



Fellowship at the Lord's Table



Explore the profound power of communion, deepening your connection with Christ and fellow believers through the Lord's Table.



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Introduction

Fellowship at the Lord's Table is more than a ritual—it is a sacred encounter that unites believers with *Christ* and one another. Communion, also called the Eucharist or the Lord's Supper, reminds us of Jesus' sacrifice, His love, and our shared identity as the body of Christ. It is a moment to reflect on grace, renewal, and community.

When Jesus shared the last meal with His disciples, He established a powerful tradition of fellowship through bread and wine. These symbols represent His broken body and shed blood, given for our redemption. As we partake, we spiritually connect to His sacrifice, receiving strength and unity.

This 5-day study invites you to journey deeper into the meaning and power of communion. You'll explore Scriptures that reveal why the Lord's Table is a place of grace, peace, and transformation. You'll be encouraged to see fellowship not just as a ceremony, but as a vital, life-giving experience that nurtures your relationship with Christ and other believers.

Whether you're new to communion or seeking renewed understanding, this study will illuminate the heart of fellowship, encouraging you to embrace the Lord's Table with gratitude, reverence, and hope.





Day 1: 📖 Remembering Christ's Sacrifice



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Your Verse

1 Corinthians 11:23-26 "For I received from the Lord what I also passed on to you..."

Supporting Scriptures

- *Luke 22:19 "This is my body given for you; do this in remembrance of me."*
- *John 6:53 "... unless you eat the flesh of the Son of Man and drink his blood, you have no life in you."*



Devotional: The Power of Remembrance in Communion

Communion is rooted in remembrance. When Jesus commanded us to take the bread and the cup, He was inviting us to recall His sacrifice for our sins. *Remembering His body broken and blood shed* penetrates beyond mere memory—it calls us to a heartfelt response of gratitude and faith.

This act of remembrance helps us grasp the immense love poured out on the cross. As we partake in the elements, we are reminded that Christ's sacrifice was both personal and universal—offered once for all, yet deeply intimate for each believer.

Reflecting on this sacred remembrance fosters humility and reverence. It humbles us before a Savior who laid down His life willingly and invites us into a fellowship that transcends time. Communion is not only a historical recall but a present experience of peace and reconciliation with God.

Today, let your heart focus on the sacrifice reflected in the bread and cup. Allow this remembrance to revive your faith and deepen your fellowship with Christ.



Day 1:  Remembering Christ's Sacrifice

Reflect and Apply

1. How does truly remembering Christ's sacrifice change the way you view communion?

2. In what ways does reflecting on Jesus' body and blood deepen your gratitude?

3. How can communion strengthen your relationship with Christ beyond tradition?



Day 1:  Remembering Christ's Sacrifice

Journaling Prompts

1. Write about a time when remembering Jesus' sacrifice impacted your faith.

2. Describe what the bread and cup symbolize to you personally.

3. List ways you can approach the Lord's Table with renewed reverence.



Day 1: 🍷 Remembering Christ's Sacrifice

Prayer for Today

Lord Jesus, thank You for Your incredible sacrifice. Help me to remember Your body broken and blood shed with a heart full of gratitude. May this remembrance strengthen my faith and deepen my fellowship with You today and always. Teach me to approach the Lord's Table with reverence and joy. *In Your name I pray, Amen.* 🙏 🍷 ❤️ 🍷





Day 2: The Gift of Grace and Forgiveness



Day 2: 🍷 The Gift of Grace and Forgiveness

Your Verse

Ephesians 2:8-9 "For it is by grace you have been saved, through faith..."

Supporting Scriptures

- *Hebrews 10:22 "Let us draw near to God with a sincere heart in full assurance of faith."*
- *Colossians 1:20 "...and through him to reconcile to himself all things... by making peace through his blood."*



Day 2: 🍷 The Gift of Grace and Forgiveness

Devotional: Communion as a Celebration of Grace

The Lord's Table is a vivid reminder of grace. Communion celebrates the unearned favor God offers us through Jesus' sacrifice. At the table, we remember that we are saved not by our deeds, but by His grace alone.

As we partake in the body and blood of Christ, we are invited to experience forgiveness anew. The blood symbolizes cleansing, reconciliation, and peace—gifts freely given to all who believe. This truth transforms our hearts, freeing us from guilt and shame.

Approaching the table means embracing grace—both receiving it and extending it to others. It is a call to unity, where differences fade, and God's love binds us together as one body.

Today, reflect on the amazing gift of grace you receive through communion. Let it inspire a forgiving and gracious spirit in your relationships and your walk with God.



Day 2: 🍷 The Gift of Grace and Forgiveness

Reflect and Apply

1. What does grace mean to you in the context of communion?

2. How can remembering Christ's forgiveness at the Lord's Table affect your attitude toward others?

3. Where might God be calling you to extend grace in your life today?



Journaling Prompts

1. Write about how grace has changed your relationship with God.

2. Reflect on someone you need to forgive or extend grace to.

3. Describe how the symbolism of the blood affects your understanding of forgiveness.



Day 2: 🍷 The Gift of Grace and Forgiveness

Prayer for Today

Gracious Father, thank You for the immeasurable gift of grace shown to me through Jesus' sacrifice. As I come to Your table, help me embrace forgiveness and extend that same grace to others. Teach me to live in the freedom and peace You provide by Your blood. May my heart be a reflection of Your mercy every day. *In Jesus' name, Amen.* 🙏❤️🍷✨





Day 3: Unity and Fellowship in Christ



Day 3: 🍷 Unity and Fellowship in Christ

Your Verse

1 Corinthians 10:16-17 "Because there is one loaf, we, who are many, are one body..."

Supporting Scriptures

- *Acts 2:42 "They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer."*
- *Romans 12:5 "So in Christ we, though many, form one body, and each member belongs to all the others."*



Day 3: 🍷 Unity and Fellowship in Christ

Devotional: Communion Builds Spiritual Unity

The Lord's Table powerfully symbolizes unity. Though communion is an individual act, it simultaneously connects us as one body in Christ. The one loaf shared by many illustrates our oneness despite diverse backgrounds.

Fellowship at the Lord's Table reminds us that we are not alone. We belong to a spiritual family, united by faith and bound by love. This unity calls us to support, encourage, and care for one another.

Communion encourages us to reflect on our relationships within the church. It motivates humility and reconciliation where needed. At the table, barriers dissolve, and we celebrate the beautiful diversity of God's family.

Today, consider how your participation at the Lord's Table can deepen your commitment to unity and fellowship in your community of believers.



Day 3: 🧡 Unity and Fellowship in Christ

Reflect and Apply

1. In what ways does communion remind you of your connection to other believers?

2. How can you actively contribute to unity within your spiritual family?

3. Reflect on any barriers to fellowship you need to address and pray for God's help.



Day 3: 🧡 Unity and Fellowship in Christ

Journaling Prompts

1. Write about a meaningful fellowship experience you have had at church.

2. List ways you can strengthen your relationships with fellow believers.

3. Describe how communion challenges or encourages you in unity.



Day 3: 🧡 Unity and Fellowship in Christ

Prayer for Today

Heavenly Father, thank You for uniting us as one body through Christ. Help me to embrace my role in this family with love and humility. May my fellowship with others reflect the unity we share at the Lord's Table. Teach me to be an agent of peace and encouragement in my community. *In Jesus' name, Amen.* 🧡🙏❤️📖





Day 4: ✨ Spiritual Nourishment and Renewal



Day 4: ✨ Spiritual Nourishment and Renewal

Your Verse

John 6:35 "Then Jesus declared, 'I am the bread of life. Whoever comes to me will never go hungry...'"

Supporting Scriptures

- *Psalm 51:10 "Create in me a pure heart, O God, and renew a steadfast spirit within me."*
- *Isaiah 40:31 "But those who hope in the Lord will renew their strength..."*



Day 4: ✨ Spiritual Nourishment and Renewal

Devotional: Communion as Spiritual Refreshment

Communion replenishes our spirit. Jesus called Himself the bread of life because He satisfies our deepest spiritual hunger. Partaking in communion is an opportunity to receive this nourishment and renewal.

When life drains our joy or faith feels weak, the Lord's Table is a place to be refreshed. The bread and cup serve as tangible reminders that Christ sustains and restores us.

This nourishment strengthens our faith walk, empowering us to face challenges with hope and perseverance. It also renews our desire to live according to God's will, with pure hearts and steadfast spirits.

Today, approach the Lord's Table inviting Jesus to satisfy your soul and renew your strength.



Reflect and Apply

1. How has communion provided spiritual renewal in your life before?

2. What areas of your heart need God's refreshing today?

3. How can you intentionally seek nourishment from Christ amid daily challenges?



Day 4: ✨ Spiritual Nourishment and Renewal

Journaling Prompts

1. Write about a time you felt spiritually refreshed through communion or prayer.

2. List specific struggles where you need God's renewal right now.

3. Describe how the bread of life imagery impacts your faith journey.



Day 4: ✨ Spiritual Nourishment and Renewal

Prayer for Today

Lord Jesus, You are the bread of life who nourishes my soul. I come to Your table seeking renewal and strength. Refresh my heart and spirit, fill me with hope, and sustain me through each challenge. Help me to rely fully on You and grow in steadfast faith. *Thank You for Your sustaining love. Amen.* 🍞 ✨





Day 5: Living in the Power of Communion



Day 5: 🔥 Living in the Power of Communion

Your Verse

Romans 6:4 "...just as Christ was raised from the dead through the glory of the Father, we too may live a new life."

Supporting Scriptures

- *Galatians 2:20 "I have been crucified with Christ and I no longer live, but Christ lives in me."*
- *2 Corinthians 13:14 "The grace of the Lord Jesus Christ, and the love of God... be with you all."*



Day 5: 🔥 Living in the Power of Communion

Devotional: Embracing New Life Through Fellowship

Communion challenges us to live transformed lives. Partaking in the body and blood of Christ is a declaration that we embrace new life—resurrected in power and purpose.

Through fellowship at the Lord's Table, we identify with Christ's death and resurrection, promising a life marked by holiness, love, and obedience. This experience empowers us to walk courageously, reflecting God's grace daily.

Communion is a continual reminder that through Christ, we are made new. It calls us to embody this renewal by living out our faith visibly—serving others, pursuing unity, and growing in Christlikeness.

As you close this study, meditate on living in the power God grants through communion and fellowship.



Reflect and Apply

1. How does communion inspire you to live a new life in Christ?

2. What practical steps can you take to reflect Christ's love more vividly?

3. In what ways can fellowship with believers encourage your spiritual growth?



Day 5: 🔥 Living in the Power of Communion

Journaling Prompts

1. Write about what it means for you to be made new in Christ.

2. List areas of your life where you want to see transformation.

3. Describe how you can use fellowship to strengthen your faith walk.



Day 5: 🔥 Living in the Power of Communion

Prayer for Today

Father God, thank You for the new life given through Christ's sacrifice. Help me to live out this transformation daily, empowered by Your Spirit and united in fellowship with others. May my life be a testimony of Your grace and love. Guide me in walking boldly and serving faithfully. *In Jesus' mighty name, Amen.* 🔥 ✚ 🙏 ❤️





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