



Finding Your Purpose as a Young Man



This 7-day study helps young men discover their God-given purpose—whether through college, trades, or sports—and grow into strong, faith-filled leaders.



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Introduction

Are you wondering why you're here or where your life is headed?

If you're between the ages of 15 and 25, you might feel stuck between childhood and manhood—uncertain about your future, your calling, or even your worth. Whether you're thinking about trade school, college, the military, a sports career, or simply trying to figure out your next step... you're not alone.

Many young men battle feelings of confusion, loneliness, pressure to perform, or the fear of failing. You might be comparing yourself to others your age who seem like they have it all figured out. Or maybe you're just trying to survive each day, unsure if your life has any real meaning.

But let me tell you something life-changing:

God has a plan for you. And it's a good one.

This 7-day Bible study is written just for you—to remind you that your story matters. You're not an accident. God has wired you uniquely, with strengths, passions, and gifts that will impact the world in ways you can't even see yet.

Each day, we'll look at Scripture to explore what it means to walk in purpose—even when you feel lost. Whether you're working a job you don't love, training for a team, sitting in class, or learning a trade, your faith can anchor you in something bigger than yourself.

Let's begin this journey of finding your purpose with courage and truth. You were made for more—and God is not done writing your story.





Day 1: You Were Made for a Purpose



Day 1: You Were Made for a Purpose

Your Verse

Scripture

Jeremiah 1:5 (NIV)

“Before I formed you in the womb I knew you, before you were born I set you apart; I appointed you as a prophet to the nations.”

Ephesians 2:10 (NIV)

“For we are God’s handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.”



Day 1: You Were Made for a Purpose

Devotional Thought

Do you ever wonder if your life really matters? Maybe you're still in high school and feeling pressure to figure everything out. Maybe you're in college or working full time, but none of it feels meaningful. Maybe you're trying to get into a trade, or you're chasing a sports dream—but you secretly feel lost.

Here's the truth: **You were created by God on purpose, for a purpose.**

You don't have to be famous. You don't have to be rich. You don't have to be perfect. God's plan for your life isn't about status or comparison—it's about **faithfulness**. He created you to reflect His image, live in relationship with Him, and impact the people around you.

You may feel like your job or classes don't matter, but they're part of your training ground. The way David tended sheep before fighting Goliath. The way Joseph worked in prison before becoming a ruler. The way Jesus spent 30 years in obscurity before He ever preached.

God is developing your character, not just your career.

You don't have to wait until “one day” to live with purpose. You can live it **right now**—by seeking God, loving people, working hard, and staying true to your convictions. Purpose isn't just about *what* you do. It's about *who* you are becoming.

And God is shaping you into something strong, steady, and unstoppable.



Day 1: You Were Made for a Purpose

Reflect and Apply

Wherever you are right now—school, work, sports, or somewhere in between—God sees you. He’s not disappointed in your uncertainty. He invites you to walk with Him daily and discover that your life already has meaning.

You’re not behind. You’re becoming.



Day 1: You Were Made for a Purpose

Journaling Prompts

1. What are 3 things I enjoy doing that feel meaningful or fulfilling?

2. Have I ever felt like I was created for a purpose? If so, what was it?

3. What lies have I believed about myself that keep me from seeing my value?



Day 1: You Were Made for a Purpose

Prayer for Today

Heavenly Father,

Thank You for creating me with intention and value. Some days I feel lost, but I trust that You see the big picture of my life. Help me to know that I was made for a purpose—one that isn't based on the world's standards, but on Your love and calling. Show me how to walk in faith today, and give me the courage to keep showing up even when I don't see the full plan. In Jesus' name, Amen.





Day 2: Don't Compare Your Journey



Day 2: Don't Compare Your Journey

Your Verse

- ***Galatians 6:4–5 (NLT)***

"Pay careful attention to your own work, for then you will get the satisfaction of a job well done, and you won't need to compare yourself to anyone else. For we are each responsible for our own conduct."

- ***Psalms 139:14 (NIV)***

"I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well."



Day 2: Don't Compare Your Journey

Devotional Thought

Comparison is a thief.

Whether you're in high school, college, HVAC training, or trying to make a sports team—you **will always be tempted to compare yourself to someone else**. Maybe it's a guy with more followers, a better job, a faster car, or more confidence around girls. And when you compare, you usually end up feeling one of two things: pride or shame.

Neither of those come from God.

Your path is not supposed to look like anyone else's. God custom-designed your life to grow you, refine you, and prepare you in ways that may look slower—but are much deeper. You don't need to be in a rush. You don't need to be like your friend who already has it “figured out.” Purpose is not found in imitation. It's found in surrender.

You'll never become who God made you to be if you're constantly chasing who someone else is.

God doesn't make copies—He makes originals.

So, stop measuring your success by what someone else is doing. Trust the pace God has you on. The career path, the gifts you've been given, and the detours you didn't expect... it's all part of a greater story. And if you'll stay faithful, you'll look back and thank God for the way He wrote it.



Day 2: Don't Compare Your Journey

Reflect and Apply

It's okay to admire others—but not at the cost of diminishing yourself. When you compare less, you can live with more peace, more gratitude, and more focus.

Your lane is powerful. Stay in it.



Day 2: Don't Compare Your Journey

Journaling Prompts

1. Who am I most tempted to compare myself to, and why?

2. What do I feel insecure about that I believe God wants to heal?

3. How would my mindset change if I truly believed God has a specific plan for *me*?



Day 2: Don't Compare Your Journey

Prayer for Today

Lord,

Forgive me for comparing my life to others. Help me to keep my eyes on You and trust the unique journey You have for me. Thank You for creating me with purpose, gifts, and opportunities that no one else has. Teach me to celebrate others without feeling less about myself. I surrender my timeline to You and ask for the strength to stay faithful where I am. In Jesus' name, Amen.





Day 3: Start Where You Are



Day 3: Start Where You Are

Your Verse

- **Luke 16:10 (NIV)**
"Whoever can be trusted with very little can also be trusted with much..."
- **Zechariah 4:10 (NLT)**
"Do not despise these small beginnings, for the Lord rejoices to see the work begin..."



Day 3: Start Where You Are

Devotional Thought

A lot of young men get stuck because they're waiting for the "big break" or the perfect moment to start living with purpose. Maybe you think once you graduate, get recruited, or finally land that dream job—**then** you'll get serious about your life and faith.

But what if God wants you to start **now**?

Jesus called fishermen, tax collectors, and outcasts to follow Him—not because they were ready, but because they were **willing**. You don't have to know everything. You don't have to have it all figured out. You just need to take the next step.

That could mean showing up early for work with integrity. Helping your family around the house. Being consistent with prayer. Working out when you don't feel like it. Studying hard when no one is watching. Encouraging a friend who's struggling.

God multiplies small faithfulness.

The Bible says if you're faithful with little, He'll trust you with more. Purpose isn't some big spotlight moment. It's found in the quiet, disciplined, behind-the-scenes decisions you make daily. These small steps will build a strong future.



So don't despise your beginning. Don't wait to feel qualified. Start where you are—with what you have—and watch God do more than you imagined.



Day 3: Start Where You Are

Reflect and Apply

God isn't looking for perfect men. He's looking for surrendered men. Start with what's in front of you today, and trust Him with the rest.



Day 3: Start Where You Are

Journaling Prompts

1. What “small” area of my life can I be more faithful in right now?

2. What’s one thing I’ve been putting off because I didn’t feel ready?

3. How can I invite God into my daily routines to grow in purpose?



Day 3: Start Where You Are

Prayer for Today

Father,

Help me stop waiting for perfect conditions. Teach me to be faithful with what's in my hand today. I know You're not asking me to have all the answers—just to be available and obedient. Strengthen me to take small steps with courage, and remind me that You see and honor my effort. I want to walk in purpose starting now. In Jesus' name, Amen.





Day 4: God Can Use Your Struggles



Day 4: God Can Use Your Struggles

Your Verse

Romans 8:28 (NIV)

"And we know that in all things God works for the good of those who love him, who have been called according to his purpose."

2 Corinthians 1:3–4 (NLT)

"He comforts us in all our troubles so that we can comfort others... when they are troubled, we will be able to give them the same comfort God has given us."



Day 4: God Can Use Your Struggles

Devotional Thought

Let's be real—life isn't always easy. Maybe you've faced pain others don't know about: a broken home, anxiety, being bullied, poverty, rejection, or failure. You may have even made mistakes that left scars—addiction, bad relationships, run-ins with the law, or giving up on yourself.

But none of that disqualifies you from purpose. In fact, God often uses your deepest struggles as the starting place for your greatest impact.

Throughout Scripture, God used men who had messed up:

- **Moses** was a murderer.
- **David** committed adultery.
- **Peter** denied Jesus.
- **Paul** persecuted Christians.

And yet, they became some of the most powerful men of purpose the world has ever known. Why? Because they didn't let their failures define their future.

God doesn't waste pain. He redeems it.

Whatever you've been through, God can use it to help someone else. Your story—especially the hard parts—can shine light in someone else's darkness.



But first, you have to surrender it to Him. You have to believe that your past doesn't cancel your calling.

Your scars can become signs of grace. And your pain can become a platform for purpose.



Day 4: God Can Use Your Struggles

Reflect and Apply

Reflection

What if your biggest mistake or most painful memory is the very thing God will use to help others? Don't hide your story. Let God heal and redeem it.



Day 4: God Can Use Your Struggles

Journaling Prompts

1. What painful part of my story do I try to avoid or hide?

2. How has God already used my struggles to grow me or shape my character?

3. Who in my life might need encouragement from my honest testimony?



Day 4: God Can Use Your Struggles

Prayer for Today

Support Scripture

Romans 8:28 (NIV)

"And we know that in all things God works for the good of those who love him, who have been called according to his purpose."

2 Corinthians 1:3–4 (NLT)

"He comforts us in all our troubles so that we can comfort others... when they are troubled, we will be able to give them the same comfort God has given us."

Prayer

God,

Thank You for not giving up on me. Even when I've failed or gone through hard things, You never stopped loving me. Help me to stop hiding my story and start trusting You to use it. Heal what still hurts. Redeem what was lost. Turn my pain into purpose so I can help others walk in freedom. I give You my past, present, and future. In Jesus' name, Amen.





Day 5: Surround Yourself with the Right People



Day 5: Surround Yourself with the Right People

Your Verse

- **1 Corinthians 15:33 (NIV)**
"Do not be misled: 'Bad company corrupts good character.'"
- **Proverbs 13:20 (NLT)**
"Walk with the wise and become wise; associate with fools and get in trouble."



Day 5: Surround Yourself with the Right People

Devotional Thought

You weren't created to walk through life alone. Whether you're chasing a dream, battling temptation, or trying to grow spiritually—**who you surround yourself with matters.**

The truth is, the people closest to you are either pulling you closer to God or slowly dragging you away from Him. You may not notice it at first, but your environment shapes your mindset, your motivation, and your future.

Scripture says that "bad company corrupts good character." It doesn't mean you can't love your old friends—but you have to **guard your circle.**

If your crew laughs at sin, mocks your goals, discourages your faith, or pressures you into compromise, it's time to re-evaluate. You need men around you who will challenge you to rise higher, not stay stuck.

Jesus had twelve disciples—and even within that group, He had a few (Peter, James, and John) that He pulled even closer. Why? Because not everyone can go with you where God is calling you.

You need friends who fuel your purpose—not distract you from it.

That might mean finding a mentor, a church group, a sports coach who invests in you, or even one solid friend who pushes you to be better. Start praying for those people now.



Day 5: Surround Yourself with the Right People

Reflect and Apply

Are the people in your life helping you grow or holding you back? Take inventory. It's okay to love people from a distance while choosing a healthier path.



Day 5: Surround Yourself with the Right People

Journaling Prompts

1. Who in my life is encouraging me toward God and purpose?

2. Are there relationships that I know I need to let go of?

3. What kind of community do I want to build moving forward?



Day 5: Surround Yourself with the Right People

Prayer for Today

Lord,

Help me to choose my friendships wisely. Give me the courage to let go of relationships that no longer serve Your plan for my life. Surround me with men who will encourage me, challenge me, and walk beside me in faith. Lead me to community that sharpens me and reflects Your truth. I want to grow, and I know I can't do it alone. In Jesus' name, Amen.





Day 6: Purpose Is Built in the Small Things



Day 6: Purpose Is Built in the Small Things

Your Verse

Luke 16:10 (NIV)

"Whoever can be trusted with very little can also be trusted with much..."

Colossians 3:23 (NLT)

"Work willingly at whatever you do, as though you were working for the Lord rather than for people."



Day 6: Purpose Is Built in the Small Things

Devotional Thought

Sometimes we imagine purpose looking like something **big and flashy**—a huge platform, a college scholarship, a six-figure job, or a national championship. But most of the time, purpose starts in the quiet places: how you show up in your everyday life.

It's built in how you treat your parents.
 How you handle pressure.
 How you do your homework.
 How you clock in at work.
 How you talk to people who annoy you.

Jesus spent **30 years** in quiet preparation for just **3 years** of public ministry. Think about that. The Son of God lived in obscurity, working as a carpenter, being faithful in the small things—before the miracles ever began.

That means your “now” season—no matter how boring, hard, or hidden—**is not a waste**. It's your training ground.

God sees how you respond to the ordinary. And when you're faithful in the little things, He prepares you for the big ones.

Purpose isn't just a far-off dream. It's how you live **today**. With integrity. With effort. With faith.



So don't despise where you are. Whether you're in school, working your first job, training for a team, or just figuring life out—**God is with you right here.**



Day 6: Purpose Is Built in the Small Things

Reflect and Apply

Your purpose is not only in your future—it's in your faithfulness today. Ask yourself, "How can I give God my best in this season, right now?"



Day 6: Purpose Is Built in the Small Things

Journaling Prompts

1. Where in my life have I been waiting for something “bigger” to feel useful?

2. What are some small, daily things I can do with more excellence and purpose?

3. How can I serve God better through my current responsibilities?



Day 6: Purpose Is Built in the Small Things

Prayer for Today

Father,

Teach me to be faithful in the little things. Help me see purpose in the ordinary and honor You in the way I show up each day. I don't want to chase flashy things—I want to build a life of substance and faith. Even when no one's watching, give me the strength to serve You well. I trust that You are shaping me right now for everything You've planned. In Jesus' name, Amen.





Day 7: God Will Finish What He Started



Your Verse

- ***Philippians 1:6 (NIV)***

"Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus."

- ***Isaiah 41:10 (NLT)***

"Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand."



Devotional Thought

You've made it to Day 7. That alone says something about you—you're hungry for more, and you're not giving up. 🙌

Now here's the truth that will carry you into the rest of your life: **God finishes what He starts.**

He didn't put dreams in your heart just to watch you fail. He didn't bring you this far to abandon you. He's not done with you—and He never will be.

Sometimes the road to purpose takes longer than you expect. There will be setbacks. Doubts. Delays. Disappointments. But that doesn't mean your purpose is dead. It just means God is still working.

You might not have everything figured out right now—and that's okay. Your job is to stay close to Him. To keep saying yes. To trust that the Author of your story is still writing.

You don't have to do it all perfectly. You just have to keep going.

Purpose is not about being the best, the smartest, or the strongest. It's about being faithful. God will take your faith and multiply it into something powerful.

So take a deep breath. Stand tall. The same God who created you is walking with you every step of the way. He knows the plan. He holds the timing. He'll



finish what He started in you.



Day 7: God Will Finish What He Started

Reflect and Apply

Are you willing to trust God even when you can't see the full picture yet? Your purpose may unfold slowly, but God is always moving.



Journaling Prompts

1. What has God started in my life that I need to trust Him to finish?

2. Where do I feel tempted to quit or doubt my calling?

3. How can I remind myself daily that God is still working?



Day 7: God Will Finish What He Started

Prayer for Today

Lord,

Thank You for never giving up on me. Even when I fall short or feel lost, You keep working in my life. Give me courage to keep going, even when it's hard. Help me trust that You are finishing the good work You started. I surrender my fears, my timeline, and my dreams to You. Lead me in purpose. Lead me in strength. And help me become the man You've created me to be. In Jesus' name, Amen.





Where God's Word Meets Your Daily Life

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