



# Discovering God: Faith Beyond Doubt



Explore evidence of God's existence through creation, history, and personal experience to build a confident faith beyond doubt.

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## Introduction

**Do you sometimes wonder if God is really there?** Doubts about God's existence are common, especially during our teen years when questions about life, purpose, and truth emerge with intensity. This study is designed for those wrestling with such doubts, offering a gentle but profound exploration of evidence for God found in creation, history, and personal experience.

Many people assume faith requires blind belief, but actually, God invites us to seek Him, ask questions, and discover for ourselves. Through nature's intricate design, historical realities recorded in the Bible, and moments of personal transformation, we begin to build a foundation for faith that isn't just hopeful but confident.

*This journey won't answer every question immediately, but it will open pathways to trust and understanding.* Each day we will look at a different aspect of God's presence in our world and in our lives, encouraging you to think deeply and respond honestly. Remember, doubt isn't the enemy of faith; it can be the starting point for a stronger belief.

As you engage with the Scriptures and reflections, keep an open heart. God's truth often reveals itself in unexpected ways—through the stars, through history, and through His work in our hearts. Let's explore together with courage and curiosity.





## Day 1: ✨ Evidence of God in Creation



## Your Verse

*Psalms 19:1 - "The heavens declare the glory of God; the skies proclaim the work of his hands."*

## Supporting Scriptures

- *Romans 1:20 - "For since the creation of the world God's invisible qualities—his eternal power and divine nature—have been clearly seen."*
- *Job 12:7-10 - "But ask the animals, and they will teach you... In his hand is the life of every creature and the breath of all mankind."*



Day 1: ✨ Evidence of God in Creation

## Devotional: Seeing God's Hand in Nature's Design

Have you ever looked up at the night sky or marveled at the complexity of a single leaf? Psalm 19 reminds us that the universe itself is a powerful witness to God's existence. From the vastness of the stars to the intricacies of biology, creation speaks a silent but profound message.

When we examine nature, we find order, detail, and beauty that seem too precise to be a mere accident. This isn't just poetic; science confirms the incredible complexity of life and the universe. The perfect conditions for life, the interdependent ecosystems, and the laws of physics all point toward a Creator.

*If you are wondering whether God is real, spend some time outdoors today.* Observe closely—the colors, the sounds, the balance. Let yourself wonder about who put it all together. This amazement can become the first step toward faith, helping you see God's fingerprints in the world around you, even if words don't capture it fully yet.



## Reflect and Apply

1. What in creation has most amazed or inspired you?

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2. How does recognizing order and beauty in nature influence your thoughts about God?

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3. In what ways does creation challenge or support your doubts?

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# Journaling Prompts

1. 1. Describe a moment when nature made you pause and think deeply.

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2. 2. Write about a question or doubt you have about God and creation.

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3. 3. Record any new insights or feelings after observing nature intentionally.

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Day 1: ✨ Evidence of God in Creation

## Prayer for Today

**Lord**, thank You for the beauty of the world around me. Help my eyes to see Your glory in the stars, the trees, and the sky. When doubts come, remind me of the wonder and order in creation that points to You. Give me a heart willing to explore and faith growing stronger each day. *Guide me as I seek You with honesty and courage.* Amen. 🌿 ✨ 🙏





## Day 2: God Revealed in History



## Your Verse

*Acts 17:26-28 – "From one man he made all the nations... that they should seek God, and perhaps reach out for him and find him."*

## Supporting Scriptures

- *Isaiah 46:9-10 – "I am God, and there is no other; I am the Lord, and there is no beside me. I make known the end from the beginning."*
- *Hebrews 11:1 – "Now faith is confidence in what we hope for and assurance about what we do not see."*



## Devotional: Trusting God Through History's Story

**History is full of stories that point to God's activity in the world.** The Bible records events that can be verified or reflected upon, showing a God who interacts with humanity, guiding and redeeming His creation.

In Acts, Paul explains that God made all nations from one man, placing them in times and places so they might seek Him. This shows God's intentional involvement—not a distant creator but an active presence in human history.

*Doubts about God's existence often arise because of questions about evidence and truth.* Exploring biblical history alongside archaeology and the impact of Christianity throughout centuries can help build your confidence. Faith is described as assurance in what we cannot see; it is a reasoned trust that grows as we learn more about God's faithfulness.

Reflect on the storyline in Scripture—a God who promises, acts, disciplines, and redeems. History is not just dates and facts; it's a narrative revealing God's love woven through generations, inviting us to trust Him personally.



## Reflect and Apply

1. How does knowing God is involved in history affect your view of Him?

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2. What historical evidence or stories have helped or challenged your faith?

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3. How can faith be both assurance and trusting what we cannot see?

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## Journaling Prompts

1. 1. Write about a biblical story that impacted your understanding of God.

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2. 2. List some historical events that point to God's involvement in the world.

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3. 3. Describe how faith feels when trusting something unseen.

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Day 2: 📖 God Revealed in History

## Prayer for Today

**Father**, thank You for revealing Yourself through history and the Bible. Help me to see Your hand in the past and trust Your presence in my life today. Strengthen my faith as I seek understanding and truth, even when things seem uncertain. Teach me to embrace assurance while wrestling with questions. *Guide me into deeper trust and peace.* Amen. 📖 🙏 ✨





## Day 3: ❤️ Experiencing God Personally





## Your Verse

*Jeremiah 29:13 – "You will seek me and find me when you seek me with all your heart."*

## Supporting Scriptures

- *John 10:27 – "My sheep listen to my voice; I know them, and they follow me."*
- *Revelation 3:20 – "Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with that person."*



## Devotional: Opening Your Heart to God's Presence

**Beyond evidence and history, God invites you to know Him personally.** Jeremiah promises that those who seek God wholeheartedly will find Him. Faith isn't just about facts; it's about relationship.

Doubt can feel lonely, but God is near, knocking gently on the door of your heart. He speaks in stillness, through Scripture, and in the depth of your own experiences.

*Trying to sense God's presence can feel uncertain, but remember that seeking is a powerful step.* When you pray openly—sharing your doubts, hopes, fears—you create space to encounter God's love and peace. Jesus describes His followers as those who listen to His voice. Over time, that voice becomes familiar and comforting.

This personal connection transforms uncertainty into confidence and loneliness into belonging. Trust that God pursues you with relentless love and is eager to make Himself known in your life.



## Reflect and Apply

1. What does it mean to you to seek God with all your heart?

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2. Have you ever sensed God's presence? Describe that experience.

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3. How can opening your heart to God change your doubts or fears?

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## Journaling Prompts

1. 1. Write honestly about your current feelings toward God.

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2. 2. Describe a time you felt God's presence, however small.

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3. 3. List ways you can intentionally seek God this week.

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Day 3: ❤️ Experiencing God Personally

## Prayer for Today

**Dear God,** I am searching for You with an open heart. Help me hear Your voice and recognize Your presence in my life. When doubts come, remind me that You are near, ready to meet me. Teach me to trust You more and walk boldly in faith. *Thank You for loving me personally and pursuing me endlessly.*

Amen. ❤️ 🙏 ✨





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