



# Freedom from Addiction: Restoring Clarity and Faith








A 21-day Bible study to overcome LSD and  
hallucinogen addiction, restoring clarity, purpose,  
and grounded faith through Scripture and  
reflection.

---

# Table of contents

<u>Introduction</u>	4
<u>Day 1: 🖐️ Recognizing the Need for Freedom</u>	6
<u>Day 2: 🏠 Understanding Your Identity in Christ</u>	12
<u>Day 3: 🙏 Seeking Strength Through Prayer</u>	18
<u>Day 4: 😊 Renewing Your Mind</u>	24
<u>Day 5: 📖 Breaking Free from Strongholds</u>	30
<u>Day 6: 📄 Guarding Your Thoughts and Heart</u>	36
<u>Day 7: 💪 Relying on God's Strength, Not Your Own</u>	42
<u>Day 8: 🍀 Embracing God's Healing Power</u>	48
<u>Day 9: 💬 Speaking Truth in Place of Lies</u>	54
<u>Day 10: 😊 Finding Peace Amidst Turmoil</u>	60
<u>Day 11: 👥 Creating a Supportive Community</u>	66
<u>Day 12: 🌟 Battling Temptation with God's Word</u>	72
<u>Day 13: 💡 Gaining Clarity and Purpose from God</u>	78
<u>Day 14: 🦊 Cultivating Patience and Perseverance</u>	84
<u>Day 15: ✨ Trusting God Amidst Uncertainty</u>	90
<u>Day 16: 🧸 Living as a Child of God</u>	96



Day 17:  <u>Committing to Lasting Change</u>	102
Day 18:  <u>Walking Daily in God's Guidance</u>	108
Day 19:  <u>Valuing Yourself as God Values You</u>	114
Day 20:  <u>Celebrating Victory in Christ</u>	120
Day 21:  <u>Committing to a Life Rooted in Faith</u>	126



## Introduction

**Welcome to this 21-day journey of freedom and restoration.** Addiction, especially to substances like LSD and hallucinogens, can deeply affect one's mind, emotions, and spirit. It often clouds clarity, distorts purpose, and shakes the foundation of faith. Yet, through God's power, healing and transformation are possible.

This study is designed specifically to help those seeking to break free from hallucinogen addiction, drawing strength and hope from the Bible. Each day focuses on Scripture that speaks about renewal, strength, identity in Christ, and the power of God to restore what addiction has stolen.

*Throughout this journey, you will discover:* how God's love offers new clarity even where confusion reigned; the importance of purpose rooted in God's truth; and the power of faith to ground your recovery firmly. Scripture will guide you through the struggles and victories of overcoming addiction, helping you find spiritual support and practical wisdom.

**Remember, recovery is a process. It involves patience, prayer, community, and daily reliance on God's grace.** This study encourages you to be honest in reflection, open in prayer, and persistent in hope. Each day is a step toward mental clarity, emotional peace, and spiritual renewal — a step toward the abundant life Christ promises.



May this study bring you strength, encouragement, and a deepened relationship with God as you reclaim your life and future in Him.





# Day 1: 🔑 Recognizing the Need for Freedom



Day 1: 🦋 Recognizing the Need for Freedom

## Your Verse

*John 8:36 – "So if the Son sets you free, you will be free indeed."*

## Supporting Scriptures

- *Romans 6:14 – "For sin shall no longer be your master, because you are not under the law, but under grace."*
- *Psalms 34:18 – "The LORD is close to the brokenhearted and saves those who are crushed in spirit."*



## Day 1: 🦋 Recognizing the Need for Freedom

# Devotional: Begin with Honesty: Embrace God's Freedom

**Admitting the need for freedom** is the first pivotal step in overcoming addiction. Addiction to substances like LSD and hallucinogens can chain our minds and spirits, blurring reality and distorting our sense of self. But Jesus offers true freedom—freedom not just in the physical sense but freedom that restores our souls.

Sometimes, it's hard to admit our struggles because of shame or fear. Yet God's Word tells us that true freedom only comes from Him, and He welcomes those who come broken and seeking help. The promise in John 8:36 reminds us that when Jesus sets us free, no power can hold us captive anymore. It's a promise of hope that reigns over despair.

In this first step, allow yourself to be honest with God and with yourself. Acknowledge the hold addiction has and lean into the grace that breaks chains. God's closeness to the brokenhearted assures you are not alone.





Day 1: 🦋 Recognizing the Need for Freedom

## Reflect and Apply

1. What does freedom mean to you personally?

---

---

---

2. How have addiction and substance use affected your sense of clarity and faith?

---

---

---

3. In what ways can you open your heart to receive God's freedom today?

---

---

---



Day 1: 🦋 Recognizing the Need for Freedom

# Journaling Prompts

1. Write about the moment you realized you needed help to overcome addiction.

---

---

---

2. List fears or doubts you have about seeking freedom through God.

---

---

---

3. Journal your prayer asking God to reveal His freeing power in your life.

---

---

---



Day 1: 🦋 Recognizing the Need for Freedom

## Prayer for Today

**Dear Lord,** I come to You acknowledging my need for freedom. I confess the hold addiction has on my heart and mind. Please set me free from these chains and fill me with Your peace, clarity, and hope. Help me to trust Your grace and walk this path with You step by step. Thank You for never leaving my side. *In Jesus' name, Amen.* 🙏🌹🔥





## Day 2: Understanding Your Identity in Christ




## Your Verse

*2 Corinthians 5:17 - "Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"*

## Supporting Scriptures

- *Galatians 2:20 - "I have been crucified with Christ and I no longer live, but Christ lives in me."*
- *Ephesians 2:10 - "For we are God's handiwork, created in Christ Jesus to do good works."*



Day 2:  Understanding Your Identity in Christ

## Devotional: Embrace Your New Identity in Christ

**Overcoming addiction begins with reclaiming who you are in Christ.**

Addiction can cause feelings of worthlessness, shame, and brokenness.

However, the Bible reveals a powerful truth: those who are in Christ are made completely new. Your past mistakes, struggles, and addictions do not define you.

2 Corinthians 5:17 declares you as a new creation. This means the old life — marked by chaos and dependency — has passed away. This transformation is not superficial; it is spiritual and total. God's grace offers you a clean slate and dignity, restoring your purpose and identity.

Knowing this can strengthen your resolve to overcome addiction. You are not fighting alone or as a defeated person—you are fighting as someone loved, chosen, and empowered. Your identity in Jesus equips you to stand strong and embrace the new future He has for you.



## Reflect and Apply

1. How have you seen your identity shaped by addiction?

---

---

---

2. What does being a "new creation" mean for your recovery journey?

---

---

---

3. How can knowing your true identity in Christ provide strength today?

---

---

---



## Journaling Prompts

1. Write about what your life might look like fully embracing your identity in Christ.

---

---

---

2. List lies addiction has told you that contradict God's truth.

---

---

---

3. Pray asking God to help you live as His new creation daily.

---

---

---





Day 2:  Understanding Your Identity in Christ

## Prayer for Today

**Lord Jesus**, thank You for making me a new creation. Help me to see myself through Your eyes—not my past mistakes or addictions. Teach me to walk confidently in my identity in You. Strengthen me as I pursue healing and wholeness, knowing You are my foundation. *In Your precious name, Amen.*





## Day 3: 🙏 Seeking Strength Through Prayer



Day 3: 🙏 Seeking Strength Through Prayer

## Your Verse

*Philippians 4:6-7 - "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."*

## Supporting Scriptures

- *Psalm 55:22 - "Cast your cares on the LORD and he will sustain you; he will never let the righteous be shaken."*
- *Matthew 7:7 - "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you."*



Day 3: 🙏 Seeking Strength Through Prayer

## Devotional: Finding Strength and Peace in Prayer

**Prayer is a vital source of strength and peace during recovery.** The battles of addiction often stir anxiety, fear, and doubt. Philippians 4:6-7 encourages us to bring all those feelings and struggles to God in prayer and thanksgiving, trusting He will give us peace beyond understanding.

Rather than trying to bear the burden alone, turning to God in prayer invites His power into your situation. Cast your cares and ask boldly. God's sustaining grace provides the strength to resist temptation and the calm to face challenges clearly.

Developing a consistent prayer life creates a direct line to God's presence and help. Even when clarity feels lost, prayer connects you to the One who holds your future and heals your heart.



Day 3: 🙏 Seeking Strength Through Prayer

## Reflect and Apply

1. How does prayer provide comfort and strength in your struggle?

---

---

---

2. What anxieties or fears do you want to bring before God today?

---

---

---

3. How can thankfulness transform your mindset during recovery?

---

---

---



Day 3: 🙏 Seeking Strength Through Prayer

## Journaling Prompts

1. Write a prayer listing your current struggles and hopes for healing.

---

---

---

2. Record moments when prayer brought you peace or clarity.

---

---

---

3. List things you are grateful for even amid challenges.

---

---

---



Day 3: 🙏 Seeking Strength Through Prayer

## Prayer for Today

**Heavenly Father**, I come before You bringing my worries and fears. Thank You for the promise of peace when I turn to You. Help me to remain faithful in prayer, trusting Your sustaining power every day. Calm my anxious mind and fill me with Your presence. *In Jesus' name, Amen.* 🙏 💙 🍀





## Day 4: 🤔 Renewing Your Mind





Day 4: 😊 Renewing Your Mind

## Your Verse

*Romans 12:2 - "Do not conform to the pattern of this world, but be transformed by the renewing of your mind."*

## Supporting Scriptures

- *Isaiah 26:3 - "You will keep in perfect peace those whose minds are steadfast."*
- *Ephesians 4:23 - "Be made new in the attitude of your minds."*



# Devotional: Transform Your Thinking with God's Truth

**The journey to overcoming addiction is also a renewal of the mind.** Addiction to LSD and hallucinogens often alters perception and thinking patterns. Romans 12:2 calls us not to conform to worldly influences but to be transformed through God's renewing power.

This transformation involves replacing harmful thoughts with God's truth. When our minds are renewed, we experience peace, clarity, and purpose. This process may require intentional meditation on Scripture, avoiding triggering situations, and embracing healthy habits.

Isaiah reminds us that a steadfast mind brings perfect peace. God desires to strengthen your mental clarity and your spiritual grounding. Take daily steps to let Him reshape the way you think and view yourself.



## Reflect and Apply

1. What negative thought patterns related to addiction do you struggle with?

---

---

---

2. How can Scripture help renew your mind and bring clarity?

---

---

---

3. What practical steps can you take to avoid conforming to harmful patterns?

---

---

---



# Journaling Prompts

1. List lies you want to replace with God's truth.

---

---

---

2. Write about how renewing your mind could change your daily life.

---

---

---

3. Journal a Scripture verse you want to memorize for mental renewal.

---

---

---



Day 4: 😞 Renewing Your Mind

## Prayer for Today

**Lord**, renew my mind and help me reject the patterns of this world that keep me captive. Fill my thoughts with Your truth and peace. Give me wisdom to guard my mind and clarity to see Your path. Transform me daily so I may walk in freedom. *In Jesus' name, Amen.* ☁️ 🌱 ❤️





## Day 5: 🚪 Breaking Free from Strongholds



## Your Verse

*2 Corinthians 10:4-5 - "The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds."*

## Supporting Scriptures

- *Psalm 107:13 - "Then they cried to the LORD in their trouble, and he saved them from their distress."*
- *James 4:7 - "Submit yourselves, then, to God. Resist the devil, and he will flee from you."*



# Devotional: God's Power to Destroy Addiction Strongholds

Addiction often creates strongholds—mental and spiritual barriers that trap us in destructive cycles. These strongholds can be fear, temptation, or despair. Yet God provides divine weapons, not of worldly strength, but spiritual power to demolish these barriers.

2 Corinthians reminds us that by God's power, strongholds can be torn down. This happens through prayer, Scripture, submission to God, and resisting the enemy's lies and temptations. When you feel trapped, remember to turn to God immediately, cry out in prayer, and stand firm.

Breaking free is not only about willpower but about spiritual authority granted through Christ. Trust in His strength, not your own, and see strongholds crumble.





## Reflect and Apply

1. What strongholds does addiction hold in your life right now?

---

---

---

2. How can God's weapons help you fight these strongholds?

---

---

---

3. What does it mean to submit fully to God in your struggle?

---

---

---



## Journaling Prompts

1. Identify and describe personal strongholds related to addiction.

---

---

---

2. Write a declaration of surrender and submission to God today.

---

---

---

3. Journal ways you can resist temptation with God's help.

---

---

---



Day 5: 📖 Breaking Free from Strongholds

## Prayer for Today

**Father God**, I surrender every stronghold addiction has formed in my life. Strengthen me to resist temptation and rely on Your divine power. Tear down these barriers and set me free completely. Thank You for fighting for me and bringing victory. *In Jesus' mighty name, Amen.* 🌿 🙏 🌿





## Day 6: Guarding Your Thoughts and Heart



## Your Verse

*Proverbs 4:23 – "Above all else, guard your heart, for everything you do flows from it."*

## Supporting Scriptures

- *Philippians 4:8 – "Whatever is true, noble, right, pure, lovely, admirable—think about such things."*
- *Matthew 5:8 – "Blessed are the pure in heart, for they will see God."*



## Devotional: Protect Your Heart to Foster Healing

**Guarding your heart and mind is essential in the recovery process.** Proverbs 4:23 teaches us that the heart is the wellspring of life. What you allow to dwell there shapes your choices, emotions, and actions.

For someone recovering from hallucinogen addiction, this means being vigilant about influences that stir cravings or confusion. Instead, redirect your focus to pure and uplifting thoughts aligned with God's Son. Philippians offers a checklist to fill your mind with truth, loveliness, and admiration.

Maintaining purity of heart is a spiritual discipline that opens you to clearer sight and intimacy with God. It nourishes resilience and peace on this healing journey.



## Reflect and Apply

1. What kinds of thoughts or surroundings trigger negative feelings or cravings?

---

---

---

2. How can you actively guard your heart against these influences daily?

---

---

---

3. Which positive, God-honoring thoughts can you cultivate intentionally?

---

---

---



# Journaling Prompts

1. Describe what guarding your heart looks like in your daily routine.

---

---

---

2. List uplifting and pure things to meditate on throughout recovery.

---

---

---

3. Pray asking God to help you maintain purity in your heart and mind.

---

---

---





Day 6: 📖 Guarding Your Thoughts and Heart

## Prayer for Today

**Lord**, help me to guard my heart carefully, protecting my mind from harmful influences. Fill me with thoughts that are pure and uplifting. Teach me to focus on what brings You glory, so I can walk in clarity and peace. *Thank You for Your guidance, Amen.* 💚💪💙





## Day 7: 💪 Relying on God's Strength, Not Your Own



Day 7: 📖 Relying on God's Strength, Not Your Own

## Your Verse

*Isaiah 40:31 – "But those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary."*

## Supporting Scriptures

- *Psalm 73:26 – "My flesh and my heart may fail, but God is the strength of my heart and my portion forever."*
- *Joshua 1:9 – "Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go."*



Day 7: 📖 Relying on God's Strength, Not Your Own

## Devotional: Find Renewal by Trusting in God's Strength

**Recovery requires strength beyond human limits.** Isaiah 40:31 offers this beautiful assurance: when we place our hope in the Lord, He renews our strength, enabling us to persevere.

Your own efforts, though important, are not enough. Addiction battles can be exhausting and disheartening, but God promises to uphold you with His power. Even when your flesh and heart feel weak, He remains steady and strong.

Living one day at a time, relying on God's presence and courage, will carry you through difficulties. Knowing God goes with you provides courage to face temptations and setbacks without fear.



Day 7:  Relying on God's Strength, Not Your Own

## Reflect and Apply

1. In what areas do you feel your own strength faltering?

---

---

---

2. How can placing hope in God change your approach to recovery?

---

---

---

3. What does it mean to you that God is with you always?

---

---

---



## Journaling Prompts

1. Reflect on moments when God gave you unexpected strength.

---

---

---

2. Write about struggles where you sense God's presence carrying you.

---

---

---

3. Pray for courage to rely fully on God's strength each day.

---

---

---



Day 7: 🦵 Relying on God's Strength, Not Your Own

## Prayer for Today

**Gracious God**, I admit my weakness and choose to hope in You alone. Renew my strength, lift my spirit, and help me to soar over challenges. Give me courage to trust Your presence and power every step of this journey. *In Jesus' strong name, Amen.* 🙏👊🚀





## Day 8: Embracing God's Healing Power





Day 8: 🍀 Embracing God's Healing Power

## Your Verse

*Jeremiah 30:17 - "I will restore you to health and heal your wounds," declares the LORD.*

## Supporting Scriptures

- *Psalm 147:3 - "He heals the brokenhearted and binds up their wounds."*
- *Isaiah 53:5 - "By his wounds we are healed."*



Day 8: 🍀 Embracing God's Healing Power

## Devotional: Receive God's Deep and Lasting Healing

**God's healing extends beyond physical recovery to the deep wounds addiction leaves on our souls.** Jeremiah 30:17 reassures us that God promises restoration and healing. This healing is a divine work that touches every part of your being.

Many who struggle with hallucinogen addiction wrestle with emotional pain, confusion, and brokenness. Yet Psalm 147:3 highlights God's tender care for the brokenhearted. Jesus' sacrifice made it possible for us to be fully healed — spiritually, mentally, and emotionally.

Embracing God's healing means surrendering your brokenness to Him and trusting His love to mend even the most hidden wounds. Healing is often a gradual process, but God is ever faithful to restore.



## Reflect and Apply

1. What wounds has addiction caused in your life needing God's healing?

---

---

---

2. How does knowing Jesus' sacrifice heal you encourage your recovery?

---

---

---

3. What steps can you take to open yourself to God's healing touch?

---

---

---



Day 8: 🍀 Embracing God's Healing Power

## Journaling Prompts

1. Describe areas where you desire restoration and wholeness.

---

---

---

2. Write about the hope you find in God's promise to heal.

---

---

---

3. Pray asking God to reveal His healing presence in your heart.

---

---

---



Day 8: 🍀 Embracing God's Healing Power

## Prayer for Today

**Lord**, I bring my brokenness and pain before You. Thank You for Your promise to restore and heal every wound addiction has caused. Help me to trust in Your power and experience Your healing love daily. Strengthen me as I walk toward wholeness. *In Jesus' name, Amen.* ❤️ 🙏 🌿





## Day 9: Speaking Truth in Place of Lies



Day 9:  Speaking Truth in Place of Lies

## Your Verse

*John 8:32 - "Then you will know the truth, and the truth will set you free."*

## Supporting Scriptures

- *Psalms 119:105 - "Your word is a lamp to my feet and a light to my path."*
- *Ephesians 6:14 - "Stand firm then, with the belt of truth buckled around your waist."*



Day 9:  Speaking Truth in Place of Lies

## Devotional: Let God's Truth Set You Free Today

**The power of truth is the key to breaking addiction's grip.** Lies about your worth, your future, or your ability to change keep you trapped. John 8:32 highlights the freedom that comes from embracing truth.

God's Word acts as a lamp that illuminates the dark paths of confusion addiction creates. By standing firm in truth and rejecting destructive lies, you take hold of your freedom in Christ.

Today, commit to speaking truth to yourself about who you are and what God has planned for you. Replace old patterns of negative thoughts with biblical truths that affirm your value, hope, and healing.





## Reflect and Apply

1. What lies have you believed because of addiction?

---

---

---

2. How does knowing God's truth change the way you view yourself?

---

---

---

3. How can you actively choose to embrace truth over lies daily?

---

---

---



## Journaling Prompts

1. List common lies and write corresponding Scripture truths to counter them.

---

---

---

2. Reflect on a time when truth helped you overcome a struggle.

---

---

---

3. Pray for courage to reject lies and embrace God's truth always.

---

---

---



Day 9: 💬 Speaking Truth in Place of Lies

## Prayer for Today

Jesus, I choose to know Your truth and let it set me free. Help me to reject the lies that have held me captive. Fill my heart and mind with Your Word that guides and strengthens. Teach me to stand firm in Your truth every day. *In Your holy name, Amen.* 👍 🔊 🌹





## Day 10: 🌀 Finding Peace Amidst Turmoil



Day 10: 🧘 Finding Peace Amidst Turmoil

## Your Verse

*John 14:27 - "Peace I leave with you; my peace I give you. I do not give to you as the world gives."*

## Supporting Scriptures

- *Philippians 4:7 - "And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."*
- *Isaiah 26:3 - "You will keep in perfect peace those whose minds are steadfast."*



Day 10: 🧘 Finding Peace Amidst Turmoil

## Devotional: Receive the Peace Only Jesus Gives

**Addiction often stirs inner turmoil, confusion, and chaos.** Yet Jesus offers a peace unlike any other—calm and steady even when life is difficult. John 14:27 assures us of this unique peace.

This peace is not dependent on external circumstances. Instead, it flows from trusting God wholly and allowing Him to guard your heart and mind. Philippians 4:7 describes this peace as transcending human understanding—a supernatural calm that shields you.

When temptation arises or emotions surge, remember God's peace is available to you. Cultivate a steadfast mind through prayer and Scripture, and let God's tranquility settle your soul.



Day 10: 🧘 Finding Peace Amidst Turmoil

## Reflect and Apply

1. Where do you feel the most turmoil in your recovery journey?

---

---

---

2. How can embracing Jesus' peace change your response to challenges?

---

---

---

3. What practical ways can you invite God's peace into your daily life?

---

---

---



Day 10: 🧘 Finding Peace Amidst Turmoil

## Journaling Prompts

1. Write about moments when God's peace has felt real to you.

---

---

---

2. List things you can do to actively seek peace each day.

---

---

---

3. Pray asking Jesus to calm your heart and mind through struggles.

---

---

---





Day 10: 🧘 Finding Peace Amidst Turmoil

## Prayer for Today

**Prince of Peace**, I long to receive Your calming presence amid chaos. Fill me with Your peace that surpasses all understanding. Guard my mind and heart so I can face challenges with serenity. Help me to rest in Your steadfast love each day. *In Jesus' name, Amen.* 😊 🙏 🌻





## Day 11: 🙋 Creating a Supportive Community



## Day 11: 🧑🏫 Creating a Supportive Community

## Your Verse

*Ecclesiastes 4:9-10 - "Two are better than one... If either of them falls down, one can help the other up."*

## Supporting Scriptures

- *Hebrews 10:24-25 - "Let us consider how we may spur one another on toward love and good deeds."*
- *Galatians 6:2 - "Carry each other's burdens, and in this way, you will fulfill the law of Christ."*



Day 11: 🧑🏻 Creating a Supportive Community

## Devotional: Building a Circle of Support and Encouragement

**Recovery is often too challenging to do alone.** God’s design is for community—where believers support, encourage, and uplift one another. Ecclesiastes 4:9–10 paints a vivid picture of how partnership guards against isolation and failure.

Building a supportive community, whether through church, recovery groups, or close friends, provides accountability and love. Hebrews encourages us to meet regularly and spur one another on in faith and good actions.

Sharing your burdens allows the law of Christ—love—to be fulfilled. Consider who can walk with you on this journey and how you can also encourage others.



Day 11: 🧑 Creating a Supportive Community

## Reflect and Apply

1. Who currently supports you in your recovery journey?

---

---

---

2. What qualities do you need in your support community?

---

---

---

3. How can you be both supported and a supporter to others?

---

---

---



## Journaling Prompts

1. List people you trust and could invite into your recovery community.

---

---

---

2. Write about how past relationships have helped or hindered you.

---

---

---

3. Pray for God to guide you in building supportive, loving relationships.

---

---

---



Day 11: 🙋 Creating a Supportive Community

## Prayer for Today

**God of Community**, thank You for the gift of supportive relationships. Lead me to people who will uplift and encourage me in my recovery. Help me to be a source of love and strength to others as well. Bind us together in Your perfect love. *In Jesus' name, Amen.* 🙏 👫 ❤️





# Day 12: 🧙♂️ Battling Temptation with God's Word





Day 12: 🎮 Battling Temptation with God's Word

## Your Verse

*Matthew 4:4 - "Man shall not live on bread alone, but on every word that comes from the mouth of God."*

## Supporting Scriptures

- *Psalm 119:11 - "I have hidden your word in my heart that I might not sin against you."*
- *Ephesians 6:17 - "Take the helmet of salvation and the sword of the Spirit, which is the word of God."*



Day 12: 🎮 Battling Temptation with God's Word

## Devotional: Use Scripture to Resist Addiction's Pull

**Temptation often intensifies during recovery, calling you back into old patterns.** Jesus teaches us in Matthew 4:4 that spiritual nourishment through God's Word is crucial.

Hiding Scripture in your heart equips you with God's powerful weapon to fight temptation. As Jesus resisted Satan's enticements by quoting Scripture, you too can stand firm by knowing God's promises and truth.

Regular immersion in God's Word sharpens your spiritual sword and shields you from sin's pull. Commit today to deeper engagement with Scripture as a frontline defense in your healing journey.



Day 12: 🧠 Battling Temptation with God's Word

## Reflect and Apply

1. How has Scripture helped you resist temptation so far?

---

---

---

2. What verses encourage you most during difficult moments?

---

---

---

3. What habits will you develop to use God's Word daily?

---

---

---



Day 12: 🧠 Battling Temptation with God's Word

## Journaling Prompts

1. Memorize a verse that strengthens you and write about its impact.

---

---

---

2. Describe a temptation you faced and how Scripture helped or could help.

---

---

---

3. Pray for a hunger for God's Word to fuel your recovery.

---

---

---



Day 12: 🧠 Battling Temptation with God's Word

## Prayer for Today

**Lord**, feed my soul daily with Your Word. Help me to hide Your truth in my heart so I can stand against temptation. Equip me with Your Spirit and Scripture as my armor in this battle. Thank You for being my refuge and strength. *In Jesus' name, Amen.* 📖 🧠 🙏





# Day 13: 💡 Gaining Clarity and Purpose from God



Day 13: 🕯️ Gaining Clarity and Purpose from God

## Your Verse

*Proverbs 3:5-6 - "Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."*

## Supporting Scriptures

- *Jeremiah 29:11 - "For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you a hope and a future."*
- *Psalms 37:23 - "The LORD makes firm the steps of the one who delights in him."*



# Devotional: Let God Bring Clarity and Purpose to Your Life

**Hallucinogen addiction often distorts purpose and clouds clarity.** Proverbs 3:5–6 invites you to trust God fully and submit your life to Him. When you lean on Him instead of your own understanding, He will lead you with clear direction.

God’s plans, as Jeremiah declares, are full of hope and prosperity—a future restored beyond addiction. Through delighting in the Lord and surrendering your will, you gain clarity about your path and purpose.

Today, choose to release confusion and welcome the divine guidance that brings clarity. With God as your compass, your future is secure and meaningful.





## Reflect and Apply

1. In what areas do you feel uncertain or lost?

---

---

---

2. How can you practice trusting God instead of your own understanding?

---

---

---

3. What new purposes might God be revealing to you in recovery?

---

---

---



# Journaling Prompts

1. Write about how you want God to direct your steps.

---

---

---

2. List your hopes for the future that align with God's promises.

---

---

---

3. Pray for discernment and trust in God's good plans.

---

---

---



Day 13: 💡 Gaining Clarity and Purpose from God

## Prayer for Today

**Lord**, I surrender my confusion to You. Help me to trust You with all my heart and not rely on my limited knowledge. Guide me in Your perfect way and lead me toward a hopeful future. I place my path in Your hands. *In Jesus' name, Amen.* 🙏 ✨ 🔍





## Day 14: 🦊 Cultivating Patience and Perseverance



Day 14: 🍷 Cultivating Patience and Perseverance

## Your Verse

*James 1:2-4 - "Consider it pure joy... whenever you face trials, because you know that the testing of your faith produces perseverance."*

## Supporting Scriptures

- *Romans 5:3-4 - "Suffering produces perseverance; perseverance, character; and character, hope."*
- *Galatians 6:9 - "Let us not become weary in doing good, for at the proper time we will reap a harvest."*



Day 14: 🍷 Cultivating Patience and Perseverance

## Devotional: Stay Strong: Joy in Persevering Through Trials

**Recovery is a marathon, not a sprint.** It requires patience and perseverance through trials and setbacks. James encourages us to find joy in testing because it builds endurance and spiritual maturity.

Romans continues the theme, showing how hardship produces character and hope—qualities essential for long-term healing. Patience is hard but leads to a harvest of victory when we don't give up.

If you stumble or feel weary, lean into God's strength to keep going. Celebrate small victories, embrace grace for falls, and know your persistence builds a foundation of hope.



## Reflect and Apply

1. How do you usually respond to setbacks in recovery?

---

---

---

2. What lessons can you learn from difficult moments?

---

---

---

3. How can you cultivate patience with yourself and God's timing?

---

---

---



# Journaling Prompts

1. Describe a time when perseverance led to a breakthrough.

---

---

---

2. Write about how faith has been tested and grown in your struggle.

---

---

---

3. Pray for joy and strength to keep moving forward.

---

---

---





Day 14: 🍷 Cultivating Patience and Perseverance

## Prayer for Today

God, teach me to be patient through this recovery journey. Help me to persevere with joy, trusting that You use trials to shape me. When I grow weary, renew my hope and give me strength to continue. Thank You for Your faithful presence. *In Jesus' name, Amen.* 🙏 🌸 🍷





## Day 15: Trusting God Amidst Uncertainty



Day 15:  Trusting God Amidst Uncertainty

## Your Verse

*Isaiah 41:10 - "Do not fear, for I am with you; do not be dismayed, for I am your God."*

## Supporting Scriptures

- *Psalms 56:3 - "When I am afraid, I put my trust in you."*
- *2 Timothy 1:7 - "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."*



Day 15:  Trusting God Amidst Uncertainty

## Devotional: Overcome Fear Through Trusting God's Presence

**Fear and uncertainty often accompany the path of overcoming addiction.** Isaiah's words remind you that God's presence eliminates fear and dismay. When you feel fragile or unsure, God's presence is your anchor.

Psalm 56 encourages placing trust in God even when afraid. Trust invites power, love, and self-discipline—essential gifts that combat timidity and help you stand strong.

Today, choose faith over fear. Lean into the Spirit of power God promises, knowing He strengthens you in moments of doubt or weakness.



## Reflect and Apply

1. What fears arise as you pursue freedom from addiction?

---

---

---

2. How can God's presence calm your uncertainty?

---

---

---

3. What does it look like to live courageously by the Spirit's power?

---

---

---



Day 15:  Trusting God Amidst Uncertainty

# Journaling Prompts

1. Write about fears you want to surrender to God.

---

---

---

2. List ways God has shown up in uncertain times.

---

---

---

3. Pray asking for the Spirit's power, love, and self-discipline.

---

---

---



Day 15: ✨ Trusting God Amidst Uncertainty

## Prayer for Today

**Father**, when fear grips my heart, help me to trust You completely. Remind me You are always with me and empower me by Your Spirit. Fill me with courage, love, and self-control to face each day confidently. *In Jesus' name, Amen.* 🙏





## Day 16: 👑 Living as a Child of God





Day 16: 📖 Living as a Child of God

## Your Verse

*Romans 8:15 – "You have received the Spirit of adoption, by whom we cry, 'Abba! Father!'"*

## Supporting Scriptures

- *1 John 3:1 – "See what great love the Father has lavished on us, that we should be called children of God!"*
- *Galatians 4:7 – "So you are no longer a slave, but God's child."*



Day 16: 📖 Living as a Child of God

# Devotional: Embrace Your God-Given Identity as His Child

**Understanding your relationship with God as His beloved child is transformative.** Addiction can make you feel isolated and unworthy, but as Romans 8:15 teaches, you are adopted into God's family.

This adoption means intimate access to God as 'Abba'—a term of deep affection like 'Daddy'. 1 John 3:1 reveals the overwhelming love God lavishes on His children.

Living as a child of God offers security, identity, and belonging. It frees you from the slavery of addiction and invites you into the joy of God's family. Embrace this truth and live in the freedom and love it provides.



Day 16: 📖 Living as a Child of God

## Reflect and Apply

1. How does being God's child affect your self-worth?

---

---

---

2. What does the intimacy of calling God 'Abba' mean to you?

---

---

---

3. How can this truth motivate your recovery journey?

---

---

---



Day 16: 🏰 Living as a Child of God

## Journaling Prompts

1. Write about what it feels like to be adopted by God.

---

---

---

2. List ways God's love as your Father has touched your life.

---

---

---

3. Pray thanking God for His unfailing love and adoption.

---

---

---



Day 16: 📅 Living as a Child of God

## Prayer for Today

**Abba Father**, thank You for adopting me into Your family. Help me to live each day embracing this identity with confidence and love. Remind me that in You, I am cherished, secure, and free. Teach me to reflect Your love in all I do. *In Jesus' name, Amen.* 🙏💜👨👩👧





## Day 17: Committing to Lasting Change



Day 17:  Committing to Lasting Change

## Your Verse

*Philippians 1:6 - "He who began a good work in you will carry it on to completion until the day of Christ Jesus."*

## Supporting Scriptures

- *Galatians 6:9 - "Let us not become weary in doing good..."*
- *2 Timothy 4:7 - "I have fought the good fight, I have finished the race, I have kept the faith."*



Day 17:  Committing to Lasting Change

## Devotional: Faithfully Pursue the Journey God Has Begun

**Recovery requires a commitment to ongoing transformation.** Philippians offers encouragement that God, who began the work in you, will faithfully complete it.

You are not alone in sustaining change. The process involves perseverance, even when tired. Galatians and Timothy emphasize endurance and faithfulness as keys to finishing well.

Commit today to continue seeking God's help daily. Trust that He will carry your recovery to full restoration. Celebrate progress but keep pressing forward with hope and determination.





Day 17:  Committing to Lasting Change

## Reflect and Apply

1. How can you remind yourself that God will complete His work in you?

---

---

---

2. What challenges make it hard to persevere?

---

---

---

3. What motivates you to keep fighting the good fight today?

---

---

---



Day 17:  Committing to Lasting Change

## Journaling Prompts

1. Reflect on progress made so far and give thanks.

---

---

---

2. Write about barriers you face and how God helps you overcome.

---

---

---

3. Pray for continued endurance and faithfulness.

---



---

---



Day 17:  Committing to Lasting Change

## Prayer for Today

Dear Lord, thank You for starting a good work in me. Help me to trust You to complete it fully. Strengthen my heart to persevere and keep faith through every trial. Guide me as I commit to lasting change in You. *In Jesus' name, Amen.*   





## Day 18: 🚔 Walking Daily in God's Guidance



Day 18: 🧑 Walking Daily in God's Guidance

## Your Verse

*Psalm 32:8 – "I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you."*

## Supporting Scriptures

- *Proverbs 16:9 – "In their hearts humans plan their course, but the LORD establishes their steps."*
- *Isaiah 30:21 – "Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, 'This is the way; walk in it.'"*



Day 18: 🧑 Walking Daily in God's Guidance

## Devotional: Follow God's Loving Guidance Every Day

**God promises to guide you with loving care every step of the way.** Psalm 32:8 reassures that God both instructs and watches over you tenderly.

Recovery is often uncertain, but God's counsel provides clarity and direction. Proverbs reminds us that while we plan, the Lord sets our steps. Isaiah paints the comforting picture of hearing God's voice guiding us continually.

Stay open and attentive to God's leading in your daily decisions. This ongoing guidance strengthens your resolve and keeps your feet on the path of healing and purpose.



Day 18: 🚶 Walking Daily in God's Guidance

## Reflect and Apply

1. How do you experience God's guidance currently?

---

---

---

2. What distractions or fears prevent you from listening closely to Him?

---

---

---

3. How can you become more sensitive to God's counsel day by day?

---

---

---



Day 18: 🚶 Walking Daily in God's Guidance

## Journaling Prompts

1. Journal a recent situation where you sensed God's guidance.

---

---

---

2. Write about ways to grow in listening to God's voice.

---

---

---

3. Pray for discernment and openness to God's instruction.

---

---

---





Day 18: 🚶 Walking Daily in God's Guidance

## Prayer for Today

**Father**, thank You for watching over me and guiding my steps with love. Help me to listen attentively and follow Your voice daily. Lead me in the way of healing, clarity, and purpose. I trust Your counsel completely. *In Jesus' name, Amen.* 🙏🌿👍





## Day 19: 💎 Valuing Yourself as God Values You



Day 19: 💎 Valuing Yourself as God Values You

## Your Verse

*Psalm 139:14 - "I praise you because I am fearfully and wonderfully made."*

## Supporting Scriptures

- *Matthew 10:29-31 - "You are worth more than many sparrows."*
- *Ephesians 2:10 - "For we are God's handiwork."*



Day 19: 💎 Valuing Yourself as God Values You

## Devotional: See Your Worth as God's Wonderful Creation

**Understanding your worth is vital for healing addiction.** Psalm 139 reminds us that we are fearfully and wonderfully made by God's hand. Addiction may cause self-loathing or low self-esteem, but God's view is profoundly different.

Jesus reassures in Matthew that you are deeply valued and precious in God's sight. You are God's masterpiece, created with purpose and love.

As you recover, let this truth renew how you see yourself. Treat your body and soul as precious creations, worthy of care and respect. Embrace a mindset aligned with God's love and purpose for you.



## Reflect and Apply

1. How has addiction distorted your self-image?

---

---

---

2. What truths about your worth from Scripture resonate most?

---

---

---

3. How can embracing God's view of you inspire your recovery?

---

---

---



Day 19:  Valuing Yourself as God Values You

## Journaling Prompts

1. Write affirmations based on God's Word about your value.

---

---

---

2. Describe ways you can nurture the body and mind God created.

---

---

---

3. Pray for healing of self-image and full acceptance of God's love.

---

---

---



Day 19: 💎 Valuing Yourself as God Values You

## Prayer for Today

**Creator God**, thank You for making me wonderfully. Help me to see myself as You see me—valued, loved, and purposeful. Heal any wounds that cause me to doubt my worth. Empower me to live confidently as Your handiwork. *In Jesus' name, Amen.* ❤️💜🌀





## Day 20: 🙌 Celebrating Victory in Christ





Day 20: 🙌 Celebrating Victory in Christ

## Your Verse

*1 Corinthians 15:57 - "But thanks be to God! He gives us the victory through our Lord Jesus Christ."*

## Supporting Scriptures

- *Romans 8:37 - "In all these things we are more than conquerors through him who loved us."*
- *Revelation 12:11 - "They triumphed over him by the blood of the Lamb and by the word of their testimony."*



Day 20: 🙌 Celebrating Victory in Christ

## Devotional: Rejoice in the Victory Christ Provides

**Victory over addiction is possible through Jesus Christ.** 1 Corinthians 15:57 celebrates the victory God gives through the Lord. This victory is not merely about abstaining but also about the transformation and new life Christ provides.

You are more than a conqueror. Romans affirms that God's love empowers you to overcome any struggle. Revelation highlights how testimony and reliance on Jesus' blood bring triumph over the enemy.

Take time to celebrate your progress and victories no matter how small. Your testimony is a powerful witness of God's grace and strength.



Day 20: 🙌 Celebrating Victory in Christ

## Reflect and Apply

1. What victories have you experienced in your recovery journey?

---

---

---

2. How can your testimony strengthen others battling addiction?

---

---

---

3. What role does Christ's love play in your triumph over addiction?

---

---

---



Day 20: 🙌 Celebrating Victory in Christ

## Journaling Prompts

1. Write a testimony of God's work in your recovery.

---

---

---

2. List victories you want to celebrate and thank God for.

---

---

---

3. Pray in gratitude for Jesus' victory over addiction.

---

---

---



Day 20: 🙌 Celebrating Victory in Christ

## Prayer for Today

**Lord Jesus**, thank You for the victory You give. I celebrate the progress You have brought in my life. May my testimony bring glory to You and hope to others. Strengthen me to live as a conqueror through Your love. *In Your name, Amen.* 🎉🙌🙏





## Day 21: 🙏 Committing to a Life Rooted in Faith



Day 21: 🙏 Committing to a Life Rooted in Faith

## Your Verse

*Colossians 2:6-7 - "Continue to live your lives in him, rooted and built up in him, strengthened in the faith."*

## Supporting Scriptures

- *Hebrews 12:1 - "Let us run with perseverance the race marked out for us."*
- *Psalms 1:3 - "That person is like a tree planted by streams of water, which yields its fruit in season."*



Day 21: 🙏 Committing to a Life Rooted in Faith

## Devotional: Root Yourself Deeply in Faith for Life

**Your journey doesn't end here—it's a lifelong commitment.** Colossians calls you to continue living rooted and built up in Christ. This rootedness provides strength, nourishment, and stability through every stage of life.

Like a fruitful tree planted by water, a life grounded in faith yields growth and resilience. Hebrews reminds us to run our race with perseverance.

As you finish this 21-day study, embrace a sustained faith journey that nurtures your recovery and purpose. Remain connected to God, supported by community, and rooted deeply in His love.





Day 21: 🙏 Committing to a Life Rooted in Faith

## Reflect and Apply

1. How will you maintain your faith and spiritual growth after this study?

---

---

---

2. What habits support your ongoing recovery and connection to God?

---

---

---

3. Who can encourage you to stay rooted in Christ daily?

---

---

---



Day 21: 🙏 Committing to a Life Rooted in Faith

## Journaling Prompts

1. Write a commitment statement to continue growing in faith.

---

---

---

2. List spiritual practices you want to incorporate long-term.

---

---

---

3. Pray for strength and perseverance in your lifelong journey with God.

---

---

---



Day 21: 🙏 Committing to a Life Rooted in Faith

## Prayer for Today

**Gracious God**, I commit my life to remaining rooted in Your love and truth. Strengthen my faith and help me persevere in this ongoing journey. Surround me with encouragement and keep me grounded in You always. Thank You for Your faithful guidance. *In Jesus' name, Amen.* 🙏 ❤️ 🌱





## Where God's Word Meets Your Daily Life

### **A Personal Invitation from HolyJot**

We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



What you'll discover when you visit [HolyJot.com](https://www.holyjot.com):



 **100k+ Bible Study Plans** on every topic of life

 Access studies anytime on your phone, tablet, or computer

 Studies for individuals, families, small groups, and churches

 Secure online journaling — or keep using print for privacy

 A place to grow your faith alongside believers worldwide

### **Bonus for You:**


Download exclusive study bundles and resources when you create a [free HolyJot account](#). No spam. No gimmicks. Just God's Word.

### **Visit Now:**

 [www.HolyJot.com](https://www.holyjot.com)

 Scan this QR code to start your next Bible Study today:



 We'd love to hear your story.  
Email us at [info@holyjot.com](mailto:info@holyjot.com).

 Connect with us at:

[Facebook](#) • [Instagram](#) • [YouTube](#) • [TikTok](#)



You are welcome to share this PDF with others.  
Please keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.