# Finding Peace Amid Faith Challenges



A 7-day plan to trust God's timing and find peace when grandchildren walk away from faith.





#### Table of contents

<u>Introduction</u>	3
Day 1: B Embracing God's Peace	4
<u>Day 2: 🚱 Hannah's Prayerful Hope</u>	10
<u>Day 3: ♥ Mary's Trustful Surrender</u>	16
<u>Day 4:  Deborah's Courageous Leadership</u>	22
Day 5: Ruth's Faithful Commitment	28
Day 6:  Esther's Bold Intercession	34
<u>Day 7: ( Anna's Devoted Waiting</u>	40







#### Introduction

Welcoming you to this study, we understand the deep ache when in the lives we cherish — our grandchildren — drift away from the faith passed down through generations. It's a silent struggle, often filled with unanswered questions and moments of doubt. Yet, **God's promises remain a steadfast anchor in every storm.** This study is crafted to walk alongside you, nurturing hope, patience, and renewed faith as you intercede earnestly in prayer.

Across these seven days, you'll encounter biblical women whose journeys reflect perseverance in trust and surrender to God's perfect timing. Their stories remind us of the power in steadfast prayer and the peace that surpasses understanding. From Hannah's devoted prayers for her son to Mary's faithful acceptance of God's plan amid uncertainty, each example offers encouragement that our faith is never in vain.

We embark on this journey together to embrace God's peace, to find comfort in His Word, and to deepen reliance on Him. May this time strengthen your heart, renew your hope, and empower your prayers for your grandchildren to return and walk fully in God's truth.

Remember, you are never alone in this intercession. God sees, hears, and cherishes every tear and every whispered hope.

















#### Your Verse

John 14:27 - "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."

#### **Supporting Scriptures**

- Philippians 4:6-7 "Do not be anxious about anything... and the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."
- Isaiah 26:3 "You will keep in perfect peace those whose minds are steadfast, because they trust in you."







#### Devotional: Trusting God's Peace Amid Heartache

**Finding peace** amid the pain of your grandchildren stepping away from faith is challenging but rooted deeply in God's promise. Jesus offers a peace unlike any other—one not shaken by circumstances or the world's turmoil. This peace keeps your heart steady and your fears at bay.

*Trusting God* means allowing Him to carry your worries, turning over the heaviness in your soul. When feelings of anxiety crowd your mind, bring them to Him in prayer and meditate on His words. God's peace is a gift that comes gently when your focus shifts from the problem to the Provider.

Today, rest in this truth: God understands your heartache and offers a peace that transcends all understanding. Let His comforting presence quiet your fears and set you on a path of renewed hope.







## Reflect and Apply

	How do you typically respond when your heart feels troubled about your grandchildren's faith?
2.	In what ways can you invite God's peace to guard your heart today?
3.	What does God's peace mean compared to the world's peace?







## **Journaling Prompts**

1.	Write about a time God's peace calmed your anxious heart.
2.	List specific worries you want to surrender to God today.
3.	Describe what trusting God's timing looks like for you personally.







#### Prayer for Today

**Dear Lord,** thank You for the peace that You freely offer — a peace beyond all understanding. My heart aches for my grandchildren as they walk away from faith, but I choose to pause, surrender, and trust Your timing. *Help me rest in Your promises and guard my heart from fear and despair.* Fill me anew with Your Spirit and empower me to pray faithfully. May Your peace overshadow my worries today and always. In Jesus' name, Amen.

















Day 2: 🏵 Hannah's Prayerful Hope

#### Your Verse

1 Samuel 1:27–28 – "I prayed for this child, and the Lord has granted me what I asked of him. So now I give him to the Lord."

#### **Supporting Scriptures**

- Psalm 34:17 "The righteous cry out, and the Lord hears them; he delivers them from all their troubles."
- Romans 12:12 "Be joyful in hope, patient in affliction, faithful in prayer."







Day 2: 💮 Hannah's Prayerful Hope

#### Devotional: Persistent Prayer and Trustful Hope

**Hannah's story encourages us** as she prayed persistently for a child and then chose to dedicate him back to God's purposes. Even amid her longing, she trusted God's timing and sovereignty. This is a beautiful example for us in moments when our grandchildren's faith feels distant or uncertain.

*Prayer is powerful.* It is our lifeline to God, a humble way to cast our anxieties on Him. Like Hannah, lift your hopes and pains to the Lord without ceasing. Praise Him in advance for the way He will work, even when answers seem slow in coming.

Each prayer sown in faith is part of a bigger story God is writing. Trust the process and continue interceding. Remember, God is always at work, even when unseen.







Day 2: 🛞 Hannah's Prayerful Hope

## Reflect and Apply

	How can Hannah's example inspire your prayer life for your grandchildren?
	What feelings come up when you think about releasing your loved ones into God's hands?
3.	How can you practice patience and joy amid ongoing prayer?







Day 2: 😭 Hannah's Prayerful Hope

### **Journaling Prompts**

1.	Recall a time when God answered a persistent prayer in your life.
2.	Write a prayer like Hannah's, dedicating your grandchildren to God's care.
3.	List ways you can remain steadfast in prayer even when hope feels dim.







Day 2: 💮 Hannah's Prayerful Hope

#### Prayer for Today

**Lord,** thank You for the example of Hannah's faith-filled prayers. Help me to be patient and persistent, trusting Your perfect timing. When my heart grows weary, remind me that You hear every plea and work all things for good. May I find joy even in the waiting and hold fast to hope, entrusting my grandchildren wholly to Your loving hands. Sustain me with Your grace today and always. In Jesus' name, Amen.  $\bigwedge$ 

















Day 3: ♥ Mary's Trustful Surrender

#### Your Verse

Luke 1:38 – "I am the Lord's servant," Mary answered. "May your word to me be fulfilled." Then the angel left her.

#### **Supporting Scriptures**

- Proverbs 3:5-6 "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."
- Isaiah 40:31 "But those who hope in the Lord will renew their strength."







Day 3: ♥ Mary's Trustful Surrender

#### Devotional: Learning to Surrender with Trust

**Mary's response to God's plan** is a profound model of trust and surrender, even when the future seems uncertain. Saying, "May your word to me be fulfilled," she accepted God's will wholeheartedly without knowing all outcomes.

This sacred surrender invites us to release control and rest confidently in God's wisdom. When grandchildren stray from faith, it's tempting to grasp tightly or feel despair, yet Mary's example teaches *peace in yielding*.

Trusting God means believing He is weaving a good and perfect story even when the present is painful. Heavenly strength is available when hope remains active and our hearts willingly submit. Today, invite God to renew your strength and deepen your trust.







Day 3: W Mary's Trustful Surrender

## Reflect and Apply

1.	What fears or doubts arise when you think of surrendering your grandchildren's futures to God?
2.	How can Mary's example influence your willingness to trust God's plan?
3.	In what ways can you renew your strength by hoping in the Lord?







Day 3: 🖏 Mary's Trustful Surrender

## **Journaling Prompts**

1. V	Write about what surrendering control to God looks like for you.
_	
2. E	Describe areas where you find it hardest to trust God fully.
_	
3. F	Reflect on how hope in the Lord has renewed you before.
-	







Day 3: ♥ Mary's Trustful Surrender

#### Prayer for Today

**Gracious Father,** teach me to say like Mary, "May your will be done." When anxiety and longing bite deep, help me to surrender in full trust. Renew my strength each morning as I anchor my hope in You. Guide me to rest, knowing You hold all things in perfect love and timing, especially the hearts of my grandchildren. Keep me faithful and expectant as I wait. In Jesus' precious name, Amen.















#### Your Verse

Judges 4:4-5 - "Deborah, a prophet, the wife of Lappidoth, was leading Israel at that time... she held court under the Palm of Deborah."

#### **Supporting Scriptures**

- Joshua 1:9 "Be strong and courageous... for the Lord your God will be with you wherever you go."
- 2 Timothy 1:7 "God gave us a spirit not of fear but of power and love and self-control."







#### Devotional: Strength and Courage in Prayerful Leadership

**Deborah's leadership stands as an inspiring beacon.** As a woman who led an entire nation during a challenging time, her courage and faith fueled victory and peace. Her role shows us that God equips those who trust Him with boldness and insight.

When facing the distress of grandchildren walking away from faith, feel empowered by Deborah's spirit *to stand firm and lead with love and prayer.* Your voice, your example, and your prayers are mighty tools in spiritual battles.

Let God fill you with power, love, and self-control as you intercede and encourage. Remember, courage is not the absence of fear, but strength to press forward despite worry.







## Reflect and Apply

1.	How can you embody Deborah's courage in your current situation?
2.	What fears might be holding you back from leading with faith and love?
3.	How does relying on God's spirit empower you in your intercession?







## **Journaling Prompts**

1.	Write about a time you felt God's courage during hardship.
2.	Consider ways you can lead or influence your grandchildren in prayer.
3.	List fears to surrender so you can stand more confidently in faith.







### **Prayer for Today**

**Lord God,** thank You for the example of Deborah's faith and courage. Amid my fears and challenges, fill me with Your spirit of power, love, and self-control. Help me lead in prayer and example for my grandchildren, standing firm and trusting Your guidance. Strengthen me to persevere and inspire hope in every situation. I place my confidence in You alone. In Jesus' name, Amen.

















Day 5: W Ruth's Faithful Commitment

#### Your Verse

Ruth 1:16 – "Where you go I will go, and where you stay I will stay. Your people will be my people and your God my God."

#### **Supporting Scriptures**

- Hebrews 11:1 "Faith is confidence in what we hope for and assurance about what we do not see."
- Psalm 27:14 "Wait for the Lord; be strong and take heart and wait for the Lord."







Day 5: W Ruth's Faithful Commitment

#### Devotional: Faithfulness in Uncertainty and Waiting

Ruth's story moves us with its raw faithfulness and commitment. Even when uncertain of the future, she chose to follow Naomi and embrace God's people as her own. This powerful declaration reflects steadfast love and trust amid unknowns.

In the face of grandchildren who may walk away from faith, your faithful commitment and continual prayer are seeds that bear fruit over time. Like Ruth, *your choice to remain connected and hopeful honors God's ongoing work.* 

Faith perseveres when we choose to walk forward even in uncertainty. Strengthen your heart to wait patiently and keep hope vibrant, knowing God is never silent or inactive.







Day 5: 👺 Ruth's Faithful Commitment

## Reflect and Apply

	What does faithful commitment like Ruth's look like in your relationship with your grandchildren?
2.	How do you maintain hope when the outcome seems uncertain?
	In what ways can you 'wait for the Lord' while actively loving and praying?







Day 5: 👺 Ruth's Faithful Commitment

## **Journaling Prompts**

Write about a situation where faithful commitment made a difference.
List ways you can show steadfast love to your grandchildren today.
Reflect on how waiting on God has brought blessing before.







Day 5: W Ruth's Faithful Commitment

#### Prayer for Today

Heavenly Father, thank You for Ruth's example of faith and loyal commitment. Help me to hold fast in love and hope for my grandchildren, trusting that You are weaving all things for good. Give me patience to wait on Your perfect timing and the strength to continue walking in faith. May my steadfastness reflect Your grace and truth. In Jesus' holy name, Amen. 🙏 👺

















#### Your Verse

Esther 4:14 – "And who knows but that you have come to your royal position for such a time as this?"

#### **Supporting Scriptures**

- James 5:16b "The prayer of a righteous person is powerful and effective."
- Ephesians 6:18 "...pray in the Spirit on all occasions with all kinds of prayers and requests."







#### Devotional: Praying Boldly in God's Purpose

Esther exemplifies boldness in the face of daunting challenges. Chosen 'for such a time as this,' she risked her life through fervent prayer and decisive action to save her people. Her story reminds us that God equips and places us exactly where He intends for a purpose.

In praying for grandchildren who turn from faith, be encouraged to approach God boldly, knowing your prayers have great power. *Intercession is both courageous and crucial—your voice matters in God's kingdom work.* 

Today, embrace your position in God's plan. Let prayer fuel your courage as you seek His will and persist confidently, trusting He moves mightily, even behind the scenes.







## Reflect and Apply

1.	How does Esther's bravery encourage you to pray boldly for your grandchildren?
	What fears might you need to overcome to step into God's calling on your life?
	In what ways can you cultivate a more persistent and courageous prayer life?







## **Journaling Prompts**

1.	Write a prayer asking God for boldness in your intercession.
2.	Reflect on a time when bold faith changed a situation.
3.	List practical steps to strengthen your prayer life daily.







### **Prayer for Today**

**Lord,** thank You for Esther's courageous example. Help me to pray boldly and persistently, knowing You hear and move through the prayers of Your people. Give me strength to overcome fear and fulfill the role You have given me in my family's spiritual journey. Let my prayers be powerful and effective for the salvation and restoration of my grandchildren. I trust Your timing and power. In Jesus' mighty name, Amen.









# Day 7: 🌉 Anna's Devoted Waiting









Day 7: 
Anna's Devoted Waiting

#### Your Verse

Luke 2:36-38 - "She never left the temple but worshiped night and day, fasting and praying."

#### **Supporting Scriptures**

- Psalm 40:1 "I waited patiently for the Lord; he turned to me and heard my cry."
- Romans 8:28 "And we know that in all things God works for the good of those who love him."







Day 7: 
Anna's Devoted Waiting

# Devotional: Faithful Waiting Through Prayer and Worship

Anna, a prophetess, devoted her life to constant prayer and worship, waiting patiently for God's promises to unfold. Her devotion and perseverance teach us the value of enduring faith, especially when answers seem delayed.

Waiting well is an act of worship—choosing to remain steadfast in prayer, trusting God's perfect timing above our own plans or expectations. Even when grandchildren walk away, your persistent intercession echoes Anna's trust that God is working all things together for good.

May Anna's example encourage you to remain faithful, worshipfully waiting and praying, knowing that God is active and answers will come in His perfect time.







Day 7: 餐 Anna's Devoted Waiting

## Reflect and Apply

1.	How do you find strength to wait patiently in difficult seasons?
2.	What practices help you stay devoted like Anna in prayer and worship?
3.	How can you remind yourself God is working for good amid uncertainty?







Day 7: 餐 Anna's Devoted Waiting

### **Journaling Prompts**

1.	Describe your current season of waiting with God.
2.	Write about ways you can increase devotion in prayer and worship.
3.	Reflect on God's faithfulness in past times of waiting.







Day 7: 
Anna's Devoted Waiting

#### Prayer for Today

**Gracious God,** thank You for Anna's faithful example of prayerful waiting and devotion. Help me to emulate her steadfast heart, trusting Your timing and goodness. Strengthen me to remain diligent in prayer and worship even when answers feel delayed. Comfort me with the assurance that You work all things for the good of those who love You. May my faith never waver but grow stronger each day. In Jesus' name, Amen.  $\bigwedge$ 







#### Where God's Word Meets Your Daily Life



We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



- 100k+ Bible Study Plans on every topic of life
- Access studies anytime on your phone, tablet, or computer
- Studies for individuals, families, small groups, and churches
- Secure online journaling or keep using print for privacy
- A place to grow your faith alongside believers worldwide

#### **Bonus for You:**

Download exclusive study bundles and resources when you create a <u>free HolyJot account</u>. No spam. No gimmicks. Just God's Word.

#### Visit Now:

- \* www.HolyJot.com
- Scan this QR code to start your next Bible Study today:

We'd love to hear your story. Email us at <a href="mailto:info@holyjot.com">info@holyjot.com</a>.



© Connect with us at: Facebook • Instagram • YouTube • TikTok

You are welcome to share this PDF with others. ase keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.