# Fellowship in Marriage Restoration



Explore the power of fellowship as couples walk alongside each other in restoring and strengthening their marriages through God's love.





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#### Introduction

**Fellowship** is the beautiful bond that God creates between believers, designed to strengthen, encourage, and restore us in every relationship, especially marriage. When couples walk alongside other couples in *fellowship*, they discover a shared journey of healing and growth rooted in Christ's unconditional love. Marriage restoration is rarely a path walked alone; it blossoms within community, where vulnerability and honesty are met with grace and support.

In this 5-day study, we will dive deeply into how fellowship among couples can bring renewal, hope, and strength. You'll explore scripture that highlights the blessings of walking together, bearing each other's burdens, and growing in unity through God's Spirit. As each couple shares their journey, they reflect the heart of God who desires full restoration—not only individually but as a couple and community.

Imagine a circle of couples leaning on one another, sharing victories and struggles, praying together, and holding fast to God's promises. This intentional fellowship builds a powerful network of love and accountability that fosters healing in all areas of marriage. Join this journey with an open heart ready to receive and to give support, knowing that Jesus is at the center of every restored relationship. Together, we will uncover how true fellowship can transform marriage struggles into testimonies of God's redeeming grace. Let's embrace walking alongside other couples and discover the power of fellowship in marriage restoration.









# Day 1: The Gift of Fellowship









Day 1: 🍑 The Gift of Fellowship

#### Your Verse

Ecclesiastes 4:9-10 NIV: 'Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up.'

### **Supporting Scriptures**

- Hebrews 10:24–25: 'Let us consider how we may spur one another on toward love and good deeds, not giving up meeting together.'
- Romans 12:10: 'Be devoted to one another in love. Honor one another above yourselves.'







Day 1: 🍑 The Gift of Fellowship

### Devotional: The Blessing of Walking Together

#### Fellowship is a precious gift from God, especially in marriage restoration.

Ecclesiastes 4:9–10 reminds us that life is better when we walk together. For couples seeking restoration, having another couple to lean on makes the journey less lonely and more fruitful. Restoration often requires leaning on others for encouragement, accountability, and prayer support—fellowship creates this safe space.

In marriage struggles, pride and fear can isolate couples, making recovery harder. But when couples intentionally come together in fellowship, they reflect God's heart of communal care. *Hebrews encourages us not to give up meeting together, because fellowship fuels perseverance and spiritual growth.* A community of couples can spur one another on toward love, healing, and unity.

Today, consider how walking alongside other couples can be a healing balm for your marriage. Take the first step to invite or join a couple who understands your journey. God designed us for relationship—not isolation—and fellowship is the channel through which He pours grace and strength.







Day 1: Ծ The Gift of Fellowship

# Reflect and Apply

In what ways has fellowship helped you feel supported in your marriage struggles?
What fears or barriers might be keeping you from engaging deeply with other couples?
How can embracing fellowship bring fresh strength to your restoration journey?







Day 1: Ծ The Gift of Fellowship

# **Journaling Prompts**

	Write about a time another couple's encouragement impacted your marriage.
2.	List ways you can initiate fellowship with other couples this week.
	Reflect on what community means to you in the context of marriage restoration.







Day 1: 🍑 The Gift of Fellowship

### Prayer for Today

**Heavenly Father,** thank You for the gift of fellowship and the strength it brings. Help us to courageously step into community with other couples walking a similar path. May we be vessels of Your grace, encouragement, and love, supporting one another through every challenge. Teach us to uplift and carry each other's burdens, reflecting Your heart in our marriages. Unite us in Your Spirit and restore what has been broken. In Jesus' name, *Amen*.









# Day 2: V Bearing One Another's Burdens









#### Your Verse

Galatians 6:2 NIV: 'Carry each other's burdens, and in this way you will fulfill the law of Christ.'

### **Supporting Scriptures**

- Ecclesiastes 4:12: 'Though one may be overpowered, two can defend themselves.'
- 1 Thessalonians 5:11: 'Encourage one another and build each other up.'







Day 2: 

Bearing One Another's Burdens

### Devotional: Sharing Burdens Lightens the Load

Marriage restoration journeys are often weighted with burdens—pain, past wounds, disappointment. *Galatians 6:2 calls us to share and carry one another's burdens.* When couples come alongside each other in fellowship, burdens become lighter and hope is renewed. This biblical call encourages deep empathy, vulnerability, and active support among believers.

Couples walking alone may feel overwhelmed by the challenges before them, but together, they find strength to resist defeat and temptation. Ecclesiastes 4:12 boldly declares that multiple partners in fellowship create a protective force against struggles. This protection includes prayers, accountability, and practical help.

Let today's reflection encourage couples to be willing not only to receive support but also to bear the burdens of others. Healing marriages require mutual investment—both in giving grace and accepting help. Fellowship is the place where Christ's law of love comes alive, knitting couples tighter in restoration.







Day 2: **(**) Bearing One Another's Burdens

# Reflect and Apply

1.	What burdens are you currently carrying in your marriage that could be shared with others?
2.	How can your couple support another couple going through a difficult season?
	What fears or hesitations do you have about being vulnerable in fellowship?







Day 2: **(**) Bearing One Another's Burdens

# **Journaling Prompts**

1.	Describe how it feels to share your struggles with another couple.
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2.	List ways you can practically carry burdens for or with other couples.
2	Reflect on how Jesus modeled bearing burdens for us.
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Day 2: 

Bearing One Another's Burdens

# Prayer for Today

**Lord Jesus,** You bore our burdens and call us to do the same for each other. Help us to be open and willing to share our struggles with trusted couples. Teach us to lovingly bear one another's burdens, offering grace and strength as You do for us. May our marriages be restored through this holy partnership, filled with Your peace and hope. In Your precious name, *Amen*.



















#### Your Verse

Hebrews 10:24 NIV: 'And let us consider how we may spur one another on toward love and good deeds.'

### **Supporting Scriptures**

- 1 Corinthians 13:4–7: 'Love is patient, love is kind... keeps no record of wrongs.'
- Colossians 3:13: 'Bear with each other and forgive one another if any of you has a grievance...'







### Devotional: Encouraging Love and Forgiveness Together

Fellowship among couples is not merely about meeting or sharing struggles —it's an active call to spur one another toward deeper love and action.

Hebrews 10:24 emphasizes the importance of encouraging love and good deeds, especially as couples heal and restore their marriages. When couples come together, they inspire growth in patience, kindness, forgiveness, and a willingness to persevere.

1 Corinthians 13 reminds us that love is foundational, characterized by endurance and grace. It's easy to grow weary or cynical during restoration, but fellowship breathes new life and encouragement into tired hearts. Likewise, Colossians 3 calls couples to forgiveness and gentle endurance, critical ingredients for restored unions.

Today, ask yourself how your fellowship can be a catalyst for renewed commitment and love in your marriage and others. Let your words and actions spur growth and healing, reflecting Christ's love to your community of couples.







# Reflect and Apply

1.	How have other couples inspired love and forgiveness in your marriage?
	What small actions can you take this week to encourage another couple toward love?
	Are there ways your marriage can grow stronger through mutual encouragement?







# **Journaling Prompts**

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# Prayer for Today

**Gracious Father,** Thank You for calling us to spur one another toward love and good deeds. Encourage our hearts to model Your patience, kindness, and forgiveness in our marriages and fellowships. Strengthen us to uplift other couples, offering grace and hope as You heal each relationship. May our lives demonstrate Your love powerfully. In Jesus' loving name, *Amen*.



















Day 4: X Unity Through the Spirit

#### Your Verse

Ephesians 4:3 NIV: 'Make every effort to keep the unity of the Spirit through the bond of peace.'

### **Supporting Scriptures**

- John 17:21: 'That all of them may be one, Father, just as you are in me and I am in you.'
- Philippians 2:2: 'Make my joy complete by being like-minded, having the same love, being one in spirit and of one mind.'







Day 4: 💥 Unity Through the Spirit

# Devotional: Pursuing Spirit-Led Unity in Fellowship

Fellowship in marriage restoration flourishes when couples strive for unity through the Holy Spirit. Ephesians 4:3 urges believers to 'make every effort' to preserve unity, highlighting that it requires intentional effort rooted in peace. This unity is the foundation of a supportive and transformative community where marriages thrive in restoration.

Jesus prayed in John 17 for His followers to be united just as He and the Father are one—this perfect unity is possible through the Spirit's work in our hearts. Philippians encourages couples to be like-minded and united in love and spirit, which is vital when walking the challenging path of restoration together.

Let today's meditation inspire couples to actively pursue peace and harmony in their fellowship, creating a sanctuary where healing and growth can happen. Unity is not passive—it's cultivated by forgiveness, humility, and a shared commitment to God's purposes.







Day 4: 🎇 Unity Through the Spirit

# Reflect and Apply

	What steps can you take to promote unity and peace among couples in your fellowship?
2.	How does the Holy Spirit guide unity in your marriage and community?
	Where might God be calling you to humility or forgiveness to maintain unity?







Day 4: 🎇 Unity Through the Spirit

# **Journaling Prompts**

	Write about a time unity through the Spirit impacted your marriage restoration.
2.	List practical ways to build peace and oneness with other couples.
3.	Reflect on how being 'like-minded' strengthens fellowship in restoration.







Day 4: 💥 Unity Through the Spirit

# Prayer for Today

**Spirit of God,** guide us in making every effort to keep the unity You desire among couples. Fill our hearts with peace, humility, and love that transcend differences and difficulties. Help us to be one in spirit and mind, reflecting Christ's oneness in our marriages and fellowship groups. May Your unity be our strength as we walk together in restoration. In Jesus' name, *Amen*.



















Day 5: Forowing Together in Grace

#### Your Verse

Colossians 2:6-7 NIV: 'Continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.'

### **Supporting Scriptures**

- Psalm 133:1: 'How good and pleasant it is when God's people live together in unity!'
- James 5:16: 'Therefore confess your sins to each other and pray for each other so that you may be healed.'







Day 5: F Growing Together in Grace

### Devotional: Rooted and Growing in Jesus Together

Fellowship shines brightest as couples grow deeply rooted in Jesus and the grace He freely gives. Colossians 2:6–7 encourages believers to continue living in Christ, being built up and strengthened in faith. Similarly, marriage restoration flourishes when couples grow together in grace, accountability, and thankfulness within a community.

Psalm 133 celebrates the joy and beauty of God's people dwelling in unity—fellowship is a sacred space where growth happens through shared vulnerability and encouragement. James reminds us that confession and prayer are powerful tools in healing and strengthening relationships.

As we close this study, open your hearts to continued growth in fellowship. Let gratitude overflow as you witness God's grace renewing marriages through couples walking side by side. Embrace the journey of restoration with others and press onward in faith, hope, and love.







Day 5: 🍞 Growing Together in Grace

# Reflect and Apply

1.	How has walking in fellowship helped your marriage to grow spiritually?
2.	What practices can you and your fellowship use to continue growing in grace?
3.	How do confession and prayer foster healing among couples?







Day 5: 🍞 Growing Together in Grace

# **Journaling Prompts**

1.	. Write a letter of thanksgiving for the fellowship God has provided.
2.	Describe how being rooted in Christ has changed your marriage.
3.	. Plan ways to encourage ongoing growth with other couples.







Day 5: 😿 Growing Together in Grace

# Prayer for Today

**Father of all grace,** thank You for the fellowship and unity You provide through Your Spirit. Help us stay rooted and built up in Christ, growing stronger together day by day. Teach us to confess openly, pray earnestly, and encourage each other with love and thankfulness. May our marriages be living testimonies of Your grace and restoration. In Jesus' name, *Amen*.









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