Finding Hope and Peace in Grief: Embracing Hospice as Sacred Space



A 7-day journey guiding you through grief, reframing hospice not as surrender but as a holy place of love, comfort, and hope.





Table of contents

Introduction	3
Day 1: S Embracing God's Presence in Grief	4
Day 2: Finding Strength in God's Promises	10
<u>Day 3: </u>	16
Day 4: Hope Beyond the Horizon	22
Day 5: Bearing One Another's Burdens	28
Day 6: 1 Holding On to Peace in Uncertainty	34
Day 7: X Moving Forward in Grace and Hope	40







Introduction

Grief is a profound journey that touches the depths of our hearts. When a loved one enters *hospice care*, it can often feel like the final farewell, a surrender to loss. Yet, this sacred space offers much more than an end; it holds a divine opportunity for presence, peace, and profound love.

Hospice is not about giving up but about embracing the fullness of life's last chapter with compassion and trust in God's grace. It's a gentle reminder that even as physical life wanes, spiritual life can flourish—hope remains, and God's peace transcends our understanding.

In this 7-day Bible study, we will walk together through Scriptures that speak to grief and hope, comfort in loss, and the sacredness of presence during the toughest times. We'll explore how hospice care can become a holy place where God's love gently leads us, reassuring us that we are never alone.

Throughout this study, reflect on your own experiences, find strength in God's promises, and open your heart to the sacred journey that hospice invites us to share. May this time bring healing, perspective, and a renewed sense of peace in the midst of grief. *You are held, and you are not alone.* \swarrow















Your Verse

Psalm 34:18 - "The LORD is close to the brokenhearted and saves those who are crushed in spirit."

Supporting Scriptures

- Isaiah 41:10 "So do not fear, for I am with you; do not be dismayed, for I am your God."
- Matthew 5:4 "Blessed are those who mourn, for they will be comforted."







Devotional: God Nears the Brokenhearted with Comfort

Grief often feels isolating, like we are left to walk a lonely path. Yet the Bible reminds us that God is especially close to the brokenhearted. In Psalm 34:18, we hear the profound truth that the Lord does not distance Himself from our pain but draws near to those crushed in spirit.

Hospice care, though emotionally challenging, can become a sacred space where this divine closeness is experienced tangibly. It is a holy ground where God's presence brings comfort amid the sorrow and uncertainty.

Recognizing God's nearness in grief reshapes how we view hospice — not as surrender or defeat but as a place of healing and sacred companionship. The journey through hospice invites us to lean into God's comforting arms and find refuge in His unending love.

Where do you see God present in your moments of grief? How might embracing this truth bring peace today?







Reflect and Apply

How does knowing God is close to the brokenhearted change your view of your grief?
In what ways can hospice become a place of divine comfort rather than loss alone?
What feelings arise when you imagine God holding you through your pain?







Journaling Prompts

	Write about a time when you felt God's presence during a painful moment.
2.	Describe what "God's comfort" means to you personally.
3.	List ways you can invite God's peace into your current grief journey.







Prayer for Today

Lord, thank You for being near when my heart feels broken and crushed. Help me to sense Your presence even in the darkest moments of grief. Teach me to find comfort in Your nearness and to trust that You hold me close throughout this journey. May hospice be a holy space where I experience Your peace and love deeply. *Thank You, God, for never leaving me alone.* Amen. \triangle















Your Verse

Isaiah 40:29 - "He gives strength to the weary and increases the power of the weak."

Supporting Scriptures

- 2 Corinthians 12:9 "My grace is sufficient for you, for my power is made perfect in weakness."
- Psalm 46:1 "God is our refuge and strength, an ever-present help in trouble."







Devotional: God Empowers Us in Our Weakness

Grief can drain our strength, making even simple days feel heavy and overwhelming. Yet, God's Word offers a beautiful promise: He provides strength when we are weary and power when we feel weak.

The journey through hospice and grief is not one we face alone or unaided. God's grace meets us where we are, filling our emptiness and renewing our hope.

Recognizing our dependence on God's strength reframes hospice from a place of surrender to a sanctuary where divine power sustains us. When we feel weak, God's power is most evident—that's when His grace shines brightest.

Today, consider how God's promise to strengthen the weary applies to your current situation. Invite Him to be your refuge and source of endurance.







Reflect and Apply

1.	How have you experienced God's strength during difficult times before?
2.	What areas of your grief journey do you feel most weak or weary?
	How can acknowledging your need for God's power bring peace in hospice care?







Journaling Prompts

Write about a moment when God's grace sustained you in weakness.
List the ways you can depend more fully on God's strength now.
Describe what it feels like to rest in God as your refuge.







Prayer for Today

Heavenly Father, in my weariness, remind me that You are my strength and refuge. Help me to rely fully on Your grace, knowing that Your power is made perfect in my weakness. Sustain me through this hospice journey with Your loving presence and unending peace. May I feel Your strength renewing my spirit every day. Amen.

















Day 3: Paragraphic The Sacredness of Hospice Care

Your Verse

Romans 8:38–39 – "Neither death nor life ... can separate us from the love of God that is in Christ Jesus our Lord."

Supporting Scriptures

- John 14:27 "Peace I leave with you; my peace I give you."
- Psalm 23:4 "Even though I walk through the darkest valley, I will fear no evil, for you are with me."







Day 3: The Sacredness of Hospice Care

Devotional: Hospice as a Holy Place of Love and Peace

Hospice is often misunderstood as a place where hope ends, but Scripture reveals something much deeper and sacred. Paul reminds us that nothing—not death, nor life—can separate us from God's steadfast love in Christ.

Hospice becomes a holy ground where God's love continues to surround and sustain us. It is a place filled with the presence of peace, where even the darkest valleys are walked with divine accompaniment.

By reframing hospice this way, we are invited to see it as a space of sacred encounter—a tender reminder that God meets us in our vulnerability with peace beyond understanding.

Reflect on how embracing hospice as sacred can soften your view of this season and open you to God's abiding love.







Day 3: Paragraphic The Sacredness of Hospice Care

Reflect and Apply

	What emotions do you associate with hospice, and how can this Scripture help transform those feelings?
2.	How does it comfort you to know that love transcends life and death?
3.	In what ways can you invite peace into your hospice experience today?







Day 3: Paragraphic The Sacredness of Hospice Care

Journaling Prompts

1.	Write about how you can see hospice as a sacred, peace-filled space.
2.	Reflect on God's unbreakable love in the face of loss.
3.	Describe ways to lean into God's presence during difficult moments.







Day 3: 🗭 The Sacredness of Hospice Care

Prayer for Today

Gracious God, thank You that Your love holds me secure even in the darkest valleys of hospice care. Help me to recognize this time as sacred—filled with Your peace and abiding presence. Let Your unwavering love flood my heart, replacing fear with trust and despair with hope. May I rest fully in You. Amen.



















Your Verse

Revelation 21:4 – "He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain."

Supporting Scriptures

- John 11:25 "I am the resurrection and the life. The one who believes in me will live."
- Psalm 30:5 "Weeping may stay for the night, but rejoicing comes in the morning."







Devotional: A Glorious Future Beyond Sorrow

Grief focuses our gaze on loss, but Scripture calls us to also fix our eyes on hope beyond this world. Revelation promises a future free from tears and pain, a new heaven and new earth where sorrow is no more.

This hope transforms how we see hospice—not as an end but a passage toward eternal life and joy. Jesus declares Himself the resurrection and the life, assuring us that through Him, death does not have the final word.

Trusting in this hope does not diminish grief but lights our way, reassuring us that our loved one's journey continues beyond what we see now. Embrace the dawn of resurrection hope even in hospice's shadow.







Reflect and Apply

	How does the promise of wiped-away tears affect your experience of grief?
2.	What does resurrection life mean to you personally in this context?
3.	How can you hold both grief and hope simultaneously?







Journaling Prompts

1.	Write about what eternal hope means in your current journey.
2.	Reflect on how this hope changes your view of hospice care.
3.	Describe ways to nurture hope each day despite sadness.







Prayer for Today

Lord Jesus, thank You for the hope of resurrection and life beyond death's shadow. Help me to hold tightly to Your promises when grief feels overwhelming. May Your assurance of a future without tears comfort my heart and fill me with peace. Strengthen me to trust in Your eternal love. Amen. \triangle \diamondsuit \triangle

















Your Verse

Galatians 6:2 - "Carry each other's burdens, and in this way you will fulfill the law of Christ."

Supporting Scriptures

- Romans 12:15 "Rejoice with those who rejoice; mourn with those who mourn."
- Ecclesiastes 4:9 "Two are better than one, because they have a good return for their labor."







Devotional: Community, Compassion, and Shared Grief

Grief can isolate us, but God's design is for us to journey together. In Galatians, we are called to carry each other's burdens, fulfilling Christ's law of love.

Hospice care often involves a community—family, caregivers, friends—coming alongside one another in compassion and presence. This sacred fellowship reflects God's heart and brings healing amid pain.

Allow yourself to lean on others, share your grief honestly, and also offer comfort where you can. We are not meant to bear loss alone; together, we experience the light of God's love.







Reflect and Apply

1.	Who are the people God has placed to support you in grief?
2.	How might you deepen your connections with others during hospice care?
3.	What barriers might be preventing you from receiving or giving support?







Journaling Prompts

1.	List those who can walk this grief journey with you.
2.	Write about a meaningful act of kindness you have experienced or given.
3.	Reflect on how community impacts your healing process.







Prayer for Today

Father God, thank You for the gift of community during times of grief. Help me to open my heart to others and to accept their love and support. Teach me to carry the burdens of those around me with compassion and grace. May our shared journeys bring comfort and healing. Amen.















Your Verse

Philippians 4:6-7 - "Do not be anxious about anything, but in every situation, by prayer and petition... let your requests be made known to God. And the peace of God, which transcends all understanding, will guard your hearts and minds."

Supporting Scriptures

- John 14:1 "Do not let your hearts be troubled. Trust in God; trust also in me."
- Isaiah 26:3 "You will keep in perfect peace those whose minds are steadfast."







Devotional: Prayer as Pathway to God's Peace

Hospice journeys come with uncertainty, stirring fears and anxious thoughts. Yet Paul reminds us to bring every concern to God through prayer and petition.

Prayer is our sacred connection that invites God's peace to guard our hearts and minds. This peace surpasses human understanding and anchors us amid the unknown.

Selecting hope over despair, prayer over anxiety, transforms the hospice experience from a place of fear into a sanctuary of peace. Let your prayers be a lifeline, drawing you closer to God's calming presence.







Reflect and Apply

1.	What worries or fears are you carrying today?
2.	How does prayer influence your experience of peace?
3.	What steps can you take to make prayer a daily refuge?







Journaling Prompts

1.	Write down your prayers and concerns seeking God's peace.
2.	Reflect on times when God's peace surprised you.
3.	Describe what "peace that surpasses understanding" means.







Prayer for Today

Lord, I surrender my anxieties and fears into Your loving hands. Teach me to pray continually and to trust fully in Your care. Fill me with Your perfect peace that calms my heart even when circumstances feel uncertain. Guard my mind and soul with Your presence. Amen. 😂 🙏 🐒







Day 7: XX Moving Forward in Grace and Hope









Day 7: 🎇 Moving Forward in Grace and Hope

Your Verse

2 Corinthians 1:3-4 - "Praise be to the God... who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God."

Supporting Scriptures

- Psalm 34:19 "The righteous person may have many troubles, but the LORD delivers him from them all."
- Romans 15:13 "May the God of hope fill you with all joy and peace as you trust in him."







Day 7: 🎇 Moving Forward in Grace and Hope

Devotional: Sharing Comfort and Embracing New Hope

Grief changes us, but God's comfort empowers us to move forward with grace. Paul describes how the comfort we receive from God is a gift meant to be shared with others.

Hospice may mark a season of farewell, but it also plants seeds for new hope and meaning as we receive God's consolation. This divine comfort prepares us to support others, carry forward legacies of love, and continue trusting in God's faithfulness.

Embrace this sacred cycle of comfort and hope, knowing that God's presence leads you from grief into renewed life and purpose.







Day 7: 💥 Moving Forward in Grace and Hope

Reflect and Apply

1.	How has God comforted you through this grief journey?
-	
2 1	In what ways might you share that comfort with someone else?
4.]	in what ways might you share that comfort with someone else:
-	
2.1	
<i>3</i> . '	What hope do you carry into your future after hospice?
- -	
_	







Day 7: 💥 Moving Forward in Grace and Hope

Journaling Prompts

1.	Describe the comfort God has provided you this week.
2.	Plan one way you can offer comfort to others in grief.
3.	Write a prayer of hope for your next steps.







Day 7: X Moving Forward in Grace and Hope

Prayer for Today

Abba Father, thank You for comforting me in my deepest troubles. Help me to carry this comfort forward, extending Your love and grace to others who grieve. Fill me with joy and peace as I trust in You, and strengthen my heart for the days ahead. Guide me in hope and purpose. Amen.



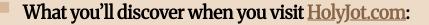




Where God's Word Meets Your Daily Life



We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



- 100k+ Bible Study Plans on every topic of life
- Access studies anytime on your phone, tablet, or computer
- Studies for individuals, families, small groups, and churches
- Secure online journaling or keep using print for privacy
- A place to grow your faith alongside believers worldwide

Bonus for You:

Download exclusive study bundles and resources when you create a <u>free HolyJot account</u>. No spam. No gimmicks. Just God's Word.

Visit Now:

- * www.HolyJot.com
- Scan this QR code to start your next Bible Study today:

We'd love to hear your story. Email us at info@holyjot.com.



Connect with us at:

Facebook • Instagram • YouTube • TikTok

You are welcome to share this PDF with others. ase keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.