# Grace and Growth: What to Do When You Make a Mistake



A 7-day study on God's grace, forgiveness, and guidance for children who want to learn what to do when they make mistakes.





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#### Introduction

Making mistakes is a natural part of life, especially for children learning about the world and themselves. It's important to understand what to do after making a mistake so we can grow, learn, and become better individuals. This study plan will guide you through God's Word, showing that mistakes are not the end but an opportunity for grace and growth.

Throughout these seven days, we'll explore how God loves us even when we mess up, how we can ask for forgiveness, and how we can choose to make better decisions next time. Mistakes can sometimes feel scary or disappointing, but with God's help, they become stepping stones toward becoming the people He created us to be.

Each day includes scriptures, prayers, and thoughtful questions to help you think deeply and understand God's heart for you. Remember, even when you make a mistake, God's love never fails. Let's start this journey together with hope and courage!







# Day 1: KGod's Unfailing Love When You Mess Up









Day 1: X God's Unfailing Love When You Mess Up

#### Your Verse

Psalm 103:12 - "As far as the east is from the west, so far has he removed our transgressions from us."

#### **Supporting Scriptures**

- Isaiah 1:18 "Though your sins are like scarlet, they shall be as white as snow."
- 1 John 1:9 "If we confess our sins, he is faithful and just and will forgive us our sins."







Day 1: K God's Unfailing Love When You Mess Up

#### Devotional: Understanding God's Boundless Forgiveness

When we make mistakes, it can feel like we've ruined everything, but the Bible tells us that God's love is bigger than any mistake. Psalm 103:12 reminds us that God removes our sins as far as the east is from the west — a distance so vast it never touches. That means no matter what mistake you make, God is ready to forgive and love you.

Isaiah 1:18 encourages us by saying our mistakes, even if like bright red stains, can become pure and white again. This shows us that God doesn't want to hold on to our wrongs but desires to cleanse and restore us.

1 John 1:9 tells us the simple step to receive this forgiveness: confess or tell God about our mistakes. When we do, God promises to be faithful and forgive us. It's important to remember that mistakes don't separate us from God's love, but keeping them hidden might.

Today, remember that God's forgiveness is a fresh start—a clean slate! You don't have to be afraid or ashamed; you just need to be honest and trust His grace.







Day 1: 🎇 God's Unfailing Love When You Mess Up

## Reflect and Apply

1.	How does knowing God removes our mistakes from us make you feel?
	Why do you think God wants us to confess our mistakes instead of hiding them?
	Can you think of a time when you felt forgiven or relieved after telling the truth?







Day 1: 🎇 God's Unfailing Love When You Mess Up

#### **Journaling Prompts**

Write about a mistake you made recently and how you felt afterward.
Record how confessing that mistake to God could change your feelings.
Describe what God's forgiveness means to you in your own words.







Day 1: K God's Unfailing Love When You Mess Up

#### Prayer for Today

**Dear God,** thank You for loving me even when I make mistakes. Help me to be honest with You and to accept Your forgiveness fully. Teach me to trust Your grace and to remember that every mistake is a chance to learn and grow. Please guide my heart to feel Your peace and courage as I walk with You each day. *In Jesus' name, Amen.*















#### Your Verse

Proverbs 3:5-6 - "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

#### **Supporting Scriptures**

- James 1:5 "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault."
- Psalm 32:8 "I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you."







#### Devotional: Trusting God to Guide Your Next Steps

Mistakes are important teachers, but sometimes we don't know how to learn from them on our own. Proverbs 3:5–6 encourages us to trust God fully and not rely solely on what we think is right. When you trust Him and submit your mistakes and plans to Him, He promises to guide you on the right path.

James 1:5 reminds us that God freely gives wisdom to those who ask. Wisdom means knowing the right thing to do, even when things are confusing or hard. Don't be afraid to ask God for wisdom after making a mistake.

In Psalm 32:8, God promises to personally teach and guide us. He watches over us with loving care and wants to help us improve. When you make a mistake, remember this isn't the end—God is ready to help you get back on course.

Turn to Him in prayer and trust His guidance today, knowing mistakes don't define you but can redirect you.







## Reflect and Apply

	What does it mean to trust God instead of leaning on your own understanding?
	How can asking God for wisdom change the way you respond to mistakes?
3.	In what ways has God ever guided you after making a wrong choice?







#### **Journaling Prompts**

1.	. Write about a mistake you want God's help to learn from.
2.	List ways you can ask God for wisdom when you feel unsure.
3.	Describe a time you felt God guiding you after a tough decision.







## **Prayer for Today**

Heavenly Father, thank You for guiding me and giving me wisdom when I need it most. Help me to trust You completely, especially after I've made mistakes. Teach me to listen to Your voice and follow Your path. Please help me remember that mistakes are not failures but opportunities to grow closer to You. In Jesus' name, Amen.







# Day 3: P Honest Confession Brings Freedom









Day 3: \to Honest Confession Brings Freedom

#### Your Verse

1 John 1:9 – "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."

#### **Supporting Scriptures**

- Proverbs 28:13 "Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy."
- Psalm 51:10 "Create in me a pure heart, O God, and renew a steadfast spirit within me."







Day 3: \top Honest Confession Brings Freedom

#### Devotional: The Power of Confessing Your Mistakes

Confession means telling God the truth about our mistakes and asking for His help. It can be scary to admit when we've done wrong, but 1 John 1:9 reminds us that God is faithful and just to forgive and cleanse us when we are honest.

Proverbs 28:13 teaches that trying to hide mistakes only leads to more trouble, but confessing and turning away from them leads to mercy. God wants us to be free from the guilt and sadness that mistakes can cause.

Psalm 51:10 is a beautiful prayer asking God to create a pure heart and strong spirit inside us. After we confess, God cleanses us and gives us the strength to do better next time.

Be brave today: confess your mistakes to God, and accept the freedom and renewal He offers.







Day 3: V Honest Confession Brings Freedom

# Reflect and Apply

Why do you think some people hide their mistakes instead of confessing?
How does confessing mistakes to God bring peace and freedom?
What does having a pure heart and steadfast spirit mean in your life?







Day 3: V Honest Confession Brings Freedom

## **Journaling Prompts**

1.	Write down a mistake you find hard to admit and how you feel about confessing it.
2.	Describe the relief or hope you feel when you think about God forgiving you.
3.	Write a prayer asking God to make your heart pure and strong.







Day 3: O Honest Confession Brings Freedom

#### Prayer for Today

**Loving God,** help me to be honest with You and myself about my mistakes. Thank You for forgiving me completely when I confess. Please create a clean, pure heart in me and give me strength to live the way You want. Help me to walk in Your mercy and grace today. In Jesus' name, Amen.







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#### Your Verse

Isaiah 43:18–19 – "Forget the former things; do not dwell on the past. See, I am doing a new thing!"

#### **Supporting Scriptures**

- 2 Corinthians 5:17 "If anyone is in Christ, the new creation has come: The old has gone, the new is here!"
- Philippians 3:13 "Forgetting what is behind and straining toward what is ahead."







#### Devotional: Embracing Fresh Starts After Mistakes

It's easy to feel stuck or sad about mistakes we've made, but God invites us to leave those behind and look forward. Isaiah 43:18–19 encourages us not to dwell on past mistakes but to watch for the new things God is doing in our lives.

When we trust Jesus, 2 Corinthians 5:17 reminds us we become a new creation. Our past mistakes don't define us — God gives us a fresh start!

Philippians 3:13 talks about forgetting what is behind and focusing on what lies ahead. This is about choosing hope, growth, and God's plans for you instead of being stuck in guilt or fear.

Today, try to let go of past mistakes and step forward into the new life God is giving you.







# Reflect and Apply

1.	What does it mean to you to be a new creation in Christ?
2.	Why is it important not to dwell on past mistakes?
	How can focusing on God's plans help you move forward after making a mistake?







## **Journaling Prompts**

	Write about a mistake you want to leave behind and what you want to focus on now.
2.	Describe what a fresh start with God looks like in your life.
3.	List steps you can take to keep your eyes on the future God has for you.







#### Prayer for Today

God of New Beginnings, thank You for forgiving my past and giving me a fresh start. Help me to forget what's behind and focus on what You are doing in my life now. Teach me to live each day with hope and joy, trusting Your perfect plans for me. In Jesus' name, Amen.  $\triangle \$ 















#### Your Verse

Ephesians 4:32 – "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

#### **Supporting Scriptures**

- Luke 6:36 "Be merciful, just as your Father is merciful."
- Colossians 3:13 "Bear with each other and forgive one another if any of you has a grievance."







#### Devotional: Learning to Be Gentle and Forgiving

It's not only important to accept forgiveness from God but also to be kind and forgiving to ourselves and others. Ephesians 4:32 tells us to show kindness and compassion, forgiving as God forgave us through Jesus.

Luke 6:36 encourages us to be merciful, mirroring God's mercy towards us. Sometimes that means being patient with our mistakes and learning to love ourselves even when we fail.

Colossians 3:13 reminds us to bear with one another's faults and forgive others, too. When you make a mistake, it's okay to be gentle with yourself — God is gentle with you.

Today, practice kindness by forgiving yourself and showing understanding to others who make mistakes.







# Reflect and Apply

1.	How do you treat yourself when you make a mistake?
2.	Why is it important to forgive others as God forgives us?
3.	How can being kind to yourself help you grow from mistakes?







## **Journaling Prompts**

1.	Write about ways you can show yourself kindness after a mistake.
2.	Describe a time you forgave someone else or were forgiven.
3.	List ways you can practice compassion and kindness this week.







## **Prayer for Today**

**Merciful Father,** help me to be kind and compassionate to myself and to others. Teach me to forgive as You forgive and to show mercy just like You do. When I make mistakes, remind me to be gentle and loving toward my own heart. Help me to share Your kindness with those around me. In Jesus' name, Amen.  $\heartsuit$ 

















Day 6: 🐯 Finding Peace After a Mistake

#### Your Verse

Philippians 4:6-7 - "Do not be anxious about anything... And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

#### **Supporting Scriptures**

- John 14:27 "Peace I leave with you; my peace I give you."
- Isaiah 26:3 "You will keep in perfect peace those whose minds are steadfast."







Day 6: 🐯 Finding Peace After a Mistake

# Devotional: Receiving God's Peace in Troubling Times

Mistakes can sometimes bring feelings of worry, fear, or guilt. But God offers a deep, calm peace that goes beyond what we can understand. Philippians 4:6–7 tells us not to be anxious but to bring our worries to God in prayer. When we do, His peace guards our hearts and minds.

Jesus promised in John 14:27 that He gives us His peace, a peace unlike any other. This peace can calm our fears, even when we feel bad about mistakes we've made.

Isaiah 26:3 reminds us that keeping our minds focused on God helps us stay in perfect peace. When you feel upset about a mistake, invite God's peace to fill your heart.

Take time today to rest in God's peaceful presence and let go of anxious thoughts.







Day 6: 🛱 Finding Peace After a Mistake

#### Reflect and Apply

	What worries or fears come to your mind when you think about your mistakes?
2.	How can prayer help you receive God's peace?
3.	What does it mean to have your heart and mind guarded by God's peace?







Day 6: 🛱 Finding Peace After a Mistake

## **Journaling Prompts**

Write about what makes you feel anxious after making a mistake.
Describe how prayer or talking to God changes your feelings.
List ways to remind yourself of God's peace during tough moments.







Day 6: 🐯 Finding Peace After a Mistake

#### **Prayer for Today**

**Peaceful God,** thank You for offering me Your calm and perfect peace. When I feel worried or upset about mistakes I've made, help me to bring those feelings to You in prayer. Guard my heart and mind from fear and fill me with Your peaceful presence. Teach me to trust You completely. In Jesus' name, Amen. 🖏 🙏 💙







# Day 7: F Growing Stronger Through God's Grace









Day 7: F Growing Stronger Through God's Grace

#### Your Verse

2 Peter 3:18 - "Grow in the grace and knowledge of our Lord and Savior Jesus Christ."

#### **Supporting Scriptures**

- Hebrews 12:11 "No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace."
- Romans 5:3-4 "Suffering produces perseverance; perseverance, character; and character, hope."







Day 7: 7 Growing Stronger Through God's Grace

#### Devotional: Becoming Stronger After Mistakes

Mistakes are part of growing up and growing closer to God. 2 Peter 3:18 encourages us to grow in grace and knowledge, which means learning how to accept God's kindness and understand Him better each day.

Hebrews 12:11 tells us that while being corrected or learning from mistakes can be hard, it leads to righteousness and peace. Sometimes making mistakes is like God's way of teaching us to become stronger.

Romans 5:3–4 shows us that through challenges and mistakes, we develop perseverance, character, and hope — all important for a strong, faithful life.

Today, thank God for His grace that helps you grow and become the person He wants you to be, even through mistakes.







Day 7: 🍞 Growing Stronger Through God's Grace

## Reflect and Apply

1.	How can mistakes help you grow in your relationship with God?
2.	Why is it important to learn from correction and challenges?
3.	What qualities does God want to develop in you through mistakes?







Day 7: 🍞 Growing Stronger Through God's Grace

## **Journaling Prompts**

1.	Write about a mistake that helped you learn or grow.
2.	Describe what growing in God's grace means to you.
3.	List ways you want to grow stronger in faith this year.







Day 7: Frowing Stronger Through God's Grace

#### Prayer for Today

**Gracious Father,** thank You for Your amazing grace that helps me grow even when I make mistakes. Help me to learn from every experience and to become more like Jesus each day. Give me strength to persevere, build good character, and hold onto hope. I trust You with my growth and future. In Jesus' name, Amen.







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