Healing for Men Leaders: Finding Restoration After Church Hurt



A 21-day Bible study guiding men leaders to healing, forgiveness, and restoration after church betrayal and division through biblical truths.





Table of contents

<u>Introduction</u>	4
<u>Day 1: Ogod's Strength in Your Weakness</u>	5
<u>Day 2: Jesus Understands Your Pain</u>	11
Day 3: * Embracing God's Peace	17
Day 4: B Healing Through Forgiveness	23
Day 5: A Trusting God's Plan Amid Division	29
<u>Day 6: Building Resilience in Leadership</u>	35
Day 7: New Beginnings in Christ	41
Day 8: V Leading with Humble Servanthood	47
Day 9: Patience in the Healing Process	53
Day 10: Cleansing Your Heart from Bitterness	59
Day 11: Restoring Joy in Your Calling	65
Day 12: Tebuilding Trust in Community	71
Day 13: Sowing Seeds of Grace	77
Day 14: // Repairing What Is Broken	83
Day 15: Standing Firm in Faith	89
Day 16: Rekindling Your Passion for God	95











Introduction

Welcome to this 21-day journey of healing and restoration tailored specifically for men who lead in ministry and have experienced the deep wounds of church hurt. Whether betrayal, division, or conflict has left you feeling broken and discouraged, know that God's Word offers profound hope and healing. Often, men in leadership feel pressure to appear strong and unshakable, yet even leaders carry burdens of pain that need God's healing touch.

This plan is designed with pastoral care and biblical encouragement to guide you step-by-step back to wholeness. You will encounter Scriptures highlighting God's faithfulness, forgiveness, and restoration. Each day provides meditational devotions to comfort the heart, challenge the mind, and encourage honest reflection.

Throughout these 21 days, you will: discover God's perspective on pain and suffering; learn how Jesus, the ultimate leader, modeled humility and forgiveness; cultivate biblical forgiveness towards those who have hurt you; and embrace God's peace and renewed purpose for your leadership.

As you embark on this healing journey, remember you are not alone. God understands your heart and will gently guide you to restoration, equipping you to lead with renewed strength and Christ-like love. May these days bring you refreshment, clarity, and restoration as you rest in His Word and presence.

















Day 1: **(** God's Strength in Your Weakness

Your Verse

2 Corinthians 12:9 — "But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me."

Supporting Scriptures

- Isaiah 40:29 "He gives strength to the weary and increases the power of the weak."
- Psalm 34:18 "The Lord is close to the brokenhearted and saves those who are crushed in spirit."







Day 1: ① God's Strength in Your Weakness

Devotional: God's Strength Perfected in Your Weakness

Church hurt can leave leaders feeling weak, vulnerable, and defeated, but God's Word reminds us that our weakness is the very place His power shines brightest. When we face betrayal or division, it's tempting to close ourselves off or pretend to have it all together. Yet, *God invites us to come as we are—weak, wounded, and weary—and lean on His sustaining grace.*

Paul's testimony in 2 Corinthians teaches us a profound truth: God's power is perfected in our weakness. This is not just spiritual jargon; it is a lifeline when ministry feels heavy or relationships break down. Every tear and every ache is noticed by the Lord who is deeply attuned to the brokenhearted.

Instead of hiding pain, let this day be a turning point to embrace your weakness as fertile soil for God's strength to grow inside you. Trust that His grace is completely sufficient to carry you through this season of healing. You will not be alone nor overcome.

Take time today to surrender your hurt to Him and ask for His empowering presence to fill your soul and ministry anew.







Day 1: ① God's Strength in Your Weakness

Reflect and Apply

	How have you tried to mask your pain instead of resting in God's strength?
	What does it mean for you personally that God's power is made perfect in weakness?
3.	In what ways can you lean more fully on God's grace today?







Day 1: ① God's Strength in Your Weakness

Journaling Prompts

1.	Write about a time you felt weak in leadership and how God helped you.
2.	List areas of your life where you need to invite God's strength now.
	Describe what 'God's sufficient grace' means to you in your current situation.







Day 1: **(** God's Strength in Your Weakness

Prayer for Today

Dear Heavenly Father, thank You for your unfailing grace that meets me in my weakness. I surrender my wounds and burdens to You today. Help me to stop striving in my own strength and instead rest fully in Your power that sustains and heals. Refresh my soul and renew my spirit as I face this difficult season. Teach me to trust You more deeply and to experience Your peace that surpasses understanding. I choose to let Your grace be enough for me now and always. In Jesus' name, Amen.



















Your Verse

Hebrews 4:15 — "For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin."

Supporting Scriptures

- Isaiah 53:3 "He was despised and rejected by mankind, a man of suffering, and familiar with pain."
- Psalm 147:3 "He heals the brokenhearted and binds up their wounds."







Devotional: Jesus Understands Your Deepest Wounds

One of the deepest comforts for those wounded by church hurt is knowing that Jesus Himself truly understands your pain and struggles. As the perfect and sinless High Priest, Jesus experienced rejection, betrayal, and deep sorrow during His earthly ministry. He was not shielded from suffering but fully entered into human brokenness.

Jesus' empathy is not distant or theoretical—He walked the path you now tread. When you feel isolated by the wounds of hurtful words, broken trust, or division in the church, remember that Jesus carried similar pain on His shoulders.

This truth allows wounded men leaders like you to bring your feelings honestly before God without fear or shame. Your pain is recognized and valied by the One who loves you sacrificially and intercedes on your behalf.

Today, take time to rest in the compassion of Christ. Invite Him to meet you where you are, cleansing your heart with His healing presence.







Reflect and Apply

	How does knowing Jesus experienced rejection and pain change your perspective on your own hurt?
2.	In what ways can you bring your feelings honestly before Jesus today?
3.	What comfort do you find in Jesus being your empathetic High Priest?







Journaling Prompts

Write a letter to Jesus expressing your pain and asking for His healing.
Reflect on Jesus' suffering and how it relates to your current struggles.
Describe how you sense Jesus' presence with you in your hurt.

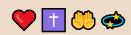






Prayer for Today

Lord Jesus, thank You for walking the path of suffering and for fully understanding my pain. Help me to come before You honestly and vulnerably, knowing You are my compassionate High Priest who intercedes for me. Heal my broken heart and bind up my wounds with Your loving touch. Teach me to rest in Your presence and find hope even in difficult moments. I trust in Your unfailing love and grace. Amen.



















Your Verse

John 14:27 — "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."

Supporting Scriptures

- Philippians 4:7 "And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."
- Colossians 3:15 "Let the peace of Christ rule in your hearts..."







Devotional: Receive the Peace Only Jesus Gives

The turmoil caused by church hurt can stir anxiety, fear, and unrest in your heart, yet Jesus offers a supernatural peace that the world cannot give. This peace is not dependent on circumstances but is anchored deeply in the person and promises of Christ.

When you feel troubled or afraid because of betrayal or division, God calls you to receive His peace as a gift. Let go of your worries and trust that He is sovereign over every broken relationship and ministry challenge.

God's peace acts as a guard, shielding your heart and mind from destructive fears that can paralyze or harden you. It is a peace rooted in knowing that God works all things together for good (Romans 8:28).

Practice inviting God's peace today by deliberately surrendering your anxieties and choosing His calm over chaos. This peace will replenish your spirit and prepare you to heal.







Reflect and Apply

What are the main fears or troubles weighing on your heart today?
How can you actively receive and embrace God's peace in your situation?
In what ways does God's peace protect and restore you?







Journaling Prompts

1.	Identify specific worries you need to surrender to God's peace.
2.	Write about times when God's peace helped you through hardship.
3.	Describe how you can remind yourself daily to choose God's peace.







Prayer for Today

Father God, thank You for Your gift of peace that calms my troubled heart. When fear and anxiety rise up, help me to fix my mind on You and receive Your peace that surpasses understanding. Guard my heart from bitterness and mistrust. Teach me to rest in Your presence and to lean on Your sovereign care. Recharge my spirit with Your tranquility so I may lead with clarity and compassion. In Jesus' name, Amen.









Day 4: B Healing Through Forgiveness









Day 4: 💋 Healing Through Forgiveness

Your Verse

Ephesians 4:31–32 — "Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

Supporting Scriptures

- Colossians 3:13 "Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you."
- Matthew 6:14 "For if you forgive other people when they sin against you, your heavenly Father will also forgive you."







Day 4: 🥬 Healing Through Forgiveness

Devotional: Finding Freedom in Forgiveness

One of the most powerful and challenging steps in healing church hurt is choosing forgiveness. Forgiveness does not minimize the pain or justify wrongdoing, but it releases you from the burden of bitterness that can imprison your heart.

God calls men leaders to embody kindness, compassion, and forgiveness, reflecting the grace they have received through Christ. It is through forgiveness that your spirit can begin to heal and your leadership can be renewed without the weight of resentment.

Let go of the anger and rage that poison relationships and your soul. Instead, embrace the high calling of forgiving others as God forgave you—completely and unconditionally.

Today's focus is not just on others but also on extending grace to yourself—to heal, to move forward, and to lead as God intends.







Day 4: **B** Healing Through Forgiveness

Reflect and Apply

1.	What bitterness or anger do you need to surrender to God today?
2.	How can forgiving others free you to heal and lead effectively?
3.	What obstacles make forgiveness difficult for you right now?







Day 4: **B** Healing Through Forgiveness

Journaling Prompts

1.	List people you need to forgive and pray for God's help in this.
2.	Write about how unforgiveness has affected your heart and ministry.
3.	Describe steps you can take toward forgiveness and healing.







Day 4: 💋 Healing Through Forgiveness

Prayer for Today

Lord Jesus, *help me to forgive those who have hurt me as You have forgiven me.* Take away any bitterness or anger in my heart and replace it with Your kindness and compassion. Teach me to release my pain and embrace the freedom of forgiveness. Heal my soul and empower me to lead with grace and humility. Thank You for Your example and unfailing love. Amen.

















Your Verse

Romans 8:28 — "And we know that in all things God works for the good of those who love him, who have been called according to his purpose."

Supporting Scriptures

- Jeremiah 29:11 "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."
- Proverbs 3:5-6 "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."







Devotional: Faith in God's Sovereign Purpose

When church hurt arises from division and betrayal, it can feel like God's plans have been shattered. But Scripture assures us that God is sovereignly weaving all things—even painful ones—into a good and purposeful design.

Knowing that God's plans are for your ultimate good releases anxiety and doubt. Trusting Him even when you cannot see the full picture requires faith, patience, and surrender.

God's purpose for your leadership remains intact. Though the path may be difficult and confusing now, He promises to guide your steps and restore hope.

Today, place your trust firmly in God's plan. Believe that He is refashioning brokenness into beauty, hurt into healing, and division into remarkable new beginnings.







Reflect and Apply

1.	How has the pain of division challenged your trust in God's plan?
2.	What promises can you cling to when circumstances seem bleak?
3.	In what ways can you actively surrender control and rely on God?







Journaling Prompts

1.	Write about how God has worked good in past hardships.
2.	List ways you can practice trusting God's plan amid current struggles.
3.	Describe what hope looks like for your leadership future.







Prayer for Today

Father, *help me to trust You fully even when I cannot understand the pain I face.* Remind me that Your plans are good and that You are working all things together for my benefit. Strengthen my faith to rest in Your sovereign care and guide my leadership with wisdom and peace. Thank You for your faithful goodness. Amen.



















Day 6: Day Building Resilience in Leadership

Your Verse

James 1:2-4 — "Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything."

Supporting Scriptures

- Romans 5:3-5 "Suffering produces perseverance; perseverance, character; and character, hope."
- 2 Timothy 4:5 "Endure hardship with us like a good soldier of Christ Jesus."







Day 6: Day Building Resilience in Leadership

Devotional: Growth Through Trials Strengthens Leaders

Leadership, especially in the church, often comes with trials that test your faith and character. Instead of being discouraged by difficulties, God invites you to view challenges as opportunities to develop resilience and maturity.

Resilience is not merely enduring hardship but being strengthened and refined through it. Like steel tempered by fire, your faith can become more steadfast and hopeful through testing.

Paul exhorts Timothy to endure hardship as a good soldier, reminding us that perseverance is integral to leadership in Christ's service.

Today, embrace the trials you face as necessary for growth. Welcome perseverance as a valuable teacher, knowing it leads to completeness and deeper hope.







Day 6: Day Building Resilience in Leadership

Reflect and Apply

1.	How have past trials shaped your leadership character?
	What attitudes can help you embrace challenges with joy rather than despair?
3.	How can perseverance prepare you for future ministry work?







Day 6: Da

Journaling Prompts

1.	Write about a difficult situation that increased your faith.
2.	List character qualities you want to develop through trials.
3.	Describe how you can encourage others facing hardship in ministry.







Day 6: Day 6: Building Resilience in Leadership

Prayer for Today

Gracious God, thank You for the growth that trials produce in my life. Help me to persevere with joy and to allow hardship to build my character and hope. Strengthen me to endure like a faithful soldier in Your service. Mold me into the leader You desire, mature and complete. Guide my steps and sustain my spirit daily. In Jesus' name, Amen.



















Your Verse

2 Corinthians 5:17 — "Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"

Supporting Scriptures

- Isaiah 43:19 "See, I am doing a new thing! Now it springs up; do you not perceive it?"
- Lamentations 3:22–23 "Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness."







Devotional: Embracing Renewal and Fresh Starts

Wounds from church hurt may feel like an ending, but God's Word proclaims a fresh start through Christ. As a leader, you are invited to step into the new creation God offers, shedding past pain and embracing renewal.

This promise of newness speaks to both personal healing and spiritual revitalization. God makes all things new, bringing hope where there was despair, restoration where there was brokenness.

Each morning brings fresh mercies and the opportunity to walk in the transformative power of God's grace.

Receive today as a day of new beginnings—a time to trust God's renewal process and confidently move forward in His calling.







Reflect and Apply

	What old wounds or baggage might you need to leave behind to move forward?
	How can you cultivate awareness of God's new work in your life and ministry?
3.	In what ways can you embrace each day as a fresh start?







Journaling Prompts

1.	Write about what 'new creation' means to you personally.
2.	List areas where you sense God inviting you to start anew.
3.	Describe how God's faithfulness gives you hope for the future.







Prayer for Today

Lord, thank You for the promise of new beginnings in You. Help me to release the past hurts and step fully into the renewal You provide. Teach me to embrace each day as a fresh start filled with Your mercy and grace. Restore my heart and calling so I can lead with joy and purpose. I trust in Your faithfulness to make all things new. Amen.











Day 8: Calonia Leading with Humble Servanthood









Day 8: V Leading with Humble Servanthood

Your Verse

Mark 10:45 — "For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

Supporting Scriptures

- Philippians 2:3-4 "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves."
- John 13:14–15 "Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet."







Day 8: V Leading with Humble Servanthood

Devotional: The Power of Humble Servant Leadership

Leadership in the church is marked not by power or prestige but by humble servanthood, modeled perfectly by Jesus. The wounds from leadership can sometimes tempt pride or defensiveness, but God's call is to lead with humility and selfless love.

Jesus demonstrated servant leadership by lowering Himself to wash His disciples' feet. Similarly, men leaders are called to embody humility, putting others' needs above personal reputation or status.

This posture opens the door to healing relationships and builds trust within ministry communities.

Reflect today on how you can serve others with humility despite past hurts and rediscover your leadership purpose in Christ's example.







Day 8: 💙 Leading with Humble Servanthood

Reflect and Apply







Day 8: 💙 Leading with Humble Servanthood

Journaling Prompts

Write about moments when serving others brought you joy or healing.
List ways to practice humility in your ministry relationships.
Reflect on how Jesus' example inspires your leadership.







Day 8: V Leading with Humble Servanthood

Prayer for Today

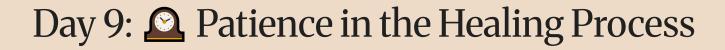
Jesus, thank You for showing me the way of humble service. Help me to lead with a servant's heart, valuing others above myself. Heal any pride or defensiveness caused by past hurts. Teach me to rebuild relationships through love and humility. May my leadership reflect Your grace and compassion. Amen.



















Day 9:

Patience in the Healing Process

Your Verse

Psalm 27:14 — "Wait for the Lord; be strong and take heart and wait for the Lord."

Supporting Scriptures

- Galatians 6:9 "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."
- Ecclesiastes 3:1 "There is a time for everything, and a season for every activity under the heavens."







Day 9:

Patience in the Healing Process

Devotional: Trusting God's Timing with Patience

Healing, especially from deep wounds like church hurt, rarely happens overnight. God's timing is perfect, and patience is essential for inner restoration.

It is easy to grow weary or frustrated when healing seems slow, but Scripture encourages strong patience and hopeful waiting on the Lord. Like a farmer tending a field, you must trust that the seeds of healing are growing beneath the surface even when unseen.

Allow yourself grace to walk the healing path at God's pace. Resist the temptation to rush the process or force resolution prematurely.

Today, commit to enduring patiently and taking heart in God's unfailing presence, knowing your breakthrough is coming in His perfect time.







Day 9: 🕰 Patience in the Healing Process

Reflect and Apply

1.	How have impatience or frustration affected your healing journey?
2.	What practices help you wait faithfully on God's timing?
3.	How does trusting God's timing bring peace amid uncertainty?







Day 9: 🕰 Patience in the Healing Process

Journaling Prompts

Write about the challenges and blessings you've encountered in waiting.
List ways you can build patience as you heal.
Describe your hopes for healing in God's time.







Day 9:

Patience in the Healing Process

Prayer for Today

Lord, *teach me to wait patiently and trust Your perfect timing.* Strengthen my heart when healing feels slow or difficult. Remind me that You are always working for my good, even when I cannot see it. Help me to persevere with hope, confident in Your faithful presence. Thank You for being with me every step of the way. Amen.









Day 10: Cleansing Your Heart from Bitterness









Day 10: Cleansing Your Heart from Bitterness

Your Verse

Hebrews 12:15 — "See to it that no one falls short of the grace of God and that no bitter root grows up to cause trouble and defile many."

Supporting Scriptures

- Ephesians 4:31 "Get rid of all bitterness, rage and anger..."
- James 3:14–16 "But if you harbor bitter envy and selfish ambition in your hearts, do not boast about it or deny the truth."







Day 10: Cleansing Your Heart from Bitterness

Devotional: Uprooting Bitterness for Freedom

Bitterness is a subtle but corrosive enemy that takes root in hearts wounded by betrayal and hurt. If left unchecked, it can defile relationships, cloud judgment, and hinder your walk with God.

The writer of Hebrews warns leaders to guard against a bitter root that causes widespread damage. True healing requires honest self-examination and a willingness to release resentment fully.

Rather than grasping onto pain or nursing grudges, invite God to cleanse your heart.

Let His grace uproot bitterness so that you can live freely, loving boldly and leading with clarity and peace.







Day 10: 🖋 Cleansing Your Heart from Bitterness

Reflect and Apply

1.	Where might bitterness be taking hold in your heart or ministry?
-	
-	
2.	What impact does bitterness have on your relationships and leadership?
- -	
-	
3.	How can you cooperate with God to remove bitterness today?
-	







Day 10: 🖋 Cleansing Your Heart from Bitterness

Journaling Prompts

1.	Reflect on signs of bitterness you may be harboring.
2.	Write a prayer asking God to cleanse your heart completely.
3.	Describe practical steps to cultivate forgiveness and peace.







Day 10: 🖋 Cleansing Your Heart from Bitterness

Prayer for Today

Heavenly Father, *I ask You to search my heart and remove any bitterness lingering within me.* Cleanse me with Your grace and help me to forgive fully those who have hurt me. Prevent bitterness from taking root or spreading. Fill me instead with Your peace, love, and joy so I can lead well and love others deeply. In Jesus' name, Amen.



















Your Verse

Nehemiah 8:10 — "Do not grieve, for the joy of the Lord is your strength."

Supporting Scriptures

- Psalm 51:12 "Restore to me the joy of your salvation..."
- John 15:11 "I have told you this so that my joy may be in you and that your joy may be complete."







Devotional: God's Joy Restores Your Strength

Church hurt often steals the joy of ministry, leaving you discouraged or even disillusioned with your calling. Yet, the joy of the Lord is a vital source of strength that can be restored through God's healing.

Nehemiah encourages leaders not to grieve but to find strength in divine joy. This joy is rooted in salvation, presence, and purpose—not circumstances.

When you reclaim this joy, your leadership radiates hope and resilience.

Today, ask God to restore your joy so you can serve with renewed passion, energized by His love and purpose.







Reflect and Apply

1.	How has pain diminished your joy in leadership?
2.	What does 'joy of the Lord' look like in your life today?
3.	How can you cultivate and nourish this joy moving forward?







Journaling Prompts

1.	Write about moments when joy strengthened your leadership.
2.	List things that bring you spiritual joy and peace.
3.	Describe how you can intentionally invite God's joy daily.







Prayer for Today

Lord, *I ask You to restore the joy of my salvation and calling.* Replace any sorrow or discouragement with Your strength–giving joy. Fill my heart so my leadership may shine with hope and life. Encourage me to serve with gladness and devotion. Thank You for being my source of lasting joy. Amen.



















Day 12: 🎔 Rebuilding Trust in Community

Your Verse

Proverbs 3:3-4 — "Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart. Then you will win favor and a good name in the sight of God and man."

Supporting Scriptures

- 1 Thessalonians 5:11 "Therefore encourage one another and build each other up..."
- Galatians 6:2 "Carry each other's burdens, and in this way you will fulfill the law of Christ."







Devotional: Faithfulness Restores Broken Relationships

Hurt within the church can fracture trust and fracture relationships crucial to effective leadership. Yet God's desire is for restored community marked by love and faithfulness.

True rebuilding requires intentional commitment to love, faithfulness, and encouragement. These qualities form the foundation for renewed trust and a good reputation both before God and others.

Leaders must courageously lead by example, extending grace and seeking reconciliation even when difficult.

Today, ask God to guide you as you invest in rebuilding healthy, trustworthy relationships within your ministry.







Reflect and Apply

What fears or hesitations do you have about rebuilding trust?
How can love and faithfulness shape your approach to community?
What practical steps can you take to encourage and build up others?







Journaling Prompts

1.	List relationships in need of restoration and your role in them.
2.	Write about how you can model faithfulness in leadership.
3.	Describe ways to practice active encouragement within community.







Prayer for Today

Father, *help me to be a leader who loves faithfully and encourages others.* Guide me as I rebuild trust within my community and ministry. Give me courage to pursue reconciliation and grace to mend broken relationships. May my actions reflect Your heart and glorify You. Amen.



















Your Verse

Galatians 6:7-9 — "Do not be deceived: God cannot be mocked. A man reaps what he sows... let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."

Supporting Scriptures

- Luke 6:38 "Give, and it will be given to you..."
- 2 Corinthians 9:6 "Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously."







Devotional: Persevering in Graceful Generosity

Healing from church hurt invites you to shift focus from past pain toward actively sowing seeds of grace and goodness in your relationships and ministry. What you sow—whether forgiveness, kindness, or encouragement —will yield a harvest aligned with God's justice and mercy.

God warns us that deceit is impossible and that the nature of your sowing cannot be escaped. This truth encourages perseverance in doing good, even when results seem delayed.

Today, dedicate yourself to generosity in grace, nurturing others and your ministry with consistent love despite past wounds.







Reflect and Apply

1.	What kinds of seeds are you currently sowing in relationships?
2.	How does God's promise motivate you to persevere in doing good?
3.	Are there areas where you feel weary or tempted to give up?







Journaling Prompts

1.	List ways to sow grace intentionally each day.
2.	Write about times your generosity was unexpectedly rewarded.
3.	Describe steps to overcome discouragement in ministry.







Prayer for Today

Lord, *help me to sow seeds of grace and goodness in all my relationships.*Give me endurance to keep doing good even when results are unseen. Thank You for promises that encourage perseverance and hope. Use my leadership to nurture healing and love. Amen.



















Your Verse

Isaiah 61:1 — "He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners."

Supporting Scriptures

- Psalm 147:3 "He heals the brokenhearted and binds up their wounds."
- Matthew 11:28 "Come to me, all you who are weary and burdened, and I will give you rest."







Devotional: God: The Master Healer and Restorer

Betrayal and division can leave you feeling broken and burdened, but God's prophetic promise is to bind wounds and proclaim freedom. The Lord is the master repairer of broken hearts and fractured lives.

There is divine rest offered to the weary, and healing for a heart weighed down by offense and hurt. As a wounded leader, you can bring your brokenness to Jesus, trusting He will restore and redeem.

Embrace this healing work today, allowing God to mend not only your spirit but also your ministry relationships.







Reflect and Apply

In what ways do you need God's healing touch today?
How can you accept His invitation to rest and restoration?
What broken areas in leadership require God's repair?







Journaling Prompts

1.	Write about your current wounds and longings for healing.
2.	Describe what rest in Jesus looks like to you.
3.	List relationships needing restoration and prayers for those.







Prayer for Today

Jesus, *I bring my broken heart and wounded soul to You.* Bind up my wounds and bring freedom where I feel captive to hurt and pain. Give me rest for my spirit and renewal for my leadership. Heal what is broken and lead me into wholeness and peace. Amen.



















Your Verse

Ephesians 6:10–11 — "Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil's schemes."

Supporting Scriptures

- 1 Corinthians 16:13 "Be on your guard; stand firm in the faith; be courageous; be strong."
- Psalm 18:2 "The Lord is my rock, my fortress and my deliverer."







Devotional: Equipped to Stand Strong in Faith

As a leader recovering from church hurt, spiritual warfare is very real. You are called to stand firm, clothed in God's armor to resist the enemy's schemes of discouragement, division, and doubt.

Strengthening your faith and courage anchors you against attacks on your spirit and ministry. God is your rock and fortress, offering protection and victory.

Today, put on the full armor of God intentionally. Remember that true strength comes from Him alone.







Reflect and Apply

1.	What spiritual battles are you facing right now?
2.	How can putting on God's armor empower your daily walk?
3.	What areas require greater courage and strength in leadership?







Journaling Prompts

1.	Write about moments you experienced God's protection.
2.	List pieces of God's armor and reflect on their meaning.
3.	Describe strategies to remain strong in faith during trials.







Prayer for Today

Lord God, *clothe me in Your full armor today.* Strengthen my faith and courage to stand firm against the enemy's attacks. Be my rock and fortress when I feel weak. Help me to take my stand with confidence and peace, trusting in Your mighty power. Amen.



















Your Verse

Revelation 3:15-16 — "I know your deeds, that you are neither cold nor hot... so, because you are lukewarm—I am about to spit you out of my mouth."

Supporting Scriptures

- Psalm 42:1 "As the deer pants for streams of water, so my soul pants for you, my God."
- Romans 12:11 "Never be lacking in zeal, but keep your spiritual fervor, serving the Lord."







Devotional: Igniting Renewed Zeal for the Lord

Church hurt can diminish your spiritual passion and zeal, leaving you lukewarm in your devotion. Jesus calls leaders to be fervent, fully alive in their love and commitment to Him.

Like a thirsty deer longing for water, your soul needs the living water that only God provides. Rekindling spiritual passion is crucial for renewed leadership health and effectiveness.

Commit today to pursuing God's presence and refueling your heart's fire through prayer, worship, and the Word.







Reflect and Apply

How has your passion for God changed due to past pain?
What spiritual practices can help rekindle your zeal?
How does a fervent heart influence your leadership?







Journaling Prompts

Write about what excites your soul about God right now.
List ways to intentionally foster spiritual fervor.
Describe how renewed passion impacts your ministry vision.







Prayer for Today

Spirit of the Living God, ignite a passionate fire in my heart once again. Quench my soul's thirst with Your living water. Help me to serve You with zeal and joy, free from spiritual coldness. Renew my strength and enthusiasm for Your work in my life and ministry. Amen.









Day 17: **K** Repairing Relationships with Truth









Day 17: 🛠 Repairing Relationships with Truth

Your Verse

Ephesians 4:15 — "Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ."

Supporting Scriptures

- Proverbs 27:5 "Better is open rebuke than hidden love."
- Matthew 18:15 "If your brother or sister sins, go and point out their fault..."







Day 17: 🛠 Repairing Relationships with Truth

Devotional: Truth and Love Heal Broken Bonds

Healing and restoration require honest, loving communication rooted in biblical truth. Avoiding difficult conversations or soft-pedaling truth can prolong pain and misunderstanding.

Speaking the truth in love helps mature individuals and the body of Christ as a whole. Leaders are called to courageously address hurts, seek reconciliation, and build authenticity.

Today, ask God for wisdom and grace to communicate honestly and lovingly in broken relationships.







Day 17: 🎇 Repairing Relationships with Truth

Reflect and Apply

Where do you need to speak truth in love to promote healing?
How can honesty paired with love transform fractured relationships?
What fears arise when approaching difficult conversations?







Day 17: 🎇 Repairing Relationships with Truth

Journaling Prompts

1.	Reflect on a time truth spoken in love brought reconciliation.
2.	Write down difficult conversations you need courage to have.
3.	Describe how you can prepare prayerfully for honest dialogue.







Day 17: K Repairing Relationships with Truth

Prayer for Today

Lord Jesus, *grant me the courage and wisdom to speak truth in love.* Help me to be honest yet compassionate in my words. Heal broken relationships through authentic communication. Soften hearts, including my own, to receive and give grace. Lead me in restoring unity as You have called. Amen.









Day 18: K Embracing God's Purpose for Your Life









Day 18: 🎇 Embracing God's Purpose for Your Life

Your Verse

Jeremiah 1:5 — "Before I formed you in the womb I knew you, before you were born I set you apart; I appointed you as a prophet to the nations."

Supporting Scriptures

- Ephesians 2:10 "For we are God's handiwork, created in Christ Jesus to do good works..."
- Psalm 138:8 "The Lord will fulfill his purpose for me; your steadfast love, O Lord, endures forever."







Day 18: 🗱 Embracing God's Purpose for Your Life

Devotional: Walking Boldly in God's Calling

Amid the pain of betrayal or rejection, it's easy to question your calling and purpose. But God has uniquely designed and appointed you for His good works and divine plan.

Before your birth, God set you apart with intention and love. Even when your ministry is wounded, His purpose remains firm and will be fulfilled.

Today, recommit yourself to embracing God's calling with confidence, knowing that your life and leadership matter profoundly in His kingdom.







Day 18: 🎇 Embracing God's Purpose for Your Life

Reflect and Apply

How has hurt challenged your sense of purpose?
What truths about God's plans encourage you today?
How can you affirm your God-given identity and mission?







Day 18: 💥 Embracing God's Purpose for Your Life

Journaling Prompts

1.	Write about ways God has revealed your purpose over time.
2.	List strengths and gifts God uses in your ministry.
3.	Describe how embracing God's purpose motivates your healing.







Day 18: 🎇 Embracing God's Purpose for Your Life

Prayer for Today

Father, thank You for knowing me intimately and setting me apart for Your purposes. Help me to walk boldly in my calling, confident in Your love and plan. Strengthen my heart to persevere despite setbacks. Let my life be a testimony of Your faithfulness and grace. Amen.

















Your Verse

James 1:5 — "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you."

Supporting Scriptures

- Proverbs 15:1 "A gentle answer turns away wrath..."
- Matthew 5:9 "Blessed are the peacemakers, for they will be called children of God."







Devotional: Seeking Divine Wisdom in Conflict

Conflict often accompanies church leadership, especially after wounds and division. Navigating these situations requires divine wisdom, patience, and a heart for peace.

God promises to generously provide wisdom when asked sincerely. Responding with gentleness, humility, and a peacemaking spirit honors God and opens doors for reconciliation.

Today, seek God's wisdom for handling conflict and commit to being a peace-maker within your sphere of influence.







Reflect and Apply

1.	What conflicts are currently challenging your leadership?
2.	How can you cultivate a peacemaking attitude even in tension?
3.	What steps can you take to seek God's wisdom daily?







Journaling Prompts

1.	Write a prayer asking God for wisdom in difficult situations.
2.	List practical ways to respond gently to conflict.
3.	Describe ways you can be a peacemaker in your church.







Prayer for Today

Lord, *I ask for Your wisdom to navigate conflict with grace and peace.* Teach me to respond gently and to seek reconciliation. Help me to be a peacemaker who honors You in all interactions. Guide my words and actions with Your Spirit's counsel. Amen.



















Your Verse

Romans 15:13 — "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."

Supporting Scriptures

- Jeremiah 29:11 "For I know the plans I have for you..."
- Psalm 33:18 "But the eyes of the Lord are on those who fear him, on those whose hope is in his unfailing love."







Devotional: Living with Hope in God's Promises

As your healing progresses, it's vital to fix your eyes on the hope and joy God provides for the future. Despite past wounds, God promises a restored future filled with peace and purpose.

Hope is not mere wishful thinking but confident expectation rooted in God's faithful love. Through the power of the Holy Spirit, your heart can overflow with hope that sustains and inspires.

Today, anchor your soul in God's promises and allow hope to renew your vision for life and leadership.







Reflect and Apply

1.	What hopes do you hold for your healing and future ministry?
2.	How does trusting God increase your joy and peace?
3.	In what ways can you foster hope in daily life?







Journaling Prompts

1.	Write about God's promises that encourage you most.
2.	List hopes you have for restoration personally and in ministry.
3.	Describe how you can remind yourself of hope regularly.







Prayer for Today

God of hope, *fill me with joy and peace as I trust in You.* Help my heart to overflow with hopeful expectation through Your Spirit's power. Strengthen my faith to believe in Your good plans despite past pain. Renew my vision for the future with confidence and peace. Amen.

















Your Verse

Isaiah 40:31 — "But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."

Supporting Scriptures

- Psalm 23:3 "He refreshes my soul."
- 2 Corinthians 4:16 "Though outwardly we are wasting away, yet inwardly we are being renewed day by day."







Devotional: Renewed Strength to Soar Ahead

Congratulations on completing this 21-day journey of healing and restoration! God delights in renewing your strength and restoring your soul.

Like eagles rising with renewed vigor, you now have fresh energy to lead with passion, wisdom, and grace. Though scars may remain, your spirit has been refreshed and equipped for greater victories ahead.

Celebrate this new season of healing and embrace the exciting future God has prepared for you as a leader.







Reflect and Apply

1.	How has God renewed your strength over these 21 days?
2.	What lessons and blessings will you carry forward?
3.	How will you celebrate and steward this new season?







Journaling Prompts

1.	Write a summary of your healing journey and key takeaways.
2.	List ways to maintain renewal and growth moving forward.
3.	Describe how you will lead differently with new strength.







Prayer for Today

Heavenly Father, thank You for renewing my strength and refreshing my soul. I celebrate Your healing work in my life and ministry. Empower me to soar like an eagle and to run without growing weary. Help me to walk faithfully in this new season, leading with courage, wisdom, and grace. To You be all glory and praise. Amen.









Where God's Word Meets Your Daily Life



We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



- 100k+ Bible Study Plans on every topic of life
- Access studies anytime on your phone, tablet, or computer
- Studies for individuals, families, small groups, and churches
- Secure online journaling or keep using print for privacy
- A place to grow your faith alongside believers worldwide

Bonus for You:

Download exclusive study bundles and resources when you create a <u>free HolyJot account</u>. No spam. No gimmicks. Just God's Word.

Visit Now:

- * www.HolyJot.com
- Scan this QR code to start your next Bible Study today:

We'd love to hear your story. Email us at info@holyjot.com.



Connect with us at:

Facebook • Instagram • YouTube • TikTok

You are welcome to share this PDF with others.

case keep it intact so the full study and credits remain. © 2025 HolyJot LLC. All Rights Reserved.