# Embracing Singleness: Purpose and Joy in God Alone



A 7-day study empowering women called to singleness to embrace purpose, growth, and joy rooted in God's love and faithfulness.





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#### Introduction

Welcome to this 7-day Bible study focused on embracing singleness for a season. For many women, seasons of singleness can feel challenging or isolating, but *God has a beautiful, intentional purpose* for this time. It's an opportunity to grow deeply in faith, discover joy in God's presence, and develop a strong sense of identity rooted solely in Him.

In our culture, marriage is often celebrated as the ultimate goal for women, but the Bible reveals that singleness can be just as full, fruitful, and meaningful — if we lean into God's plan. Women like Anna the prophetess (Luke 2:36–38), Mary Magdalene, and others show us that devotion to God during seasons of singleness can lead to profound spiritual growth and impact.

During this study, you'll encounter Scripture and reflections that encourage embracing your current season—without rushing or comparing. You'll be invited to see singleness as a gift: a unique chance to deepen your relationship with God, prepare for future steps, and cultivate joy that is unshakeable because it rests on His love alone.

Each day presents a passage to meditate on, with supporting Scriptures, a devotional to inspire and challenge you, reflection questions to help you apply these truths deeply, journaling prompts to capture your thoughts and prayers, and a prayer crafted to uplift and empower you in this journey.







Let this time be one of purpose and peace. Whether you have been single for a season or are entering it now, God's plans for you are good. *You are whole, complete, and joy-filled when rooted in Him.* Let's begin this journey together, embracing singleness with open hearts and expectant spirits.

















#### Your Verse

1 Corinthians 7:7 - "I wish that all of you were as I am. But each of you has your own gift from God; one has this gift, another has that."

#### **Supporting Scriptures**

- Psalm 139:14 "I praise you because I am fearfully and wonderfully made; your works are wonderful."
- Jeremiah 29:11 "For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."







#### Devotional: Your Singleness is a Gift from God

Welcome to Day 1 of your journey of embracing singleness. Paul's words to the Corinthians remind us that singleness is a unique gift from God. It is not a lesser state but a calling tailored by God for a purpose.

Some may long for marriage or companionship, and others may have embraced singleness by circumstance, but what unites all singles is a special opportunity to serve and grow in fullness without distraction. Singleness grants time, focus, and freedom to seek God intimately and serve His kingdom in ways uniquely designed for you.

How freeing to know that your value and identity are not defined by your marital status but by the Creator who fearfully and wonderfully made you! God has crafted your story with care and intention regardless of your relationship status.

Today, rest in the assurance that you are chosen, gifted, and deeply loved by God. Embrace the calling God has for you in this season and trust that He is already preparing the way forward.







# Reflect and Apply

1.	How do you currently view your singleness? Is it a gift, a challenge, or something else?
2.	What unique gifts or opportunities has God given you in this season?
3.	How can you begin to see your identity more in God than in relationship status?







# **Journaling Prompts**

1.	Write about a moment when you felt uniquely called or gifted by God.
	List three qualities or strengths God is developing in you through singleness.
3.	Reflect on how Psalm 139:14 inspires your view of yourself today.







#### Prayer for Today

**Dear Heavenly Father,** thank You for fearfully and wonderfully making me. In this season of singleness, help me to embrace the gift You have given me. Teach me to see my value through Your eyes and to cherish the unique calling You have for my life. Help me to grow in purpose, joy, and peace as I serve You wholeheartedly. Guide my steps and fill me with Your presence every day. In Jesus' name, Amen.















#### Your Verse

Psalm 27:14 – "Wait for the LORD; be strong and take heart and wait for the LORD."

#### **Supporting Scriptures**

- Ecclesiastes 3:1 "There is a time for everything, and a season for every activity under the heavens."
- Isaiah 40:31 "But those who hope in the LORD will renew their strength. They will soar on wings like eagles."







#### Devotional: Strength and Hope in Waiting

Waiting can be hard, especially when it feels like everyone else is moving into new life seasons while you remain in yours. Yet, God's timing is perfect. Psalm 27:14 encourages us to wait with courage and hope.

In singleness, waiting is not passive but active trust. It's about holding onto God's promises and growing stronger in faith while the future unfolds.

Consider how the seasons of nature portray God's perfect timing. Spring comes when the soil is ready, not sooner. Likewise, your next season will come in God's perfect timing — not early, not late.

Use this time to strengthen your heart, deepen your walk with God, and prepare for what He is doing within you. Contentment blooms when we rest in God's sovereignty over our timelines.







# Reflect and Apply

1.	What fears or impatience do you feel when waiting for God's timing?
2.	How can you actively trust God during this waiting season?
3.	What areas of growth might God be cultivating in you right now?







#### **Journaling Prompts**

1.	Describe how waiting has shaped your faith or perspective in the past.
2.	Write down what contentment looks like for you amid waiting.
	List Scriptures you can memorize or meditate on to remind yourself of God's timing.







#### **Prayer for Today**

Lord, teach me to wait on You with strength and hope. Help me to be patient and to trust Your perfect timing. Renew my spirit when I feel weary and remind me that You make all things beautiful in Your time. Let me find joy in this season, knowing You are always faithful. In Jesus' name, Amen. \(\sigma \) \(\frac{1}{2} \)

















Day 3: W Rooted in Identity, Not Relationship

#### Your Verse

Galatians 2:20 – "I have been crucified with Christ and I no longer live, but Christ lives in me."

#### **Supporting Scriptures**

- Ephesians 2:10 "For we are God's handiwork, created in Christ Jesus to do good works."
- Colossians 3:3 "For you died, and your life is now hidden with Christ in God."







Day 3: W Rooted in Identity, Not Relationship

#### Devotional: Identity Rooted Deep in Christ

It's easy to define ourselves by our relationship status, but Paul reminds us that our true identity is found in Christ. When we embrace that Christ lives in us, every other label fades in comparison.

Singleness frees you to live fully as God's masterpiece, uniquely created and purposed.

Your identity is anchored in His love, not in being married, dating, or singled out by society. The life you now live is hidden in Him — filled with meaning and eternal significance.

Mediate on how letting go of worldly definitions can bring freedom and joy beyond measure. This season is your opportunity to cultivate Christ-centered identity and purpose that does not depend on external circumstances.







Day 3: 👺 Rooted in Identity, Not Relationship

# Reflect and Apply

	In what ways have you let relationship status shape your sense of identity?
2.	How does knowing Christ lives in you change your view of yourself?
3.	What steps can you take to cultivate a Christ-centered identity daily?







Day 3: W Rooted in Identity, Not Relationship

#### **Journaling Prompts**

1.	Write about one area where you struggle to let go of labels.
2.	Describe what it means for your life to be hidden with Christ.
3.	List ways God has shown you your unique purpose in Him.







Day 3: W Rooted in Identity, Not Relationship

#### Prayer for Today

Father, thank You for the new identity I have in Christ. Help me to live fully in this truth and to see myself as You see me—a beloved and purpose–filled daughter. Teach me to reject worldly labels and embrace Your eternal design. Fill me with confidence and joy that springs from You alone. In Jesus' name, Amen. 😂 💝 💥

















#### Your Verse

James 1:2-4 - "Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance."

#### **Supporting Scriptures**

- Romans 5:3-4 "Suffering produces perseverance; perseverance, character; and character, hope."
- 2 Corinthians 12:9 "My grace is sufficient for you, for my power is made perfect in weakness."







#### Devotional: Joyful Growth Through Trials

Growth often comes wrapped in challenges, but God uses every trial to shape us. This season of singleness may bring loneliness or longing, yet it also offers deep opportunities for spiritual maturity.

James encourages us to count trials as joy because perseverance builds character and hope — essential for walking in God's purpose.

Rather than resisting difficulties in singleness, embrace them as tools God uses to refine your faith. Every moment of growth draws you closer to the woman God is shaping you to be.

Allow God's grace to empower you in weakness and transform your perspective so that you see this season as fertile ground for developing strength, character, and joy.







# Reflect and Apply

	What challenges have you faced in singleness, and how have they shaped you?
2.	How can you view current difficulties as opportunities for growth?
3.	Where do you need to rely more fully on God's grace today?







# **Journaling Prompts**

1.	Recall a past trial that led to growth in your faith or character.
2.	Write about how you can choose joy amidst difficulties.
3.	Pray for God's strength in an area where you feel weak or weary.







#### Prayer for Today

**Lord, help me to embrace growth through every trial.** Give me joy in the journey and perseverance when the road is difficult. Reveal Your grace in my weakness and mold me into the woman You desire me to be. May this season produce character and hope that reflect Your glory. In Jesus' name, Amen.

















#### Your Verse

Proverbs 31:25 – "She is clothed with strength and dignity; she can laugh at the days to come."

#### **Supporting Scriptures**

- Matthew 20:26–28 "...whoever wants to become great must be your servant... the Son of Man came to serve..."
- Philippians 2:3-4 "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves."







#### Devotional: Joyfully Serving Others in Singleness

Singleness offers freedom to serve God and others with undivided attention and passion. Proverbs 31 paints the picture of a woman clothed in strength and dignity, confident about the future.

When you serve with humility and a willing heart, you walk in the fullness of God's purpose for your life.

Being single does not limit your impact; it amplifies your ability to give, love, and influence. Whether it's in your church, community, workplace, or family, there are countless opportunities to serve and shine.

Let this season be marked by joyful service and embrace the powerful role you have in advancing God's kingdom every day.







# Reflect and Apply

1.	How has singleness allowed you to serve others uniquely?
2.	What strengths do you bring to serving God's kingdom now?
3.	In what new ways can you step into purposeful service this season?







# **Journaling Prompts**

1.	List ministries, groups, or people you feel called to serve.
2.	Write about a time your service impacted someone's life.
3.	Pray for a willing and humble heart to serve joyfully.







#### Prayer for Today

God, thank You for the opportunity to serve You and others. Clothe me with strength and dignity as I step into roles You've prepared. Help me to serve with humility and passion, reflecting Christ's love in all I do. May my singleness be a season of powerful impact for Your kingdom. In Jesus' name, Amen. 💪 🞾 🖤

















#### Your Verse

Psalm 16:11 - "You make known to me the path of life; you will fill me with joy in your presence."

#### **Supporting Scriptures**

- Nehemiah 8:10 "The joy of the LORD is your strength."
- John 15:11 "I have told you this so that my joy may be in you and that your joy may be complete."







#### Devotional: Joy That Strengthens and Sustains

**True joy flows from God's presence, not from external circumstances.** In singleness, cultivating joy rooted in Him frees you from comparing or longing for what you don't have.

God wants to fill you with full, lasting joy that strengthens you regardless of your season.

Jesus himself promised that His joy would be your strength—a joy that is complete, unshakable, and abundant. Today, choose to seek God's presence daily and receive His joy as your sustaining power.

Let joy in the Lord be your anchor and your song, reminding you that you are deeply loved and never alone.







# Reflect and Apply

What sources of joy are consistent and lasting in your life?
How can you cultivate more daily awareness of God's presence?
What practical steps will you take to anchor your joy in God alone?







#### **Journaling Prompts**

1.	Write about moments when God's joy strengthened you.
2.	List things that steal joy and how to combat them with Scripture.
3.	Describe your ideal 'joy-filled' day centered on God's presence.







#### Prayer for Today

**Lord, fill me with Your lasting joy.** Teach me to find strength in Your presence and to let Your joy be my foundation. Help me to release any false sources of happiness and to anchor my heart fully in You. May Your joy sustain me in every moment. In Jesus' name, Amen.

















#### Your Verse

Romans 15:13 - "May the God of hope fill you with all joy and peace as you trust in him."

#### **Supporting Scriptures**

- Lamentations 3:22–23 "Because of the LORD's great love we are not consumed, for his compassions never fail. They are new every morning."
- Hebrews 11:1 "Now faith is confidence in what we hope for and assurance about what we do not see."







#### Devotional: Stepping Forward in Hope and Joy

As you conclude this study, allow hope to rise in your heart for the days ahead. Romans reminds us that God is the source of hope, joy, and peace as we trust Him fully.

God's mercies are new every morning, and His love never fails. No matter what the future holds—whether singleness continues or new seasons unfold —you can rest in His faithfulness.

Let faith assure you about the unseen, and let hope anchor you in God's promises. Embrace each new day with confidence, knowing God goes before you and is working all things for your good.

Step forward with joy, purpose, and a heart ready to receive all God has for you.







Day 7: 煤 Hope for the Season Ahead

# Reflect and Apply

1.	What hopes do you carry for your singleness or future seasons?
2.	How can you daily choose to trust God amid uncertainty?
3.	What promises of God most encourage you right now?







Day 7: 煤 Hope for the Season Ahead

# **Journaling Prompts**

Write a letter to your future self filled with hope and encouragement.
List ways you can remind yourself of God's faithfulness every day.
Describe how you will celebrate God's presence in upcoming days.







#### Prayer for Today

God of hope, fill me with joy and peace as I trust You. Help me to walk confidently into the future, resting in Your unfailing love and new mercies every day. Strengthen my faith and anchor my heart in Your promises. May I live fully in the purpose You have for me, filled with hope and expectation. In Jesus' name, Amen.  $\triangle$ 







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