Faith That Heals: Lessons from the Bleeding Woman



Explore the powerful story of the bleeding woman whose faith in Jesus' healing touch inspires hope, courage, and deep trust in God's grace.





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Introduction

The story of the bleeding woman is a profound narrative revealing the power of faith, persistence, and Jesus' compassionate healing. This woman, suffering for twelve long years, faced isolation and despair. Yet, she dared to approach Jesus in a crowd, believing that touching His robe alone would heal her. This Bible study plan invites you to journey through this remarkable healing story, uncovering not only the miracle of physical restoration but also the spiritual transformation that faith in Jesus brings.

Her story reminds us that amid brokenness and long seasons of waiting, Jesus is attentive to our deepest needs, even those hidden from others. Her faith, quiet but bold, led her to press through barriers of fear, shame, and doubt. This inspires us to reach out to Jesus today with our own burdens and trust that His power can renew us.

Over the next seven days, you will explore key verses, reflecting on what it means to believe in God's healing and presence. You'll engage with questions that probe your heart, encouraging persistent faith, personal honesty, and renewed hope. Each day includes relevant supporting scriptures, a devotional encouraging deeper communion with God, and prayer prompts to guide your conversation with Him.

As you meditate on this story, may you encounter Jesus as the compassionate healer who sees your faith and responds with love, restoring not just your







health but your entire being. Let us step forward in faith, like the bleeding woman, and experience the transformative power of touching Jesus.















Your Verse

Mark 5:25-26 - "And a woman was there who had been subject to bleeding for twelve years. She had suffered a great deal under the care of many doctors and had spent all she had, yet instead of getting better she grew worse."

Supporting Scriptures

- Luke 8:43 "A woman was there who had been subject to bleeding for twelve years, but no one could heal her."
- Hebrews 11:1 "Now faith is confidence in what we hope for and assurance about what we do not see."







Devotional: Faith Begins Amidst Suffering

The bleeding woman's journey opens with pain and desperation. For twelve years, she endured constant suffering and failed treatments. She knew what it was to be marginalized and hopeless in the eyes of society and even her doctors. Yet, despite her worsening condition, a spark of hope remained—the belief that Jesus' power to heal was real.

As we begin this study, **let's reflect on where we are in our own lives.** What burdens are we carrying that feel unending? Where are we tempted to give up? The woman's story encourages us not to surrender but to seek Jesus intentionally, even when the situation feels impossible.

This woman stepped into a bustling crowd, physically weak but spiritually resilient. She teaches us that faith often calls us to take brave steps toward Jesus, even when the path is uncertain and we feel invisible.







Reflect and Apply

What personal struggles feel overwhelming or unending in your life right now?
How can you cultivate faith that moves you to seek Jesus despite obstacles?
What crowd or distractions might be preventing you from encountering Jesus today?







Journaling Prompts

	Write about a time when you faced a difficult situation but chose to trust God.
2.	List the fears or doubts you need to surrender to Jesus this week.
	Describe what seeking Jesus looks like for you personally in challenging moments.







Prayer for Today

Dear Lord, thank You for meeting us where we are—in our suffering, our fear, and our hope. Help me to have the courage to approach You with faith like the bleeding woman. Teach me to trust Your healing power, and open my eyes to see Your presence in the midst of my struggles. Strengthen my spirit to persist, knowing that You are near and able to restore. *In Jesus' name*, Amen.















Day 2: The Power of a Touch









Day 2: 🕒 The Power of a Touch

Your Verse

Mark 5:27-28 - "When she heard about Jesus, she came up behind him in the crowd and touched his cloak, because she thought, 'If I just touch his clothes, I will be healed."

Supporting Scriptures

- Matthew 9:20 "Just then a woman who had been subject to bleeding for twelve years came up behind him and touched the edge of his cloak."
- Psalm 34:18 "The Lord is close to the brokenhearted and saves those who are crushed in spirit."







Day 2: (b) The Power of a Touch

Devotional: Bold Faith Expressed in Touch

In the midst of the crowd, the woman chose to reach out and touch Jesus' garment. This act was both humble and bold—it expressed a deep belief that healing flows from Jesus' presence. The touch was her way of connecting to hope and power beyond herself.

Sometimes, faith is as simple and profound as reaching out to Jesus with what we have—even if it feels small or hidden. The woman's faithful touch reminds us that God values sincerity of heart over grand gestures. Her healing came because of her faith-filled action.

What might your "touch" on Jesus look like today? Perhaps it is a sincere prayer, a quiet whisper of trust, or a step towards forgiveness. God honors those who come to Him with sincere faith.







Day 2: 🕒 The Power of a Touch

Reflect and Apply

1.	What simple act of faith can you offer to Jesus today?
-	
	How do you perceive God's power working through your small gestures of trust?
-	
	In what ways might God be inviting you to draw closer and touch Him with your heart?
-	







Day 2: 🕒 The Power of a Touch

Journaling Prompts

1.	Recall moments when small acts of faith deeply impacted your life.
2.	Write about a personal way you can express faith to Jesus in your daily routine.
3.	Reflect on barriers that keep you from approaching Jesus boldly.







Day 2: (b) The Power of a Touch

Prayer for Today

Lord Jesus, thank You for the example of the bleeding woman whose simple touch brought healing. Help me to come to You with boldness and sincerity, offering all I have with faith. Remind me that no act of trust is too small before You. May my heart always long for Your presence and healing touch. *In Your name I pray,* Amen.









Day 3: 66 Jesus Notices Our Faith









Day 3: O Jesus Notices Our Faith

Your Verse

Mark 5:29-30 - "At once her bleeding stopped and she felt in her body that she was freed from her suffering. Jesus immediately knew that power had gone out from him."

Supporting Scriptures

- Matthew 8:10 "When Jesus heard this, he was amazed and said to those following him, 'Truly I tell you, I have not found anyone in Israel with such great faith."
- Psalm 33:18 "But the eyes of the Lord are on those who fear him, on those whose hope is in his unfailing love."







Day 3: Jesus Notices Our Faith

Devotional: Faith That Draws Jesus' Attention

Jesus felt power leave Him when the woman touched His robe, revealing her faith. Her belief was so strong it activated the healing power of Christ. Even in a crowd, Jesus noticed her—He saw beyond her illness and into her heart.

Jesus longs for us to have faith that moves Him, faith that trusts in His power and love regardless of our circumstances. The bleeding woman's story assures us that our faith is precious to Jesus. He recognizes our struggles and meets our faith with His compassion and healing.

Today, let this encourage you to nurture a faith that is sincere, persistent, and fervent—because Jesus is watching, ready to respond.







Day 3: Jesus Notices Our Faith

Reflect and Apply

1.	How aware are you of Jesus noticing your faith journey?
2.	In what ways does knowing Jesus sees your faith encourage you?
3.	What can you do to deepen your faith so that it truly touches Jesus' heart?







Day 3: O Jesus Notices Our Faith

Journaling Prompts

1.	Write about a time you felt God noticed your faith or effort.
2.	List ways to remind yourself daily that Jesus sees and honors your faith.
3.	Reflect on moments when you felt your faith challenged or strengthened.







Day 3: O Jesus Notices Our Faith

Prayer for Today

Jesus, thank You for noticing my faith, even when it feels small or wavering. Help me to grow in trust, knowing that You see my heart and respond with love and power. Teach me to walk by faith daily, confident in Your healing and presence. May my life be a testimony of the faith You applaud. *In Your holy name,* Amen.









Day 4: 🕡 The Power of Testimony









Day 4: **①** The Power of Testimony

Your Verse

Mark 5:31-33 - "But Jesus kept looking around to see who had done it. Then the woman, knowing what had happened to her, came and fell at his feet and, trembling with fear, told him the whole truth."

Supporting Scriptures

- Revelation 12:11 "They triumphed over him by the blood of the Lamb and by the word of their testimony."
- Psalm 66:16 "Come and hear, all you who fear God; let me tell you what he has done for me."







Day 4: **①** The Power of Testimony

Devotional: Sharing Our Story With Courage

After being healed, the woman openly shared her story with Jesus. Her trembling admission was a vulnerable act of courage, revealing raw honesty and gratitude. Testifying about what God has done is a powerful form of worship and a witness to others.

When we share our testimonies, we not only honor God's faithfulness but also inspire faith in those around us. It takes courage to be vulnerable, but like the bleeding woman, we can trust that Jesus accepts us fully and uses our stories for His glory.

Reflect on your own journey of faith and healing. Are you ready to share what God has done in your life with confidence and humility?







Day 4: 😯 The Power of Testimony

Reflect and Apply

1.	What parts of your faith story are you hesitant to share?
2.	How can sharing your testimony strengthen your faith and that of others?
3.	What truths about God does your story reveal?







Day 4: 😯 The Power of Testimony

Journaling Prompts

1.	Write your testimony—how God has worked in your life.
2.	Identify fears or barriers to sharing your story openly.
3.	Plan a way to share your testimony with someone this week.







Day 4: **①** The Power of Testimony

Prayer for Today

Father God, thank You for the healing You bring that compels us to tell our stories. Give me courage to share honestly what You have done in my life. May my testimony glorify You and encourage others. Help me to trust You in my vulnerability, knowing Your grace covers all. *In Jesus' name*, Amen. \triangle

















Your Verse

Mark 5:34 – "He said to her, 'Daughter, your faith has healed you. Go in peace and be freed from your suffering."

Supporting Scriptures

- John 14:27 "Peace I leave with you; my peace I give you. I do not give to you as the world gives."
- Isaiah 53:5 "By his wounds we are healed."







Devotional: Faith Brings Healing and Peace

Jesus calls the woman "Daughter," affirming her value and belonging. This tender address acknowledges her dignity and relationship to God's family. Then He declares her healed and sends her forth in peace. Healing is both physical and spiritual—Jesus restores the whole person.

His words remind us that faith in Him brings peace that surpasses circumstances. We are invited to live in that peace daily, leaving behind the suffering and shame that bound us.

Let these words resonate in your heart today. Jesus offers you healing, acceptance, and peace when you place your faith in Him.







Reflect and Apply

1.	How does it feel to be called a 'daughter' or 'child' of God?
2.	What areas of your life need Jesus' healing and peace?
3.	How can you embrace the peace Jesus offers despite challenges?







Journaling Prompts

1.	Write about what Jesus' words of peace mean to you personally.
2.	List ways God has shown you acceptance and belonging.
3.	Describe how you can live in the peace Jesus gives this week.







Prayer for Today

Jesus, thank You for calling me Your child and offering healing and peace. Help me to rest in Your love and walk daily in the freedom You provide. Heal every part of me that still hurts, and fill me with Your peace that calms every fear. May my faith grow deeper as I trust in Your unfailing grace. *In Your precious name,* Amen.









Day 6: Persistent Faith Prevails









Day 6: Persistent Faith Prevails

Your Verse

Luke 8:45 – "But Jesus said, 'Someone touched me; I know that power has gone out from me."

Supporting Scriptures

- James 1:12 "Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life."
- Romans 12:12 "Be joyful in hope, patient in affliction, faithful in prayer."







Day 6: Persistent Faith Prevails

Devotional: Hold on to Faith Through Trials

Jesus recognized the persistent faith that prompted the woman to reach out.

Despite years of suffering, she did not give up. Her faith propelled her to take a risk that led to healing. Persistence in faith is a powerful catalyst for transformation.

Life's trials can wear us down, but this story reminds us to persevere—holding on to hope, prayer, and trust in God's timing. Persistent faith opens the way for God's power to move mightily in our lives.

Reflect on your own faith journey. Are you holding on with persistence, or are you ready to renew your commitment to trust God amid challenges?







Day 6: 🖰 Persistent Faith Prevails

Reflect and Apply

1.	What challenges test your faith and cause you to feel weary?
2.	How can you cultivate persistent faith during difficult times?
3.	What practical steps can you take to remain faithful in prayer and hope?







Day 6: 🖰 Persistent Faith Prevails

Journaling Prompts

1.	Write about a situation that required you to persevere in faith.
2.	List encouragements from Scripture that strengthen your persistence.
3.	Plan ways to renew your faith when faced with discouragement.







Day 6: 🖰 Persistent Faith Prevails

Prayer for Today

Lord, teach me to hold fast to faith like the bleeding woman. Give me endurance to persevere through trials, trusting in Your power and timing. Strengthen me when I grow weary, and fill me with hope and joy even in difficult moments. May my faith be steadfast and unshakable. *In Jesus' name,* Amen. \bigwedge \bigcirc \bigcirc















Your Verse

Mark 5:35-36 - "While Jesus was still speaking, some people came from the house of Jairus, the synagogue leader. 'Your daughter is dead,' they said. 'Don't bother the teacher anymore.' Overhearing what they said, Jesus told him, 'Don't be afraid; just believe."

Supporting Scriptures

- 2 Corinthians 5:17 "Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"
- Philippians 4:13 "I can do all this through him who gives me strength."







Devotional: Faith That Faces New Challenges

Even after the woman's healing, faith called Jesus to act anew on behalf of Jairus' daughter. Faith doesn't end with a single miracle; it continues to trust God through every challenge. Jesus encourages Jairus—and us—not to fear but to believe.

Living transformed by faith means stepping forward into new seasons, confident in God's ongoing power and presence. It means embracing life as a new creation, strengthened by the One who makes all things possible.

As you conclude this study, consider how faith is reshaping your life and preparing you for the next steps God has planned.







Reflect and Apply

1.	How has your faith grown or changed through this study?
2.	What new challenges require your trust in God today?
3.	How can you live daily as a new creation transformed by faith?







Journaling Prompts

	Reflect on your journey through this study and what you've learned about faith.
2	Write about upcoming challenges where you want to apply persistent faith.
	Describe how God is calling you to live differently because of His healing power.







Prayer for Today

Gracious God, thank You for the transformation You bring through faith in Jesus. Help me to face new challenges without fear, holding on to the truth that You are with me always. Strengthen my heart and renew my spirit daily as I walk forward as a new creation. Use me for Your glory and purpose. *In Jesus' name,* Amen.







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