people—this is my request."'*

## Supporting Scriptures

- *Proverbs 31:8 - 'Speak up for those who cannot speak for themselves, for the rights of all who are destitute.'*
- *Micah 6:8 - 'He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.'*



Day 2: 🗣️ Using Your Voice for Justice and Kindness

## Devotional: Speak Up Boldly for Others in Need

**Esther's bravery was more than just being courageous; it was about using her voice to stand up for others.** When she spoke before the king, she risked everything to save her people. This teaches us that speaking up for what is right is a vital part of living out our faith.

As a teen, you might feel like your voice doesn't matter, but God disagrees. Proverbs 31:8 calls us to speak up for those who can't. This means being an advocate for kindness, fairness, and justice in every area you influence—whether it's confronting bullying, defending a friend, or simply showing compassion.

**Like Esther, your words have power.** When you choose to stand up for others with love and courage, you reflect God's heart and make an eternal impact. Today, consider where God is calling you to speak boldly and lovingly for others, trusting Him to give you wisdom and strength.



## Reflect and Apply

1. Who in your life or community needs someone to speak up for them?

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2. What fears hold you back from using your voice for justice or kindness?

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3. How can you reflect God's heart in your conversations and actions today?

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# Journaling Prompts

1. Describe a situation where you can courageously stand up for someone.

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2. Write about how God has used your words to encourage or help others.

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3. Pray for opportunities and boldness to be a voice for the voiceless.

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Day 2: 🗣️ Using Your Voice for Justice and Kindness

## Prayer for Today

**Lord Jesus**, thank You for giving me a voice and a heart to care for others. Help me to speak up with love and courage, just as Esther did. Give me the words and wisdom to defend those who need justice and kindness. Teach me to be bold in standing for what is right while reflecting Your grace. Use me today to make a difference for Your glory. *In Jesus' name, Amen.* 🙌❤️🗣️🌟





# Day 3: ✨ Trusting God's Timing and Plan



## Day 3: ✨ Trusting God's Timing and Plan

## Your Verse

*Esther 2:17 - 'Now the king was attracted to Esther more than to any of the other women, and she won his favor and approval more than any of the other virgins.'*

## Supporting Scriptures

- *Romans 8:28 - 'And we know that in all things God works for the good of those who love him, who have been called according to his purpose.'*
- *Psalms 27:14 - 'Wait for the Lord; be strong and take heart and wait for the Lord.'*



Day 3: ✨ Trusting God's Timing and Plan

## Devotional: Patience Trusting God's Perfect Plan

Esther's story shows us that God's timing is perfect, even when it feels **uncertain**. She did not rush ahead but waited patiently for the right moment to act. God placed her in the palace, prepared her heart, and opened doors at exactly the right time to fulfill His plan.

As a teen, it's easy to feel impatient or anxious when things don't happen as quickly as you want. But Romans 8:28 reminds us that God works all things together for good. Trusting His timing means believing He is weaving your life's story with purpose and wisdom, even when you cannot see the full picture.

**Take courage today to rest in God's plan.** Be strong and wait on the Lord, knowing He is preparing you and arranging circumstances for your good and His glory. Just like Esther, you are poised for a moment that only God can orchestrate.



# Reflect and Apply

1. Are there areas in your life where you are tempted to rush or worry about the future?

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2. How can trusting God's timing bring peace amid uncertainty?

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3. What steps can you take today to rest in God's plan and prepare for your purpose?

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Day 3: ✨ Trusting God's Timing and Plan

# Journaling Prompts

1. Write about a time when waiting on God led to a good outcome.

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2. List ways you can practice patience and trust in daily life.

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3. Pray for faith to trust God's timing no matter the circumstances.

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Day 3: ✨ Trusting God's Timing and Plan

## Prayer for Today

**Gracious God**, thank You for Your perfect timing and plans for my life. Help me to trust You when I feel impatient or unsure about the future. Teach me to be strong and courageous as I wait on You. Prepare my heart and mind, and use me for Your purpose when the moment comes. I surrender my plans to You, trusting You know best. *In Jesus' name, Amen.* ⌚ 🙏 ✨ 🔄





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