



Fellowship in Care Groups



Discover the power of small group fellowship to encourage, uplift, and deepen your faith through meaningful connections.



Table of contents

| | |
|--|----|
| <u>Introduction</u> | 3 |
| <u>Day 1: 🍷 The Heart of Fellowship</u> | 4 |
| <u>Day 2: 🌱 Growing Together in Faith</u> | 10 |
| <u>Day 3: 💬 Sharing Life Transparently</u> | 16 |
| <u>Day 4: 🎉 Celebrating Together</u> | 22 |
| <u>Day 5: 🔥 Empowered to Encourage</u> | 28 |



Introduction

Welcome to our 5-day Bible study on Fellowship in Care Groups! In our busy world, connecting deeply with others can sometimes feel challenging, yet it is vital for our spiritual growth and encouragement. *Fellowship in small groups*, such as care groups, provides a unique opportunity to experience genuine support, accountability, and encouragement within the body of Christ.

The early church modeled this beautifully as believers met in homes, shared their lives, prayed together, and cared for one another (Acts 2:42-47). This intimate setting allowed relationships to flourish and faith to grow robustly. Similarly, today's care groups offer a nurturing space where encouragement flows freely and burdens are shared.

Throughout this study, we'll explore God's design for fellowship, the blessings it brings, and how small groups can be a source of joy, strength, and inspiration. Whether you are new to care groups or a seasoned member, these reflections and scriptures will encourage you to lean into these smaller circles of faith to find renewed hope and purpose.

Join us as we dive into scripture and discover how embracing care groups can deepen your walk with God and others. Let's open our hearts and be transformed by the power of Christian fellowship!





Day 1: 🤝 The Heart of Fellowship



Day 1: 🍷 The Heart of Fellowship

Your Verse

Acts 2:42 NIV - "They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer."

Supporting Scriptures

- *Hebrews 10:24-25 - "Let us consider how we may spur one another on toward love and good deeds, not giving up meeting together..."*
- *1 John 1:7 - "...and the blood of Jesus, his Son, purifies us from all sin."*



Day 1: 🧡 The Heart of Fellowship

Devotional: Devoted to Deepening Fellowship

Fellowship isn't just a casual meet-up; it is a deliberate devotion to connection and spiritual growth. Acts 2:42 highlights the early believers' commitment to learning, praying, and sharing life together. This devotion created a strong, supportive community that experienced God's presence tangibly.

In care groups, we echo this pattern, creating safe spaces where faith is nurtured through interaction, encouragement, and shared experiences. These smaller circles allow us to be known deeply, to confess struggles honestly, and to receive Jesus' healing grace through others' prayers and love.

Moreover, fellowship helps us persevere in faith. Hebrews reminds us not to neglect gathering together, especially to spur one another on toward love and good deeds. **It is in these intentional moments of connection that we find strength and motivation to continue following Christ.**

Today, reflect on your heart toward fellowship. Are you embracing the opportunity to connect deeply? Remember, true fellowship centers around Christ and the encouragement found in Him through one another.



Day 1: 🧡 The Heart of Fellowship

Reflect and Apply

1. How do you currently experience fellowship within your care group or community?

2. What might be holding you back from fully dedicating yourself to deep fellowship?

3. In what ways can you encourage others in your group to grow closer in faith?



Day 1: 🧡 The Heart of Fellowship

Journaling Prompts

1. Write about a memorable moment of encouragement you received in a small group.

2. List ways you can contribute to making your care group a safe space for others.

3. Reflect on how devotion to fellowship can impact your spiritual growth.



Day 1: 🧡 The Heart of Fellowship

Prayer for Today

Lord, thank You for the gift of fellowship. Help me to be devoted to connecting with others in care groups, encouraging and being encouraged in faith. Teach me to open my heart, share my journey, and receive Your love through community. Strengthen our bonds and unite us in Your purpose. May our fellowship bring glory to You and growth to our spirits. *In Jesus' name, Amen.* 🙏😊❤️





Day 2: Growing Together in Faith



Day 2: 🌱 Growing Together in Faith

Your Verse

Colossians 2:6-7 NIV - "...continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught..."

Supporting Scriptures

- *Ephesians 4:15-16 - "Speaking the truth in love... builds itself up in love..."*
- *Proverbs 27:17 - "As iron sharpens iron, so one person sharpens another."*



Devotional: Rooted and Built Up Together

Growth in faith is often not a solitary journey but one nurtured within a community. Colossians 2 speaks of being rooted and built up in Christ, imagery reflecting growth much like a plant takes nourishment to thrive. Care groups can be that fertile soil, providing the encouragement and accountability essential for strong spiritual roots.

Through heartfelt conversations and mutual support, believers help each other grow in maturity. Ephesians reminds us that growth happens as we speak truth in love and work together to build up the body. Sometimes this means gentle correction; other times, it means heartfelt encouragement.

Proverbs assures us that close relationships sharpen us like iron sharpens iron—growth comes from the give and take, the honest interactions, and prayerful support. In the safe context of care groups, we can grow confidently, knowing we're supported and challenged to become more like Christ.

Consider how your small group interactions are helping you grow. What role can you play to nurture growth in others?



Reflect and Apply

1. How has your current care group helped you grow spiritually?

2. Are there areas in your faith where you would welcome more encouragement or ‘iron sharpening’?

3. How can you contribute truth and love to foster growth in your group?



Day 2: 🌱 Growing Together in Faith

Journaling Prompts

1. Describe a time when someone in your group helped you grow closer to Christ.

2. Write down specific ways your group could become a deeper growing environment.

3. Reflect on your personal spiritual growth and areas to develop.



Day 2: 🌱 Growing Together in Faith

Prayer for Today

Heavenly Father, thank You for the community You provide for growth. Help me to be rooted deeply in You and to encourage others in love and truth. May our care groups be places where faith flourishes, and we sharpen one another in grace. Give me wisdom to speak with kindness and courage to receive correction. Strengthen our bond so that together we reflect Your character ever more fully. *In Jesus' name, Amen.* 🌿💛📖





Day 3: Sharing Life Transparently



Your Verse

James 5:16 NIV - "Therefore confess your sins to each other and pray for each other so that you may be healed."

Supporting Scriptures

- *Galatians 6:2 - "Carry each other's burdens, and in this way you will fulfill the law of Christ."*
- *Ecclesiastes 4:9-10 - "Two are better than one... If either of them falls down, one can help the other up."*



Devotional: Healing Through Honest Sharing

The beauty of fellowship emerges when we share life openly, including our struggles. James encourages believers to confess sins and pray for one another, not only as a path to healing but to deepen relational trust.

Care groups become sanctuaries where vulnerability is met with grace and support. This openness allows burdens to be carried together, illustrating Christ's command in Galatians to bear one another's burdens.

Ecclesiastes reminds us that life's challenges are easier when faced with trusted companions. Falling down does not mean defeat if we have others to help us rise again. In care groups, honesty builds connection and fosters emotional and spiritual healing.

Ask yourself today: How transparent are you in your group? What might God be calling you to share for mutual encouragement and healing?



Reflect and Apply

1. What fears or barriers do you face when being transparent with your care group?

2. How has sharing struggles with others brought healing in your life?

3. In what ways can you be more open to carrying the burdens of others?



Journaling Prompts

1. Identify a struggle you can prayerfully consider sharing with your small group.

2. Write about a time when vulnerability led to healing or encouragement.

3. Think about someone in your group who needs your support—how can you offer this?



Day 3: 💬 Sharing Life Transparently

Prayer for Today

Lord Jesus, You invite us to carry each other's burdens. Help me to walk in courage and humility to share honestly with my care group. Teach me to listen compassionately and pray fervently for others, reflecting Your healing love. Bind us together through transparency and grace, that we find strength, comfort, and wholeness in You and each other. *In Your precious name, Amen.*





Day 4: 🎉 Celebrating Together



Day 4: 🎉 Celebrating Together

Your Verse

Romans 12:15 NIV – "Rejoice with those who rejoice; mourn with those who mourn."

Supporting Scriptures

- *Psalm 133:1 – "How good and pleasant it is when God's people live together in unity!"*
- *Philippians 2:3-4 – "Let each of you look not only to his own interests but also to the interests of others."*



Day 4: 🎉 Celebrating Together

Devotional: Unified in Joy and Sorrow

Fellowship means sharing joys as well as sorrows. Romans points us to the sacred call to rejoice and mourn alongside each other. This emotional accompaniment reinforces unity and builds deep relational bonds.

Care groups foster a culture where celebrations are heartfelt and challenges are met with empathy. Psalm 133 beautifully portrays the unity God desires among His people — a unity that produces blessing and peace.

Philippians exhorts us to look out for others' interests, emphasizing selflessness in relationships. Celebrating together strengthens faith, creates memories, and uplifts weary hearts. This mutual care is vital for sustaining long-term encouragement in smaller circles.

Consider how you participate in your group's celebrations and support systems. How might you encourage greater unity through joyful and empathetic presence?



Day 4: 🎉 Celebrating Together

Reflect and Apply

1. How do you express joy and empathy within your care group?

2. What impact does celebrating together have on your relationships and faith?

3. How can you be more intentional about supporting others emotionally?



Day 4: 🎉 Celebrating Together

Journaling Prompts

1. Recall a time your group celebrated a milestone—how did it affect you?

2. Write about a sorrow shared in your group and how you offered or received comfort.

3. List ways you can cultivate unity and empathy in your care group.



Day 4: 🎉 Celebrating Together

Prayer for Today

Father God, thank You for the gift of community. Help me to rejoice genuinely with those who celebrate and to mourn sincerely with those who face hardships. Teach me selflessness so that I may truly care for others' needs as for my own. May our care groups be places of unity, peace, and heartfelt support that reflect Your love. *In Jesus' name, Amen.* 🎉 😊 🙏





Day 5: 🔥 Empowered to Encourage



Day 5: 🔥 Empowered to Encourage

Your Verse

1 Thessalonians 5:11 NIV - "Therefore encourage one another and build each other up..."

Supporting Scriptures

- *2 Corinthians 1:3-4 - "Praise be to the God... the Father of compassion and the God of all comfort, who comforts us in all our troubles..."*
- *Romans 15:5-6 - "May the God who gives endurance and encouragement give you the same attitude of mind..."*



Day 5: 🔥 Empowered to Encourage

Devotional: Building Up Through Encouragement

Encouragement is a powerful balm in God's family, and care groups are vital platforms to give and receive this ministry. Paul reminds the Thessalonians to build each other up continually — a call that resounds for us today in our smaller fellowship circles.

2 Corinthians reveals that our comfort from God enables us to comfort others —it is a beautiful cycle of grace and empowerment. When we receive God's encouragement, our spirits are strengthened to uplift others even amidst challenges.

Romans encourages endurance and unity through shared encouragement, building a community marked by hope and love. As we embrace this empowering role in care groups, we help create environments where everyone feels loved, valued, and spiritually energized.

Reflect on how you can actively encourage your group members this week. What practical steps will you take to be a source of strength?



Day 5: 🔥 Empowered to Encourage

Reflect and Apply

1. Who in your care group might need encouragement today?

2. How has receiving encouragement impacted your faith journey?

3. What are specific ways you can build others up this week?



Day 5: 🔥 Empowered to Encourage

Journaling Prompts

1. Write about a time you encouraged someone and the effect it had.

2. List practical ideas for offering encouragement in your group setting.

3. Reflect on how God has encouraged you during difficult seasons.



Day 5: 🔥 Empowered to Encourage

Prayer for Today

Gracious Lord, fill my heart with Your encouragement so I may uplift others. Empower me to be a source of comfort and strength in my care group. Help me to build others up in love and unity, reflecting Your enduring grace. Teach me to be sensitive to others' needs and to respond with kindness and hope. May our care groups shine as beacons of encouragement in Your name.

Amen. 💪 ❤️ 🙏





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