## Eternal Perspectives: Hope, Heaven, and Life Choices



Explore what the Bible says about heaven, hell, and the hope beyond this life to build an eternal perspective that shapes your daily choices.





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#### Introduction

Welcome to your 3-day journey exploring eternal truths that impact our lives deeply. As teens, it's common to wonder about what comes after this life and what it all means. This study dives into what the Bible reveals about heaven, hell, and the hope that sustains us. *Understanding these realities empowers you to live with purpose and confidence.* 

Many people avoid talking about death or life after death, but the Bible is very clear and honest about both the hope of heaven and the sobering reality of hell. This isn't meant to frighten but to awaken our hearts to the significance of the choices we make today. Your life has an eternal dimension, and recognizing that can change everything.

Throughout this study, we will explore Scripture that speaks about eternal life—a gift available through Jesus Christ—and also the warnings in Scripture that call us to take seriously how we live. This helps you develop an **eternal perspective**, knowing this life isn't all there is. Such a perspective brings hope, purpose, and peace regardless of circumstances.

Whether you have many questions or are seeking assurance about what the Bible teaches, this time together is for you. Let's approach God's Word with open hearts and minds, willing to listen and grow. By God's grace, by the end of these three days, you will be equipped to live each day aware of eternity, confident in the hope we have, and motivated to share that hope with others.

















#### Your Verse

John 14:1-3 - 'Do not let your hearts be troubled. You believe in God; believe also in me... I am going there to prepare a place for you.'

#### **Supporting Scriptures**

- Revelation 21:4 'He will wipe every tear from their eyes... there will be no more death or mourning or crying or pain.'
- 1 Corinthians 15:52–54 'The dead will be raised imperishable, and we will be changed.'







#### Devotional: Living with the Joy of Heaven's Promise

Heaven is more than a distant dream; it is a sure promise for everyone who trusts in Jesus. In John 14, Jesus comforts His disciples, reminding them that He is going ahead to prepare a place for each of us. This promise means that no matter how difficult life may seem now, a glorious future awaits us where pain and sorrow have no place.

Thinking about heaven helps us keep hope alive during challenging times and encourages us that our lives here matter because they lead to something eternal. It's easy to get caught up in temporary struggles or distractions, but remembering heaven refocuses us on what is truly important.

When you consider heaven, what feelings come up? Does it give you peace, curiosity, or questions? Each of us can take comfort in God's plan to restore and make all things new. The hope of heaven invites us to live confidently today, knowing that our story doesn't end with this life.







## Reflect and Apply

1.	How does believing in heaven change the way you see your daily life?
	What struggles or fears can you bring to God, trusting in His promise of a prepared place?
	In what ways can hope in heaven inspire you to make positive choices now?







## **Journaling Prompts**

	Write about a time when thinking about heaven gave you comfort or peace.
2.	List three ways you can hold on to hope during tough moments.
3.	Describe what a day in heaven might look like based on Scripture.







#### Prayer for Today

**Lord, thank You for the hope of heaven.** Help me to fix my eyes on the promise that You are preparing a place just for me. When life feels hard or confusing, remind me that my future with You is filled with peace, joy, and love. Give me the courage to live today with purpose, knowing that my true home is with You forever. Surround me with Your comfort and fill me with Your peace. In Jesus' name, amen.









Day 2: 6 The Reality of Hell









#### Your Verse

Matthew 25:46 - 'Then they will go away to eternal punishment, but the righteous to eternal life.'

#### **Supporting Scriptures**

- 2 Thessalonians 1:9 'They will be punished with everlasting destruction and shut out from the presence of the Lord.'
- Revelation 20:15 'Anyone whose name was not found written in the book of life was thrown into the lake of fire.'







# Devotional: Facing the Truth About Eternal Separation

The Bible teaches that there is a real place of separation from God called hell. While hard to imagine, hell is described as eternal punishment and separation from God's presence. Jesus spoke about this to warn us about the seriousness of rejecting God's gift of salvation.

Understanding hell can be uncomfortable, but it's important because it shows God's justice and love. He warns us because He wants everyone to choose life through Jesus. It isn't God's desire for anyone to be lost, but He respects our freedom to choose or reject Him.

Reflect on what it means that hell is not just a place of punishment but a real consequence of turning away from God's love. This truth calls us to share God's message of hope widely and choose daily to live in relationship with Him.







## Reflect and Apply

1.	Why do you think God warns us about hell so clearly in the Bible?
	How does knowing about hell motivate you to share your faith with others?
	What does this teach you about the importance of the choices you make about God?







### **Journaling Prompts**

1.	Write about your feelings when you read Scripture describing hell.
2.	List ways you can respectfully talk about hell and hope with friends.
3.	Describe how God's justice and mercy work together in your life.







#### Prayer for Today

Dear God, thank You that You are both holy and loving. Help me to understand the seriousness of turning away from You but also the incredible gift You offer to be part of Your family. Give me boldness and kindness to share this truth with others so they can know Your hope and grace. Guard my heart from fear, and teach me to live wisely with eternity in mind. In Jesus' powerful name, amen. 📆 🖏 🕟

















#### Your Verse

Colossians 3:2 - 'Set your minds on things above, not on earthly things.'

#### **Supporting Scriptures**

- 2 Corinthians 4:18 'What is seen is temporary, but what is unseen is eternal.'
- Matthew 6:19–21 'Store up for yourselves treasures in heaven... For where your treasure is, there your heart will be also.'







#### Devotional: Choosing What Lasts Forever Today

Knowing about heaven and hell shapes how we live here and now. Paul encourages us to set our minds on heavenly things instead of solely focusing on temporary worldly desires. When we live with an eternal perspective, our priorities shift toward what truly matters.

This eternal perspective means investing in relationships, choices, and values that last beyond this life. It helps us avoid distractions and temptations that lead us away from God's purposes. Instead, we learn to treasure what is deep, meaningful, and aligned with God's plan.

Consider how focusing on eternity affects your goals, friendships, and daily decisions. Living this way brings peace, joy, and purpose because it connects us to God's lasting kingdom instead of fleeting pleasures.







## Reflect and Apply

1.	What are some things you might be valuing now that won't last forever?
2.	How can an eternal perspective change your approach to challenges or decisions?
3.	In what ways can you live today that reflect your hope in heaven?







## **Journaling Prompts**

	Write down three ways you can focus more on 'things above' in your daily life.
2.	Describe how an eternal perspective gives you peace during pressure.
3.	List actions you can take this week to invest in eternal treasures.







#### Prayer for Today

Heavenly Father, help me to live with my heart set on You and eternity. Teach me to value what lasts forever and to trust You in every choice I make. Help me to be a light to others, showing them the hope you offer through Jesus. Strengthen me to resist distractions and keep my eyes on Your kingdom. Thank You for your endless love and promises. In Jesus' name, amen. 💥 🙏









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