## Finding Hope in Grief Amid Climate Displacement



A 7-day Bible study exploring grief, loss, and hope through Scripture for those facing climate displacement.





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#### Introduction

**Grief** is a universal experience, touching every heart at some point. When climate change forces millions from their homes, the grief deepens—rooted not only in personal loss but in the loss of community, security, and future dreams. This Bible study offers *biblical hope* to those wrestling with such profound displacement and uncertainty.

Through Scripture, we see honest expressions of sorrow, the struggle to understand loss, and the unfailing promise of God's presence and restoration. From mourning making way for joy to God's compassion for the brokenhearted, these passages gently guide our healing journey.

As we walk this path together, remember that grief is not a sign of weak faith but a natural response to loss. God meets us in those shadows with comfort, strength, and hope for a future where justice and peace prevail. This study invites you to engage deeply with God's Word, reflect candidly, and discover the unshakeable confidence God provides, even in the midst of climate displacement and upheaval. May these seven days be a balm to your spirit and a beacon of hope for tomorrow.







# Day 1: Embracing Grief with God's Presence









Day 1: 🖨 Embracing Grief with God's Presence

#### Your Verse

Psalm 34:18 - "The LORD is close to the brokenhearted and saves those who are crushed in spirit."

#### **Supporting Scriptures**

- Matthew 5:4 "Blessed are those who mourn, for they will be comforted."
- Isaiah 41:10 "Do not fear, for I am with you; do not be dismayed, for I am your God."







Day 1: 😞 Embracing Grief with God's Presence

#### Devotional: God Nears the Brokenhearted in Grief

Grief often feels isolating and overwhelming. The loss caused by climate displacement—loved ones separated, homes destroyed, futures uncertain—burdens the soul deeply. Yet, Psalm 34:18 assures us that God does not distance Himself from our pain; *He is close to the brokenhearted.* 

When you feel crushed in spirit or overwhelmed by sorrow, God longs to be your refuge and strength. Like a loving parent, He draws near to those whose spirits are crushed. Even Jesus blesses those who mourn because mourning opens the door for divine comfort and restoration.

Remember, embracing your grief and bringing it to God is the first step toward healing. It is not a failure to mourn or to express pain—it is human. As you begin this week, invite God into your sorrow. You are not alone in your displacement or loss. God's presence is a constant source of peace in the storm.







Day 1: 😞 Embracing Grief with God's Presence

## Reflect and Apply

1.	How have you felt God's presence during times of grief or loss?
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	What fears or feelings of isolation creep in when facing displacement or upheaval?
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	In what ways can bringing your grief to God change your perspective or experience of loss?
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Day 1: 😞 Embracing Grief with God's Presence

### **Journaling Prompts**

	Describe your current feelings about climate displacement or personal loss.
2.	Write a prayer inviting God to be near your broken heart today.
	Recall a time when God comforted you and how it affected your grief journey.







Day 1: 🖨 Embracing Grief with God's Presence

### **Prayer for Today**

**Lord,** thank You for being close when my heart is broken. In the midst of loss and uncertainty, help me to feel Your comforting presence. Teach me to bring every sorrow to You and rest in Your steady love. May Your peace guard my heart tonight and always. *Guide me toward hope even in this dark season.*Amen.















#### Your Verse

Jeremiah 29:11 – "For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."

#### **Supporting Scriptures**

- Romans 15:13 "May the God of hope fill you with all joy and peace as you trust in him."
- Lamentations 3:22–23 "His compassions never fail; they are new every morning."







#### Devotional: God's Plans Bring Hope Amid Uncertainty

**Facing displacement can make the future look bleak and uncertain.** It's easy to feel abandoned or hopeless when homes and routines are uprooted. But God's promises stand firm.

In Jeremiah 29, God speaks directly to an exiled people—His message clear: despite current hardships, He has plans to prosper, not harm, to give hope and a future. This promise extends to us today, especially amidst the heartache of climate displacement.

**Hope in God is not wishful thinking.** It's a confident expectation based on God's unchanging nature and His steadfast love. Romans teaches that God fills believers with joy and peace as we trust Him, and Lamentations reminds us that His compassion is renewed every morning.

Hold on to these truths; hope can be the anchor that holds you steady through the storm of grief and uncertainty.







## Reflect and Apply

1.	What future do you hope for despite displacement or loss?
2.	How can trusting God's promises influence your response to grief?
3.	What does hope in God look like in daily life amidst hardship?







### **Journaling Prompts**

Write about a time when God's promises gave you hope during difficulty.
List scriptures that remind you of God's faithfulness and hope.
Describe what it means for you personally to trust God's plans.







#### Prayer for Today

Heavenly Father, thank You for the hope You give even in times of upheaval. When fear and uncertainty try to overwhelm me, remind me that Your plans are good and full of promise. Fill me with Your joy and peace as I learn to trust You more each day. Help me to see each morning as a new chance to experience Your loving compassion. Amen.









## Day 3: **\( \)** Letting Tears Flow Freely









Day 3: ♦ Letting Tears Flow Freely

#### Your Verse

John 11:35 - "Jesus wept."

#### **Supporting Scriptures**

- Psalm 56:8 "You keep track of all my sorrows. You have collected all my tears in your bottle."
- Ecclesiastes 3:4 "A time to weep and a time to laugh, a time to mourn and a time to dance."







#### Devotional: Jesus Understands and Honors Our Tears

Jesus' shortest verse—"Jesus wept"—reveals His profound empathy. He entered the grief of His friend Lazarus, showing us that tears are not weakness but a natural expression of sorrow.

In the face of displacement, the pain can be overwhelming. Sometimes, society expects us to 'be strong,' but God honors our tears. Psalm 56 assures us that God notices every tear; He even collects them, showing how precious our pain is to Him.

Ecclesiastes reminds us that there is a season for everything, including mourning. It's okay to weep, to let your grief out fully. Holding back tears can prolong pain, but expressing sorrow opens the way for healing and hope.

Lean into your grief today without shame or fear. Let your tears be a testimony of the deep love and loss you carry, and trust that God is holding you through it all.







Day 3: 🛆 Letting Tears Flow Freely

## Reflect and Apply

1.	How do you typically respond to tears—yours or others'?
2.	What emotions come up when you consider allowing yourself to fully grieve?
3.	In what ways might expressing your grief bring relief or healing?







Day 3: 🛆 Letting Tears Flow Freely

### **Journaling Prompts**

1.	Write about a recent moment when you felt grief deeply.
2.	Describe how you can create safe spaces to express sorrow.
3.	Reflect on how Jesus' empathy encourages you in your grief.







Day 3: ♦ Letting Tears Flow Freely

#### Prayer for Today

**Lord Jesus,** thank You that You weep with me and deeply understand my pain. Help me to release my tears without shame, knowing You gather them as precious offerings. Teach me to embrace each season of life—including mourning—and to find comfort in Your compassionate heart. May Your kindness wash over my brokenness today. Amen.  $\lozenge$   $\swarrow$   $\diamondsuit$ 

















#### Your Verse

Isaiah 61:3 - "To bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning."

#### **Supporting Scriptures**

- 2 Corinthians 1:3-4 "The God of all comfort, who comforts us in all our troubles."
- Psalm 30:5 "Weeping may stay for the night, but rejoicing comes in the morning."







#### Devotional: God Transforms Mourning into Joy

**Grief does not define the final chapter.** Isaiah speaks tenderly about God's ability to transform our deepest losses into beauty and joy. This same God comforts those in all kinds of trouble, including displacement caused by climate change.

Though night may bring weeping, like the Psalmist, we hold onto the certainty that rejoicing dawns with the morning. Our mourning is real, but it is not permanent. God's restorative power is active and alive, eager to bring hope and renewal.

Embrace the promise that ashes do not have the last word. The journey through grief can be difficult, but it leads to healing. Trust that God is at work, bringing joy even when it feels distant. This divine restoration is a beacon of hope amid uncertain new beginnings.







## Reflect and Apply

1.	What areas of loss do you hope God will restore?
2.	How does the promise of beauty from ashes encourage your faith?
3.	Where have you experienced God's comfort in difficult times?







### **Journaling Prompts**

1.	Write about a past experience of restoration after loss.
2.	List ways God's comfort has been evident to you recently.
3.	Reflect on what 'joy' looks like for you after mourning.







#### Prayer for Today

**Gracious God,** thank You for the promise of restoration and beauty after loss. Help me to hold tightly to Your word when sorrow lingers and hope feels faint. Let Your comfort surround me, healing my heart piece by piece. May the dawn of joy break through the night of grief, renewing my spirit each day. Amen.  $\triangle$   $\triangle$   $\diamondsuit$ 















#### Your Verse

Hebrews 13:8 - "Jesus Christ is the same yesterday and today and forever."

#### **Supporting Scriptures**

- Malachi 3:6 "I the LORD do not change."
- Psalm 46:1 "God is our refuge and strength, an ever-present help in trouble."







#### Devotional: God's Unchanging Nature Offers Steadfast Strength

In times of upheaval like climate displacement, change can be unsettling. Uncertainty shakes our sense of security and threatens to overwhelm us with fear. Yet Scripture reminds us that God is steadfast—unchanging in character, power, and love.

Hebrews declares that Jesus remains the same yesterday, today, and forever. Malachi similarly affirms God's unchanging nature. This constancy anchors us in storms when everything around seems fluid and unpredictable.

God is our refuge and strength—a dependable help. No matter how drastically our circumstances change, His character provides a solid foundation for faith and hope. Trusting in God's immutability invites peace into fearful hearts and empowers us to face daily challenges with courage.







## Reflect and Apply

1.]	How does knowing God never changes help you in times of uncertainty?
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2.	What fears arise when you face rapid change or loss?
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3.]	In what ways can you rely more on God's faithfulness during upheaval?
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### **Journaling Prompts**

1.	Describe a situation where God's consistency gave you strength.
2.	Write about what it means for you that Jesus is unchanging.
3.	List ways to remind yourself of God's steadfastness daily.







### **Prayer for Today**

**Faithful God,** thank You that You never change even when my world does. In moments of fear and uncertainty, may I find refuge and strength in Your unshakable character. Help me to trust Your faithfulness and stand firm on Your promises. Let Your peace guard my heart amid life's storms. Amen. **②** 









## Day 6: W Bearing One Another's Burdens









Day 6: 🎔 Bearing One Another's Burdens

#### Your Verse

Galatians 6:2 – "Carry each other's burdens, and in this way you will fulfill the law of Christ."

#### **Supporting Scriptures**

- Romans 12:15 "Rejoice with those who rejoice; mourn with those who mourn."
- Ecclesiastes 4:9–10 "Two are better than one...if either of them falls down, one can help the other up."







Day 6: 🎔 Bearing One Another's Burdens

#### Devotional: Community Carries Us Through Grief

Grief related to climate displacement can be isolating, but God calls us into community. Galatians instructs believers to carry each other's burdens, fulfilling Christ's law of love.

Sharing sorrow with others—rejoicing and mourning alongside them—builds resilience. No one is meant to journey through loss alone. Ecclesiastes highlights the strength found in relationships. When we bear one another's struggles, we model God's heart and provide tangible comfort.

**This mutual support is a vital part of healing.** If you are displaced, allow trusted friends or community to carry your burden. If you are witnessing others' displacement, seek ways to offer practical, emotional, and spiritual support. Together, we reflect God's compassion and bring hope to hurting hearts.







Day 6: 🌣 Bearing One Another's Burdens

## Reflect and Apply

1.	Who are trustworthy people you can share your grief with?
2.	How has mutual support affected your experience of hardship?
3.	What steps can you take to support others facing displacement?







Day 6: 🎔 Bearing One Another's Burdens

### **Journaling Prompts**

1.	List people who have helped you carry burdens before.
2.	Write about ways you can be a source of comfort and aid.
3.	Reflect on how community relates to your faith journey.







Day 6: 🎔 Bearing One Another's Burdens

#### Prayer for Today

**Lord Jesus,** thank You for calling us into loving community. When I feel the weight of grief or displacement, send people to walk alongside me. Help me to also reach out and support others in their pain. May our shared burdens bring healing and reflect Your perfect love. Amen.  $\heartsuit$   $\bigwedge$   $\heartsuit$ 

















Day 7: 🔼 Looking Toward Eternal Hope

#### Your Verse

Revelation 21:4 - "He will wipe every tear from their eyes. There will be no more death or mourning."

#### **Supporting Scriptures**

- 2 Corinthians 4:17 "Our light and momentary troubles are achieving for us an eternal glory."
- John 14:1–3 "In my Father's house are many rooms...I am going there to prepare a place for you."







Day 7: A Looking Toward Eternal Hope

#### Devotional: Eternal Hope Beyond Earthly Grief

Our present grief, however heavy, is part of a bigger story. Revelation paints a breathtaking picture of God's final restoration: a time when mourning ceases, tears are wiped away, and death is no more.

This eternal hope lifts us beyond temporary suffering. Paul reminds us that our troubles are light compared to the glory to come, and Jesus promises a prepared place in His Father's house—a perfect home.

For those displaced by climate, this hope is both comforting and empowering. It assures us that God is actively working toward justice and renewal, and that one day the pain we see now will be completely healed.

As we close this study, hold on to this eternal promise. Let it inspire courage, deepen faith, and fuel your hope for a restored world and life beyond the struggles of today.







Day 7: 🔼 Looking Toward Eternal Hope

### Reflect and Apply

	How does the promise of no more mourning shape your view of current hardships?
2.	What does 'eternal glory' mean to you personally?
3.	In what ways can focusing on heaven help you endure present grief?







Day 7: 🔼 Looking Toward Eternal Hope

### **Journaling Prompts**

1.	Write about your hopes for the future beyond this life.
2.	Reflect on how the vision of God wiping all tears comforts you.
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3.	Describe how you might share this eternal hope with others.







Day 7: 📤 Looking Toward Eternal Hope

### **Prayer for Today**

**Almighty God,** thank You for the eternal hope found in Your promises. Help me fix my eyes on the day when sorrow will cease and joy will last forever. Strengthen my faith to endure today's trials with courage and peace. May Your eternal love fill me with hope that surpasses all understanding. Amen.









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