

# Growing Together: The Importance of Church for Teens



Explore why being part of a church or youth group matters for teens—support, growth, love, and service beyond Sunday routines.

---

# Table of contents

<u>Introduction</u>	3
<u>Day 1: 🌱 Finding Support in Community</u>	5
<u>Day 2: 🔥 Growing in Faith and Love</u>	11
<u>Day 3: ❤️ Serving and Loving Like Jesus</u>	17



## Introduction

**Why does church matter, especially for teens?** It's a great question that goes beyond simply attending on Sundays. For many teenagers, church or youth group is more than a place — it's a community where they can find *support*, discover their purpose, and build lasting friendships.

Growing up isn't easy. Teens face challenges with identity, peer pressure, and making choices that shape their futures. Within a church community, teens learn biblical truths that encourage them, giving them strength to navigate life's twists and turns. The love and teachings they receive there help mold values, build character, and deepen their faith.

Moreover, church is a place for teens to actively serve—to use their unique gifts and talents to make a difference. Serving others teaches humility, compassion, and shows what it means to follow Jesus' example. It's within this environment that teens learn to love not just with words but through action.

Joining a youth group connects teens with mentors and peers who can walk alongside them, providing encouragement and accountability on their faith journey. This relational aspect is crucial because faith is not meant to be lived alone; it thrives in community.

Over the next three days, we'll explore the reasons why church is vital for teens by uncovering biblical wisdom, reflecting on personal experience, and



**discovering how to engage meaningfully in the church family.** Whether you currently belong to a youth group or are curious about what it really means, this study will inspire you to see church as a place of growth, love, and lasting purpose. Let's start this journey together!





## Day 1: 🌱 Finding Support in Community



Day 1: 🌱 Finding Support in Community

## Your Verse

*Hebrews 10:24-25 NIV - "And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching."*

## Supporting Scriptures

- *Ecclesiastes 4:9-10 - "Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up."*
- *Galatians 6:2 - "Carry each other's burdens, and in this way you will fulfill the law of Christ."*



## Devotional: The Strength Found in Church Community

**Being part of a youth group or church means you're not alone.** Life as a teen can feel overwhelming with school pressures, relationships, and big decisions. The Bible reminds us that we are created for community, to support and encourage each other.

Hebrews 10:24-25 encourages us to meet together and to motivate one another to love and good works. The church isn't just a building; it's a family where people lift you up when you're down. When you face struggles, having a group to lean on can give strength and hope. Ecclesiastes tells us that two working together can help each other succeed, and Galatians challenges us to carry each other's burdens.

*Think of your youth group or church family as people who cheer for your victories and stand with you through challenges.* When you connect with others, faith becomes vibrant—not just a set of rules but a living, breathing relationship supported by friends.

As teens, it's especially important to build these bonds now because they form a foundation of encouragement that carries you forward. God designed us to need one another, and when we embrace that, church becomes a place of true belonging.



## Reflect and Apply

1. How has being part of a group helped you through a difficult time?

---

---

---

2. Do you find it easy or hard to open up to others in your church or youth group? Why?

---

---

---

3. In what ways can you encourage someone in your church family this week?

---

---

---



# Journaling Prompts

1. Write about a time when someone in your church encouraged you.

---

---

---

2. List the qualities you appreciate most in your youth group friends.

---

---

---

3. Describe how you would like to support others in your community.

---

---

---



Day 1: 🌱 Finding Support in Community

## Prayer for Today

**Dear God**, thank You for creating us to live in community. Help me to find support and encouragement in my church family. Teach me to be loving and caring as I share this journey with others. Give me courage to open up and to lift up others with kindness and grace. Guide me to remember that I am never alone because You are always with me, working through people around me. Thank You for the gift of friends and mentors who help me grow closer to You. *In Jesus' name, Amen.* 🙏❤️👫🌟





## Day 2: 🔥 Growing in Faith and Love



## Day 2: 🔥 Growing in Faith and Love

## Your Verse

*Colossians 2:6-7 NIV - "So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness."*

## Supporting Scriptures

- *Ephesians 4:15 - "Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ."*
- *1 Thessalonians 5:11 - "Therefore encourage one another and build each other up, just as in fact you are doing."*



## Day 2: 🔥 Growing in Faith and Love

## Devotional: Rooted in Christ, Growing in Love

**Church is more than a weekly meeting; it's where faith grows deep and love overflows.** When you first come to faith, you are like a seed planted in good soil, and being part of a church helps you grow strong roots.

Colossians 2:6–7 urges believers to continue living in Christ, rooted and built up in Him. This growth happens as you learn more from God's Word, worship together, and encourage one another in love. Ephesians reminds us that speaking truth in love helps the whole body grow to maturity—that means we help each other become more like Jesus.

Faith isn't just your own private journey; it blossoms best when shared. The church family challenges you, supports you, and helps you stay rooted so you don't drift away, especially during hard times. 1 Thessalonians encourages us to build each other up continually—this ongoing encouragement keeps faith vibrant and alive.

*Think about your own faith journey: How has being part of your church helped you grow in love and maturity?* Growing together creates a strong and joyful foundation for life.



Day 2: 🔥 Growing in Faith and Love

## Reflect and Apply

1. In what ways has your faith grown since joining a church or youth group?

---

---

---

2. How do you think speaking the truth in love impacts your relationships with others?

---

---

---

3. What areas of your faith would you like to see grow stronger this year?

---

---

---



Day 2: 🔥 Growing in Faith and Love

# Journaling Prompts

1. Write about a time when someone helped you grow spiritually.

---

---

---

2. List ways you can encourage others in your faith community.

---

---

---

3. Reflect on what being rooted in Christ means to you personally.

---

---

---



## Day 2: 🔥 Growing in Faith and Love

## Prayer for Today

**Lord Jesus**, thank You for planting me firmly in Your love. Help me to grow in faith and to encourage others with kindness and truth. Strengthen my roots in You so I can face challenges with confidence. Teach me how to love deeply and build up those around me. May my life overflow with thankfulness and maturity in You. *Guide me daily as I grow.* Amen. 🌿❤️📖🙏





## Day 3: ❤️ Serving and Loving Like Jesus



Day 3: ❤️ Serving and Loving Like Jesus

## Your Verse

*1 Peter 4:10 NIV – "Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms."*

## Supporting Scriptures

- *John 13:34 – "A new command I give you: Love one another. As I have loved you, so you must love one another."*
- *Matthew 20:28 – "Just as the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."*



## Devotional: Serving Others with Jesus' Love

**Being part of the church means living out our faith through service and love.** When teens engage in serving others, they reflect Jesus' heart and grow in compassion and humility.

1 Peter 4:10 reminds us to use our unique gifts to serve, seeing them as a precious trust from God. Service isn't only about big things—it can be simple acts of kindness, helping at church events, or reaching out to someone in need.

Jesus set the ultimate example of serving others, even giving His life for us. John 13:34 commands us to love one another just as Jesus loved us. Loving service shows people around us the reality of God's grace and care. When you serve, you participate in God's work and experience joy in making a difference.

*Think about your own gifts and talents. How can you serve in your church or youth group to show God's love?* Serving bonds us closer to Christ and to each other, making the church family stronger.



Day 3: ❤️ Serving and Loving Like Jesus

## Reflect and Apply

1. What gifts or talents has God given you to share with others?

---

---

---

2. How does serving impact your relationship with Jesus and your community?

---

---

---

3. What is one way you can start serving this week in your church or youth group?

---

---

---



Day 3: ❤️ Serving and Loving Like Jesus

## Journaling Prompts

1. Describe a time when serving made you feel more connected to your faith.

---

---

---

2. List your gifts and ideas for how you might use them to help others.

---

---

---

3. Write a prayer asking God to show you how to serve with love.

---

---

---



Day 3: ❤️ Serving and Loving Like Jesus

## Prayer for Today

**Father God**, thank You for the gifts You have given me. Help me to use them to serve others faithfully, with a heart like Jesus. Teach me to love selflessly and to see service as a way to honor You. Fill me with joy as I serve and connect with my church family. May my actions reflect Your grace and love to everyone I meet. In Jesus' name, Amen. ❤️ 🙌 ✨ 🙏





## Where God's Word Meets Your Daily Life

### **A Personal Invitation from HolyJot**


We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.





What you'll discover when you visit [HolyJot.com](https://www.holyjot.com):




 **100k+ Bible Study Plans** on every topic of life

 Access studies anytime on your phone, tablet, or computer

 Studies for individuals, families, small groups, and churches

 Secure online journaling — or keep using print for privacy

 A place to grow your faith alongside believers worldwide

### **Bonus for You:**


Download exclusive study bundles and resources when you create a [free HolyJot account](#). No spam. No gimmicks. Just God's Word.

### **Visit Now:**

 [www.HolyJot.com](https://www.holyjot.com)

 Scan this QR code to start your next Bible Study today:



 We'd love to hear your story.  
Email us at [info@holyjot.com](mailto:info@holyjot.com).

 Connect with us at:

[Facebook](#) • [Instagram](#) • [YouTube](#) • [TikTok](#)



You are welcome to share this PDF with others.  
Please keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.