Faith That Touches: Lessons from the Woman with the Issue of Blood



A 21-day study uncovering faith, desperation, and healing through the story of the woman touching Jesus' power.





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Introduction

Welcome to this 21-day Bible study journey where we explore the power of faith and desperation through the story of the Woman with the Issue of Blood.

In the Gospel of Mark 5:25–34, we meet a woman who had suffered for twelve long years with a relentless issue of blood. Her condition made her an outcast in society, isolating her physically, emotionally, and spiritually. Yet, despite years of suffering and failed attempts at healing, *her faith was undeterred*. She believed that if she could just touch Jesus' cloak, she would be made well. Her story is one of courage, resilience, and profound faith—an example that continues to inspire believers today.

This Bible study plan is designed to take you deeper into her experience—feeling her desperation, understanding her faith, and recognizing the healing power that Jesus extends to all who come to Him. Each day will include scripture readings, devotional reflections, and guided prompts to help you connect personally to her journey and your own faith walk.

Throughout these 21 days, you will be encouraged to reflect on how Jesus' power is accessible to you through faith, no matter your struggles or how long you have carried your burdens. Together, we will explore themes of hope, healing, perseverance, trust, and the transformative encounter with Jesus.







Prepare your heart and mind to experience a fresh touch of faith that moves mountains and brings life out of despair. May this study renew your confidence in Jesus' healing power as you relate to the woman's bold and desperate reach toward Him.















Your Verse

Mark 5:25-26 — "And a woman was there who had been subject to bleeding for twelve years. She had suffered a great deal under the care of many doctors and had spent all she had, yet instead of getting better she grew worse."

Supporting Scriptures

- Luke 8:43 "And a woman was there who had been crippled by a spirit for eighteen years."
- Psalm 34:18 "The Lord is close to the brokenhearted and saves those who are crushed in spirit."







Devotional: Recognizing Desperation in Our Lives

The woman in Mark 5 lived with a profound desperation that we can all relate to in some season of our lives. Twelve years of suffering is a long time to endure pain and rejection. She was isolated due to cultural and religious taboos about her condition, yet she refused to give in to despair. Her story beckons us to see how even in our darkest moments, hope remains.

Often, desperation brings us to a crossroads—do we surrender or do we fight for healing and redemption? This woman chose to fight, pushing past pain, social stigma, and hopelessness. The many doctors she saw could not heal her, but her faith saw beyond the present circumstance to the One who could restore.

Today, if you are feeling desperate or wounded, remember that God sees your pain. Just like this woman, you are not invisible to Him. May this truth encourage you to draw near to Jesus with courage and expectation.







Reflect and Apply

1.	What areas of your life feel desperate or hopeless right now?
	Have you ever felt isolated like the woman with the issue of blood? How did you cope?
3.	What steps can you take to bring your struggles before God in faith today?







Journaling Prompts

1.	Write about a time you felt deeply desperate and how you responded.
2.	Reflect on what desperation means for your faith journey.
3.	Describe how you want to experience God's presence in your struggles.







Prayer for Today

Lord, I come before You feeling vulnerable and worn out. Like the woman in the Bible, I carry burdens that have long weighed on my spirit. *Help me to trust You even when hope feels distant.* Draw me close, remind me that You see every tear and know every struggle. Give me courage to reach out to You with faith that You are the healer of body, soul, and mind. Strengthen my heart and renew my hope today. In Jesus' name, Amen. \bigwedge

















Your Verse

Mark 5:27 — "When she heard about Jesus, she came up behind him in the crowd and touched his cloak."

Supporting Scriptures

- Hebrews 11:1 "Now faith is confidence in what we hope for and assurance about what we do not see."
- Matthew 9:22 "Jesus turned and saw her. 'Take heart, daughter,' he said, 'your faith has healed you.'"







Devotional: Choosing to Believe When Hope Is Thin

The woman could have been consumed by doubt—after all, many doctors had failed her—but instead, she chose faith. She trusted that simply touching Jesus' cloak would bring healing. This was not a blind hope but a bold act of belief in His power, even when she couldn't fully see the outcome.

Faith often requires stepping into the unknown and holding on to the promise of God despite circumstances. The woman's faith was a revolutionary act: to push through the pressed crowd, to reach out, to believe she could be healed simply by touching. Her example challenges us to consider: what stops us from reaching toward Jesus in faith?

Today, you are invited to reflect on your own faith journey. Are you willing to take steps of hope even when you cannot see the whole path? God honors such faith and meets us right where we are.







Reflect and Apply

	What fears or doubts might be holding you back from coming fully to Jesus?
2.	How can you practically 'reach out' to Jesus this week with faith?
3.	Where have you seen God respond when you stepped out in trust?







Journaling Prompts

1.	Write about what faith means to you personally.
2.	Recall a moment you acted in faith despite doubts.
3.	List what miracles or comforts you hope God will provide.







Prayer for Today

Jesus, increase my faith like the woman who reached for You in hope. Help me to overcome doubts and fears that hold me back. Let my heart trust Your timing and power completely. Teach me to lean on Your promises and boldly seek Your healing and presence. Thank You for being near to those who reach for You in faith. Amen. 🙌 💚 🙏















Your Verse

Mark 5:28 — "For she said, 'If I just touch his clothes, I will be healed.""

Supporting Scriptures

- John 1:14 "The Word became flesh and made his dwelling among us."
- Exodus 15:26 "I am the Lord, who heals you."







Devotional: Faith Expressed Through a Simple Touch

This woman's act of touching Jesus is deeply symbolic—it reveals faith's intimate connection to grace and healing. In her culture, touching someone with a chronic illness could make others ceremonially unclean and isolate them. Yet, she believed that Jesus' presence was greater than any barrier.

The power was not in the garment but in the Person wearing it. Jesus, as the incarnate Word (John 1:14), brings God's healing presence close to us. Her faith reached past societal norms and into a divine encounter.

Today, reflect on the intimacy that faith invites. How do you connect personally with Jesus? Like this woman, we are encouraged to come close—through prayer, worship, or spiritual practices—and receive His healing touch that brings restoration beyond physicality.







Reflect and Apply

1.	What does 'touching Jesus' mean to you personally?
2.	Are there barriers—emotional, cultural, spiritual—that keep you from intimacy with God?
3.	How can you cultivate a closer relationship with Jesus each day?







Journaling Prompts

1.	Describe what it feels like to be close to God.
2.	Write about a time when you sensed God's healing touch.
3.	List practices that deepen your intimacy with Jesus.







Prayer for Today

Lord Jesus, help me to come near You with a bold and trusting heart. Tear down any barriers that keep me at a distance. Teach me to experience Your presence deeply, knowing that Your power to heal and restore is always near. Let my faith be a touching of Your garment of grace. Amen. 😂 😂 💙









Day 4: V Jesus Notices Love and Faith









Day 4: V Jesus Notices Love and Faith

Your Verse

Mark 5:30 — "At once Jesus realized that power had gone out from him. He turned around in the crowd and asked, 'Who touched my clothes?'"

Supporting Scriptures

- Matthew 9:22 "Daughter, your faith has healed you. Go in peace and be freed from your suffering."
- Psalm 147:3 "He heals the brokenhearted and binds up their wounds."







Day 4: W Jesus Notices Love and Faith

Devotional: Jesus Sees and Responds to Your Faith

Jesus' awareness that power had gone out from Him shows His intimate connection to those who reach out in faith. He isn't a distant deity but a compassionate Savior who notices every act of trust and love.

Often, when we pray or seek Him, we wonder if He hears or cares. This story assures us that He does more than hear—He responds. When the woman touched His cloak, His power flowed because of her faith.

What a powerful reminder that our acts of faith, even the smallest gestures, are seen by God and have spiritual impact. Today, take courage knowing Jesus notices you and responds to your heart's cry.







Day 4: 🎾 Jesus Notices Love and Faith

Reflect and Apply

1.	Have you experienced moments when you felt God's attentive love?
2.	How does knowing Jesus notices your faith change your prayer life?
3.	What small acts of faith can you offer to God today?







Day 4: 🎾 Jesus Notices Love and Faith

Journaling Prompts

Write about a time you sensed God's response to your prayer.
Reflect on how Jesus' attention motivates your faith journey.
List ways God has shown He cares about your struggles.







Day 4: V Jesus Notices Love and Faith

Prayer for Today

Jesus, thank You for always noticing my heart and my faith. Help me live in the confidence that You see me and respond to my needs. Increase my awareness of Your presence in every moment and guide me to walk according to Your healing power. I trust in Your love today and always. Amen. 🙏 💝 🧩









Day 5: 🏟 Faith That Breaks Barriers









Day 5: 🏟 Faith That Breaks Barriers

Your Verse

Luke 8:44 — "She came up behind him and touched the edge of his cloak, and immediately her bleeding stopped."

Supporting Scriptures

- Hebrews 10:23 "Let us hold unswervingly to the hope we profess, for he who promised is faithful."
- Isaiah 53:5 "By his wounds we are healed."







Day 5: Faith That Breaks Barriers

Devotional: Faith Overcomes Fear and Isolation

The woman's faith was so strong that it overcame fear, social isolation, and personal shame. In her culture, her bleeding made her unclean, pushing her to the margins of society. Yet, her desperate faith pushed through these barriers to receive healing.

This teaches us that faith is powerful enough to break down any walls that keep us from Jesus. Whether fears, doubts, or social stigmas surround us, we can hold fast to hope because Jesus is faithful to heal and restore.

Consider areas in your own life where barriers exist. What barriers do you need God's power to break? Trust that His wounds have already secured your healing and freedom.







Day 5: 🏟 Faith That Breaks Barriers

Reflect and Apply

1.	What barriers keep you from fully experiencing God's healing?
2.	How can faith help you push past fear and isolation?
3.	How do you hold on to hope when challenges persist?







Day 5: 🏟 Faith That Breaks Barriers

Journaling Prompts

Describe a barrier in your life you want God to help you overcome.
Write about how hope has sustained you in tough times.
List blessings you have received through faith despite challenges.







Day 5: Faith That Breaks Barriers

Prayer for Today









Day 6: 🎇 Boldness in Believing









Your Verse

Mark 5:32 — "Then the woman, knowing what had happened to her, came and fell at his feet and, trembling with fear, told him the whole truth."

Supporting Scriptures

- Hebrews 4:16 "Let us then approach God's throne of grace with confidence."
- 2 Timothy 1:7 "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."







Devotional: Courage to Confess and Believe

After being healed, the woman courageously approached Jesus and openly shared her story. She trembled with fear, likely because revealing her condition publicly could mean shame or disbelief. Yet, her faith empowered her to be honest and vulnerable.

This moment reminds us of the strength that comes with approaching God's throne with confidence and humility. Sometimes, God invites us to be transparent about our struggles, knowing that His grace will cover us. Bold faith acknowledges our needs openly and trusts fully in God's response.

In your life, what fears hold you back from coming to God honestly today? Remember, God's throne is a place of grace, not judgment.







Reflect and Apply

1.	When have you hesitated to be honest with God or others about your struggles?
2.	How does confidence in God's grace empower you to step forward boldly?
3.	What might God be inviting you to confess or share today?







Journaling Prompts

1.	Write a letter to God sharing honestly your fears and hopes.
	Describe how confidence in God changes your perspective on vulnerability.
3.	List ways you want to grow in courage and faith.







Prayer for Today

Father, help me to approach You boldly and honestly. Give me courage to confess my fears and to trust fully in Your grace. May I find strength in vulnerability and walk confidently in the power of Your Spirit, knowing You will never reject me. Amen. \bigwedge \heartsuit

















Day 7: 6 Experiencing Peace Through Faith

Your Verse

Mark 5:34 — "He said to her, 'Daughter, your faith has healed you. Go in peace and be freed from your suffering.""

Supporting Scriptures

- John 14:27 "Peace I leave with you; my peace I give you."
- Philippians 4:7 "And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."







Day 7: 🌈 Experiencing Peace Through Faith

Devotional: Faith Brings Peace and Freedom

Jesus' words to the woman show that faith does more than heal our bodies—it brings profound peace and liberation. After years of suffering, she was not only physically healed but also set free from the burdens of shame and isolation.

God's peace transcends understanding and guards our hearts amid trials. As believers, faith enables us to live in this peace even when circumstances remain difficult.

Reflect today on the peace Jesus offers you. What areas of your life are in need of His calming presence? Allow faith to be your anchor in the storms.







Day 7: 🌈 Experiencing Peace Through Faith

Reflect and Apply

1.	Where do you need God's peace most right now?
2.	How does faith help you experience peace despite ongoing challenges?
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3.	What does freedom in Christ look like for you personally?







Day 7: 6 Experiencing Peace Through Faith

Journaling Prompts

1.	Describe what peace feels like in your life.
2.	Write about a time when God provided peace in a hard situation.
3.	List ways you can nurture peace through faith daily.







Day 7: 6 Experiencing Peace Through Faith

Prayer for Today

Jesus, thank You for the gift of peace that comes through faith in You. Calm my heart and guard my mind, freeing me from fear and worry. Help me to live daily in the freedom You have won through Your healing power. May Your peace rule in me always. Amen. 😂 🞾 🙏

















Your Verse

Mark 5:33 — "Then the woman, knowing what had happened to her, came and fell at his feet and, trembling with fear, told him the whole truth."

Supporting Scriptures

- Matthew 5:16 "Let your light shine before others."
- Acts 3:16 "By faith in the name of Jesus, this man whom you see and know was made strong."







Devotional: One Act of Faith Inspires Many

The woman's courageous faith and testimony caused a ripple effect of hope and healing around her. When she shared her story with Jesus and others, it became a witness to His power.

Our acts of faith can similarly inspire and encourage others. By stepping out in trust and vulnerability, we model the reality of God's healing presence.

Consider how your faith journey might impact those around you. What testimony is God inviting you to share? Remember, even small acts can ripple into great waves of change.







Reflect and Apply

1.	Who in your life might be encouraged by your story of faith?
2.	How can you shine your light boldly where you are?
3.	What fears might hold you back from sharing your faith openly?







Journaling Prompts

1.	Write a testimony of a time God worked in your life.
2.	List ways you can encourage others with your faith story.
3.	Describe how faith community supports your growth.







Prayer for Today

Lord, help me to be a bold witness of Your healing and love. Use my life and story to light the way for others struggling in darkness. Give me confidence to share freely and to inspire faith in those who need encouragement. Amen.











Day 9: 🔑 Power Flows From Jesus









Day 9: 🔑 Power Flows From Jesus

Your Verse

Mark 5:30 — "At once Jesus realized that power had gone out from him."

Supporting Scriptures

- Acts 1:8 "You will receive power when the Holy Spirit comes on you."
- 2 Corinthians 12:9 "My grace is sufficient for you, for my power is made perfect in weakness."







Day 9: 🔁 Power Flows From Jesus

Devotional: Receiving God's Power in Our Weakness

The power Jesus referred to was not a magical force but God's compassionate presence flowing through Him. This reminds us that God's power is accessible and flows when we approach Him in faith, especially amid our weaknesses.

Paul reminds us in 2 Corinthians that God's grace is sufficient and His power shines through our weaknesses. When we acknowledge our limitations, God's strength can work more fully in us.

Today, surrender your weaknesses to God and invite His power to flow through your life. Faith opens the door to experience God's dynamic strength when we feel most vulnerable.







Day 9: 🔑 Power Flows From Jesus

Reflect and Apply

1.	In what areas do you need God's power to work in your weakness?
2.	How do you respond to God's grace when feeling inadequate?
3.	What hinders you from fully relying on God's strength?







Day 9: 🔑 Power Flows From Jesus

Journaling Prompts

1.	Write about a moment God's power was evident in your weakness.
2.	List areas where you want to surrender control to God.
3.	Describe how God's power encourages you daily.







Day 9: 🕞 Power Flows From Jesus

Prayer for Today

Father, I recognize my need for Your power in my weakness. Fill me with Your Spirit and let Your grace strengthen me today. Teach me to rely on You fully and to trust that Your power makes me whole. Amen.

















Your Verse

Ephesians 6:16 — "Take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one."

Supporting Scriptures

- Psalm 28:7 "The Lord is my strength and my shield; my heart trusts in him."
- 1 Peter 5:8-9 "Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour."







Devotional: Holding Strong in the Battle of Life

Faith acts as a spiritual shield, defending us from doubts, fears, and attacks. Like the woman who clung to Jesus' cloak amidst a crowd, our faith protects us when we face opposition or discouragement.

Paul urges us to actively take up faith as a protective shield. This means cultivating trust in God, standing firm against negativity, and acknowledging His strength as our defense.

Reflect on the battles you encounter daily. Are there areas where your faith can be strengthened and raised higher as a shield?







Reflect and Apply

1.	What challenges feel like attacks against your faith?
2.	How can you intentionally strengthen your faith shield?
3.	How does knowing God is your protector influence your actions?







Journaling Prompts

1.	Write about a time faith shielded you from harm or despair.
2.	List weapons of doubt or fear you want to extinguish.
3.	Describe steps you can take to grow in trust and resilience.







Prayer for Today

God, strengthen my faith shield to protect me from every fiery attack. Help me to trust You deeply and stand firm in Your promises. Guard my heart and mind with Your peace as I face life's challenges. Amen. () 🙏 💙

















Day 11: 💋 Restoring Our Identity in Christ

Your Verse

2 Corinthians 5:17 — "Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"

Supporting Scriptures

- Galatians 3:26 "You are all sons of God through faith in Christ Jesus."
- Psalm 103:2 "Praise the Lord, my soul, and forget not all his benefits."







Day 11: 💋 Restoring Our Identity in Christ

Devotional: New Life Through Faith and Healing

The woman's healing also symbolized restoration of identity. She had been defined by her illness and exclusion, but Jesus spoke to her as "daughter," an intimate term affirming her worth.

Faith in Christ transforms us into new creations, renews our identity, and restores dignity. No matter past wounds or labels, God calls us His children.

Reflect on your identity today. Are you embracing the new creation you are in Christ? Let faith affirm your true worth beyond circumstances.







Day 11: 🥦 Restoring Our Identity in Christ

Reflect and Apply

1.	How does knowing you are God's child affect your self-image?
2.	What lies about your identity do you need to reject today?
3.	How can faith help you live as a new creation daily?







Day 11: 🥦 Restoring Our Identity in Christ

Journaling Prompts

1.	Write an affirmation about your identity in Christ.
2.	Describe how faith has changed your self-perception.
3.	List benefits God has given you through faith.







Day 11: 💋 Restoring Our Identity in Christ

Prayer for Today

Lord, thank You for making me a new creation in Christ. Help me to live fully in this truth and reject any lies that diminish my worth. Renew my spirit and identity through Your love today. Amen. **2**

















Your Verse

Luke 18:1 — "Jesus told his disciples a parable to show them that they should always pray and not give up."

Supporting Scriptures

- 1 Thessalonians 5:17 "Pray continually."
- James 5:16 "The prayer of a righteous person is powerful and effective."







Devotional: Never Giving Up in Prayer

The woman's twelve-year search for healing teaches the value of persistent faith and prayer. Even when answers seem delayed, ongoing prayer keeps our hope alive and aligns us with God's will.

Jesus encourages us to persevere in prayer without losing heart. Our consistent communication with God builds faith and opens doors to His power.

Today, renew your commitment to persistent prayer. Remember, God is working even when we cannot see immediate results.







Reflect and Apply

1.	What challenges test your patience in prayer?
2.	How can you cultivate a habit of persistent seeking God?
3.	What evidence have you seen of faithful prayers answered over time?







Journaling Prompts

1.	Write about a prayer journey that required endurance.
2.	List prayer requests you will commit to praying persistently.
3.	Describe how prayer strengthens your faith in difficult times.







Prayer for Today

Father, give me a persistent heart that never stops seeking You. Teach me to pray continually and trust in Your timing and purpose. Help my faith to grow stronger through every season of waiting. Amen.

















Your Verse

Jeremiah 17:14 — "Heal me, Lord, and I will be healed; save me and I will be saved."

Supporting Scriptures

- Psalm 147:3 "He heals the brokenhearted and binds up their wounds."
- Isaiah 61:1 "He has sent me to bind up the brokenhearted."







Devotional: Embracing Emotional and Spiritual Healing

Healing is holistic—body, mind, and spirit. The woman was physically healed, but Jesus also addressed her broken spirit by calling her "daughter."

God longs to heal every aspect of our lives, including emotional scars and spiritual wounds. Inviting Jesus into these places allows His restorative power to renew us completely.

Reflect on areas you need healing beyond the physical. Pray for restoration, peace, and renewed strength in all parts of your being.







Reflect and Apply

1.	Are there emotional wounds you need Jesus to heal?
2.	How does spiritual healing impact your overall well-being?
3.	What steps can you take toward holistic healing today?







Journaling Prompts

1.	Write about areas of your life longing for restoration.
2.	Describe what it means to be fully healed in body, mind, and spirit.
3.	List ways you can nurture healing through faith and prayer.







Prayer for Today

Lord, I ask You to heal all parts of me—body, soul, and spirit. Mend broken pieces and give me peace that only You can provide. Restore my whole being and set me free to live fully in Your grace. Amen. ✓ ✓ ✓ ✓

















Your Verse

Joshua 1:9 — "Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

Supporting Scriptures

- 2 Timothy 1:7 "God gave us a spirit not of fear but of power, love, and self-control."
- Psalm 27:1 "The Lord is my light and my salvation—whom shall I fear?"







Devotional: Strength and Courage Through God's Presence

The woman's faith required great bravery to push through crowds and social rejection. Likewise, our faith walk demands strength when facing fears and discouragement.

God promises His presence to give us courage and power. We do not walk alone; He leads and strengthens us for every challenge ahead.

Today, embrace God's calling to be brave. Let His light dispel fear and His love fuel boldness in your faith journey.







Reflect and Apply

1.	What fears challenge your faith today?
2.	How can God's presence empower you to be courageous?
3.	What does bravery look like in your relationship with God?







Journaling Prompts

1.	Write about a time God helped you be courageous.
2.	List fears you want to surrender to God's power.
3.	Describe actions you will take to grow brave in faith.







Prayer for Today

God, fill me with Your strength and courage. Help me to reject fear and walk boldly in Your presence. Be my light and salvation through every step of faith. Amen.

















Day 15: W Hope Renewed Each Morning

Your Verse

Lamentations 3:22-23 — "Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness."

Supporting Scriptures

- Isaiah 40:31 "Those who hope in the Lord will renew their strength."
- Romans 15:13 "May the God of hope fill you with all joy and peace as you trust in him."







Day 15: W Hope Renewed Each Morning

Devotional: God's Compassion Brings Fresh Hope

The woman's journey involved countless mornings of hope despite suffering. God's faithfulness offers fresh mercy and strength every day.

Each new day is an opportunity to receive His love and renew our hope. No matter past failures or ongoing pain, God's compassions are endless.

Draw hope from this truth today. Let God's faithfulness inspire you to persevere and expect restoration.







Day 15: 😂 Hope Renewed Each Morning

Reflect and Apply

1.	How have you experienced God's faithfulness in your life?
2.	What helps you renew hope each day?
3.	Where can you practice trusting God more deeply in your tomorrow?







Day 15: 😂 Hope Renewed Each Morning

Journaling Prompts

1.	Write about a fresh start God gave you recently.
2.	List ways you can remember God's compassion daily.
3.	Describe how hope shapes your outlook on life.







Day 15: 😂 Hope Renewed Each Morning

Prayer for Today

Lord, thank You for Your unfailing compassion and faithfulness. Each morning brings new mercies and hope; help me to embrace them fully. May Your love recharge my spirit and keep me trusting You every day. Amen. 😂



















Your Verse

Psalm 30:2 — "Lord my God, I called to you for help, and you healed me."

Supporting Scriptures

- Isaiah 40:29 "He gives strength to the weary and increases the power of the weak."
- Philippians 1:6 "He who began a good work in you will carry it on to completion."







Devotional: Trusting God Through the Process

The woman's story shows healing is not always instant or simple. It involves trust and persistence over time, sometimes requiring patience through the process.

God's work in us is ongoing and perfects itself through time and faith. Even when answers seem delayed, God sustains and strengthens us.

Are you in a season of waiting? Lean on God's promises, knowing He will complete His good work in you.







Reflect and Apply

1.	How do you handle periods of waiting for healing or change?
2.	What spiritual practices help you remain patient and trusting?
3.	How does knowing God is at work impact your pain or struggle?







Journaling Prompts

1.	Write about a time you experienced God's healing over time.
2.	List ways to grow stronger in faith during long seasons.
3.	Describe how trusting God changes your perspective on waiting.







Prayer for Today

God, thank You for working in me even when I cannot see progress. Help me to trust You through every stage of healing and to rest in Your perfect timing. Strengthen my patience and faith today. Amen. 💋 🙏 💙

















Your Verse

Hebrews 6:19 — "We have this hope as an anchor for the soul, firm and secure."

Supporting Scriptures

- Romans 5:5 "Hope does not put us to shame."
- Psalm 42:11 "Why, my soul, are you downcast? Put your hope in God."







Devotional: Hope Holds Us Steady in Storms

Like an anchor holding a ship steady, hope secures our souls amid life's storms. The woman's hope in Jesus kept her steadfast despite years of suffering.

Fixing our hope on God provides the stability we need to endure trials. Hope encourages resilience and peace beyond circumstances.

Today, consider where your hope is anchored. Invite God to be your firm foundation and steady strength.







Reflect and Apply

1.	What anchors your hope in difficult times?
2.	How can you cultivate a stronger hope in God's promises?
3.	What distractions pull you away from keeping hope centered on Christ?







Journaling Prompts

1.	Write about what helps steady your soul in challenges.
2.	List scriptures or truths that build your hope.
3.	Describe how hope changes your outlook on suffering.







Prayer for Today

Jesus, be my anchor of hope and strength. Help me to keep my eyes fixed on You and your promises when storms come. Secure my soul with Your peace and love. Amen. �� 💙 🙏









Day 18: 😂 Living a Life of Gratitude









Day 18: 🚨 Living a Life of Gratitude

Your Verse

1 Thessalonians 5:18 — "Give thanks in all circumstances; for this is God's will for you in Christ Jesus."

Supporting Scriptures

- Psalm 107:1 "Give thanks to the Lord, for he is good; his love endures forever."
- Colossians 3:17 "And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him."







Day 18: 😩 Living a Life of Gratitude

Devotional: Gratitude Transforms Our Perspective

The woman's response to healing was one of thankfulness and praise to Jesus. Gratitude opens our hearts to recognize God's grace and power, changing how we view life's hardships.

Choosing gratitude even in trials invites joy and deepens faith. It redirects focus from problems to God's faithfulness.

Today, cultivate a heart of gratitude, thanking God for His healing, presence, and provision in your life.







Day 18: 😩 Living a Life of Gratitude

Reflect and Apply

1.	How does gratitude impact your faith and attitude?
2.	In what ways can you express thankfulness even during difficulties?
3.	What blessings can you recognize that often go unnoticed?







Day 18: 😂 Living a Life of Gratitude

Journaling Prompts

List reasons you are thankful today.
Write a prayer of gratitude acknowledging God's work in your life.
Describe how gratitude shifts your perspective on challenges.







Day 18: 😩 Living a Life of Gratitude

Prayer for Today

Lord, thank You for Your countless blessings and healing grace. Help me to cultivate a heart that gives thanks in all circumstances, recognizing Your goodness and love. May gratitude guide my thoughts and actions today and always. Amen. **② 八 ♥**

















Your Verse

Ephesians 2:10 — "For we are God's handiwork, created in Christ Jesus to do good works."

Supporting Scriptures

- Jeremiah 29:11 "For I know the plans I have for you," declares the Lord.
- Romans 8:28 "In all things God works for the good of those who love him."







Devotional: Finding God's Purpose After Pain

The woman's healing marked the beginning of a new purpose and life journey. God's restoration invites us into meaningful work and calling.

We are created for good works and God's plans for us are full of hope. Healing restores not just health but purpose and direction.

Reflect today on how God may be leading you into new seasons of purpose after healing or breakthrough.







Reflect and Apply

1.	How has God used your struggles to shape your purpose?
2.	What good works might He be calling you to now?
3.	How can faith help you embrace your calling with confidence?







Journaling Prompts

1.	Write about a purpose God has revealed to you.
2.	List ways you can serve others through your faith and gifts.
3.	Describe how healing or growth has prepared you for new challenges.







Prayer for Today

Father, thank You for creating me with a purpose and plan. Help me to walk confidently in Your calling and to use my gifts for Your glory. Lead me in the good works You have prepared for me. Amen.

















Day 20: 🍇 Faith That Inspires Generations

Your Verse

Psalm 100:5 — "For the Lord is good and his love endures forever; his faithfulness continues through all generations."

Supporting Scriptures

- 2 Timothy 1:5 "I am reminding you to fan into flame the gift of God, which is in you through the laying on of my hands."
- Deuteronomy 6:6-7 "Impress them on your children. Talk about them when you sit at home..."







Day 20: 🍇 Faith That Inspires Generations

Devotional: Passing Faith to Those Who Follow

The woman's faith and healing story continue to inspire believers centuries later. Our faith also impacts future generations.

We are called to nurture and pass on faith, love, and trust in God to those who come after us. Our testimonies become seeds that grow into deep-rooted faith for others.

Reflect on the legacy of faith you want to leave. How can your life inspire those around you and beyond?







Day 20: ${\mathfrak S}$ Faith That Inspires Generations

Reflect and Apply

What faith traditions or stories have influenced you most?
How can you intentionally encourage faith in others?
What legacy do you desire to leave in your family or community?







Day 20: 餐 Faith That Inspires Generations

Journaling Prompts

1.	Write a message of faith you want to share with future generations.
2.	List ways to actively share your faith story.
3.	Describe the impact faith has had on your family or community.







Day 20: 餐 Faith That Inspires Generations

Prayer for Today

Lord, help me to live a faith-filled life that inspires others. May my story and actions encourage future generations to seek You and trust in Your love. Use me to glorify Your name through all I do. Amen. **Amen.**















Your Verse

Psalm 126:3 — "The Lord has done great things for us, and we are filled with joy."

Supporting Scriptures

- Psalm 30:11 "You turned my wailing into dancing; you removed my sackcloth and clothed me with joy."
- John 10:10 "I have come that they may have life, and have it to the full."







Devotional: Rejoicing in God's Goodness

As this study concludes, we celebrate the great things the Lord has done through faith. The woman's healing story is one of joy restored and life renewed.

God desires for us to live full and joyful lives, healed in every way. Faith allows us to experience His abundant life and share in His joy.

Take time today to rejoice over your journey, the growth in faith, and God's steadfast love. Celebrate the power of faith that reaches Jesus and receives healing.







Reflect and Apply

1.	How has this study changed or deepened your faith?
2.	What lessons from the woman's story will you carry forward?
3.	How can you celebrate and share God's goodness in your life?







Journaling Prompts

1.	Write a letter of thanksgiving to God for His work in your life.
2.	List key faith lessons learned from this study.
3.	Describe ways you will share your faith journey with others.







Prayer for Today

Thank You, Lord, for the great things You have done in my life. Fill me with joy and a heart of praise. Help me to live fully in Your healing power and share Your love boldly. May my faith continue to grow and inspire others. Amen. 🥕











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