Gratitude in the Lord's Prayer



Explore the deep expression of gratitude found within the Lord's Prayer and learn to cultivate a thankful heart in daily life.





Table of contents

Introduction	3
<u>Day 1:</u> <u> </u>	4
Day 2: Thankful for God's Kingdom	10
Day 3: Grateful for Daily Provision	16
Day 4: Grateful for Forgiveness	22
Day 5: Thankful for God's Protection	28







Introduction

Gratitude is a powerful spiritual practice that shapes our relationship with God and transforms how we view the world. Within *the Lord's Prayer*, Jesus offers not only a model for prayer but a profound example of thankfulness. This prayer, recorded in Matthew 6:9-13, centers on glorifying God's name, acknowledging His kingdom and will, and recognizing our daily dependence on Him. Embedded in this structure is a foundation of **gratitude** — for God's holiness, provision, forgiveness, and protection.

In this 5-day study, we will journey through key elements of the Lord's Prayer, discovering how Jesus invites us to approach God with hearts full of thankfulness. Gratitude is more than words; it is a posture of trust and worship that influences every aspect of our lives. Through scripture, reflection, and prayer, you will be encouraged to cultivate a lifestyle of thanksgiving rooted in the realities of God's character and promises.

By intentionally focusing on gratitude within the Lord's Prayer, you can deepen your connection with God and experience His peace and joy even amid life's challenges. Let this study guide you to recognize blessings often overlooked and to respond to God with wholehearted gratefulness.

















Your Verse

Matthew 6:9 - "Our Father in heaven, hallowed be your name."

Supporting Scriptures

- Psalm 100:3 "Know that the Lord is God. It is he who made us, and we are his; we are his people, the sheep of his pasture."
- Isaiah 6:3 "Holy, holy, holy is the Lord Almighty; the whole earth is full of his glory."







Devotional: Honoring God's Holiness with Thankful Hearts

Opening with reverence: Jesus begins the Lord's Prayer by honoring the holiness of God, declaring 'hallowed be your name.' To 'hallow' means to make holy or reverent. This phrase invites us first to recognize God's perfect nature and set–apartness. When we acknowledge God's holiness, we open our hearts to gratitude for who He truly is — pure, sovereign, and majestic.

Gratitude rooted in God's holiness transforms our prayers and lives. It reminds us that we worship a God worthy of praise, not because of what He does, but because of who He is. This truth compels us to thank Him daily for His unchanging character and divine presence.

Reflecting on God's holiness helps us see beyond our troubles and focus on His greatness. In doing so, our hearts are drawn into thanksgiving, stirring worship that reshapes our outlook and strengthens our faith.

Today, give thanks for God's holiness—His purity, majesty, and unwavering glory. Let this gratitude deepen your awe and devotion as you begin your prayer.







Reflect and Apply

1.	What does God's holiness mean to you personally?
2.	How does recognizing God's holiness affect your daily gratitude?
3.	In what ways can reverence for God's name shape your prayer life?







Journaling Prompts

1.	List three aspects of God's holiness that inspire your gratitude.
2.	Recall a time when recognizing God's holiness brought you peace.
3.	Write a prayer expressing your thanks for God's sacred nature.







Prayer for Today

Heavenly Father, I come before You with a heart full of gratitude for Your holiness. You are pure, mighty, and worthy of all praise. Help me to always reverence Your name and remember Your majesty in every moment. Teach me to live with awe and thankfulness, honoring You in all I do. May my prayers reflect the deep respect I have for Your perfect nature. Thank You for being my holy God and loving Father. *In Jesus' name, Amen.* Amen.

















Your Verse

Matthew 6:10 - "Your kingdom come, your will be done, on earth as it is in heaven."

Supporting Scriptures

- Romans 14:17 "For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit."
- Psalm 145:11-13 "They tell of the glory of your kingdom and speak of your might, so that all people may know of your mighty acts and the glorious splendor of your kingdom."







Devotional: Living Gratefully Under God's Kingdom

In the Lord's Prayer, Jesus teaches us to express gratitude not only for who God is but for **what He reigns over**

Thanking God for His kingdom shifts our focus from current troubles to the eternal reality where His will is perfectly done. This perspective fosters *hope* and trust. Gratitude grows as we anticipate His kingdom's full manifestation, knowing God is faithfully at work.

By embracing a thankful heart for God's kingdom, we find strength to live under His rule each day, carrying His peace and righteousness into the world. This prayer invites us to live in alignment with God's good will, expressing daily thanks for His sovereign plan.

Today, meditate on the kingdom of God and thank Him for His just and loving reign over everything.







Reflect and Apply

1.	How does the hope of God's kingdom bring you peace today?
2.	What does it mean for you to pray 'Your kingdom come' in your daily life?
	How can recognizing God's sovereign rule inspire gratitude amid challenges?







Journaling Prompts

1.	Describe your understanding of God's kingdom and why it matters to you.
2.	Write about how trusting in God's kingdom has affected your outlook.
3.	Record a thank-you prayer for specific ways God's kingdom has touched your life.







Prayer for Today

Lord God, thank You for Your kingdom and the hope it brings. Help me to trust in Your righteous rule and align my life with Your will. Teach me to live with joy and peace as I await the fullness of Your kingdom. May my heart always be grateful for Your sovereign care and faithful presence. Strengthen my faith to trust Your perfect plan on earth and in heaven. *In Jesus' name, Amen.*

















Your Verse

Matthew 6:11 - "Give us today our daily bread."

Supporting Scriptures

- Philippians 4:19 "And my God will meet all your needs according to the riches of his glory in Christ Jesus."
- Psalm 34:8 "Taste and see that the Lord is good; blessed is the one who takes refuge in him."







Devotional: Trusting God's Provision with Thankfulness

When Jesus taught us to pray for our 'daily bread,' He reminded us to be thankful for God's ongoing provision. This request is humble and reliant, acknowledging our dependence on God for everything—including what we need each day.

Gratitude for daily provision means recognizing God's faithfulness to sustain us emotionally, physically, and spiritually. Often, blessings are found in the simple necessities we sometimes overlook: food, shelter, relationships, and peace. Giving thanks for these daily gifts nurtures contentment and trust.

As we pray for 'daily bread,' we learn to rely moment by moment on God's grace. This builds a thankful heart that sees God's care in every situation, quieting worry and fostering peace.

Today, reflect on the daily blessings God has provided and offer Him your sincere thanks. Let gratitude become your continual nourishment.







Reflect and Apply

1. V	What daily blessings often go unnoticed in your life?
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- 2 1	How does proving for doily poods strongthon your trust in Cod?
2. 1	How does praying for daily needs strengthen your trust in God?
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3.1	n what ways can gratitude transform your view of God's provision?
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Journaling Prompts

1.	List the provisions God has met in your life this week.
2.	. Write about a time God provided suddenly or unexpectedly.
3.	Pray in writing today, thanking God for His faithfulness to your needs.







Prayer for Today

Faithful Provider, I thank You for meeting my daily needs. You sustain me with Your goodness and grace each moment. Help me to trust Your provision and always be grateful for what You give. Teach me not to worry but to find peace in Your care. May my heart be content, knowing You are enough. I praise You for Your abundant goodness today and always. *In Jesus' name, Amen.* \square \nearrow

















Your Verse

Matthew 6:12 – "And forgive us our debts, as we also have forgiven our debtors."

Supporting Scriptures

- Ephesians 4:32 "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."
- 1 John 1:9 "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."







Devotional: Embracing Forgiveness with a Thankful Heart

Forgiveness is a central theme in the Lord's Prayer and a powerful reason for gratitude. When Jesus says, 'forgive us our debts,' He acknowledges our need for God's mercy. We are reminded to be humble, admitting our faults and celebrating His grace.

Thankfulness for forgiveness transforms guilt into freedom and bitterness into peace. It invites us to extend the same grace to others that God has given us, creating a cycle of healing and love.

Reflecting on God's forgiveness ignites gratitude—not just for being pardoned but for being restored and deeply loved. It challenges us to embody forgiveness daily, releasing grudges and embracing compassion.

Today, receive the gift of forgiveness with thanksgiving and let it inspire you to forgive those around you.







Reflect and Apply

1.	How does understanding God's forgiveness affect your gratitude?
	What challenges do you face when forgiving others, and how can gratitude help?
3.	In what ways has forgiveness brought healing to your life?







Journaling Prompts

Vrite about a moment you experienced God's forgiveness deeply.
ist people you find it difficult to forgive and ask God to help you.
ournal a prayer thanking God for His mercy and grace towards you.







Prayer for Today

Merciful Father, I am deeply grateful for Your forgiveness that frees me from guilt and shame. Thank You for loving me despite my shortcomings. Teach me to forgive others as You have forgiven me, so my heart may be filled with compassion and peace. Help me to release bitterness and walk in freedom. Your grace renews me every day, and I praise You for Your unfailing mercy. *In Jesus' name, Amen.* 🎾 🙏 💸







Day 5: **1** Thankful for God's Protection









Day 5: **()** Thankful for God's Protection

Your Verse

Matthew 6:13 – "And lead us not into temptation, but deliver us from the evil one."

Supporting Scriptures

- Psalm 91:1-2 "Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, 'He is my refuge and my fortress, my God, in whom I trust."
- 2 Thessalonians 3:3 "But the Lord is faithful, and he will strengthen you and protect you from the evil one."







Day 5: **(**) Thankful for God's Protection

Devotional: Trusting God's Protection with Gratitude

The closing petition of the Lord's Prayer reminds us to be thankful for God's protection. Asking God to 'lead us not into temptation' and to 'deliver us from the evil one' acknowledges our vulnerability and His power to guard us.

Gratitude for God's protection strengthens our faith amid trials and spiritual battles. It reassures us that we are not alone and that God is our fortress—ready to defend and rescue us.

Living with thankful hearts for protection encourages vigilance and dependence on God in all circumstances. It also fuels hope that evil will not triumph because of His mighty hand.

Today, express your gratitude for God's safeguarding presence and trust Him to guide and protect your path.







Day 5: ① Thankful for God's Protection

Reflect and Apply

1.	What areas of your life need God's protection right now?
2.	How does gratitude influence your response to spiritual challenges?
3.	In what ways can you rely more fully on God's guarding power daily?







Day 5: ① Thankful for God's Protection

Journaling Prompts

1.	Write about a time you experienced God's protection.
2.	List ways you can invite God's guidance and protection in your day.
3.	Pray in writing for strength and thankfulness in facing adversity.







Day 5: ① Thankful for God's Protection

Prayer for Today

Lord Almighty, I thank You for being my protector and refuge. Please guide me away from temptation and guard me against all evil. Help me to trust Your strength and take refuge in Your power. May my heart be grateful for Your constant presence and care, knowing You are always near to defend and deliver me. I praise You for Your faithfulness and loving protection. *In Jesus'* name, Amen. ① 🉏 🛠







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