



God's Comfort for Families in Grief



A 7-day journey exploring God's comfort and hope
for families mourning children lost to landslides.



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Introduction

Grief is an overwhelming and deeply personal experience, especially when it results from sudden tragedy such as losing a child in a landslide. Families affected by such loss often find themselves grappling not only with heartbreaking sorrow but also with questions of purpose, hope, and healing. This 7-day Bible study plan is crafted specifically to offer *God's comforting presence* to those enduring this profound pain.

Throughout Scripture, we find that God is close to the brokenhearted and offers refuge in times of distress (**Psalms 34:18**). He understands our pain intimately and provides a hope that transcends despair. These days will guide you through key passages where God's promises of peace, strength, and restoration are revealed, helping you carry your grief with grace and faith.

As you journey through each day, reflect on how God's Word speaks uniquely into your sorrow. Whether you are struggling with feelings of loss, anger, confusion, or loneliness, you will discover that God's comfort is not distant but deeply personal—embracing your heart like a loving Father. This study also encourages you to lean on and support one another through shared prayers, reflections, and journaling prompts designed to bring healing.

Remember, grief is a process, and God's comfort is present in every step. You are not alone in this journey. May this time in His Word bring you peace that surpasses understanding and renewed hope for tomorrow.





Day 1: 🕊️ God Is Close to the Brokenhearted



Day 1: 🕊️ God Is Close to the Brokenhearted

Your Verse

Psalm 34:18 "The LORD is close to the brokenhearted and saves those who are crushed in spirit."

Supporting Scriptures

- *Isaiah 41:10 "So do not fear, for I am with you; do not be dismayed, for I am your God."*
- *Matthew 5:4 "Blessed are those who mourn, for they will be comforted."*



Day 1: 🕊️ God Is Close to the Brokenhearted

Devotional: God's Nearness in Deepest Sorrow

The pain of losing a child is one of the deepest sorrows a parent can experience. When your heart feels shattered from the sudden tragedy of a landslide, know that God is not distant or indifferent. Psalm 34:18 reminds us that *the LORD is close to the brokenhearted*. This is not just a spiritual truth; it's a divine promise that God's very presence enters the place of your deepest sorrow.

God doesn't erase pain immediately, but He holds those crushed in spirit with tenderness. He understands grief in ways that other comforts cannot. It's okay to mourn and to cry out in your pain; God welcomes that honesty. He meets you where you are, offering refuge when the world feels dark and uncertain.

Lean into God's nearness today. Invite Him into your grief. Allow yourself to experience His comfort, knowing that He promises to save and sustain even in moments of overwhelming loss.



Day 1: 🕊️ God Is Close to the Brokenhearted

Reflect and Apply

1. In your pain, how does knowing God is close impact your heart right now?

2. What emotions arise when you read that God saves those crushed in spirit?

3. How can you invite God's presence into your grief today?



Journaling Prompts

1. Write about a moment when you felt God's closeness despite your pain.

2. Describe what it means to be 'crushed in spirit' and how God responds to that.

3. Reflect on the ways you can be honest with God about your grief.



Day 1: 🕊️ God Is Close to the Brokenhearted

Prayer for Today

Dear Heavenly Father, today we come before You with heavy hearts, mourning the precious children lost in such tragic landslides. *We ask for Your comforting presence to surround every grieving family.* Help them to feel Your nearness in their pain and to trust You as their refuge and strength. Carry their sorrow gently; replace despair with Your peace. Remind them they are not alone and that You hold their broken hearts tenderly. **Thank You for being close to the brokenhearted.** In Jesus' name, amen. 🙏❤️🕊️





Day 2: Finding Refuge in God's Strength



Day 2: 🌿 Finding Refuge in God's Strength

Your Verse

Psalm 46:1 "God is our refuge and strength, an ever-present help in trouble."

Supporting Scriptures

- *Nahum 1:7 "The LORD is good, a refuge in times of trouble. He cares for those who trust in him."*
- *2 Corinthians 12:9 "My grace is sufficient for you, for my power is made perfect in weakness."*



Day 2: 🌿 Finding Refuge in God's Strength

Devotional: God's Strength Carries Us Through Pain

In the midst of tragedy, it's natural to feel weak and overwhelmed. Yet God invites us to find our strength in Him, who is our unshakable refuge. Psalm 46:1 declares that God is not only our refuge but also an ever-present help, meaning He is always available, always ready to support us through every storm.

Even when grief makes us feel powerless, God's grace is sufficient, and His power is made perfect in our weakness (2 Corinthians 12:9). This means that it is okay to admit when we are broken because God uses our weakness as the place where His strength shines brightest.

Today, lean on God's refuge and allow His strength to carry you through the moments when you feel you cannot continue. Trust that He cares deeply and wants to support you when life feels unmanageable.



Reflect and Apply

1. How can you rely on God's strength when you feel weak?

2. What does it mean to you that God is your refuge in times of trouble?

3. In what ways has God's grace been sufficient for you during difficult times?



Journaling Prompts

1. Write about a time you felt God's strength supporting you in hardship.

2. Describe how you can practically seek refuge in God during overwhelming grief.

3. Reflect on your feelings of weakness and how God's power meets you there.



Day 2: 🌿 Finding Refuge in God's Strength

Prayer for Today

Lord of Refuge and Strength, we come to You weary and burdened by grief. Remind us that You are our ever-present help in trouble. When we feel weak and broken, fill us with Your strength. *Let Your grace uphold us, and Your power sustain us.* Help us to trust in Your care and to find rest in Your loving arms. Carry us through this valley, and transform our weakness into a testimony of Your might. In Jesus' name, Amen. 🛡️ 🌿 🙏





Day 3: God Understands Our Tears



Your Verse

Psalm 56:8 "You have kept track of my tossings; put my tears in your bottle. Are they not in your record?"

Supporting Scriptures

- *John 11:35 "Jesus wept."*
- *Revelation 21:4 "He will wipe every tear from their eyes."*



Devotional: God Collects Every Tear in Compassion

Your tears do not go unnoticed by God. Psalm 56:8 reveals a tender truth: God collects our tears and remembers them. In times of grief, crying is a natural expression of sorrow—a language of the heart that God profoundly understands.

Jesus Himself wept when His friend Lazarus died (John 11:35), showing His compassion and empathy for human pain. He fully enters into our suffering and shares in our mourning. This same compassionate Savior promises a future where He will wipe away every tear (Revelation 21:4), providing hope of ultimate restoration and healing.

When grief overwhelms you, remember that your tears are precious to God. You are seen, known, and deeply loved even in your sorrow. Let this truth be a balm to your aching heart as you pour out your pain before the One who holds your every tear.



Reflect and Apply

1. How does knowing God collects your tears affect your grief journey?

2. Why do you think Jesus wept alongside those who mourned?

3. What hope does Revelation 21:4 offer you for the future?



Journaling Prompts

1. Write about a time you felt God's comfort in your tears.

2. Express your emotions honestly in writing about what you are grieving.

3. Consider how God's compassion changes your view of your own sorrow.



Day 3: 💧 God Understands Our Tears

Prayer for Today

Compassionate Father, thank You for understanding my tears and keeping them safe. Even when sorrow feels endless, Your heart is tender toward mine. *Comfort me with the knowledge that Jesus wept too, and that You will one day wipe away every tear.* Help me to pour out my pain honestly before You, trusting You to heal the broken places. Give me hope for the day when grief will be no more. In Jesus' loving name, Amen. 💧 ❤️ 🙏





Day 4: 🔥 Holding onto Hope in Darkness



Day 4: 🔥 Holding onto Hope in Darkness

Your Verse

Romans 15:13 "May the God of hope fill you with all joy and peace as you trust in him."

Supporting Scriptures

- *Lamentations 3:22-23 "Because of the LORD's great love we are not consumed, for his compassions never fail..."*
- *John 16:33 "In this world you will have trouble. But take heart! I have overcome the world."*



Day 4: 🔥 Holding onto Hope in Darkness

Devotional: God's Hope Sustains Us Through Grief

Grieving families can feel engulfed by darkness after tragic loss. However, God's Word offers a powerful anchor of hope amidst despair. Romans 15:13 encourages us to trust in God, the source of all hope, who fills our hearts with joy and peace even during the most difficult seasons.

Lamentations reminds us that God's mercies are new every morning and His great love keeps us from being consumed by grief. Jesus also assures us that though we will face trouble, He has overcome the world, championing victory over pain and suffering.

Hope doesn't erase pain but sustains us through it, guiding us to brighter days. Today, choose to lean on God's hope — the same hope that carried Jesus through suffering — trusting He will carry you forward with joy and peace for your weary heart.



Day 4: 🔥 Holding onto Hope in Darkness

Reflect and Apply

1. What hope can you claim from Romans 15:13 during your grief?

2. How do God's mercies give you strength each day?

3. In what ways does Jesus' victory encourage you amid loss?



Day 4: 🔥 Holding onto Hope in Darkness

Journaling Prompts

1. Write about how you have experienced God's hope in a dark moment.

2. Reflect on what peace and joy mean to you during grief.

3. Journal your personal hopes for healing in the days to come.



Day 4: 🔥 Holding onto Hope in Darkness

Prayer for Today

God of Hope, fill my heart with Your joy and peace as I trust in You. When grief feels overwhelming, remind me that Your mercies are new each day and that You never abandon me. *Strengthen my faith to hold onto hope in dark moments, knowing Jesus has overcome the world.* Help me to wait patiently for Your healing and restoration. In Your loving name, Amen. ✨ 🔥 🙏





Day 5: 🌈 God's Promise of Restoration



Your Verse

Isaiah 61:3 "To bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning..."

Supporting Scriptures

- *Revelation 21:4 "He will wipe every tear from their eyes."*
- *Jeremiah 29:11 "For I know the plans I have for you... plans to give you hope and a future."*



Devotional: From Ashes to Beauty: God Restores

Loss leaves an aching void, but God promises restoration beyond what we can see. Isaiah 61:3 beautifully reminds us that God intends to transform our ashes of mourning into a crown of beauty. Though the pain is real, there is a divine plan to replace sorrow with joy and despair with hope.

Revelation assures us of a time when God will wipe away every tear, signaling a future without pain or grief. Jeremiah 29:11 encourages us with God's good plans for our future—plans full of hope and renewal.

While today's grief may feel overwhelming, hold onto God's promise that He is working a redemptive story for your life and family. Trust in His faithfulness to restore, renew, and bring beauty from ashes.



Reflect and Apply

1. How does the promise of restoration give you strength today?

2. What does a 'crown of beauty instead of ashes' look like in your life?

3. How can you hold onto God's plans amid your mourning?



Journaling Prompts

1. Write about what restoration and hope mean to you personally.


2. Reflect on how God has brought beauty from difficult times before.

3. Journal a prayer asking God to help you trust His promises.



Day 5:  God's Promise of Restoration

Prayer for Today

Restoring God, thank You for the promise that You turn ashes into beauty and mourning into joy. In the midst of deep grief, help me to remember Your faithfulness and trust Your good plans for my future. *Bring restoration to my broken heart and renew my hope day by day.* I choose to place my trust in You, confident that You are working all things for good. In Jesus' name, Amen. 





Day 6: 🤝 Caring Community in Grief



Your Verse

Galatians 6:2 "Carry each other's burdens, and in this way you will fulfill the law of Christ."

Supporting Scriptures

- *Romans 12:15 "Mourn with those who mourn."*
- *Ecclesiastes 4:9-10 "Two are better than one... if either of them falls down, one can help the other up."*



Devotional: Together We Carry Each Other's Burdens

God designed us for community and mutual support, especially in times of grief. The pain of losing a child can feel isolating, but Scripture calls us to carry each other's burdens — to come alongside and offer love and comfort.

Romans 12:15 reminds us to mourn with those who mourn, sharing their sorrow with empathy rather than trying to rush healing. Ecclesiastes highlights the strength found in companionship — when one falls, another is there to lift them up.

If you are grieving, allow trusted family, friends, or faith communities to carry your burden with you. And if you are a caregiver, listen deeply, offer presence, and walk gently with those who are grieving. Healing often happens best in the embrace of caring relationships.



Reflect and Apply

1. Who can you turn to for support during your grief?

2. How can you offer care and presence to others who are grieving?

3. What does it mean to truly mourn with someone in pain?



Journaling Prompts

1. Write about the role of community in your grief experience.

2. Reflect on times when others carried your burdens and helped you heal.

3. Journal ways you can build or strengthen supportive relationships now.



Day 6: 🧡 Caring Community in Grief

Prayer for Today

God of Community, thank You for placing us in relationships to carry one another's burdens. Help me to be open to receiving support and to courageously share my grief with trusted loved ones. *Teach me also how to be a compassionate presence for others who suffer.* May Your love be evident through the empathy and care we share. In Jesus' name, Amen. 🧡 ❤️ 🙏





Day 7: Hope Beyond Grief



Your Verse

1 Thessalonians 4:13-14 "...we do not grieve like the rest of mankind, who have no hope. For we believe that Jesus died and rose again..."

Supporting Scriptures

- *John 14:1-3 "In my Father's house are many rooms... I am going there to prepare a place for you."*
- *Psalms 23:4 "Even though I walk through the darkest valley, I will fear no evil..."*



Devotional: Eternal Hope Anchors Our Hearts

As this study concludes, remember that your grief is held within the larger story of God's redemptive hope. 1 Thessalonians 4:13–14 reassures us that because of Jesus' death and resurrection, we do not grieve without hope. This hope anchors us beyond the pain of the present moment and connects us to eternal promises.

Jesus promises to prepare a place for us with the Father (John 14), a comforting thought for every broken heart longing for reunion. Psalm 23 reminds us that even walking through the darkest valley, we need not fear because God is with us, guiding and protecting every step.

May you hold tightly to this hope — a hope that shines through agony and points to a glorious morning beyond grief, where joy will be made complete.



Reflect and Apply

1. What hope do you find in the resurrection of Jesus amidst your grief?

2. How does the promise of heaven comfort you regarding your child's future?

3. In what ways can you walk through your present valleys without fear?



Journaling Prompts

1. Write about how Jesus' victory over death changes your grief perspective.




2. Reflect on what 'a place prepared' means for you and your family.

3. Journal your hopes and prayers for the days and years ahead.



Day 7:  Hope Beyond Grief

Prayer for Today

Lord of Resurrection and Life, thank You for the hope that never fades even in deepest sorrow. Help me to trust in Jesus' victory over death and the promise of eternal reunion. *Comfort my heart with Your presence through every dark valley, and strengthen my faith to walk courageously forward.* May I live each day anchored in the hope of Your everlasting peace. In Jesus' precious name, Amen.   





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