



Faith and Comfort for Women After Miscarriage



Discover God's promises and find peace through faith after miscarriage. Embrace healing, hope, and comfort in His loving presence.



Table of contents

<u>Introduction</u>	3
<u>Day 1: 🌿 God's Nearness in Brokenness</u>	5
<u>Day 2: 🌸 Hannah's Prayer for Hope</u>	11
<u>Day 3: 💪 Mary's Trust in God's Plan</u>	17
<u>Day 4: 🌷 God's Promise of Comfort</u>	23
<u>Day 5: ✨ Embracing Hope in God's Promises</u>	29
<u>Day 6: ❤️ God's Faithfulness Through Every Season</u>	35
<u>Day 7: ☀️ Moving Forward with Peace</u>	41



Introduction

Faith and Healing for Women After Miscarriage

Miscarriage is a deeply personal and often painful experience that touches the hearts of many women. The journey through grief, loss, and hope can feel overwhelming, but God's Word offers comfort and strength for those who hold on to faith. This 7-day Bible study is lovingly designed to walk alongside you, guiding you through Scriptures that reveal God's promises of healing, presence, and hope.

Throughout these days, you will encounter stories of women in the Bible who faced trials and loss, yet found courage and restoration through God's grace. From Hannah's heartfelt prayers for a child to Mary's trust in God's plan, each passage exemplifies unwavering faith amidst hardship. This study invites you to reflect deeply on God's compassionate nature and His ability to transform sorrow into joy.

Understanding the pain of miscarriage doesn't mean one must face it alone. God's Word reassures you that He is near to the brokenhearted (**Psalm 34:18**) and will provide healing for your spirit. As you journey through these devotions, may you find solace in His unfailing love and embrace the hope that anchors your soul.

May this study nurture your heart, reminding you that in every season—especially in times of loss—God's promises hold true and His peace surpasses



all understanding (**Philippians 4:7**).





Day 1: God's Nearness in Brokenness



Day 1: 🌿 God's Nearness in Brokenness

Your Verse

Psalm 34:18 - "The Lord is close to the brokenhearted and saves those who are crushed in spirit."

Supporting Scriptures

- *Isaiah 41:10 - "So do not fear, for I am with you; do not be dismayed, for I am your God."*
- *Matthew 5:4 - "Blessed are those who mourn, for they will be comforted."*



Day 1: 🌿 God's Nearness in Brokenness

Devotional: God's Comfort Is Near to Your Broken Heart

Holding on to faith begins with embracing the comforting presence of God in your pain. Psalm 34:18 reminds us that the Lord is especially near when our hearts feel broken. After a miscarriage, grief and sorrow can feel overwhelming, but you are not alone. God's promise to be close means He understands your pain intimately and desires to bring healing.

God's nearness provides a refuge—a sacred space where you can bring your sadness, anger, and confusion without fear of judgment. His saving grace can mend the shattered pieces of your heart. As you acknowledge your hurt honestly before Him, you begin the process of restoration that only He can provide.

Take comfort today in knowing that mourning is recognized and embraced by God. He sees your tears and will comfort you beyond what human words can offer.



Day 1: 🌿 God's Nearness in Brokenness

Reflect and Apply

1. How does knowing God is close to the brokenhearted change how you view your grief?

2. In what ways can you bring your sorrows to God today without holding back?

3. What feelings or doubts about God's presence do you struggle with in your pain?



Day 1: 🌿 God's Nearness in Brokenness

Journaling Prompts

1. Write about how your heart feels right now and what you want to say to God about your loss.

2. List moments in the past when you felt God's comforting presence.

3. Describe what it would look like for you to rest in God's nearness today.



Day 1: 🌿 God's Nearness in Brokenness

Prayer for Today

Dear Heavenly Father, *thank You for being close to me in my brokenness.* My heart feels heavy, and the grief feels overwhelming. But I trust that You see my pain and hold me gently in Your loving hands. Help me to lean fully on Your promise of comfort and healing. Teach me to rest in Your presence, knowing that You will save and restore my soul. Give me peace when I feel fragile and courage to take one step forward each day. Surround me with Your love and keep me anchored in Your truth. In Jesus' name, Amen. 🙏❤️🌿🌸





Day 2: 🌸 Hannah's Prayer for Hope



Day 2: 🌸 Hannah's Prayer for Hope

Your Verse

1 Samuel 1:10-11 - "In her deep anguish Hannah prayed to the Lord, weeping bitterly. And she made a vow..."

Supporting Scriptures

- *Luke 1:37 - "For nothing will be impossible with God."*
- *Jeremiah 29:11 - "For I know the plans I have for you," declares the Lord...*



Day 2: 🌸 Hannah's Prayer for Hope

Devotional: Bring Your Deepest Longings to God in Prayer

Hannah's story is a powerful example of faith in the midst of heartache. She longed deeply for a child and suffered the pain of barrenness. Yet, she poured out her soul in prayer, trusting God with her deepest desires. Her honest cry to the Lord invites us to bring our own grief and hopes directly to Him.

Like Hannah, your prayers matter—whether they are full of tears, anger, or yearning. God hears you deeply. His plans for your life, even in this difficult season, are for hope and a future. Sometimes healing begins in the act of surrendering pain to God, believing that He is working even when the path feels unclear.

Hold on to the truth that with God, nothing is impossible. He is able to bring new life and purpose in unexpected ways.



Day 2: 🌸 Hannah's Prayer for Hope

Reflect and Apply

1. What can you learn from Hannah's approach to prayer in her pain?

2. How do you currently express your feelings and hopes to God?

3. What does it mean to trust God's plans when you can't see the outcome?



Day 2: 🌸 Hannah's Prayer for Hope

Journaling Prompts

1. Write your own 'Hannah prayer,' expressing your heart honestly to God.

2. Reflect on a time God answered a difficult prayer or gave you unexpected hope.

3. Describe what trusting God's plan feels like in this season of waiting or healing.



Day 2: 🌸 Hannah's Prayer for Hope

Prayer for Today

Lord, *like Hannah, I come to You with an open and aching heart.* I bring my grief, my hopes, and my fears. Help me to trust that Your plans for me are good, even when I cannot see them clearly. Strengthen my faith to believe that nothing is impossible with You. May I find peace in surrendering my pain and hope in Your promises. Surround me with Your loving presence and carry me through this time. In Jesus' name, Amen. 🙏🌸💛🌟





Day 3: 💪 Mary's Trust in God's Plan



Day 3: 📖 Mary's Trust in God's Plan

Your Verse

Luke 1:38 - "I am the Lord's servant," Mary answered. "May your word to me be fulfilled." Then the angel left her."

Supporting Scriptures

- *Proverbs 3:5-6 - "Trust in the Lord with all your heart..."*
- *Romans 8:28 - "And we know that in all things God works for the good of those who love him."*



Devotional: Trust God's Plan Through Uncertainty and Pain

Mary's response to God's calling shows remarkable trust amid uncertainty. Facing an unexpected and challenging path, she chose obedience and surrender. This example encourages us to trust God's plans for our lives—even when they differ from what we imagined.

After miscarriage, you may wrestle with questions and feelings that cloud your trust. Yet, God invites you to lean on Him wholeheartedly. Proverbs reminds us to trust Him with all our hearts, not relying solely on our understanding. When we place our faith in God's loving purposes, He can work beauty and growth from even the hardest experiences.

Let Mary's courage inspire you to say, "Your will be done" in your own journey.



Day 3: 📖 Mary's Trust in God's Plan

Reflect and Apply

1. In what ways do you find it challenging to trust God's plan right now?

2. How can Mary's example help you approach your circumstances differently?

3. What does trusting God look like in your day-to-day life?



Day 3: 📖 Mary's Trust in God's Plan

Journaling Prompts

1. Write about your feelings regarding God's control and your understanding.

2. List areas where you want to surrender control to God.

3. Describe how you can practice trusting God in small daily moments.



Day 3: 🤝 Mary's Trust in God's Plan

Prayer for Today

Father, *help me to trust Your plan even when I don't understand it.* Like Mary, I want to say yes to Your purposes and accept Your will for my life. When uncertainty and pain make trusting difficult, remind me that You are good and sovereign. Give me courage to surrender fully to You today and every day. Fill me with peace as I rest in Your loving care. In Jesus' name, Amen. 🙏 ✨





Day 4: God's Promise of Comfort



Day 4: 🌸 God's Promise of Comfort

Your Verse

2 Corinthians 1:3-4 - "The God of all comfort, who comforts us in all our troubles..."

Supporting Scriptures

- *Psalm 147:3 - "He heals the brokenhearted and binds up their wounds."*
- *Revelation 21:4 - "He will wipe every tear from their eyes..."*



Day 4: 🌸 God's Promise of Comfort

Devotional: Receive God's Healing Comfort in Your Grief

God is not distant in our pain—He is the very source of comfort. In every trial, He surrounds us with His loving care to heal our wounds and soothe our sorrows. These verses affirm that God's comfort is abundant and available in every season, including after miscarriage.

Allow yourself to receive God's embrace today, knowing He understands your heartache. He promises to bind up your wounds and replace your tears with joy. This is not a call to rush through grief but to trust the gentle healing process God provides.

Take heart knowing that your pain is seen and that God's comfort is faithful and strong.



Day 4: 🌸 God's Promise of Comfort

Reflect and Apply

1. How have you experienced God's comfort before in difficult times?

2. What does God's comfort mean to you personally right now?

3. How can you welcome God's healing presence in your journey?



Day 4: 🌸 God's Promise of Comfort

Journaling Prompts

1. Describe a moment when you felt deeply comforted by God.

2. Write about the wounds you want God to heal in your heart.

3. List ways you can remind yourself daily of God's promise to comfort you.



Day 4: 🌸 God's Promise of Comfort

Prayer for Today

Heavenly Father, *You are my source of comfort in every trouble.* When my heart feels broken, draw near to me and heal my wounds. Help me to trust Your gentle presence and allow Your peace to fill the spaces of sorrow. I thank You for Your faithfulness and love that never fail. May I rest in Your comforting embrace today and always. In Jesus' name, Amen. 🙏🌸💖🕊️





Day 5: ✨ Embracing Hope in God's Promises



Day 5: ✨ Embracing Hope in God's Promises

Your Verse

Romans 15:13 – "May the God of hope fill you with all joy and peace as you trust in him."

Supporting Scriptures

- *Jeremiah 31:17 – "There is hope for your future," declares the Lord...*
- *Lamentations 3:22-23 – "Because of the Lord's great love we are not consumed..."*



Day 5: ✨ Embracing Hope in God's Promises

Devotional: Let God Fill You with Joy, Peace, and Hope

Hope is the anchor that holds the soul steady through storms. Romans 15:13 encourages us to let God fill us with joy and peace as we place our trust in Him. Even after miscarriage, hope can spring forth as we cling to God's unfailing promises.

Hope doesn't erase the pain but infuses our hearts with the courage to face each day. God's Word declares that there is a future filled with His goodness and love. When grief threatens to overwhelm, remember that God's mercies are new every morning.

Hold fast to hope, for it is a lifeline to God's restoration and unexpected blessings.



Reflect and Apply

1. What does hope look like for you in this season of loss?

2. How can you actively choose to trust God's promises?

3. What are some ways God has shown His faithfulness to you before?



Day 5: ✨ Embracing Hope in God's Promises

Journaling Prompts

1. Write about what hope feels like inside your heart and mind.

2. Identify Scriptures or truths that bring you hope and list them.

3. Describe how you can nurture hope daily through prayer and reflection.



Day 5: ✨ Embracing Hope in God's Promises

Prayer for Today

God of Hope, *fill me with Your joy and peace as I trust in You.* Help me to hold onto hope when my heart feels heavy and uncertain. Remind me that Your mercies are new every morning and that You have good plans for my future. Strengthen my faith and restore my spirit day by day. Thank You for being my refuge and strength. In Jesus' name, Amen. 🙏🏻 🌈 💖 🌿





Day 6: 💖 God's Faithfulness Through Every Season



Day 6: ❤️ God's Faithfulness Through Every Season

Your Verse

Lamentations 3:22-23 - "Because of the Lord's great love we are not consumed, for his compassions never fail."

Supporting Scriptures

- *Psalm 36:5 - "Your love, Lord, reaches to the heavens, Your faithfulness to the skies."*
- *Hebrews 13:5 - "Never will I leave you; never will I forsake you."*



Day 6: ❤️ God's Faithfulness Through Every Season

Devotional: Rest in God's Unfailing Faithfulness and Love

No matter the season, God's faithfulness remains constant. Lamentations assures us that God's compassion never fails, even when life feels unbearably hard. His love endures beyond every loss and disappointment.

In your grief after miscarriage, cling to the truth that God is with you and will never abandon you. His faithfulness is a solid rock on which you can build your hope and future. Rest in His unchanging promises and know that your story is held tenderly in His hands.

God walks with you through every dark valley and gentle dawn.



Reflect and Apply

1. How does God's steadfast love comfort you in times of sorrow?

2. Can you recall moments when God's faithfulness was evident in your life?

3. What feelings arise when you think about God never leaving you?



Journaling Prompts

1. Write about a time God's faithfulness was especially clear to you.

2. List the ways God has shown His love during difficult seasons.

3. Reflect on what it means to you that God will never forsake you.



Day 6: 💖 God's Faithfulness Through Every Season

Prayer for Today

Merciful God, *Your love and faithfulness are my refuge.* When I feel lost or broken, remind me that You never leave me. Thank You for Your compassion that renews me each day. Help me to trust in Your unchanging promises and walk confidently in Your peace. Sustain me with Your presence and fill me with hope. In Jesus' name, Amen. 🙏💖🕊️🌟





Day 7: 🌻 Moving Forward with Peace



Day 7: 🌻 Moving Forward with Peace

Your Verse

Philippians 4:6-7 - "Do not be anxious about anything, but in every situation, by prayer..."

Supporting Scriptures

- *John 14:27 - "Peace I leave with you; my peace I give you..."*
- *Isaiah 40:31 - "Those who hope in the Lord will renew their strength."*



Day 7: 🌻 Moving Forward with Peace

Devotional: Embrace God's Peace as You Move Forward in Faith

As this journey concludes, God invites you to move forward with His peace. Philippians instructs us to bring every worry to God through prayer and receive His peace that surpasses understanding. After miscarriage, anxiety may tempt your soul, but God's peace can guard your heart and mind.

Choosing peace is not denial of pain, but a declaration of trust in God's presence and care. His strength renews the weary and equips you to embrace the future with hope. Let God's peace be your foundation for each new day.

Walk forward encouraged that God is faithful, always near, and deeply loving.



Reflect and Apply

1. What fears or anxieties do you want to give to God today?

2. How can you cultivate a daily practice of prayer and trust?

3. What does living in God's peace mean for your healing journey?



Day 7: 🌻 Moving Forward with Peace

Journaling Prompts

1. Write a prayer releasing your worries and embracing God's peace.

2. Describe how you want to remember God's faithfulness as you move forward.

3. Make a list of practical steps to nurture peace in your daily life.



Day 7: 🌻 Moving Forward with Peace

Prayer for Today

Gracious Father, *thank You for Your perfect peace that guards my heart and mind.* I entrust my anxieties and fears to You today. Help me to live each moment rooted in Your presence and strengthened by Your love. Renew my spirit and guide me forward with hope and confidence. May I always remember that You are with me, and Your peace is my refuge. In Jesus' name, Amen. 🙏🕊️❤️🌻





Where God's Word Meets Your Daily Life

A Personal Invitation from HolyJot


We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.





What you'll discover when you visit [HolyJot.com](https://www.holyjot.com):




 100k+ Bible Study Plans on every topic of life

 Access studies anytime on your phone, tablet, or computer

 Studies for individuals, families, small groups, and churches

 Secure online journaling — or keep using print for privacy

 A place to grow your faith alongside believers worldwide

Bonus for You:


Download exclusive study bundles and resources when you create a [free HolyJot account](https://www.holyjot.com). No spam. No gimmicks. Just God's Word.


Visit Now:

 [www.HolyJot.com](https://www.holyjot.com)

 Scan this QR code to start your next Bible Study today:



 We'd love to hear your story.
Email us at info@holyjot.com.

 Connect with us at:

[Facebook](#) • [Instagram](#) • [YouTube](#) • [TikTok](#)



You are welcome to share this PDF with others.
Please keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.