



Esther's Three Days of Courage



Journey with Esther through three days of bold faith, prayer, and action that changed her destiny and saved her people.




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Introduction

Esther's story is a remarkable example of courage, faith, and divine providence. Living in a foreign land as queen, she faced an impossible choice: remain silent and safe or risk everything to save her people. *Her three days of fasting and prayer* created the foundation for bold action and demonstrated the power of spiritual preparation before taking a leap of faith. 

In this study, we will walk alongside Esther during those critical three days—exploring the depth of her courage, the strength of her faith, and God's faithfulness in moments of uncertainty. Her story reminds us that when we seek God's guidance with humble hearts and bold spirits, He can use us mightily even in the most impossible situations.

Esther's example invites us to reflect on how we face our own moments requiring courage. How do we prepare—spiritually and emotionally—before stepping into challenges? What does it mean to rely on God's providence in times of fear and risk? Join in this journey of faith, discovery, and empowerment through Scripture and prayer.





Day 1: Seeking God with Fasting and Prayer



Day 1: 🕊 Seeking God with Fasting and Prayer

Your Verse

Esther 4:16 – "Go, gather together all the Jews who are in Susa, and fast for me. Do not eat or drink for three days, night or day. I and my attendants will fast as you do. Then I will go to the king, even though it is against the law. And if I perish, I perish."

Supporting Scriptures

- *Joel 2:12 – "Even now," declares the LORD, "return to me with all your heart, with fasting and weeping and mourning."*
- *Psalms 46:10 – "Be still, and know that I am God."*



Day 1: 🕊 Seeking God with Fasting and Prayer

Devotional: The Power of Prayer and Fasting Before Action

Esther's courage begins with dependence on God. Before taking a dangerous step, she calls for fasting and prayer for three days. This act was more than a physical discipline; it was a spiritual surrender, seeking God's favor and guidance in a dire situation. *Fasting sharpened her focus and prepared her heart* to face uncertainty and risk.

We often rush into our challenges without pausing to seek God's direction. Esther's example urges us to intentionally set aside time to fast and pray, becoming still in God's presence and aligning our hearts with His will. When we do, He strengthens our spirit to act with boldness and wisdom.

As you reflect on this first day, consider what fasting and focused prayer might look like for you. Are you willing to humble yourself before God, asking for His guidance about the fears or decisions weighing you down? Esther's story calls us to trust God deeply when the stakes are highest.



Day 1: 🙏 Seeking God with Fasting and Prayer

Reflect and Apply

1. What fears or uncertainties might you face by stepping out in faith like Esther?

2. How do you currently seek God's guidance before important decisions?

3. In what ways does fasting help deepen your prayer and trust in God?



Day 1: 🙏 Seeking God with Fasting and Prayer

Journaling Prompts

1. Describe a time when you felt God's guidance after prayer and fasting.

2. Write about what 'perishing' might symbolize in your own life struggles.

3. List three areas in your life where you need courage to act in faith.



Day 1: 🙏 Seeking God with Fasting and Prayer

Prayer for Today

Lord, thank You for the example of Esther's faith and courage. Help me to seek You wholeheartedly through prayer and fasting when facing difficult decisions. Strengthen my trust in Your perfect timing and providence. May I be willing to surrender my fears and submit my plans to Your will. Guide me with wisdom and fill me with boldness to step forward when You call me. *In Jesus' name, Amen.* 🙏🙏🔥





Day 2: 🏴‍☠️ Risking It All for God's Purpose



Day 2: 🏰 Risking It All for God's Purpose

Your Verse

Esther 5:1-2 - "On the third day Esther put on her royal robes and stood in the inner court of the palace, in front of the king's hall. The king was sitting on his royal throne in the hall, facing the entrance. When he saw Queen Esther standing in the court, he was pleased with her and held out the gold scepter that was in his hand. So Esther approached and touched the tip of the scepter."

Supporting Scriptures

- *Joshua 1:9 - "Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go."*
- *Proverbs 3:5-6 - "Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."*



Day 2: 🏰 Risking It All for God's Purpose

Devotional: Bold Steps of Faith Against Fear

After days of preparation, Esther courageously approaches the king, risking her life by stepping into a forbidden room without being summoned. This moment required boldness paired with faith—the knowledge that God was with her as she faced immense danger.

God invites us to step out in faith even when the outcome is uncertain. Like Esther, we may feel vulnerable and exposed, but God's presence empowers us to risk for the sake of His purposes. **Our confidence does not come from circumstances, but from trusting in His sovereignty.**

Consider how you respond when called to take a bold step. Do you hesitate in fear, or do you move forward trusting God's guidance? Esther's risk was not only personal bravery but also obedience to a divine appointment she could not ignore.



Day 2: 🏹 Risking It All for God's Purpose

Reflect and Apply

1. When have you felt called to take a risk in your faith journey?

2. How can trusting God help you overcome fear in difficult situations?

3. What does it mean to submit your own understanding to God's plan?



Day 2: 🏹 Risking It All for God's Purpose

Journaling Prompts

1. Write about a recent risk you took for God, and what you learned from it.

2. Describe your feelings when you face uncertainty or rejection in obedience.

3. List ways God has made your paths straight after trusting Him.



Day 2: 🏰 Risking It All for God's Purpose

Prayer for Today

Heavenly Father, thank You for Esther's example of bold faith. When I face moments of fear and uncertainty, help me to trust You completely. Give me courage to step out in obedience, knowing You are with me. Remind me that Your plans are good and Your strength is made perfect in my weakness. May I be faithful to follow Your lead without hesitation. *In Jesus' powerful name, Amen.* 🙏💪👑





Day 3: ✨ Divine Providence and Victory



Your Verse

Esther 8:16 – "For the Jews it was a time of happiness and joy, gladness and honor."

Supporting Scriptures

- *Romans 8:28 – "And we know that in all things God works for the good of those who love him."*
- *Psalms 20:7 – "Some trust in chariots and some in horses, but we trust in the name of the LORD our God."*



Day 3: ✨ Divine Providence and Victory

Devotional: Trusting God Brings Joy and Victory

Esther's faith and courage were rewarded as God's providence unfolded through her bravery, saving her people from destruction. The story ends in joy and honor for the Jews—a testament that God can bring victory from even the most desperate situations.

This assures us that when we trust in God and act with courage, He orchestrates outcomes beyond our control or understanding. The seeming risk transforms into a testimony of divine faithfulness. **Our trust in God is never misplaced, and our obedience paves the way for His mighty hand to move.**

Reflect on the victories God has already won in your life and the ways He is working behind the scenes. Celebrate His faithfulness and hold fast to hope, knowing that He is always at work for your ultimate good.



Reflect and Apply

1. How have you experienced God's providence in difficult moments?

2. In what ways can you celebrate the victories God gives, big or small?

3. How does trusting God change your perspective on risk and reward?



Journaling Prompts

1. List moments when God worked all things for your good.

2. Write about a victory you attribute to faith and courage.

3. Describe how hope sustains you during challenging times.



Day 3: ✨ Divine Providence and Victory

Prayer for Today

Lord, I praise You for Your faithfulness and mighty works. Thank You for working all things for the good of those who love You. Help me to keep trusting You even when I cannot see the full picture. May my life reflect joy and honor as I witness Your providence in action. Strengthen my hope and faith to keep moving forward with courage. *In Jesus' name, Amen.* 🙏 ✨ 🎉





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