



Faith, Healing, and Divine Interruptions



Explore Jesus' powerful miracles in Luke 8:40-56, revealing faith's role, divine power, and God's timing through healing and restoration.



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Introduction

Welcome to this transformative 7-day study exploring one of the most profound miracle stories in the Gospels, found in *Luke 8:40–56*. Here, we witness Jesus performing dual miracles: raising Jairus' daughter from death and healing a woman who suffered from bleeding for twelve years. These intertwined accounts invite us to reflect on faith that reaches out to Jesus, the power of divine healing, and the ways God's timing interrupts human plans to accomplish His perfect will. 🌿

Both miracles highlight **extraordinary faith amid desperation**. Jairus, a synagogue leader, courageously approaches Jesus with a plea for his dying daughter. Simultaneously, a woman in chronic suffering dares to touch Jesus' garment in secret, believing that such contact would heal her. Their actions underscore trust in Jesus as the source of life and restoration. Yet, the narrative also shows how divine interruption—the delay caused by the healing of the woman—reveals God's sovereign purposes beyond what we see or expect.

As we journey through these seven days, we will explore each aspect of the story in depth: faith that steps forward, the nature of healing, the interplay of timing and divine purpose, and the personal transformation that follows encountering Jesus. This study invites you to enter these dramatic moments, allowing the Holy Spirit to illuminate your own path of faith and healing. May you be encouraged and empowered to trust Jesus in the interruptions of your life and approach Him boldly with your needs. 🙏





Day 1: 🕊️ Approaching Jesus in Faith



Day 1:  Approaching Jesus in Faith

Your Verse

Luke 8:40-42 NIV - "Now when Jesus returned, a crowd welcomed him, for they were all expecting him. Then a man named Jairus, a synagogue leader, came and fell at Jesus' feet, pleading with him to come to his house because his only daughter, a girl about twelve years old, was dying."

Supporting Scriptures

- *Hebrews 11:6 NIV - "...without faith it is impossible to please God..."*
- *Mark 5:22 NIV - "Then one of the synagogue leaders, named Jairus, came, and when he saw Jesus, he fell at his feet."*



Day 1: 🕊 Approaching Jesus in Faith

Devotional: Courage to Approach Jesus With Bold Faith

Faith often begins with a step toward Jesus. Jairus, a man of influence and responsibility, humbled himself by falling at Jesus' feet. Despite the crowd and his own status, he boldly sought Jesus' help for his dying daughter. This act speaks volumes about the courage faith requires. Faith is not passive; it propels us to draw near, to speak, and to trust even in desperate circumstances.

Jairus' example challenges us to consider our own boldness in approaching Jesus. Are we willing to come before Him with all our hopes and fears? Remember, Jesus welcomes us as we are, ready to bring restoration and hope. The crowd was expecting a miracle, but faith caused Jairus to step out ahead of certainty, placing his trust wholly in Jesus' power.

Let your heart be stirred today to reach out in faith, no matter the odds. Like Jairus, we can bring our most urgent needs to Jesus with confidence, knowing He listens and cares deeply.



Reflect and Apply

1. What prevents you from approaching Jesus boldly in your own moments of need?

2. How does Jairus' humility before Jesus inspire your prayer life?

3. In what ways can you practice faith that takes the initiative to trust Jesus?



Day 1: 🕊 Approaching Jesus in Faith

Journaling Prompts

1. Write about a time you approached Jesus boldly—what happened?

2. What fears or doubts do you need to surrender to God today?

3. Describe what 'bold faith' means to you in your current life season.



Day 1: 🕊️ Approaching Jesus in Faith

Prayer for Today

Lord Jesus, thank You for inviting me to come boldly before You. Help me to overcome fear and hesitation so I can bring my needs with confidence. Teach me to trust Your timing and power as Jairus did, knowing You are faithful to heal and restore. Strengthen my faith so that I approach You without shame or doubt. *In Your holy name, Amen.* 🙏 ✨ 🕊️ ❤️





Day 2: ✨ The Woman's Secret Touch of Faith



Day 2: ✨ The Woman's Secret Touch of Faith

Your Verse

Luke 8:43-44 NIV - "And a woman was there who had been subject to bleeding for twelve years, but no one could heal her. She came up behind him and touched the edge of his cloak, and immediately her bleeding stopped."

Supporting Scriptures

- *Matthew 9:20-21 NIV - "A woman who had been subject to bleeding for twelve years came up behind him and touched the edge of his cloak."*
- *Hebrews 4:16 NIV - "Let us then approach God's throne of grace with confidence..."*



Day 2: ✨ The Woman's Secret Touch of Faith

Devotional: Faith That Reaches Out Quietly and Boldly

Sometimes faith is quiet, yet deeply bold. The woman suffering for twelve years had tried everything and no one could help her. Her decision to touch Jesus' cloak was both humble and courageous. Though she remained hidden in the crowd, her faith made a powerful statement—she believed healing would come through even a simple touch from Jesus.

This woman's story reveals that faith does not always have to be loud or public. God honors the faith that reaches out genuinely, even when unseen by others. Her immediate healing demonstrates Jesus' authority over suffering and disease, and His compassion for those marginalized by society.

Reflect today on the quiet expressions of faith in your own life. Perhaps God is inviting you to reach out in faith in ways that feel small but are deeply significant, trusting that He sees all and responds to sincere hearts.



Reflect and Apply

1. What small or quiet acts of faith have made a difference in your life?

2. How does Jesus' compassion toward the marginalized encourage you?

3. In what ways can you express bold faith without needing recognition or approval?



Journaling Prompts

1. Recall a moment when a quiet step of faith led to significant change.

2. Write about how God has shown His compassion in unexpected ways.

3. List ways you can practice faith privately this week.



Day 2: ✨ The Woman's Secret Touch of Faith

Prayer for Today

Gracious Father, thank You for seeing the faith in the quiet places of my heart. Help me to trust You fully, even when my faith feels unseen or small. May I be bold enough to reach out to You in every need, knowing You are compassionate and powerful to heal. Teach me to rely on Your grace even when life feels difficult. *In Jesus' name, Amen.* 🙌❤️✨🙏





Day 3: ⌚ Divine Interruption and Perfect Timing



Day 3: ⌚ Divine Interruption and Perfect Timing

Your Verse

Luke 8:45 NIV - "Jesus asked, 'Who touched me?' When they all denied it, Peter said, 'Master, the people are crowding and pressing against you.'"

Supporting Scriptures

- *Ecclesiastes 3:1 NIV - "There is a time for everything, and a season for every activity under the heavens."*
- *Isaiah 55:8-9 NIV - "My thoughts are not your thoughts, neither are your ways my ways," declares the LORD.*



Devotional: Trusting God's Perfect Timing in Interruptions

In life, interruptions can feel disruptive or frustrating. Jesus' journey to Jairus' house was interrupted by the healing of the woman, a moment that delayed the rescue of the dying girl. Yet this interruption was divine, highlighting God's perfect timing and purpose beyond human expectation.

Jesus pauses to identify the one who had faith to touch Him, emphasizing that the miracle was personal. Sometimes what seems like a delay is actually God's way of orchestrating a greater plan. Our limited perspective often misinterprets interruptions as setbacks, but God's designs are infinitely wise and good.

Embrace the interruptions in your life today as opportunities for God's purposes to unfold. Trust that His timing brings healing, restoration, and transformation, often beyond what you can imagine.



Reflect and Apply

1. What interruptions in your life have later revealed God's purpose?

2. How can you cultivate patience and trust when God's timing differs from yours?

3. In what ways can you look for divine lessons during unexpected delays?



Journaling Prompts

1. Write about a recent interruption that taught you something about God's plan.

2. List ways you can patiently trust God amid delays or uncertainty.

3. Reflect on how Jesus' response to the woman encourages you to trust His timing.



Day 3: ⌚ Divine Interruption and Perfect Timing

Prayer for Today

Lord God, help me to trust Your timing, even when life interrupts my plans. Teach me to see divine purposes behind delays and to embrace patience with hope. Strengthen my faith to believe that You are always working for my good, even when I do not understand. May I find peace in knowing Your thoughts and ways are higher than mine. *In Jesus' name, Amen.* ⌚ 🙏 🌿 💡





Day 4: 💖 Encountering Jesus' Compassion



Day 4: ❤️ Encountering Jesus' Compassion

Your Verse

Luke 8:48 NIV - "Then he said to her, 'Daughter, your faith has healed you. Go in peace.'"

Supporting Scriptures

- *Psalm 34:18 NIV - "The LORD is close to the brokenhearted and saves those who are crushed in spirit."*
- *Matthew 9:26 NIV - "Little girl, I say to you, get up!" and she got up.*



Devotional: Feeling Jesus' Tender Compassion in Healing

Jesus' interactions with both the woman and Jairus' daughter reveal deep compassion. The words spoken to the woman, "Daughter, your faith has healed you. Go in peace," carry tender affirmation and restoration. It wasn't just physical healing but emotional and spiritual affirmation—the restoration of dignity.

Jesus understands pain intimately. His healing flows out of love and empathy for human suffering. Compassion is more than sympathy; it moves us toward action to bring hope and restoration. Jesus invites us not just to be healed but to live in peace, embraced fully as beloved children of God.

Allow yourself to receive Jesus' compassion today. Let His love heal your wounds and restore your spirit. Know that you are seen, valued, and cherished by Him.



Reflect and Apply

1. How have you experienced Jesus' compassion in your own struggles?

2. What does it mean to be called 'daughter' or 'child' by Jesus?

3. How can you extend Jesus' compassion to others in your life?



Journaling Prompts

1. Describe a time you felt deeply comforted by God's presence.

2. Write about what 'going in peace' means for your daily life.

3. List ways to show compassion to those around you this week.



Day 4: ❤️ Encountering Jesus' Compassion

Prayer for Today

Jesus, thank You for Your tender compassion that heals my heart and soul. Help me to accept Your love and peace in every area of my life. Teach me to be compassionate to others as You have been to me, reaching out with kindness and grace. May Your healing power bring restoration to all that is broken within me. *In Your gentle name, Amen.* ❤️ 🙏 🌸 🕊️





Day 5: ✨ Faith Revealed in Testimony



Day 5: ✨ Faith Revealed in Testimony

Your Verse

Luke 8:49-55 NIV - "While Jesus was still speaking, someone came from the house of Jairus, saying, 'Your daughter is dead. Don't bother the teacher anymore.' But Jesus on hearing this said to Jairus, 'Don't be afraid; just believe, and she will be healed.'"

Supporting Scriptures

- *Romans 10:17 NIV - "Faith comes from hearing the message..."*
- *John 11:25 NIV - "I am the resurrection and the life. The one who believes in me will live."*



Day 5: ✨ Faith Revealed in Testimony

Devotional: Holding Strong Faith in Life's Crisis Moments

News often challenges our faith, especially in moments of crisis. When Jairus hears that his daughter has died, he is tempted to despair. Yet Jesus says, "Don't be afraid; just believe." This reassurance underscores faith's power to transcend human limits and fears.

Faith does not deny reality but trusts God's power to bring life in the face of death. Jesus points beyond natural circumstances to divine resurrection power. His words invite Jairus—and us—to believe in new possibilities even when all hope seems lost.

Reflect on your response to crises today. Are you willing to embrace faith that overcomes fear, trusting God's ability to bring renewal and life despite dark circumstances?



Reflect and Apply

1. How do you react when faced with bad news or hopeless situations?

2. What does Jesus' command to 'just believe' mean for your personal faith?

3. In what areas do you need to choose faith over fear?



Journaling Prompts

1. Write about a crisis that tested your faith.

2. Describe ways you can strengthen your faith during difficult times.

3. List scriptures or promises that encourage you to trust God fully.



Day 5: ✨ Faith Revealed in Testimony

Prayer for Today

Faith-building God, grant me courage to believe when circumstances look impossible. Help me to hear Your words above the noise of fear and despair. Strengthen my trust in Your power to bring life and restoration. May I hold tightly to Your promises and live boldly in faith. *In Jesus' victorious name, Amen.* ✨🙏💪📖





Day 6: 🎉 The Joy of Restoration and New Life



Day 6: 🎉 The Joy of Restoration and New Life

Your Verse

Luke 8:54-55 NIV – "He took her by the hand and said, 'My child, get up!' Her spirit returned, and at once she stood up."

Supporting Scriptures

- *Psalm 30:11 NIV – "You turned my wailing into dancing; you removed my sackcloth and clothed me with joy."*
- *2 Corinthians 5:17 NIV – "Therefore, if anyone is in Christ, the new creation has come."*



Devotional: Experiencing the Joy of Divine Restoration

Jesus' command to the girl, 'My child, get up!' marked a miraculous restoration of life. Beyond physical resurrection, this moment symbolizes the transformative joy that comes from encountering Jesus.

Restoration through Christ brings renewal, joy, and hope that overflows. The grieving family's mourning turns into celebration as life is restored. This miracle points toward the greater resurrection hope in Christ—where brokenness is replaced with wholeness and death is overcome by life.

Rejoice today in the new life Jesus offers. Whatever you face, His power brings restoration and the opportunity to start anew, filled with hope and joy.



Reflect and Apply

1. How have you experienced restoration or new beginnings in your spiritual journey?

2. What joys have come from trusting Jesus in difficult times?

3. How can you share the hope of restoration with others?



Journaling Prompts

1. Write about a time God brought joy after a season of sorrow.

2. Describe what new life in Christ means to you personally.

3. List ways to celebrate God's restoration in your daily walk.



Day 6: 🎉 The Joy of Restoration and New Life

Prayer for Today

Joyful Savior, thank You for bringing restoration and new life where there was brokenness and despair. Fill my heart with Your joy and hope each day. Help me to live as a testimony of Your power to transform lives. May I share Your love and restoration with others who need hope. *In Your victorious name, Amen.* 🎉 🙏 ❤️ ✨





Day 7: 🙏 Living in the Light of Faith and Healing



Day 7: 🙏 Living in the Light of Faith and Healing

Your Verse

Luke 8:56 NIV - "Her parents were astonished, but he ordered them not to tell anyone what had happened."

Supporting Scriptures

- *Matthew 5:14 NIV - "You are the light of the world..."*
- *Galatians 2:20 NIV - "The life I now live in the body, I live by faith in the Son of God."*



Day 7: 🙏 Living in the Light of Faith and Healing

Devotional: Walking Daily in Faith and God's Healing Power

Though amazed, Jairus' family was told to keep silent about the miracle. This teaches us that faith and healing are not just spectacles but intimate journeys with God. Living in the light of faith means embracing transformation quietly and confidently, allowing those changes to impact our everyday lives.

Jesus calls us to live by faith continuously, walking in the power of healing—physical, emotional, and spiritual. This life invites us to be lights in a world needing hope, reflecting God's love through our healed and restored lives.

As you close this study, consider how you will live out a faith renewed by healing. Let your life be a silent yet powerful testimony to God's constant work in you.



Day 7: 🙏 Living in the Light of Faith and Healing

Reflect and Apply

1. How can you live out your faith and healing as a daily testimony?

2. What does 'being the light of the world' look like in your context?

3. In what ways can you quietly share God's work in your life?



Journaling Prompts

1. Write about how this study has changed your understanding of faith and healing.

2. Describe practical ways to live your faith visibly but humbly.

3. Reflect on the role of testimony in your spiritual walk.



Day 7: 🙏 Living in the Light of Faith and Healing

Prayer for Today

Holy Spirit, empower me to live each day in faith and healing. Help me to be a light to those around me, reflecting the love and power of Jesus quietly and boldly. May my life bear witness to Your work within me, bringing hope and glory to Your name. Guide me to walk in Your truth and grace all my days. *In Jesus' name, Amen.* 🙏 ✨ 🕯️ 🌟





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