## Guiding Grandchildren: Women Sharing God's Truth



A 7-day study to empower women to answer grandchildren's tough questions about God with truth, gentleness, and clarity.





#### Table of contents

<u>Introduction</u>	3
Day 1:  Embracing the Role of a Spiritual Mentor	4
Day 2: Speaking Truth in Love	10
Day 3: * Reflecting God's Character	16
Day 4: Answering with Clarity and Simplicity	22
Day 5: C Trusting God in Unknown Answers	28
Day 6: A Sharing Stories of Faith and Hope	34
Day 7: 餐 Praying and Trusting the Next Generation	40







#### Introduction

Welcome to this 7-day Bible study dedicated to women who lovingly guide their grandchildren in faith. As women, grandmothers, aunts, and mentors, we hold a sacred role in shaping the next generation's understanding of God. When grandchildren ask difficult questions about God, faith, and life, it can feel overwhelming to respond in ways that are truthful, gentle, and clear.

This study is designed to encourage and equip you to share biblical truths with confidence and compassion. Recognizing that children often wrestle with doubts and curiosities in today's complex world, your grounded faith and patient guidance can become a beacon of light for them. It's not about having all the answers but about pointing them lovingly to God's Word and the hope found in Jesus.

Throughout this week, we'll explore examples from Scripture where women demonstrate wisdom, strength, and grace—qualities that inspire us to nurture faith in younger generations. We'll reflect on the importance of truth, kindness, and clarity in our words, remembering that the Holy Spirit works through our sincere sincerity and earnest prayers.

May this study refresh your spirit and equip you with practical encouragement to answer your grandchildren's toughest questions with love. Trust that God honors your efforts and presence in their lives. Let's journey together, anchoring our hearts in Scripture and embracing the beautiful privilege of mentoring with grace.







## Day 1: Embracing the Role of a Spiritual Mentor









Day 1: 
Embracing the Role of a Spiritual Mentor

#### Your Verse

Titus 2:3-5 NIV - "Likewise, teach the older women to be reverent in the way they live... then they can urge the younger women to love their husbands and children."

#### **Supporting Scriptures**

- Proverbs 31:26 "She speaks with wisdom, and faithful instruction is on her tongue."
- 2 Timothy 1:5 "I am reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice."







#### Devotional: Wisdom in Mentoring Grandchildren

**Being a spiritual mentor is a beautiful calling.** Titus 2:3–5 highlights the importance of older women teaching younger ones with reverence and love. Your life and words impact grandchildren more than you may realize. They watch your actions as much as they hear your answers.

When grandchildren ask hard questions, your response plants seeds of faith and understanding. Proverbs 31:26 reminds us that wisdom and faithful instruction come through speech—an invitation to cultivate patience and gentleness.

Grandkids may ask about why bad things happen, who God is, or how to trust Him. Your role is not to overwhelm with complex theology but to listen intently and answer honestly with God's truth. Just as Paul acknowledged Timothy's faith shaped by his mother and grandmother, your influence can kindle a lifelong love for God.

**Today, embrace your vocation with confidence.** Your genuine faithfulness and heartfelt answers, tempered with kindness, will guide your grandchildren closer to God's heart.







Day 1: 🔅 Embracing the Role of a Spiritual Mentor

## Reflect and Apply

1.	How have older women in your life influenced your faith journey?
	What qualities do you believe are essential when answering grandchildren's questions about God?
3.	How can you cultivate more patience and gentleness when faced with difficult spiritual questions?







Day 1: 🔅 Embracing the Role of a Spiritual Mentor

## **Journaling Prompts**

	Write about a time someone gently helped you understand a tough question about faith.
	List ways you can prepare yourself to engage lovingly with your grandchildren's questions.
3.	Reflect on what it means to be a spiritual mentor in your family.







Day 1: 💮 Embracing the Role of a Spiritual Mentor

#### Prayer for Today

**Dear Lord,** thank You for the gift of mentoring and guiding others in faith. Help me to embrace this role with humility and strength. Give me wisdom, patience, and a gentle spirit as I answer my grandchildren's questions about You. May my words be rooted in Your truth and filled with love and clarity. Use me to plant seeds of faith and hope that will flourish in their hearts. *In Jesus' name, Amen.*









Day 2: Speaking Truth in Love









#### Your Verse

Ephesians 4:15 NIV – "Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ."

#### **Supporting Scriptures**

- Colossians 4:6 "Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone."
- 1 Peter 3:15 "Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have."







#### Devotional: Balancing Truth and Love

When grandchildren ask challenging questions about God, speaking truth in love is essential. Ephesians 4:15 reminds us to balance honesty with kindness. It's not only what we say but how we say it that opens hearts to God.

Colossians encourages conversations full of grace, seasoned with salt—wisely timed and seasoned words that engage rather than alienate. Being prepared, as 1 Peter 3:15 exhorts, means having a heart aligned with God's love, not just facts to share.

Truth shared without love can be harsh; love without truth can be shallow. Together, they foster trust and curiosity in grandchildren. This balance helps them see God not as a distant idea but as a loving Father eager to answer their questions.

**Today, ask God to soften your words and sharpen your understanding.** Pray for gentleness and clarity in every conversation, remembering that your attitude can encourage open, honest dialogue that strengthens faith.







## Reflect and Apply

	Think of a time when truth was spoken without love or love was shown without truth. How did it affect communication?
2.	How can you prepare yourself to speak truth with compassion?
	In what ways can you model loving conversations about faith for your grandchildren?







## **Journaling Prompts**

1.	Write a prayer asking God to help you speak truth in love.
	Recall a situation where gentle words helped you understand a difficult truth.
3.	List phrases or words that help you communicate God's truth warmly.







#### Prayer for Today

**Heavenly Father,** help me to speak Your truth to my grandchildren with deep love and grace. Teach me to listen carefully and respond with kindness and clarity. May the words I share reflect Your heart and invite a deeper understanding of You. Fill me with Your Spirit that every answer I give points them closer to hope and faith. *In Jesus' name, Amen.* 

















Day 3: K Reflecting God's Character

#### Your Verse

Galatians 5:22–23 NIV – "But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control."

#### **Supporting Scriptures**

- Proverbs 3:3 "Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart."
- John 13:34–35 "Love one another. By this everyone will know that you are my disciples."







Day 3: 🎇 Reflecting God's Character

#### Devotional: Living Out God's Fruit

**Grandchildren observe more than they hear.** The fruit of the Spirit in your life paints a vivid picture of who God is. Galatians 5:22–23 describes qualities that reveal God's heart to those who watch and listen.

Demonstrating kindness, patience, and gentleness creates a safe space for grandchildren to ask questions without fear or judgment. Proverbs encourages us to hold love and faithfulness close, making them visible through both action and word.

Jesus said that love among His followers identifies them uniquely to the world (John 13:34–35). Your consistent example of the Spirit's fruit becomes a living testimony that accompanies every answer you give.

**Today, focus on embodying God's character.** Let your attitudes and reactions reflect His love, encouraging your grandchildren to see God through you.







Day 3: 🗱 Reflecting God's Character

## Reflect and Apply

1.	Which fruit of the Spirit do you find most challenging to demonstrate, and why?
2.	How does your behavior influence your grandchildren's perception of God?
	In what specific ways can you cultivate the fruit of the Spirit in your daily interactions?







Day 3: 🗱 Reflecting God's Character

## **Journaling Prompts**

1.	Identify moments when showing patience or kindness changed a conversation.
2.	Write about how God's character has impacted your faith journey.
3.	Consider one fruit of the Spirit to focus on this week and journal progress.







Day 3: K Reflecting God's Character

#### Prayer for Today

**Lord,** fill me with Your Spirit and produce in me love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Help me to be a clear reflection of You in every interaction with my grandchildren. May they see Your heart through my actions and words and be drawn closer to You. *Thank You for Your strength and guidance.* Amen.















#### Your Verse

Deuteronomy 6:6-7 NIV - "These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road."

#### **Supporting Scriptures**

- Matthew 5:37 "Simply let your 'Yes' be 'Yes,' and your 'No,' 'No'; anything beyond this comes from the evil one."
- Psalm 78:4 "We will not hide them from their descendants; we will tell the next generation the praiseworthy deeds of the LORD."







#### Devotional: Communicating God's Truth Clearly

#### When grandchildren ask hard questions, simplicity is a powerful tool.

Deuteronomy 6:6-7 urges us to impress God's commands on the hearts of the next generation through consistent, simple conversation.

Clear answers that avoid complicated jargon help children grasp God's love and truth. Jesus taught us to be straightforward in our communications (Matthew 5:37), which builds trust and transparency.

Psalm 78 calls us to share God's praiseworthy works openly, making the faith story relatable and understandable for young hearts.

Today, pray for the Spirit's guidance to explain God's truths clearly.

Remember, your grandchildren don't need all the answers; they need your heartfelt guidance anchored in Scripture and love.







## Reflect and Apply

	How do you balance depth and simplicity when explaining spiritual concepts?
2.	What helps you stay clear and honest when unsure of an answer?
3.	How can storytelling from Scripture aid clarity for grandchildren?







## **Journaling Prompts**

Write a simple explanation of a difficult biblical truth you feel comfortable sharing.
List a few Scripture stories that illustrate God's character clearly and simply.
Reflect on how repeating simple truths has strengthened your faith over time.







#### Prayer for Today

**Father God,** help me to communicate Your truths to my grandchildren with clarity and love. Guide me in choosing words that simple hearts can understand and treasure. Help me to share Your stories faithfully, pointing them to Your goodness and grace. Give me confidence and peace in every conversation. *Thank You for being our perfect teacher.* Amen.







## Day 5: Trusting God in Unknown Answers









Day 5: 🖰 Trusting God in Unknown Answers

#### Your Verse

James 1:5 NIV – "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you."

#### **Supporting Scriptures**

- Proverbs 3:5 "Trust in the LORD with all your heart and lean not on your own understanding."
- Psalm 46:10 "Be still, and know that I am God."







Day 5: 💭 Trusting God in Unknown Answers

#### Devotional: Finding Wisdom in Uncertainty

It's okay to admit when you don't have all the answers. James 1:5 encourages us to ask God for wisdom freely. When grandchildren inquire about difficult topics that challenge your understanding, relying on God's guidance is key.

Proverbs reminds us to trust God wholeheartedly, even when our minds wrestle with unanswered questions. Sometimes being still and reflecting on God's sovereignty (Psalm 46:10) is the best response.

Admitting limitations can model humility and faith for grandchildren. It shows them that seeking God is an ongoing journey, not a race to have perfect answers.

**Today, embrace moments of honest vulnerability.** Trust God to provide the right words or the perfect peace for your conversations.







Day 5: 🖰 Trusting God in Unknown Answers

## Reflect and Apply

	How comfortable are you with saying, 'I don't know, but let's find out together'?
2.	Where in your life have you seen God provide wisdom when you asked?
	How can modeling trust in God encourage your grandchildren's own faith journeys?







Day 5: 💭 Trusting God in Unknown Answers

## **Journaling Prompts**

5
ı your
ildren







Day 5: 💭 Trusting God in Unknown Answers

#### Prayer for Today

**Lord,** teach me to depend fully on Your wisdom and peace. When I face questions I cannot answer, help me to trust You and be honest with my grandchildren. Guide my heart and mind with Your Spirit's wisdom and let our search for truth bring us closer to You. Thank You for being our everpresent help. *In Jesus' name, Amen.* 

















#### Your Verse

Hebrews 11:1 NIV – "Now faith is confidence in what we hope for and assurance about what we do not see."

#### **Supporting Scriptures**

- Psalm 71:18 "Even when I am old and gray, do not forsake me, my God, till I declare your power to the next generation."
- Joshua 4:6-7 "Tell your children about it... so they may always fear the LORD their God."







#### Devotional: Power of Faith Stories

Stories have a special way of making faith real and relatable, especially for grandchildren. Hebrews 11:1 defines faith as confidence and assurance, even amidst uncertainty.

Psalm 71 shows that sharing God's faithfulness throughout life is a duty and a blessing. Your personal stories of God's guidance, miracles, or comfort can inspire and reassure young hearts.

Just as Joshua instructed the Israelites to tell their children about God's mighty works, you are called to recount God's goodness and power to your grandchildren. These narratives provide a foundation for faith and spark hope when questions arise.

**Today, reflect on your faith story.** Consider how sharing your testimony and biblical stories can equip grandchildren to trust God's promises.







## Reflect and Apply

1.	What parts of your faith journey could encourage your grandchildren?
2.	How can storytelling help children understand God's nature?
3.	What stories from the Bible resonate most with your family?







## **Journaling Prompts**

1.	Write a brief testimony of how God has worked in your life.
2.	List favorite Bible stories that speak of God's faithfulness.
	Plan a conversation where you can share a faith story with your grandchildren.







#### Prayer for Today

**Father,** thank You for the gift of a personal faith story. Help me courageously share Your goodness and faithfulness with my grandchildren. Use my experiences to inspire hope and confidence in You. Let these stories be seeds planted deep that grow into strong roots of faith. *In Jesus' precious name, Amen.* 















#### Your Verse

Philippians 4:6-7 NIV - "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."

#### **Supporting Scriptures**

- 1 Thessalonians 5:17 "Pray continually."
- Isaiah 40:31 "Those who hope in the LORD will renew their strength."







#### Devotional: The Power of Persistent Prayer

**Prayer is our most powerful tool in guiding grandchildren's faith.** Philippians 4:6–7 encourages us to bring all concerns to God with thanksgiving. Through prayer, you invite God into every question, doubt, and struggle your grandchildren face.

1 Thessalonians reminds us to pray continually, fostering a constant connection with God for ourselves and those we love. Isaiah offers hope that those who trust God will be renewed in strength and endurance.

As you pray for wisdom, clarity, and gentleness, also pray over your grandchildren's hearts. Pray that they would come to know God deeply and trust Him completely. Your prayers weave into God's plan for their lives in powerful, unseen ways.







## Reflect and Apply

1. l	How has praying for your family shaped your perspective and faith?
_	
	n what ways can prayer prepare you for conversations with grandchildren?
_	
	How can you develop a habit of praying continually for younger generations?
_	
_	







#### **Journaling Prompts**

Write a prayer specifically for your grandchildren's spiritual growth.
Reflect on answered prayers and how God has been faithful.
List daily prayer topics related to your role as a spiritual guide.







#### Prayer for Today

**Gracious God,** I lift my grandchildren to You today. Surround them with Your love, wisdom, and protection. Help me pray faithfully and trust Your timing and plan for their lives. Give me peace and courage to answer their hard questions with clarity and gentleness. May Your Spirit guide us all closer to You. *In Jesus' name, Amen.*







#### Where God's Word Meets Your Daily Life



We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



- 100k+ Bible Study Plans on every topic of life
- Access studies anytime on your phone, tablet, or computer
- Studies for individuals, families, small groups, and churches
- Secure online journaling or keep using print for privacy
- A place to grow your faith alongside believers worldwide

#### **Bonus for You:**

Download exclusive study bundles and resources when you create a <u>free HolyJot account</u>. No spam. No gimmicks. Just God's Word.

#### Visit Now:

- \* www.HolyJot.com
- Scan this QR code to start your next Bible Study today:

We'd love to hear your story. Email us at <a href="mailto:info@holyjot.com">info@holyjot.com</a>.





© Connect with us at: Facebook • Instagram • YouTube • TikTok

You are welcome to share this PDF with others. ase keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.