Following Jesus Like a Child



Discover the heart of following Jesus through the eyes of a child, embracing faith, humility, and trust in God's loving guidance.





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Introduction

Welcome to this 7-day journey exploring what it truly means to follow Jesus through the lens of a child's faith. In the Gospels, Jesus often pointed to children as examples of qualities we all need to follow Him well: humility, trust, dependence, and openness. Children, with their simple and sincere hearts, model the kind of faith that invites us to approach God not as self-sufficient adults, but as those deeply reliant on His grace and love.

Following Jesus means more than just knowing about Him. It requires a heart that trusts completely—even when life is uncertain—and a willingness to come to Him with humility, laying down pride and self-reliance. Children don't justify themselves or compare themselves with others; they simply accept their need for their parents and rely on their care. Similarly, Jesus asks us to embrace a childlike faith that rests fully in Him, continually learning and growing in His love.

Throughout the next seven days, we will reflect on the unique ways children teach us about faith and following Jesus. From Jesus' words on welcoming children, to the call to become like them, to walking in joy and trust, this plan will encourage you to deepen your walk with Christ, letting go of adult complexities and embracing simple, powerful dependence on Him.

As we journey together, may your heart be opened to experience Jesus not only as Savior and Teacher but as a gentle Shepherd guiding His little ones.



















Day 1: O Jesus Welcomes the Little Ones

Your Verse

Mark 10:14 - "Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these."

Supporting Scriptures

- Matthew 18:3 "Truly I tell you, unless you change and become like little children, you will never enter the kingdom of heaven."
- Luke 18:16 "Jesus called the children to him and said, 'Let the little children come to me, and do not hinder them..."







Day 1: • Jesus Welcomes the Little Ones

Devotional: Welcome Jesus Like a Child

Jesus' heart was drawn to children because of their openness and trust. In Mark 10:14, He invites children to come to Him freely, without barriers or preconditions. This shows us that following Jesus is not about status or achievements—it's about a simple invitation to come as we are.

Children naturally depend on their parents without hesitation. Jesus highlights this to teach us that we, too, must approach God with childlike dependence. We should not create obstacles through pride or self-sufficiency, but rather come humbly, recognizing our need for Him.

Today, consider how you might be hindering your own relationship with Jesus by relying on your own understanding rather than trusting Him fully. Let's welcome Jesus into every part of our lives, just like little children trust and rely on their parents.







Day 1: 💮 Jesus Welcomes the Little Ones

Reflect and Apply

1.	In what ways might I be hindering my own closeness with Jesus?
2.	How can I cultivate a childlike openness and trust in my daily walk?
3.	What barriers do I need to remove so Jesus can draw near easily?







Day 1: 💮 Jesus Welcomes the Little Ones

Journaling Prompts

	Write about a time when you felt completely safe and welcomed as a child. How can you let Jesus create that same feeling in your spiritual life?
	List three ways you can practice humility and openness like a child this week.
	Reflect on any areas where pride or self-reliance may be blocking your relationship with Jesus.
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Day 1: • Jesus Welcomes the Little Ones

Prayer for Today

Dear Jesus, thank You for welcoming me just as I am. Help me to approach You with a humble and trusting heart, like a child who depends fully on a loving parent. Remove any pride or obstacles that keep me from coming close to You. Teach me to rely on Your guidance and love every day. Amen. \triangle

















Your Verse

Matthew 18:3 - "Truly I tell you, unless you change and become like little children, you will never enter the kingdom of heaven."

Supporting Scriptures

- James 4:6 "God opposes the proud but shows favor to the humble."
- Psalm 131:2 "But I have calmed and quieted my soul, like a weaned child with its mother."







Devotional: Humility Unlocks God's Kingdom

Jesus' call to "become like little children" is a profound invitation to humility and dependency. It is not just a nostalgic picture but a spiritual truth. Children do not insist on their own way; they trust, listen, and depend on their caregivers for everything.

In a world that often prizes self-sufficiency and control, God calls us to a different posture—to lay down our pride and rest in Him. This humble stance opens our hearts to receive His grace and guidance more fully.

By embracing childlike humility, we find the freedom to follow Jesus not out of obligation but out of trust. This transformation unlocks deeper joy and peace in our relationship with God.







Reflect and Apply

1.	What does humility look like in my relationship with God today?
2.	How can I surrender control and trust God more fully?
3.	In what areas of my life do I need to 'become like a child'?







Journaling Prompts

Write about what pride looks like in your spiritual life and how it holds you back.
Describe what childlike humility feels like based on your experiences or scripture.
List practical ways you can practice humble dependence on God this week.







Prayer for Today

Lord, help me to shed pride and embrace humility like a little child. Teach me to trust You fully and depend on Your grace each day. Calm my anxious heart and lead me in Your gentle ways. Amen. \bigwedge







Day 3: XX Trusting Without Hesitation









Day 3: 🎇 Trusting Without Hesitation

Your Verse

Proverbs 3:5 - "Trust in the Lord with all your heart and lean not on your own understanding;"

Supporting Scriptures

- Psalm 56:3 "When I am afraid, I put my trust in you."
- Isaiah 26:3 "You will keep in perfect peace those whose minds are steadfast, because they trust in you."







Day 3: 🗱 Trusting Without Hesitation

Devotional: Lean Fully on God's Understanding

Children naturally trust their parents even when they don't understand what is ahead. This trust is exactly what God calls us to—leaning not on our own understanding but on Him entirely.

Trusting God completely means surrendering fears, doubts, and the impulse to control our circumstances. Proverbs 3:5 reminds us that our hearts must fully lean on the Lord, even when the path is unclear.

When we cultivate unwavering trust, God promises peace and strength. Today, reflect on areas where He is asking you to trust more deeply and allow His peace to fill your heart.







Day 3: 🎇 Trusting Without Hesitation

Reflect and Apply

1.	In what situations do I struggle to trust God fully?
2.	How can I practice deeper trust in my daily decisions?
3.	What does God's perfect peace mean to me personally?







Day 3: 🎇 Trusting Without Hesitation

Journaling Prompts

1.	Recall a moment when trusting God brought you peace or provision.
2.	Write a prayer asking God to help you trust Him with a current concern.
3.	List any fears or doubts that you can give to God today.







Day 3: 🗱 Trusting Without Hesitation

Prayer for Today

Father, teach me to trust You with all my heart. Help me to stop leaning on my own understanding and to rest fully in Your perfect peace. When fear arises, draw me close to You. I surrender my worries today. Amen. \triangle

















Your Verse

Ephesians 2:8 - "For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—"

Supporting Scriptures

- Romans 5:17 "...for the gift of God is not like the result of the one man's sin; the gift is not like the trespass."
- 2 Corinthians 12:9 "My grace is sufficient for you, for my power is made perfect in weakness."







Devotional: Embrace God's Grace Freely

Grace is a gift freely given, much like a parent's love poured out on a child without conditions. Ephesians 2:8 reminds us that salvation is not earned; it is a gracious gift from God that we can only receive by faith.

Children do not try to earn their parents' love; they simply accept it. Similarly, we are invited to receive God's grace with open hands and hearts, resting in the assurance of His unfailing love.

Today, consider any ways you might be trying to earn God's favor, and practice accepting His grace fully—freely, joyfully, and gratefully.







Reflect and Apply

1.	Do I believe God's grace is truly enough for me?
2.	How do I respond when I feel unworthy of God's love?
3.	What steps can I take to receive grace more fully every day?







Journaling Prompts

1.	Write about the difference between earning and receiving God's grace.
2.	Reflect on a time you felt overwhelmed by God's mercy.
3.	List fears or doubts to surrender so you can receive grace with joy.







Prayer for Today

Gracious God, thank You for the gift of Your grace, freely given through faith. Help me to receive Your love like a child, without fear or hesitation. Teach me to rest in Your mercy and walk confidently in Your forgiveness. Amen.







Day 5: Walking Joyfully in Jesus' Presence









Day 5: 🖏 Walking Joyfully in Jesus' Presence

Your Verse

Psalm 118:24 – "This is the day the Lord has made; let us rejoice and be glad in it."

Supporting Scriptures

- Nehemiah 8:10 "...the joy of the Lord is your strength."
- John 15:11 "I have told you this so that my joy may be in you and that your joy may be complete."







Day 5: 🔀 Walking Joyfully in Jesus' Presence

Devotional: Choose Joy in God's Presence

Children naturally express joy and delight in the care and presence of their parents. Similarly, following Jesus invites us into a joyful relationship where our joy is made complete through Him.

Psalm 118:24 calls us to rejoice every day because each day is a gift from the Lord. When we walk in His presence, our strength is renewed and hope is revived.

Let today be a day to celebrate and embrace joy—not based on circumstances but on the unchanging character of God's love.







Day 5: 💢 Walking Joyfully in Jesus' Presence

Reflect and Apply

How does joy in the Lord impact my daily walk?
What are practical ways to cultivate joy even during hard seasons?
In what ways can I share God's joy with others?







Day 5: 💢 Walking Joyfully in Jesus' Presence

Journaling Prompts

1.	Recall a joyful moment when you sensed God's presence strongly.
2.	Write about how God's joy gives you strength in difficult times.
3.	List things you are thankful for that reflect God's daily blessings.







Day 5: 😂 Walking Joyfully in Jesus' Presence

Prayer for Today

Lord Jesus, fill my heart with Your joy today. Help me to rejoice in Your presence and find strength in Your love. Teach me to share this joy with others so that Your light shines through me. Amen. 4















Your Verse

Psalm 91:11 - "For he will command his angels concerning you to guard you in all your ways;"

Supporting Scriptures

- Isaiah 41:10 "So do not fear, for I am with you; do not be dismayed, for I am your God."
- Proverbs 3:6 "In all your ways submit to him, and he will make your paths straight."







Devotional: Trust God's Protective Guidance

Children rely on their parents to protect and guide them—sometimes without fully understanding what that means. God promises His protection and guidance to those who follow Him. Psalm 91:11 speaks of God commanding His angels to watch over us.

Following Jesus means trusting in His protection and guidance through every season. Even when we cannot see the full picture, we can rest in His faithful care and direction.

Today, invite God to guard your steps and lead you with confidence, just as a child trusts a loving parent to keep them safe.







Reflect and Apply

1.	Where do I need to trust God's protection more?
2.	How can I submit my plans and fears to God's direction?
3.	What does it mean to walk confidently in God's guidance?







Journaling Prompts

Write about a time when you felt God's protection or guidance clearly.
List areas of your life needing God's protective care and surrender those concerns.
Reflect on how submitting to God changes your perspective on fear.







Prayer for Today

Heavenly Father, thank You that You guard and guide me always. Help me to trust Your protection fully and to surrender my ways to You. Calm my fears and lead me in the path You have prepared. Amen. \triangle















Your Verse

1 John 4:7 - "Dear friends, let us love one another, for love comes from God."

Supporting Scriptures

- Mark 9:37 "Whoever welcomes one of these little children in my name welcomes me; and whoever welcomes me does not welcome me but the one who sent me."
- Galatians 5:13 "Serve one another humbly in love."







Devotional: Serve and Love with a Child's Heart

Children love simply and serve without expecting anything in return. 1 John 4:7 reminds us that love originates from God and flows through us when we follow Jesus.

Jesus taught that welcoming and caring for the least among us is like welcoming Him. The childlike heart is open, generous, and humble in loving others.

As followers of Christ, let us embrace this calling by loving and serving with the simplicity and sincerity of a child's heart. This is the essence of Jesus' invitation to follow Him.







Reflect and Apply

1.	How can I love others more simply and sincerely?
2.	In what ways can service reflect my faith in Jesus?
3.	How does serving others deepen my own relationship with Christ?







Journaling Prompts

1.	Write about a recent act of service or love you experienced or gave.
2.	List practical ways you can serve others this week with a humble heart.
3.	Reflect on how loving others connects you more deeply to Jesus.







Prayer for Today

Jesus, fill my heart with Your love that flows freely and humbly. Teach me to serve others with the open and sincere heart of a child. Help me to see You in every person I meet and to follow You in love and service always. Amen.









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