



# Growing in Faith: Women United in Wisdom and Prayer



A 7-day study embracing grandmothers finding  
community, sharing wisdom, and praying together  
in unity.

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## Introduction

Welcome to this special Bible study focusing on the beautiful role of women, especially grandmothers, coming together in community. *Women* have long been pillars of strength, carriers of wisdom, and sources of encouragement within families and communities. As grandmothers, there is a unique opportunity to nurture faith and foster deep, prayerful bonds with one another, sharing life experiences and lessons from God's Word.

Throughout this 7-day journey, we will explore Scripture that illuminates the power of godly women who support each other through love, wisdom, and prayer. Whether you meet in a cozy living room or a church hall, the desire to grow closer to God and to each other is both fulfilling and transformative.

Each day offers a focused passage, meaningful reflections, and journaling prompts designed to help you deepen your walk with Christ and strengthen the community links that bind you to your sisters in faith. Embracing the wisdom passed down through generations, and praying together, builds unity and spiritual sustenance.


Let this study be a celebration of the sacred role women hold in the body of Christ — as nurturers, intercessors, and wise teachers. May you find inspiration and encouragement as you unite in prayer and fellowship, discovering new depths of love and purpose together. ❤️ 🙏





## Day 1: Embracing Godly Wisdom



Day 1:  Embracing Godly Wisdom


## Your Verse

*Proverbs 31:26 - "She speaks with wisdom, and faithful instruction is on her tongue."*

## Supporting Scriptures

- *Titus 2:3 - "Likewise, teach the older women to be reverent in the way they live... to urge the younger women to love their husbands and children."*
- *Psalms 92:12 - "The righteous will flourish like a palm tree, they will grow like a cedar of Lebanon."*



Day 1:  Embracing Godly Wisdom


## Devotional: Sharing God's Gift of Wisdom

**Wisdom is one of the greatest gifts a grandmother can share within her community.** Proverbs 31:26 reminds us that wisdom spoken in love brings faithful instruction that can guide younger generations. As grandmothers, your years bring valuable experience and insights that the Lord can use powerfully.

In Titus 2, Paul encourages older women to lead by example in reverence and love, teaching younger women with patience and kindness. This calling aligns perfectly with uniting in prayer and sharing stories of faith and perseverance.

Like flourishing trees, you are planted firmly in God's grace and promises. Your words and prayers nourish the spiritual growth of all around you. Embrace this role with confidence, knowing that God's wisdom flows through your community, building up families in love and faith.



Day 1:  Embracing Godly Wisdom

## Reflect and Apply

1. How have you seen wisdom impact your family or community?

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2. In what ways can you intentionally share your faith experiences with others?

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3. What challenges do you face in speaking truth in love, and how might prayer support you?

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Day 1:  Embracing Godly Wisdom

## Journaling Prompts

1. Write about a wise lesson you received from a grandmother or older woman.

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2. Describe how you feel when you share your wisdom with others.

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3. List ways your community could grow stronger through shared prayer and counsel.

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Day 1: 🌸 Embracing Godly Wisdom

## Prayer for Today

Heavenly Father, thank You for the wisdom You have bestowed through the years. *Help us embrace our role as elder women who speak faithfully and lovingly.* Guide our words and prayers to be encouragement and strength to younger generations. Unite us, Lord, in deep fellowship and shared faith, so that we grow together in Your grace and truth. Bless our relationships and our prayers. Amen. 🙏🌿❤️





## Day 2: 🧡 Building Spiritual Community



## Day 2: 🧡 Building Spiritual Community

## Your Verse

*Ecclesiastes 4:9 - "Two are better than one, because they have a good return for their labor:"*

## Supporting Scriptures

- *Hebrews 10:24-25 - "And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together..."*
- *Romans 12:10 - "Be devoted to one another in love. Honor one another above yourselves."*



## Day 2: 🧡 Building Spiritual Community

## Devotional: The Strength of Togetherness

**Community is the heart of spiritual growth.** Ecclesiastes 4:9 highlights the power of working together — greater strength and blessing come from unity and collaboration. For grandmothers gathering in faith, this truth is foundational.

Hebrews calls us not to forsake meeting together but to encourage one another in love and good deeds. When women come together to pray, share wisdom, and support, they create a vibrant spiritual ecosystem stronger than any individual alone. Romans 12 reminds us to honor and serve each other with devotion, deepening bonds that sustain through seasons of joy and challenge.

In your community, cherish these moments of fellowship as sacred opportunities to build each other up and to reflect God's love tangibly. United hearts in prayer are powerful and life-changing.



Day 2: 🧡 Building Spiritual Community

## Reflect and Apply

1. How does meeting regularly with other grandmothers encourage your faith?

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2. What are some ways your group can foster deeper love and honor among members?

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3. How do you personally benefit from spiritual accountability and shared prayer?

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Day 2: 🧡 Building Spiritual Community

# Journaling Prompts

1. Recall a time when community prayer brought comfort or clarity.

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2. Write about qualities you appreciate in a spiritual friend or mentor.

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3. List ideas to strengthen unity and encourage participation in your group.

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Day 2: 🧡 Building Spiritual Community

## Prayer for Today

**Lord Jesus, thank You for the gift of community. *We ask that You knit our hearts together in love and devotion.*** Help us to spur one another on toward faithfulness and good works. May we never neglect our sacred gatherings but cherish the strength found in unity. Bless our fellowship and make it a beacon of hope and encouragement. Amen. 😊💖🙏





## Day 3: The Power of Prayerful Unity





Day 3: 🌿 The Power of Prayerful Unity

## Your Verse

*Matthew 18:20 - "For where two or three gather in my name, there am I with them."*

## Supporting Scriptures

- *James 5:16 - "The prayer of a righteous person is powerful and effective."*
- *Philippians 4:6 - "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."*



## Day 3: 🌿 The Power of Prayerful Unity

## Devotional: United Hearts in Prayer

**Prayer together is a profound source of strength and connection.** Jesus reassures us in Matthew 18:20 that when even a small group gathers in His name, He is present among them. This promises an extraordinary intimacy and power to your gatherings.

James reminds us that the prayers of the righteous are both powerful and effective. As grandmothers united in faith, your voices carry weight in the spiritual realm. Philippians instructs us to bring every anxiety and need before God with thanksgiving, strengthening trust even amid challenges.

Gathering in prayer creates a sacred circle where burdens are lifted, wisdom flows, and hearts are knit together. Embrace this power; your prayers change lives, including your own.



Day 3: 🌿 The Power of Prayerful Unity

## Reflect and Apply

1. How have you experienced God's presence when praying with others?

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2. In what ways does shared prayer deepen your sense of community?

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3. What prayer needs can you bring to your group for mutual support?

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Day 3: 🌿 The Power of Prayerful Unity

# Journaling Prompts

1. Write about a memorable answered prayer in your fellowship.

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2. Reflect on how prayer helps you overcome worry or fear.

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3. List specific prayer topics you feel called to bring before God.

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Day 3: 🌿 The Power of Prayerful Unity

## Prayer for Today

**Gracious God, we praise You for Your promise to be present when we gather. *Fill our meetings with Your Spirit and power.* Teach us to pray boldly and listen for Your voice. Thank You for hearing and answering our prayers according to Your perfect will. Unite our hearts in love and purpose as we seek You together. Amen.** 🙌🙏🌸





## Day 4: 💖 Encouraging One Another in Love



Day 4: ❤️ Encouraging One Another in Love

## Your Verse

*1 Thessalonians 5:11 - "Therefore encourage one another and build each other up, just as in fact you are doing."*

## Supporting Scriptures

- *Ephesians 4:29 - "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up."*
- *Colossians 3:16 - "Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom."*



Day 4: ❤️ Encouraging One Another in Love

## Devotional: Building Up Through Loving Words

**Words have immense power to build up or tear down.** Paul's letter to the Thessalonians calls believers to actively encourage and uplift one another. Within a grandmother community, this means offering affirming words, sharing insights, and gently correcting with wisdom.

Ephesians reminds us to guard our speech so it only benefits others, steering clear of harmful gossip or negativity. Meanwhile, Colossians calls us to let the message of Christ dwell richly, enabling teaching and admonishing with grace and understanding.

Encouragement through focused, loving conversation nurtures faith and bonds. Cultivate habits of positive, faith-filled communication that honor the Spirit's work in your group.





## Reflect and Apply

1. How can your words today encourage someone in your community?

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2. What challenges do you face in speaking truth with love?

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3. How do you respond to correction or teaching from others?

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Day 4: ❤️ Encouraging One Another in Love

## Journaling Prompts

1. Write about a time someone's encouragement lifted your spirit.

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2. Reflect on ways you can speak more life into your prayer circle.

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3. List phrases or Scriptures you might use to uplift others this week.

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Day 4: ❤️ Encouraging One Another in Love

## Prayer for Today

**Lord, guide our tongues to speak life and encouragement. *Help us build each other up with wisdom and grace.*** Teach us to share truth in love and to receive correction humbly. May our words reflect Christ's kindness and bring healing to every heart. Unite us as a community of hope and encouragement. Amen.





## Day 5: 🌸 Modeling Faith for Younger Generations



Day 5: 🌸 Modeling Faith for Younger Generations

## Your Verse

*2 Timothy 1:5 – "I am reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice and, I am persuaded, now lives in you also."*

## Supporting Scriptures

- *Psalm 78:4 – "We will not hide them from their descendants; we will tell the next generation the praiseworthy deeds of the Lord."*
- *Deuteronomy 6:6-7 – "These commandments that I give you today are to be on your hearts. Impress them on your children."*



## Day 5: 🌸 Modeling Faith for Younger Generations

## Devotional: Faith Passing from Heart to Heart

**Your godly example influences generations to come.** Paul's words to Timothy highlight how sincere faith passed from grandmother to mother to child forms a legacy of trust and devotion.

Psalm 78 encourages us never to hide God's deeds but to openly share His faithfulness with descendants. Deuteronomy instructs impressing God's commands on children through teaching and daily conversation.

As grandmothers, your faithfulness in prayer, wisdom, and love plants seeds that bear fruit far beyond your own lifetime. Take joy in modeling Christ's character and inspiring younger women to walk in His ways.



## Reflect and Apply

1. What faith legacy have you received from the women before you?

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2. How do you feel called to pass faith on to younger generations?

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3. What are practical ways to share God's deeds and promises today?

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## Day 5: 🌸 Modeling Faith for Younger Generations

# Journaling Prompts

1. Recall a story of faith shared by a grandmother or mother in your family.

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2. Write a message of faith you want to pass to your grandchildren.

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3. List ways your prayer community supports teaching younger women.

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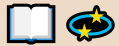




Day 5: 🌸 Modeling Faith for Younger Generations

## Prayer for Today

**Lord, thank You for the inheritance of faith from our grandmothers before us. *Help us to faithfully pass Your truth to the generations behind us.* Give us wisdom to teach, patience to nurture, and hearts full of love for those we mentor. May our example point many to Your grace and salvation. Amen.** 🙏





## Day 6: 🌸 Serving One Another Humbly



Day 6: 🌸 Serving One Another Humbly

## Your Verse

*Galatians 5:13 – "Serve one another humbly in love."*

## Supporting Scriptures

- *Philippians 2:3 – "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves."*
- *John 13:14 – "Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet."*



Day 6: 🌸 Serving One Another Humbly

## Devotional: Serving Each Other with Humble Hearts

**Service rooted in humility reflects Christ's heart.** Paul's encouragement to the Galatians reminds us that serving in love is not just an action but a posture of the heart.

Philippians challenges believers to esteem others above ourselves, rejecting selfishness in favor of genuine care. Jesus' act of foot washing in John models servant leadership — a willingness to perform humble tasks for the good of others.

Within your grandmother community, look for ways to serve with joy and selflessness, whether through prayer support, practical help, or simply bearing one another's burdens. Such acts strengthen bonds and bring glory to God.



Day 6: 🌸 Serving One Another Humbly

## Reflect and Apply

1. In what ways can you serve others in your prayer or fellowship group?

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2. How does humility influence the way you lead or support others?

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3. What keeps you from serving more fully, and how can God help you overcome it?

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Day 6: 🌸 Serving One Another Humbly

## Journaling Prompts

1. Write about a time you experienced humble service from someone else.

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2. Identify areas where you can grow in serving the women around you.

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3. List simple acts of service you can offer this week within your community.

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Day 6: 🌸 Serving One Another Humbly

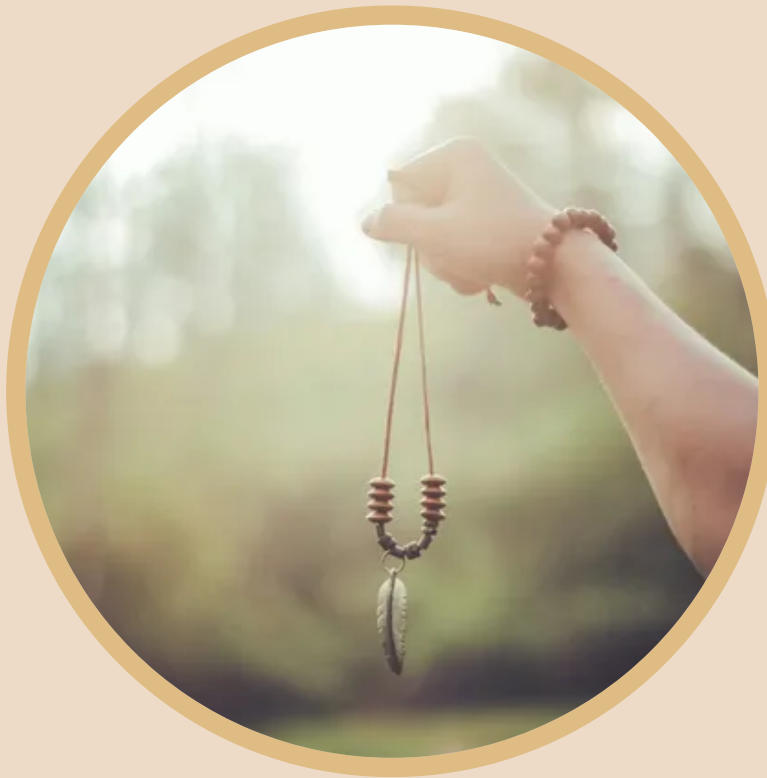
## Prayer for Today

Dear God, teach us to serve one another humbly and with love. *Help us lay aside pride and selfish ambitions.* Mold our hearts after Jesus, who showed us true servant leadership. Use our hands and feet to bless others and bring unity. Let our service glorify You and deepen our fellowship. Amen. 🙌❤️🙏





## Day 7: ✨ Celebrating God's Faithfulness Together





Day 7: ✨ Celebrating God's Faithfulness Together

## Your Verse

*Lamentations 3:22-23 - "Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness."*

## Supporting Scriptures

- *Psalm 100:4 - "Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name."*
- *1 Corinthians 1:9 - "God is faithful, who has called you into fellowship with his Son, Jesus Christ our Lord."*



Day 7: ✨ Celebrating God's Faithfulness Together

## Devotional: Rejoicing in God's Faithfulness

**As this study concludes, let's rejoice in God's unending faithfulness.**

Lamentations reminds us that the Lord's mercies are new every morning and His love never fails. This truth brings hope and assurance during every season of life.

Psalm 100 invites us to worship with thanksgiving and praise, celebrating all God has done for us individually and as a community. Paul assures us in 1 Corinthians that God is faithful to call us into fellowship through Christ, underscoring the precious gift of shared faith.

Celebrate the bonds you've formed, the wisdom exchanged, and the prayers lifted together. Carry this joy forward, knowing God's faithfulness sustains and unites you continually.



## Reflect and Apply

1. What moments of God's faithfulness stand out from this study?

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2. How has your community grown in unity and prayer?

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3. In what ways will you continue to celebrate and nurture this fellowship?

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## Journaling Prompts

1. Write a prayer of thanksgiving for God's faithfulness in your life.

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2. Describe how this study has impacted your role as a grandmother in faith.

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3. List commitments or blessings you want to carry forward post-study.

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Day 7: 🌟 Celebrating God's Faithfulness Together

## Prayer for Today

**Faithful Father, we praise You for Your steadfast love and mercy. *Thank You for renewing us each day and for the community You've built among us.*** May we continue to encourage, serve, and pray together with joy. Bless every grandmother and woman here with Your peace and guidance. Help us to live as a testament to Your faithfulness throughout our days. Amen. 🎉🙏❤️





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