



Growing Strong: Learning from Mentors as a Teen



Discover how teens can gain wisdom and guidance through mentors. Learn to embrace godly counsel and grow in faith and character.



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Introduction

Being a teen is a wonderful yet challenging season of life. It's a time of discovering who you are, forming your values, and figuring out your place in the world. Often, you might feel like adults just don't understand what you're going through. But what if God has actually placed those older than you in your life precisely to guide, support, and encourage you?

God calls us to seek wisdom, and one of the best ways to do so is through mentors — parents, pastors, youth leaders, or mature Christians who have walked a path of faith before you. Their experiences, insights, and prayers can help you navigate tough situations, make godly decisions, and grow spiritually. This plan is designed to encourage you to open your heart to such mentors, recognizing that God uses their voices to shape and bless your life.

As you journey through these three days, you'll learn practical and biblical ways to build meaningful mentor relationships, embrace godly counsel, and grow strong in your walk with Christ. Let this be a time of growth, encouragement, and hope as you rely on God and the wisdom He provides through those He places around you. 🙏





Day 1: 🧑🏫 🤝 🧑🏫 The Value of Godly Mentors



Day 1: 🧑🏽💖🧑🏽 The Value of Godly Mentors

Your Verse

Proverbs 1:5 NIV - "Let the wise listen and add to their learning, and let the discerning get guidance."

Supporting Scriptures

- *James 1:5 NIV - "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault."*
- *Ecclesiastes 4:9 NIV - "Two are better than one, because they have a good return for their labor."*



Day 1: 🧑🏻💖🧑🏻 The Value of Godly Mentors

Devotional: Why Godly Mentors Are Essential for Teens

Why do we need mentors? As a teen, you face many decisions, challenges, and questions about life, faith, and your future. Proverbs 1:5 reminds us that being wise means actively listening to others and seeking guidance. God often speaks through the people He has placed in our lives — people who have walked the path before us.

Mentors serve as spiritual guides, cheerleaders, and counsellors. They have learned from their experience and from God's Word. They can offer advice when you're stuck and encouragement when you're discouraged. Don't underestimate the power of having someone mature in faith walk alongside you.

Remember, asking for wisdom is not a weakness. James 1:5 encourages you to ask God for wisdom, trusting He will give it generously. Mentors help bridge the gap by helping you understand and apply God's wisdom in everyday life. Ecclesiastes 4:9 highlights that we are better together. You don't have to figure everything out alone — building godly relationships strengthens your walk.

Today, consider who in your life could be a godly mentor. It might be a parent, pastor, youth leader, or a committed Christian friend. Be open to learning and growing through their guidance.



Day 1: 🧑🏻💖🧑🏻 The Value of Godly Mentors

Reflect and Apply

1. Who are some mature believers around you who could serve as mentors?

2. How do you usually respond when someone older offers advice or correction?

3. In what areas of your life do you feel you need the most guidance right now?



Day 1: 🧑💖🧑 The Value of Godly Mentors

Journaling Prompts

1. Write about a time when you received advice that helped you grow.

2. List qualities you would want in a mentor and why.

3. Reflect on how you can be more open to learning from others.



Day 1: 🧑🏻💖🧑🏻 The Value of Godly Mentors

Prayer for Today


Dear God, thank You for placing mentors in my life who can guide and encourage me. Help me to listen with an open heart and to seek wisdom from You and those You've entrusted to help me grow. Teach me to value their counsel and apply it faithfully. Give me courage to ask questions and humility to learn. May I grow stronger in faith and character each day. *Amen.* 😊🙏📖





Day 2: 📖 Listening and Learning with a Humble Heart



Day 2:  Listening and Learning with a Humble Heart

Your Verse

Proverbs 19:20 NIV - "Listen to advice and accept discipline, and at the end you will be counted among the wise."

Supporting Scriptures

- *Hebrews 12:11 NIV - "No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it."*
- *Psalms 25:4-5 NIV - "Show me your ways, Lord, teach me your paths. Guide me in your truth and teach me..."*



Devotional: The Power of Listening and Accepting Guidance

Being open to advice and correction is challenging, especially as a teen when you are discovering your independence. Yet, Proverbs 19:20 teaches that true wisdom comes from *listening* to advice and accepting discipline. This is not about punishment but about loving correction that helps you grow.

Sometimes, receiving advice that challenges us can feel uncomfortable or even frustrating. But Hebrews 12:11 reminds us that discipline — though hard at first — leads to righteousness and peace in the long run. Those who learn from correction mature and develop strong character.

In Psalm 25:4–5, David models the attitude we need: a humble heart that asks God to teach and guide him. When you seek God’s truth sincerely, He will use mentors and His Word to shape your life.

Today, try to intentionally listen for God’s voice through wise people around you. Consider their advice carefully instead of dismissing it. Remember that God loves you too much to leave you to figure life out on your own.




Reflect and Apply

1. How do you usually feel when someone corrects or challenges you?

2. What are some ways you can become a better listener to godly advice?

3. How does God use discipline and correction to shape your character?



Day 2:  Listening and Learning with a Humble Heart

Journaling Prompts

1. Write about a time when accepting advice changed your perspective.

2. Describe how you can pray for a humble heart to receive guidance.

3. Identify an area where you need to be open to correction.



Day 2: 📖 Listening and Learning with a Humble Heart

Prayer for Today

Lord, help me to listen with humility and to accept the advice and discipline You provide through mentors and Your Word. Teach me to see correction as an act of love that leads to growth and peace. Guide me in Your truth and help me to grow wise and strong in You. Thank You for always caring for me.

Amen. ✨ 🙏 💡 📖





Day 3: 🌱 Growing Through Relationships and Faith



Your Verse

2 Timothy 2:2 NIV - "And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others."

Supporting Scriptures

- *Proverbs 27:17 NIV - "As iron sharpens iron, so one person sharpens another."*
- *Colossians 3:16 NIV - "Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom."*



Devotional: Building Lasting Faith Through Godly Relationships

Mentorship is not just about receiving wisdom; it's also about passing it on. Paul's words in 2 Timothy 2:2 show a pattern of discipleship — teaching what you have learned to others who will continue the legacy.

As a teen, you're in the exciting place of both learning and growing, but also preparing to one day encourage and guide others. Proverbs 27:17 reminds us that friendships and relationships with those who share your faith sharpen you, making you stronger and wiser.

Colossians 3:16 encourages believers to live scripture richly among one another, teaching and supporting with wisdom. This highlights that growing in faith happens best in community. Don't isolate yourself; instead, open your life fully to God's family — mentors, peers, and others who walk with Him.

Today, commit to building strong relationships where you both receive and share God's wisdom. Pray for the courage and love needed to grow and to help others grow in faith too.



Reflect and Apply

1. Who can you teach or encourage as you grow in your faith?

2. How have your mentors helped shape your understanding of God?

3. What steps can you take to grow closer to the community God has placed around you?



Journaling Prompts

1. Write about a way you can share what you've learned with a friend or younger person.

2. Reflect on how your faith has grown through relationships.

3. Plan a way to strengthen your connections with mentors and peers.



Prayer for Today

Heavenly Father, thank You for the people You bring into my life to teach, guide, and sharpen me. Help me to absorb their wisdom and also to be ready to encourage and teach others as I grow. Let Your message dwell richly in me and flow through my words and actions. Strengthen my faith through these relationships. *Amen.* 🤝 🙏 📖 🌿





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