



# Finding God in Life's Tragedies



Discover God's presence and comfort in times of tragedy through Scripture, reflection, and hope over 21 days of inspiring study.

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## Introduction

Life sometimes brings moments of deep pain, sorrow, and tragedy that can shake our faith and leave us wondering, *"Where is God in all of this?"* In this 21-day Bible study plan, we will journey through Scripture to explore how God is present with us even in our darkest hours. **Tragedies are hard, but they are not the end of the story.**

We will look closely at stories from the Bible that reveal God's faithfulness when human circumstances seem hopeless, His compassion when hearts are broken, and His power to bring redemption from suffering. Through prayer, reflection, and scripture, you will learn to recognize God's comforting presence and find strength to persevere.

*Understanding where God is in tragedies does not minimize pain but gives hope and assurance that you are never alone.* This study will help you remind your heart that God walks with you in the valley, hears your cries, and holds you close. His love never fails, and He works all things—even tragedies—for good for those who love Him (Romans 8:28).

Each day includes a primary scripture passage, supporting verses, a devotional to encourage and challenge, reflective questions to engage your heart, journaling prompts for deeper thought, and a prayer to connect with God.



**Let us open our hearts to God's truth, lean on His promises, and find peace in His presence through this time of study.**





## Day 1: 🕊️ God's Presence in Pain



## Your Verse

*Psalm 34:18 – The LORD is close to the brokenhearted and saves those who are crushed in spirit.*

## Supporting Scriptures

- *Isaiah 41:10 – "So do not fear, for I am with you; do not be dismayed, for I am your God."*
- *2 Corinthians 1:3–4 – "The God of all comfort, who comforts us in all our troubles."*



## Devotional: God's Nearness to the Brokenhearted

**When tragedy strikes, the heart often feels shattered and alone.** But the psalmist reminds us that God is not distant; He is especially close to those whose hearts are broken. His presence is not abstract but personal and tender.

God does not promise a life free of pain, but He promises to be near when pain comes. This nearness brings comfort and strength. It means your cries do not fall on deaf ears; God sees your tears and understands your sorrow.

*In times of tragedy, turning to God with your pain invites His healing presence to fill the broken places.* He saves those crushed in spirit, not by instantly taking away the pain, but by carrying you through it. Remembering this truth can help you find hope even in the darkest moments.

**Today, focus on God's closeness in your pain. You are not alone.**





## Reflect and Apply

1. How do you currently perceive God's presence in your suffering?

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2. Can you recall a time God felt especially close during a difficult moment?

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3. What barriers keep you from trusting God with your pain?

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## Journaling Prompts

1. Write about a recent experience where you felt brokenhearted.

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2. List ways God has comforted you in the past.

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3. Describe what it means to you that God is close when you suffer.

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Day 1: 🕊️ God's Presence in Pain

## Prayer for Today

**Lord, thank You that You are close to me when I am brokenhearted.** Help me to feel Your presence and rest in Your comfort today. When tragedy overwhelms, remind me that I am not alone, for You are with me. Strengthen my faith to trust You even when I cannot see the way. Heal my crushed spirit and fill me with Your peace. *Thank You for loving me so deeply.* Amen. 🙏❤️





## Day 2: 🔥 God's Sovereignty in Suffering



## Day 2: 🔥 God's Sovereignty in Suffering

## Your Verse

*Romans 8:28 - And we know that in all things God works for the good of those who love him, who have been called according to his purpose.*

## Supporting Scriptures

- *Genesis 50:20 - You intended to harm me, but God intended it for good.*
- *Jeremiah 29:11 - I know the plans I have for you, declares the LORD.*



## Day 2: 🔥 God's Sovereignty in Suffering

## Devotional: God Works All Things for Good

**Tragedies often leave us questioning the fairness of life and God's control.** But Romans 8:28 reminds us that God is sovereign and can bring good out of even the worst situations. He is not powerless or indifferent to suffering.

Joseph's story in Genesis 50 beautifully illustrates this truth. His brothers meant evil by selling him into slavery, but God used it all as part of a larger plan to save many lives, including Joseph's family.

*God's sovereignty does not erase the pain of tragedy but assures us that our suffering is not meaningless or random.* He redeems what seems lost and weaves trials into His good and purposeful plan. Trusting this truth can give us hope amidst uncertainty.

**Today, rest in the confidence that God governs all things for your ultimate good.**



Day 2: 🔥 God's Sovereignty in Suffering

## Reflect and Apply

1. How does knowing God is sovereign affect your view of tragedy?

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2. Are there past sufferings you now see God redeemed?

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3. What fears or doubts arise when you think about God's control in your hardships?

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Day 2: 🔥 God's Sovereignty in Suffering

# Journaling Prompts

1. Describe a difficult situation that you believe God worked through for good.

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2. Write a prayer surrendering control to God's sovereign plan.

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3. List ways you can remind yourself of God's sovereignty today.

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Day 2: 🔥 God's Sovereignty in Suffering

## Prayer for Today

**Father, thank You for Your sovereign love over my life.** Help me to trust You when I do not understand the tragedies that come my way. Teach me to see beyond the pain to the good You are working, even when it's hidden. Strengthen my faith to surrender my fears and rest in Your perfect plan. Guide me through the unknown with confidence in Your unfailing care. Amen. 🌿





## Day 3: 💧 God's Compassion Amidst Tears



## Your Verse

*Matthew 5:4 – Blessed are those who mourn, for they will be comforted.*

## Supporting Scriptures

- *Revelation 21:4 – He will wipe every tear from their eyes.*
- *Psalms 147:3 – He heals the brokenhearted and binds up their wounds.*



## Devotional: Jesus Comforts Those Who Mourn

**Grief can feel unbearable, but Jesus promised comfort to those who mourn. Mourning is not a sign of weak faith; it is an honest expression of the heart. God honors our tears and meets us in our sorrow with deep compassion.**

The vision in Revelation shows us a future hope when God will wipe away every tear—no pain, no death, only perfect peace. Until that day, He is near to the brokenhearted and actively working to heal our wounds.

*Allowing yourself to grieve while leaning on God invites His healing grace into your life.* God's compassion is not passive; He enters our suffering and offers Himself as the ultimate comfort.

**Today, bring your grief to God and receive His tender comfort.**



## Reflect and Apply

1. How do you respond emotionally and spiritually when facing grief?

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2. In what ways have you experienced God's comfort in mourning?

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3. What prevents you from fully giving your sorrow to God?

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# Journaling Prompts

1. Write about someone or something you are mourning.

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2. Express your feelings honestly to God in a letter.

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3. List Bible promises that bring you comfort in sorrow.

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Day 3: 💧 God's Compassion Amidst Tears

## Prayer for Today

Dear Jesus, You know my pain and grief. Thank You for blessing those who mourn and promising comfort. Please soothe my aching heart and heal my brokenness. Help me to lean into Your compassion and rest in Your loving arms during my sorrow. Let me feel Your peace in the midst of tears and hold onto hope for the day You'll wipe them all away. Amen. 💔👉🙏🌈





## Day 4: God as Our Refuge





## Day 4: 🛡️ God as Our Refuge

## Your Verse

*Psalm 46:1 – God is our refuge and strength, an ever-present help in trouble.*

## Supporting Scriptures

- *Psalm 91:2 – My refuge and my fortress, my God, in whom I trust.*
- *Nahum 1:7 – The LORD is good, a refuge in times of trouble.*



## Devotional: Trusting God as Your Safe Refuge

**When tragedy strikes, finding a safe place to rest is urgent.** God invites us to take refuge in Him—a fortress of safety where we are shielded from overwhelming fear and despair.

Psalm 46 emphasizes that God is not only strong, but always present to help. His presence is our security amid uncertain circumstances. This refuge provides peace and renewed strength for the journey.

*Choosing to trust God as your refuge in trial transforms fear into faith and weakness into courage.* He does not promise to prevent trouble, but promises to be a sanctuary through it.

**Today, run to God as your strong refuge and find rest in His powerful care.**



## Reflect and Apply

1. Where do you typically seek refuge when life feels overwhelming?

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2. What obstacles keep you from fully trusting God as your refuge?

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3. How can you remind yourself of God's presence when fear arises?

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# Journaling Prompts

1. Describe what it means to you that God is your refuge.

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2. Write about times when God has been your strength in trials.

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3. List practical ways to 'run to God' when trouble comes.

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## Day 4: 🛡️ God as Our Refuge

## Prayer for Today

**Lord, You are my refuge and strength in every trouble.** Help me to trust You completely and to run into Your arms when I feel afraid or overwhelmed. Fill me with courage and peace that only You can give. Thank You for being an ever-present help in my times of need. I choose to rest in Your power and protection today. Amen. 🛡️ 🙏 🌿 💪





## Day 5: 🔥 Hope Beyond Tragedy



## Your Verse

*Romans 15:13 – May the God of hope fill you with all joy and peace as you trust in him.*

## Supporting Scriptures

- *Jeremiah 17:7 – Blessed is the one who trusts in the LORD, whose confidence is in him.*
- *1 Peter 1:3 – A living hope through the resurrection of Jesus Christ.*



## Devotional: God's Hope Fills You with Peace

**Tragedy can feel like an end, but for the believer, it marks a new beginning filled with hope.** Romans 15:13 reminds us that God is the source of all hope, capable of filling us with joy and peace amid trials.

Trusting God plants deep roots that sustain us and enable us to bloom again after the storm. Our confidence is not based on circumstances but on the unchanging character of God and the resurrection power of Jesus.

*Hope anchors the soul and lights the way forward even when the path seems dark.* It reminds us that God's promises are true and that joy and peace are possible despite pain.

**Today, let hope in God renew your heart and strengthen your spirit.**





## Reflect and Apply

1. How has hope helped you endure difficulties in the past?

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2. What keeps hope alive in moments of despair?

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3. How can embracing hope transform your view of tragedy?

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# Journaling Prompts

1. Write about what hope means to you personally.

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2. List scriptures that encourage hope in hard times.

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3. Reflect on how trusting God has brought you joy and peace.

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## Prayer for Today

**God of hope, fill me with Your joy and peace as I trust in You.** Renew my spirit and help me cling to Your promises when life feels overwhelming. Strengthen my confidence in Your love and the resurrection power of Jesus. May hope shine brightly in my heart, guiding me forward through every challenge.

Amen. ✨🙏❤️🌿





## Day 6: Light in the Darkness




## Your Verse

*John 1:5 - The light shines in the darkness, and the darkness has not overcome it.*

## Supporting Scriptures

- *Psalm 18:28 - You, LORD, keep my lamp burning; my God turns my darkness into light.*
- *Isaiah 9:2 - The people walking in darkness have seen a great light.*



Day 6:  Light in the Darkness

## Devotional: Jesus Shines Bright in Darkness

**Darkness** often describes the experience of tragedy—fear, confusion, and **despair**. Yet John tells us the light of Jesus shines powerfully into any darkness, and darkness can never overcome this light.

Like a lamp in a dark room, God's presence illuminates our path and dispels fear. The prophecy in Isaiah shows this promise fulfilled in Jesus, who brings hope and clarity to those lost in shadows.

*We can live with assurance that no matter how thick the darkness seems, God's light is shining to guide and protect us.* Clinging to His light helps us find peace and direction when natural vision fails.

**Today, seek God's light and allow it to brighten your darkest hours.**



## Reflect and Apply

1. What parts of your life feel overshadowed by darkness right now?

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2. How have you experienced Jesus' light in hard times?

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3. What practical steps can you take to focus more on God's light today?

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# Journaling Prompts

1. Describe a dark season you walked through that ended in hope.

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2. Write out the truths about Jesus as the light in your life.

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3. List ways to remind yourself of God's presence when overwhelmed.

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Day 6: 🕯️ Light in the Darkness

## Prayer for Today

**Lord Jesus, You are the light that never fails.** Shine Your light into the dark places of my heart and life. Help me to trust that no darkness can overcome You. Guide my footsteps and fill me with peace as I walk through difficult times. Thank You for bringing hope where there was despair. Amen. 🕯️ ✨ 🙏





## Day 7: God Restores Brokenness



## Your Verse

*Joel 2:25 – I will restore to you the years that the swarming locust has eaten.*

## Supporting Scriptures

- *Psalms 51:12 – Restore to me the joy of your salvation.*
- *Isaiah 61:3 – To bestow on them a crown of beauty instead of ashes.*



# Devotional: God Redeems and Restores Everything Broken

**Tragedies often leave us feeling that valuable parts of life are lost forever. Yet God promises restoration—He can redeem what is broken and bring new life in its place.**

Joel speaks of God restoring years ruined by disaster. This is more than a return to the past; it is a transformation that breathes fresh hope and joy.

*God's restoration may come slowly, but it is certain.* He replaces ashes with beauty and brokenness with strength. Trusting this process can bring comfort when healing feels distant.

**Today, ask God to restore what has been lost and renew your hope.**



## Reflect and Apply

1. What areas of your life need God's restoration?

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2. How do you respond when healing takes time?

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3. What does restoration look like in your personal journey?

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# Journaling Prompts

1. Write about losses you hope God will restore.

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2. Describe ways you have already seen God's healing work.

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3. Pray about trusting God's timing and process of restoration.

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Day 7: 🌱 God Restores Brokenness

## Prayer for Today

**Heavenly Father, You are the God of restoration.** I bring my brokenness to You and ask for Your healing touch. Restore what the tragedy has taken and renew my spirit. Help me to trust Your timing and believe in the beauty You want to create from ashes. Thank You for Your infinite mercy and love. Amen. 🌱 🙏





## Day 8: Trusting God's Path





## Your Verse

*Proverbs 3:5-6 – Trust in the LORD with all your heart and lean not on your own understanding.*

## Supporting Scriptures

- *Psalm 32:8 – I will instruct you and teach you in the way you should go.*
- *Isaiah 55:8-9 – My thoughts are not your thoughts.*



## Devotional: Walking Faithfully When Paths Are Unknown

**When tragedy disrupts life, our understanding falters and questions arise. Trusting God means relying on His wisdom rather than our limited knowledge.**

Proverbs encourages us to trust fully, not leaning on our own understanding because God sees the broader picture. He promises to guide our steps and teach us the right way.

*Choosing to trust God's path during trial brings peace and courage despite uncertainty.* It acknowledges God's sovereignty and goodness even when the way is unclear.

**Today, surrender your need to understand and commit to following God's lead.**



## Reflect and Apply

1. What doubts or fears come when you face the unknown?

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2. How can you practice trusting God more actively today?

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3. In what ways has God guided you in the past?

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# Journaling Prompts

1. Write about a situation where you had to trust God blindly.

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2. List God's promises that encourage trust regardless of understanding.

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3. Commit in writing to lean on God, not on your own insight.

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Day 8: 🏔️ Trusting God's Path

## Prayer for Today

**Lord, my understanding is limited but Your wisdom is infinite.** Help me to trust You fully with all my heart and not rely on my own reasoning. Teach me Your ways and guide me down the path You have set. When I am afraid or confused, fill me with peace that comes from knowing You are in control.

Amen. 🏔️ 🙏 🧠





## Day 9: 💪 Strength in Weakness



## Your Verse

*2 Corinthians 12:9 – My grace is sufficient for you, for my power is made perfect in weakness.*

## Supporting Scriptures

- *Isaiah 40:29 – He gives strength to the weary and increases the power of the weak.*
- *Philippians 4:13 – I can do all this through him who gives me strength.*



## Devotional: God's Power Perfectly Meets Our Weakness

**Tragedy often exposes our weaknesses and limitations.** Paul's experience in 2 Corinthians reveals a powerful truth: God's grace is made perfect when we are weak.

God does not require us to be strong on our own; His power fills our insufficiency. When we are exhausted, weak, or broken, His strength upholds us.

*This truth turns our vulnerability into a place of divine strength.* Instead of being ashamed of weakness, we can rejoice because it displays God's glory more clearly.

**Today, embrace your weakness and invite God's strength to empower you.**





## Reflect and Apply

1. How do you feel about admitting weakness before God?

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2. What areas of weakness do you need God to strengthen today?

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3. How has God's grace been evident in your weaknesses?

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# Journaling Prompts

1. Write honestly about areas where you feel weak or insufficient.

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2. Reflect on a time when God's strength supported you.

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3. Pray for grace to receive God's power in your weakness.

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Day 9: 💪 Strength in Weakness

## Prayer for Today

**Lord, I confess my weakness and need for Your strength.** Thank You for letting Your power be perfect when I feel weak. Fill me with Your grace today so I may endure and overcome. Teach me to rely fully on You, knowing that in my weakness, Your glory shines brightest. Amen. 💪 🙏 ✨





## Day 10: ⌚ Patience in the Waiting



## Your Verse

*Psalm 27:14 – Wait for the LORD; be strong and take heart and wait for the LORD.*

## Supporting Scriptures

- *Isaiah 40:31 – Those who wait on the LORD will renew their strength.*
- *Lamentations 3:25-26 – The LORD is good to those who wait for him.*



## Devotional: Waiting Courageously on God

**In tragedy, waiting can be one of the hardest experiences.** Whether waiting for healing, answers, or relief, patience is challenging but essential.

Psalm 27 encourages strength and courage in waiting, reminding us that waiting on God renews us.

*Patience is not passive resignation but active trust*—a posture of hope and strength even when the outcome is uncertain.

**Today, practice waiting on God with a hopeful and courageous heart.**



## Reflect and Apply

1. What feelings arise when you have to wait during hardship?

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2. How can you cultivate patience rooted in trust?

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3. What promises encourage you to wait on God?

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# Journaling Prompts

1. Write about a season of waiting in your life.

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2. List ways waiting on God has strengthened you.

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3. Pray for strength to endure seasons of waiting.

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Day 10: 🕒 Patience in the Waiting

## Prayer for Today

**Father, help me to wait on You with strength and courage.** Teach me patience in the midst of uncertainty and hardship. Renew my hope and energy each day as I trust Your perfect timing. Thank You for Your faithfulness to those who wait. Amen. 🕒 🙏 🤝





## Day 11: 💞 God's Unfailing Love



Day 11: ❤️ God's Unfailing Love

## Your Verse

*Romans 8:38-39 - Nothing can separate us from the love of God.*

## Supporting Scriptures

- *Psalm 36:7 - How priceless is your unfailing love, O God!*
- *Lamentations 3:22-23 - Because of the LORD's great love we are not consumed.*



Day 11:  God's Unfailing Love

## Devotional: God's Love Never Fails You

**One question often asked in tragedy is: Does God still love me?** The answer from Scripture is a resounding, *Yes!*

Romans 8 reminds us that no hardship, pain, or even death can separate us from God's love. His love is constant, unshakable, and infinitely compassionate.

*God's unfailing love sustains us when everything else fails.* It is our anchor and shield amid chaos.

**Today, rest in the assurance of God's consistent, unending love for you.**



## Reflect and Apply

1. Do you believe God's love is truly unconditional?

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2. How has God's love been evident in your suffering?

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3. What insecurities or doubts about God's love do you need to surrender?

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# Journaling Prompts

1. Write about ways God has shown His love tangibly in your life.

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2. List Bible verses about God's love that encourage you.

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3. Express your gratitude to God for His unfailing love.

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Day 11: 💞 God's Unfailing Love

## Prayer for Today

**Lord, thank You that nothing can separate me from Your love.** Help me to fully believe and rest in Your unfailing love, especially in dark times. Heal any doubts and fill my heart with assurance of Your eternal care. Teach me to live anchored in Your love always. Amen. 💞 🙏 🛡️ ❤️





## Day 12: 🌈 God's Promise of New Beginnings





Day 12: 🌈 God's Promise of New Beginnings

## Your Verse

*Isaiah 43:19 - I am doing a new thing! Now it springs up; do you not perceive it?*

## Supporting Scriptures

- *Revelation 21:5 - See, I am making everything new!*
- *2 Corinthians 5:17 - If anyone is in Christ, the new creation has come.*



Day 12: 🌈 God's Promise of New Beginnings

## Devotional: Embracing God's Renewing Power

**Tragedy often feels like an ending, but God specializes in new beginnings.** Isaiah 43 reveals God's promise to do something new for His people, a fresh start that brings hope beyond past pain.

In Revelation and Corinthians, this is echoed in the promise of complete renewal through Christ.

*Trusting God for new beginnings opens your heart to hope and growth after tragedy.* It's a reminder that life with God is not a closed chapter but an unfolding story full of possibilities.

**Today, embrace God's promise to make all things new in your life.**



Day 12:  God's Promise of New Beginnings

## Reflect and Apply

1. What new beginnings do you hope to see after your tragedy?

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2. How does God's promise of renewal inspire your faith today?

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3. What steps can you take to walk into the 'new thing' God is doing?

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Day 12:  God's Promise of New Beginnings

# Journaling Prompts

1. Write about hopes for a fresh start or healing.

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2. Reflect on ways God has brought renewal in your past.

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3. Pray for courage to step into God's new work in your life.

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Day 12: 🌈 God's Promise of New Beginnings

## Prayer for Today

**God, You make all things new.** I trust in Your promise to bring new beginnings from my pain. Help me to perceive the new things You are doing in my life. Give me courage to embrace fresh hope and walk forward in faith. Thank You for Your endless grace and renewal. Amen. 🌈 🙏 ✨





## Day 13: 🤝 God as Our Comforter



## Your Verse

*2 Corinthians 1:3-4 - The God of all comfort, who comforts us in all our troubles.*

## Supporting Scriptures

- *John 14:16 - I will ask the Father, and he will give you another advocate to help you and be with you forever.*
- *Psalms 23:4 - I will fear no evil, for you are with me.*



## Devotional: God's Comfort in Our Trials

**In tragedy, we often feel isolated and overwhelmed. But God reassures us that He is the ultimate comforter, present in every trouble.**

Paul speaks of God as a source of all comfort, who equips us to comfort others in their troubles as well. Jesus promises the Holy Spirit, our constant helper and advocate, to be with us forever.

*God's comfort comes through His presence, His Spirit, and the support He helps us give one another. We do not walk alone.*

**Today, receive God's comfort and be open to comforting others.**





## Reflect and Apply

1. How have you felt God's comfort in tough times?

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2. In what ways can you be a comfort to those who are suffering?

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3. What prevents you from leaning fully on God as your comforter?

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## Journaling Prompts

1. Write about a time God comforted you deeply.

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2. List practical ways you can offer comfort to others now.

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3. Pray for the Holy Spirit's presence and comfort today.

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Day 13: 🧡 God as Our Comforter

## Prayer for Today

**Father God, thank You that You are my comforter in every trial.** Help me to feel Your peace and presence deeply today. Fill me with Your Spirit to give and receive comfort. May I be a channel of Your compassion to those in pain. Thank You for never leaving me alone. Amen. 🧡 🙏 🌿





## Day 14: ✨ God's Faithfulness Endures



Day 14: ✨ God's Faithfulness Endures

## Your Verse

*Lamentations 3:22-23 – Because of the LORD's great love we are not consumed, for his compassions never fail.*

## Supporting Scriptures

- *Deuteronomy 7:9 – The LORD is faithful to all his promises.*
- *Hebrews 10:23 – Let us hold unswervingly to the hope we profess.*



Day 14: ✨ God's Faithfulness Endures

## Devotional: Clinging to God's Unchanging Faithfulness

**In the midst of tragedy, trust in God's faithfulness is a firm foundation.** Lamentations was written by someone experiencing great loss, yet he declared God's compassion and faithfulness never fail.

God keeps all His promises and encourages us to hold fast to hope in Him without wavering.

*Faithfulness means God remains true to His word regardless of circumstances, giving us security through uncertainty.* This assurance helps us persevere through suffering.

**Today, choose to cling to God's eternal faithfulness.**



## Reflect and Apply

1. What promises of God have been most meaningful in your pain?

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2. How can you strengthen your trust in His faithfulness now?

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3. What distractions pull you away from resting in God's unchanging nature?

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Day 14: ✨ God's Faithfulness Endures

# Journaling Prompts

1. Write about moments when God's faithfulness was evident.

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2. List His promises that you want to remember daily.

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3. Pray for deeper trust in God's character and promises.

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Day 14: ✨ God's Faithfulness Endures

## Prayer for Today

**Lord, You are faithful and Your compassion never fails.** Help me to hold unswervingly to the hope I have in You. When hardships come, remind me of Your promises and Your enduring love. Strengthen my faith to trust You every day. Amen. ✨ 🙏 🤝





## Day 15: God Controls the Storms



## Your Verse

*Mark 4:39 – He got up, rebuked the wind and said to the waves, "Quiet! Be still!"*

## Supporting Scriptures

- *Psalm 107:29 – He stilled the storm to a whisper.*
- *Isaiah 43:2 – When you pass through waters, I will be with you.*



## Devotional: Peace Comes When God Calms Storms

**Tragedies can feel like storms raging uncontrollably in our lives. In Mark, Jesus calms the literal storm, showing power over chaos.**

Psalm 107 and Isaiah affirm that God controls all storms and promises to be with us through them.

*Even when life's troubles roar, God can hush fears and bring peace.* Trusting God to calm our storms allows us to face troubles with courage.

**Today, surrender your storms to God's control and rest in His peace.**



## Reflect and Apply

1. What storms are you currently facing?

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2. How can you practice surrendering control to God?

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3. What peace do you experience when you remember God's power?

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# Journaling Prompts

1. Write about a time God calmed a difficult situation.

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2. List ways to remind yourself of God's power during storms.

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3. Pray for faith to trust God amid life's chaos.

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Day 15: 🌊 God Controls the Storms

## Prayer for Today

**Jesus, You are greater than every storm in my life.** I surrender my fears and troubles to You today. Please quiet the raging waves and give me peace. Help me to trust that You are always by my side, even in the darkest storms. Amen.





## Day 16: God's Word as Our Guide





Day 16:  God's Word as Our Guide

## Your Verse

*Psalms 119:105 - Your word is a lamp to my feet and a light to my path.*

## Supporting Scriptures

- *2 Timothy 3:16 - All Scripture is God-breathed and useful for teaching.*
- *Joshua 1:9 - Be strong and courageous; do not be afraid.*



## Devotional: Finding Direction Through Scripture

**In tragic times, clarity and direction feel scarce.** God's Word acts as a lamp, guiding our steps when we cannot see clearly.

Psalm 119 highlights the illuminating power of Scripture, providing wisdom, hope, and courage.

*Regular engagement with God's Word empowers us to navigate challenges with faith and confidence.* It is a source of comfort and strength when life is overwhelming.

**Today, dedicate time to God's Word as the light on your path.**



## Reflect and Apply

1. How has God's Word helped guide you in hard times?

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2. What barriers exist to regular Bible reading in difficult seasons?

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3. How can you make God's Word a daily priority?

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# Journaling Prompts

1. Write about a Bible verse that has encouraged you.

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2. Plan ways to incorporate Scripture reading today.

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3. Pray for hunger and openness to God's Word.

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Day 16: 📖 God's Word as Our Guide

## Prayer for Today

**Father, thank You for the gift of Your Word.** Guide me through its light and wisdom today. Help me to hear Your voice clearly and obey Your guidance. Strengthen my heart to face challenges with courage and hope rooted in Scripture. Amen. 📖 🙏 ✨





## Day 17: 🗣️ God Hears Our Cries



## Your Verse

*Psalm 34:17 – The righteous cry out, and the LORD hears them; he delivers them from all their troubles.*

## Supporting Scriptures

- *1 Peter 5:7 – Cast all your anxiety on Him because He cares for you.*
- *Psalm 50:15 – Call on me in the day of trouble; I will deliver you.*



## Devotional: Trusting God Hears and Cares

**During tragedies, it can feel like God is silent or unaware of our suffering.**  
Psalm 34 assures us that God hears our cries and responds with deliverance.

1 Peter encourages us to cast our anxieties on God because He deeply cares.  
God's promises include attentive listening and faithful deliverance.

*Knowing God hears us invites honest prayer and hope for His intervention.*  
We can confidently bring our pain and requests to Him.

**Today, reach out to God in prayer, trusting He listens and cares.**





## Reflect and Apply

1. Do you feel comfortable pouring out your feelings to God?

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2. How has God answered your cries in the past?

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3. What keeps you from trusting God hears your prayers?

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# Journaling Prompts

1. Write a prayer expressing your current struggles and hopes.

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2. Reflect on moments God has delivered you.

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3. List ways to cultivate a habit of honest prayer.

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Day 17: 🙏 God Hears Our Cries

## Prayer for Today

**Lord, I cry out to You in my trouble.** Thank You for hearing me and caring deeply about my pain. Help me to trust Your presence and timing as I wait for deliverance. Teach me to cast all my anxieties on You. Amen. 🙏 🙏 ❤️





## Day 18: 🌳 Rooted and Grounded in Love



Day 18: 🌳 Rooted and Grounded in Love

## Your Verse

*Ephesians 3:17 – ...so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love...*

## Supporting Scriptures

- *Colossians 2:7 – ...rooted and built up in him, strengthened in the faith.*
- *John 15:5 – I am the vine; you are the branches.*



Day 18: 🌳 Rooted and Grounded in Love

## Devotional: Jesus as the Foundation of Our Strength

**Tragedy can shake the foundations of our hearts and faith.** Paul prays that believers be deeply rooted and established in Christ's love.

Being rooted means drawing nourishment and strength from Jesus, our true vine. This foundation sustains us through storms.

*When anchored in Christ's love, our faith grows and endures despite hardship.* This depth refocuses us on the eternal and unchanging.

**Today, ask God to deepen your roots in His love.**



## Reflect and Apply

1. How strong are your roots in Christ's love right now?

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2. What habits help you deepen your connection to Jesus?

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3. How does being rooted in God's love affect your response to tragedy?

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Day 18: 🌳 Rooted and Grounded in Love

## Journaling Prompts

1. Write about ways you currently connect with Christ.

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2. List actions to strengthen your faith roots this week.

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3. Pray for greater intimacy and faith rooted in God's love.

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Day 18: 🌳 Rooted and Grounded in Love

## Prayer for Today

**Jesus, help me to be deeply rooted and established in Your love.** Strengthen my faith and dwell richly in my heart today. Nourish me spiritually so I may stand firm in every circumstance. Thank You for being my firm foundation. Amen. 🌳 🙏 ❤️





## Day 19: ✖ God Works All for Good



Day 19: 🍀 God Works All for Good

## Your Verse

*Genesis 50:20 – You intended to harm me, but God intended it for good...*

## Supporting Scriptures

- *Romans 8:28 – All things work together for good for those who love God.*
- *Psalms 73:26 – God is the strength of my heart and my portion forever.*



Day 19: ✿ God Works All for Good

## Devotional: Seeing God's Goodness in Every Situation

**Joseph's story shows how God can turn evil intentions into good outcomes. Even when people act with harmful plans, God's greater purpose prevails.**

Romans 8:28 assures us that for those who love God, every event—including tragedies—plays a role in His good plan.

*This truth encourages us to see beyond immediate pain towards God's redemptive work. Our strength lies in trusting His goodness.*

**Today, look for ways God might be working good from your situation.**



## Reflect and Apply

1. Are you able to believe God brings good even from pain?

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2. How does Joseph's story inspire your faith today?

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3. What is God inviting you to trust Him with right now?

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# Journaling Prompts

1. Write about a time God made good from difficulty.

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2. List trusting declarations about God's goodness.

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3. Pray for eyes to see and heart to trust God's work.

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Day 19: 🌿 God Works All for Good

## Prayer for Today

God, thank You for working all things for my good. Help me to trust You deeply, even when I don't understand. Open my eyes to Your redemptive purposes and strengthen my heart to rest in Your goodness. Amen. 🌿 🙏 ✨





## Day 20: 🔥 God's Strength for the Journey





Day 20: 🔥 God's Strength for the Journey

## Your Verse

*Isaiah 40:31 – Those who hope in the LORD will renew their strength.*

## Supporting Scriptures

- *Nehemiah 8:10 – The joy of the LORD is your strength.*
- *Psalms 28:7 – The LORD is my strength and my shield.*



Day 20: 🔥 God's Strength for the Journey

## Devotional: Renewed Strength Comes from God's Hope

**The path through tragedy is often long and wearisome.** Isaiah offers a promise: those who hope in God will find renewed strength to persevere.

Nehemiah and Psalms emphasize that God's joy and protection empower us even when we feel exhausted.

*Hope in the Lord is not passive but an active source of renewed energy and courage.* God's strength sustains us moment by moment.

**Today, draw on God's strength for the journey ahead.**



Day 20: 🔥 God's Strength for the Journey

## Reflect and Apply

1. Where do you need renewed strength today?

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2. How can you cultivate hope even when tired or discouraged?

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3. What role does joy play in your spiritual strength?

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Day 20: 🔥 God's Strength for the Journey

## Journaling Prompts

1. Write about times you felt God's strength renewed you.

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2. Make a list of hope-building thoughts or scriptures.

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3. Pray for fresh strength and joy from the Lord.

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Day 20: 🔥 God's Strength for the Journey

## Prayer for Today

**Lord, renew my strength as I hope in You.** Fill me with Your joy and protection during this challenging season. Help me to persevere with courage and peace. Thank You for being my ever-present strength and shield. Amen. 🔥🙏💪





## Day 21: ✨ Living in God's Peace



## Your Verse

*Philippians 4:7 – The peace of God, which transcends all understanding, will guard your hearts and minds.*

## Supporting Scriptures

- *John 14:27 – Peace I leave with you; my peace I give you.*
- *Colossians 3:15 – Let the peace of Christ rule in your hearts.*



## Devotional: God's Peace Guards Your Heart

**As this study concludes, the ultimate gift God offers through tragedy is peace. Paul describes a peace that goes beyond human understanding, guarding our hearts and minds.**

Jesus promises His peace as a lasting presence, not circumstance-dependent. He invites us to let this peace reign in our hearts.

*Living in God's peace means resting in Him fully—beyond fear, pain, or uncertainty.* It is the fruit of trusting God's presence, power, and promises.

**Today, receive God's peace and choose to live with His calm assurance.**





## Reflect and Apply

1. What does God's peace mean to you personally?

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2. How can you practice living daily in His peace?

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3. What fears or anxieties do you want to surrender to God's peace?

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# Journaling Prompts

1. Write about how you have experienced God's peace.

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2. List practical ways to cultivate peace in daily life.

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3. Pray for God's peace to rule your heart and mind.

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Day 21: ✨ Living in God's Peace

## Prayer for Today

**Father, thank You for Your peace that surpasses all understanding.** Guard my heart and mind as I face life's challenges. Help me to rest fully in You and let Your peace rule in my thoughts and emotions. Teach me to live each day anchored in Your calming presence. Amen. ✨ 🙏 🕊





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