# Finding Belonging: God's Love for Every Child



Explore God's guidance on handling feelings of exclusion and find assurance in His constant love and purpose for you.





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#### Introduction

Feeling left out can be one of the hardest experiences, especially for children. It stings to watch others play or succeed while you're on the sidelines. But the Bible offers us hope and comfort, showing us that we are never truly alone. *God sees you, values you, and has a unique plan for your life.* 

This seven-day study will guide you through Scripture stories and promises that remind you how deeply loved and important you are to God. From the story of Joseph being ignored by his brothers to Jesus' welcoming heart, you'll discover ways to manage your emotions, understand God's purpose, and find joy in who He created you to be.

Each day offers you chances to reflect, journal, and pray—tools to help you feel stronger, more confident, and connected. Even when friends or peers leave you out, remember that your true worth never depends on others' approval. God's acceptance is perfect and never fades. This week, let's start walking closer with Him, embracing His love, and learning how to respond with courage when you feel left out.  $\heartsuit$ 















#### Your Verse

Psalm 34:18 - "The Lord is close to the brokenhearted and saves those who are crushed in spirit."

#### **Supporting Scriptures**

- Isaiah 41:10 "Do not fear, for I am with you; do not be dismayed, for I am your God."
- John 14:18 "I will not leave you as orphans; I will come to you."







#### Devotional: God Understands When You Feel Alone

Have you ever felt like no one notices you or wants to include you? Feeling left out can make us feel lonely, sad, or even unimportant. But God understands these feelings deeply. In Psalm 34:18, God promises He is close to those who are brokenhearted—those who feel crushed inside because of disappointment or loneliness.

It's okay to feel sad or hurt. These feelings show you care about relationships. But remember, God's presence is always near, especially on days when you feel alone. You're never truly by yourself because He walks beside you. Even when friends or classmates leave us out, God's love never leaves us behind.

Today, think about who you can talk to about your feelings. Maybe a family member, teacher, or trusted friend. God often uses others to show His love and remind us that we belong. You can also speak to God openly about how you feel — He listens, cares, and understands more than anyone else.







# Reflect and Apply

	When was the last time you felt left out or lonely? How did it make you feel?
	How can knowing God is close change the way you handle these feelings?
3.	Who in your life could you turn to when you feel left out?





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Day 1: Day 1: Understanding Feelings of Exclusion

# **Journaling Prompts**

rite about a recent moment you felt left out. What emotions did you perience?
st three things you love about yourself that no one can take away.
rite a short prayer asking God to help you feel His closeness today.







### **Prayer for Today**

**Dear God,** thank You for always being near, especially when I feel lonely or left out. Help me to remember that I am never alone because You are with me. Please heal my hurt feelings and help me to trust Your love every day. Give me courage to reach out for the support I need and to share Your love with others. *Thank You for being my closest friend.* In Jesus' name, Amen.  $\triangle$ 

















Day 2: 🎇 Being Unique and Special

#### Your Verse

Psalm 139:14 – "I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well."

#### **Supporting Scriptures**

- Ephesians 2:10 "For we are God's handiwork, created in Christ Jesus to do good works."
- 1 Corinthians 12:14 "Even so the body is not made up of one part but of many."







Day 2: 🗱 Being Unique and Special

#### Devotional: Celebrate Your Unique God-Given Gifts

Do you ever feel like you don't fit in because you're different? Remember that God made you on purpose and with great care. Psalm 139:14 tells us we are "fearfully and wonderfully made." That means you are a masterpiece—unique and treasured by God!

Your talents, personality, and interests are part of who God created you to be. Sometimes feeling left out happens when we try to be like everyone else instead of embracing our unique qualities. God designed each of us with special gifts to add something valuable to the world.

Think about your hobbies, strengths, or ways you show kindness—they all make you special. Like parts of a body working together, every child plays an important role in God's big family. The feeling of not fitting in might actually mean God is preparing you for something extraordinary that only you can do.







Day 2: 🎇 Being Unique and Special

# Reflect and Apply

1.	What makes you unique compared to your friends or classmates?
	How can understanding you are wonderfully made help you feel confident?
3.	How can you use your gifts to help others or make new friends?







Day 2: 🗱 Being Unique and Special

# **Journaling Prompts**

Write down 5 things you love about yourself that make you special.
Describe a time when your uniqueness helped you or someone else.
Pray and thank God for creating you exactly as you are.







Day 2: 🎇 Being Unique and Special

#### Prayer for Today

Heavenly Father, thank You for making me beautifully and wonderfully. Help me to see myself through Your eyes and to love what makes me different. Teach me how to use my gifts for Your glory and to bless others. When I feel left out, remind me that Your plan for me is special and perfect. Give me joy in being uniquely Yours. *In Jesus' name, Amen.* 









# Day 3: 🍑 Jesus Welcomes Everyone









Day 3: 🎔 Jesus Welcomes Everyone

#### Your Verse

Matthew 19:14 – "Jesus said, 'Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."

#### **Supporting Scriptures**

- Mark 10:16 "He took the children in his arms, placed his hands on them and blessed them."
- Luke 18:17 "Truly I tell you, anyone who will not receive the kingdom of God like a little child will never enter it."







Day 3: 🎔 Jesus Welcomes Everyone

#### Devotional: Jesus Invites You to Belong to Him

Have you ever felt left out or unwanted? Jesus wants you to know that you are always welcome in His arms. When children were brought to Jesus, He welcomed them warmly and even said that the kingdom of heaven belongs to those like children. This shows us how special we are to Him — no matter what anyone else thinks.

Jesus never excludes or ignores anyone. If you ever feel left out by friends or others, remember that Jesus invites you to come close, to be loved, and to belong with Him. His love does not depend on how popular or accepted you are by others. You have an eternal place with Him.

Today, imagine Jesus holding you with kindness and peace. When you feel lonely or left out, you can pray and ask Jesus to remind you how much He loves and values you. No matter what happens outside, your true home is with Jesus.







Day 3: 🌣 Jesus Welcomes Everyone

# Reflect and Apply

1.	What does it mean that Jesus welcomes you like a child?
2.	How can remembering Jesus' love help you when friends leave you out?
3.	How can you show Jesus' welcoming heart to others?







Day 3: 🌣 Jesus Welcomes Everyone

### **Journaling Prompts**

1.	Write a prayer asking Jesus to help you feel His welcome today.
2.	Describe what it feels like to know Jesus loves you no matter what.
	Think of someone else who may feel left out and write how you can include them.







Day 3: 🌣 Jesus Welcomes Everyone

#### Prayer for Today

**Dear Jesus,** thank You for loving me just as I am and welcoming me into Your kingdom. Help me to remember Your kindness when I feel lonely or left out. Teach me to show Your love to others who may also feel unwanted. Let Your peace fill my heart today and always. *In Your name, Amen.*  $\heartsuit$   $\bigcirc$   $\wedge$   $\wedge$ 















#### Your Verse

Joshua 1:9 - "Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

#### **Supporting Scriptures**

- Isaiah 40:31 "But those who hope in the Lord will renew their strength."
- Philippians 4:13 "I can do all this through him who gives me strength."







#### Devotional: Be Courageous with God's Strength

Feeling left out can make you doubt yourself or feel weak inside. But God's Word reminds us to be strong and courageous because He is always with us. Joshua was about to lead God's people into a new adventure, and God encouraged him to trust His presence and promises — the same is true for you!

You don't have to rely only on your own strength. God gives you courage and power to face difficult feelings and situations. When others make you feel left out, you can ask God for help to keep going and to be brave. His strength fills you up and renews your heart every day.

Remember Philippians 4:13: through God, you can handle anything that comes your way. So stand tall knowing that you are supported by the strongest friend. This support helps you overcome sadness or fear that comes with exclusion.







# Reflect and Apply

1.	What does it mean to be strong and courageous with God's help?
2.	In what situations do you need God's strength most?
3.	How can trusting God change how you respond when you feel left out?







# **Journaling Prompts**

1.	Write about a time you felt brave because God helped you.
2.	Make a list of God's promises that give you courage.
3.	Pray for courage and strength to face any feelings of exclusion.







#### Prayer for Today

**Lord God,** thank You for Your promises to always be with me. When I feel weak or left out, please fill me with Your courage and strength. Help me trust You more and not give in to fear or sadness. Remind me that with You, I can face anything. *Thank You for being my greatest source of power and hope.* Amen.







# Day 5: Day 5: Day 5: Out









Day 5: V Loving Others Even When Left Out

#### Your Verse

Romans 12:10 – "Be devoted to one another in love. Honor one another above yourselves."

#### **Supporting Scriptures**

- Luke 6:27 "Love your enemies, do good to those who hate you."
- 1 John 4:7 "Dear friends, let us love one another, for love comes from God."







Day 5: W Loving Others Even When Left Out

#### Devotional: Choose Love Over Hurt and Fear

It's not easy to love others when you feel left out or hurt by them. But God challenges us to show love and honor even to those who exclude or disappoint us. Romans 12:10 teaches us to care deeply for one another and honor others above ourselves.

Showing kindness when others don't include you is a powerful way to reflect God's love. Sometimes those who leave us out are struggling too. Your love might be an answer to their own feelings of loneliness or pain.

By choosing love over anger or bitterness, you become a light in a dark place. It doesn't mean you have to be best friends with everyone, but praying for and being kind to those who hurt you brings healing to your heart and theirs. Remember, love always wins.







Day 5: 🞾 Loving Others Even When Left Out

# Reflect and Apply

	How does loving others, even when they leave you out, reflect God's heart?
2.	What are some ways you can show kindness to those who hurt you?
3.	How does choosing love help your own feelings of loneliness or sadness?







Day 5: 🞾 Loving Others Even When Left Out

# **Journaling Prompts**

1.	Write about a time you showed kindness to someone who hurt you.
2.	List ways you can show love to people who exclude others.
3.	Pray for the ability to love even when it's hard.







Day 5: W Loving Others Even When Left Out

#### Prayer for Today

**Dear God,** help me to love others even when I feel hurt or left out. Teach me how to forgive and show kindness, just as You love me. Give me a heart that chooses love over anger and makes peace instead of bitterness. Thank You for loving me no matter what. *In Jesus' name, Amen.*  $\heartsuit$   $\heartsuit$   $\clubsuit$ 

















#### Your Verse

Romans 8:38–39 – "Nothing in all creation will be able to separate us from the love of God that is in Christ Jesus our Lord."

#### **Supporting Scriptures**

- Jeremiah 29:11 "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you."
- Psalm 147:3 "He heals the brokenhearted and binds up their wounds."







#### Devotional: Hold Tight to God's Unbreakable Love

When you feel left out, it can be easy to think you are forgotten or unloved. But Romans 8:38–39 reminds us nothing can separate us from God's incredible love. Not people's actions, not circumstances, not even our own feelings.

This hope is a lifeline when everything feels hard. God has good plans for your future, plans filled with hope and purpose. Even when friends don't include you, God is working behind the scenes to heal your heart and prepare something wonderful for your life.

Hold onto that hope today. Trust that God sees your pain and is caring for you with a love so strong that nothing can break it. When you feel rejected, remember you belong to God's family forever, and that's the most important belonging of all.







# Reflect and Apply

1.	What does it mean that nothing can separate you from God's love?
2.	How does knowing God has a plan for you change your outlook?
3.	How can hope in God help you during lonely times?







# **Journaling Prompts**

1.	Write about how God's love has helped you before.
2.	Describe your hopes for the future with God's help.
3.	Pray for faith to trust God's plan when feeling left out.







### **Prayer for Today**

**Lord,** thank You that Your love never fails and never leaves me. Help me to hold on to hope even when I feel left out or lonely. Remind me that You have good plans for my life and that I am part of Your family forever. Heal my heart and help me trust in Your unfailing love. *In Jesus' name, Amen.* \*







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#### Your Verse

1 John 3:1 – "See what great love the Father has lavished on us, that we should be called children of God!"

#### **Supporting Scriptures**

- Galatians 3:26 "You are all children of God through faith in Christ Jesus."
- Ephesians 2:19 "Consequently, you are no longer foreigners and strangers, but fellow citizens with God's people."







#### Devotional: Celebrate Your Place as God's Child

No matter what anyone else says or does, you are deeply loved and accepted by God. 1 John 3:1 reminds us that God calls us His children, lavishing His great love on us. This means you have a place where you truly belong — in God's family.

This belonging is permanent and perfect. Even if you feel left out in school or at home, God's family welcomes you with open arms. Through faith in Jesus, you become part of a community that cares, supports, and loves unconditionally.

Today, celebrate this belonging! Thank God that His family includes you. Look for ways to connect with others who love God too. When you lean into God's family, you will find friends who accept you and a sense of belonging that lasts forever.







# Reflect and Apply

What does it mean to be called a child of God?
How can knowing you belong to God's family change the way you feel?
How can you share God's love and belonging with others?







# **Journaling Prompts**

1.	Write about what it feels like to be part of God's family.
2.	List ways you can connect with other believers and build friendship.
3.	Pray a prayer of thanks for God's love and your belonging.







#### Prayer for Today

**Father,** thank You for calling me Your child and loving me so much. Help me to know deep in my heart that I belong to Your family, no matter how I feel on the outside. Thank You for the friends and family You provide. Help me to show Your love to others and to live as Your beloved child every day. *In Jesus'* name, Amen. 🙌 💚 🙏 🥖







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