Following Jesus at School: A Teen's Journey



A 3-day journey empowering teens to live boldly for Jesus in school, building faith, courage, and love in every challenge.





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Introduction

Welcome to this transformational 3-day Bible study specially designed for teens who want to follow Jesus faithfully at school. School is often a place full of opportunities and challenges—a place where our faith can be tested and strengthened in powerful ways. Whether it's navigating peer pressure, standing up for what is right, seeking wisdom, or simply trying to be a light to others, God calls you to be His witness in your everyday life.

Following Jesus at School means more than just believing; it means living out your faith intentionally. This study will equip you with encouragement and understanding from Scripture, helping you to face daily struggles with confidence and grace. Each day you'll dive into Bible passages that show God's heart for young people like you and inspire you to shine His light brightly.

Through devotionals, reflections, journaling, and prayer, you'll discover practical ways to walk with Jesus in the hallways, classrooms, and lunchrooms. Remember, you are not alone—God is with you every step of the way, and He will give you the strength and wisdom to follow Him no matter the circumstance.

Let's grow together in faith, courage, and love as we explore what it means to truly follow Jesus at school!









Day 1: 🎇 Courage to Stand Out









Day 1: ***** Courage to Stand Out

Your Verse

1 Timothy 4:12 – "Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity."

Supporting Scriptures

- Joshua 1:9 "Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."
- Matthew 5:14 "You are the light of the world. A town built on a hill cannot be hidden."







Day 1: 🔆 Courage to Stand Out

Devotional: Courage to Shine Brightly at School

Being a teen in school can often feel like you are swimming against the current. You might feel pressure to blend in, to follow the crowd, or to compromise your values just to fit in. But God's word reminds us that being young is not a barrier to making a powerful impact. *In fact, you are called to lead by example, to shine God's light brightly in every speech and action.*

1 Timothy 4:12 encourages us to live with integrity and purity. Your classmates are watching. Your teachers notice your character and how you treat others. Courage isn't about being fearless; it's about trusting God enough to act even when you're scared. Joshua's words echo this truth—God is always with you, giving strength to stand tall.

Rather than hiding who you are, embrace your identity in Christ. Your actions can influence your school community and create an environment of hope and love. Remember, God uses ordinary teens to do extraordinary things. You don't have to change the world all at once—you just need to be faithful today.







Day 1: 🎇 Courage to Stand Out

Reflect and Apply

	In what areas of school do you feel pressure to conform rather than stand out for Christ?
	How can you demonstrate faith, love, and purity in your daily interactions with classmates and teachers?
3.	What fears hold you back from living boldly for Jesus, and how can you
	invite Him to overcome those fears?







Day 1: 🔆 Courage to Stand Out

Journaling Prompts

Write about a recent situation where you stood up for what you believe, or where you wish you had.
List three ways you can be a positive example to others at school this week.
Reflect on how God has given you strength in challenging moments before.







Day 1: 🔆 Courage to Stand Out

Prayer for Today

Dear God, thank You for choosing me, even though I am young. Help me to be courageous and to stand firm in my faith every day at school. Give me strength when I feel afraid and wisdom to act with love and purity. May my words and actions reflect Your light and inspire those around me to know You more. Let me be a beacon of hope in the halls and classrooms. I trust that You are with me always. *In Jesus' name, Amen.* 🎇 🗘 🕒

















Your Verse

Ephesians 4:15 – "Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ."

Supporting Scriptures

- Proverbs 15:1 "A gentle answer turns away wrath, but a harsh word stirs up anger."
- Colossians 4:6 "Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone."







Devotional: Speak Truth with Love and Grace

Communicating your faith at school can be challenging, especially when your beliefs seem different from those around you. God calls us to speak truth—but always with love and grace. Ephesians 4:15 reminds us that speaking the truth lovingly helps us grow closer to Christ's character.

It's easy to get frustrated or want to defend yourself aggressively when your beliefs are questioned. But Proverbs teaches that a gentle answer is powerful —it prevents conflict and opens hearts. Colossians encourages us to season our conversations with grace, making even tough truths easier to hear.

When you share your faith—whether answering questions, standing up for what is right, or simply living with integrity—remember to reflect Christ's love in your tone, words, and attitude. This compassionate approach honors God and builds bridges instead of walls.

Practice patience and kindness; these qualities will strengthen your witness and help others see Jesus through you.







Reflect and Apply

1.	How do you usually respond when your faith is questioned or challenged?
	What are some ways you can make your conversations reflect Jesus' love, even when you disagree?
3.	Who could you bless by speaking truth in love this week?







Journaling Prompts

Recall a time when speaking gently helped diffuse a difficult situation; write about what happened.
List phrases or attitudes that can help you show grace in conversations at school.
Write a prayer asking God to guide your words and heart in upcoming conversations.







Prayer for Today

Lord Jesus, teach me to communicate with love and wisdom. Help me to speak truth clearly but gently in every conversation at school. Give me patience when others disagree and hearts open to understand. May my words bring peace and point others toward You. Fill me with grace so I reflect Your character well. Thank You for being my constant guide and strength. Amen.





















Day 3: F Growing Faith in Everyday Life

Your Verse

Colossians 2:6-7 - "So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness."

Supporting Scriptures

- Psalm 119:105 "Your word is a lamp to my feet and a light to my path."
- James 1:5 "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault."







Day 3: Forowing Faith in Everyday Life

Devotional: Root Your Faith and Grow Strong Daily

Following Jesus at school is a daily journey of growth. Colossians reminds us that we are called to be deeply rooted and continually built up in our faith. This doesn't happen overnight—it requires steady commitment, prayer, and seeking God's wisdom.

When challenges come, God's Word is your guide—it lights your path and gives direction even when things are confusing or difficult. Psalm 119:105 encourages you to turn to Scripture regularly, allowing it to shape your decisions and attitudes.

Sometimes you might feel unsure what to do or how to respond. James encourages you to ask God for wisdom—He promises to give generously. No question is too small or too big for God's help.

Keep nurturing your relationship with Jesus by spending time with Him daily through prayer, reading the Bible, and trusting Him for strength. This growing faith will sustain you and overflow in gratitude, impacting every part of your school life.







Day 3: 🍞 Growing Faith in Everyday Life

Reflect and Apply

	How are you currently nurturing your relationship with Jesus outside of school classes?
	What habits can you develop to stay rooted in faith during busy school days?
3.	In what ways can you ask God for wisdom and guidance more often?







Day 3: 🍞 Growing Faith in Everyday Life

Journaling Prompts

	Describe how reading the Bible or praying has helped you in recent school challenges.
2.	Plan a simple daily routine to help you grow closer to Jesus this week.
	Write a prayer asking God to help you stay strong and thankful in your faith journey.







Day 3: F Growing Faith in Everyday Life

Prayer for Today

Father God, thank You for Your Word that guides and strengthens me. Help me to stay deeply rooted in Jesus, growing in faith every day. When I face challenges, give me Your wisdom and courage to trust You fully. Teach me to be thankful always, knowing You are shaping me for Your good purpose. I commit my school life to You, asking for strength and joy in following You. *In Jesus' name, Amen.*







Where God's Word Meets Your Daily Life



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