



Hosanna in the Highest: Embracing the Heart of Palm Sunday



Explore Palm Sunday's profound message of hope, worship, and salvation through Scripture, reflection, and prayer in this 5-day Bible study plan.

Table of contents

<u>Introduction</u>	3
<u>Day 1: 🌿 The Triumphal Entry</u>	4
<u>Day 2: 🏛️ The Meaning Behind "Hosanna"</u>	10
<u>Day 3: 🙏 Worshipping in Spirit and Truth</u>	16
<u>Day 4: 🌟 The King Who Serves</u>	22
<u>Day 5: 🌅 Hope Beyond the Palms</u>	28



Introduction

Palm Sunday is more than a historic event; it marks a triumphant moment in Jesus' journey toward the cross. As crowds acclaimed Him with cries of *"Hosanna in the highest!"*, they hailed Jesus as their King and Savior. Yet, this jubilant welcome also foreshadowed the sacrifice He would soon make for all mankind.

In this 5-day study, we will dive deep into the significance of Palm Sunday as a celebration that blends joy, hope, and worship with themes of humility and redemption. **Understanding the meaning behind the waving palms and the joyful shouts helps us embrace the fullness of Christ's mission.** We are invited to join these echoes of ancient praise with our own hearts today.

"Hosanna! Blessed is He who comes in the name of the Lord!" resonates as both a declaration of faith and a call to recognize Jesus as King in our lives. As we journey through Scripture, devotion, reflection, and prayer, may our hearts be transformed to embody the hope and worship Palm Sunday represents.

Let this time of study guide you to a richer experience of the holidays, drawing nearer to the **Lord of all who deserves our highest praise.** Prepare to celebrate with fresh gratitude and renewed spiritual vision.





Day 1: 🌿 The Triumphal Entry



Day 1: 🌿 The Triumphal Entry

Your Verse

Matthew 21:8-9 NIV "A very large crowd spread their cloaks on the road, while others cut branches from the trees and spread them on the road. The crowds that went ahead of him and those that followed shouted, 'Hosanna to the Son of David! Blessed is he who comes in the name of the Lord! Hosanna in the highest heaven!'"

Supporting Scriptures

- *Mark 11:9 - "Those who went in front and those who followed shouted, 'Hosanna! Blessed is he who comes in the name of the Lord!'"*
- *John 12:13 - "They took palm branches and went out to meet him, shouting, 'Hosanna! Blessed is he who comes in the name of the Lord! Blessed is the king of Israel!'"*



Day 1: 🌿 The Triumphal Entry

Devotional: Embracing Jesus as King with Expectant Hope

The Triumphal Entry reveals the joyous proclamation of Jesus as King by a multitude welcoming Him into Jerusalem. The crowd's waving of palm branches and loud cries of "*Hosanna!*" expressed hope for salvation and the fulfillment of God's promises.

These crowds recognized Jesus as the promised Messiah, yet many did not understand the path He would take—one of suffering and ultimate victory through the cross. Their celebration mixed expectation with incomplete understanding, a testament to how God's timing and purposes often unfold in ways beyond human anticipation.

As we reflect on this moment, we are invited to consider our own response to Jesus. Are we proclaiming Him as King in our daily lives? Do we embrace both the joy of His salvation and the humility found in following Him faithfully?



Day 1: 🌿 The Triumphal Entry

Reflect and Apply

1. What does shouting 'Hosanna' mean to you personally today?

2. In what ways might you be celebrating Jesus but not fully understanding His mission?

3. How can you welcome Jesus into your 'Jerusalem'—your life—with humble joy?



Day 1: 🌿 The Triumphal Entry

Journaling Prompts

1. Write about a time you welcomed Jesus as King in your life.

2. Describe what 'Hosanna' means to you in your current spiritual journey.

3. List areas in your life where you can lay down 'palms' or acts of worship for Jesus.



Day 1: 🌿 The Triumphal Entry

Prayer for Today


Lord Jesus, thank You for coming as our King, for the hope You bring, and for the salvation You accomplished. Help me to truly understand and welcome You, not just with words but with a heart open to follow wherever You lead. Teach me humility and boldness to proclaim Your name daily. May my life be a living Hosanna, a continual praise to You, my Savior. *Hosanna in the highest!* Amen.





Day 2: The Meaning Behind "Hosanna"



Day 2:  The Meaning Behind "Hosanna"


Your Verse

Psalm 118:25-26 NIV "Lord, save us! Lord, grant us success! Blessed is he who comes in the name of the Lord. From the house of the Lord we bless you."

Supporting Scriptures

- *Matthew 21:15 - "When the chief priests and the teachers of the law saw the wonderful things Jesus did and the children shouting in the temple courts, 'Hosanna to the Son of David,' they were indignant."*
- *Romans 11:26 - "And in this way all Israel will be saved."*



Day 2:  The Meaning Behind "Hosanna"


Devotional: Hosanna: A Prayer for Salvation and Hope

Hosanna is more than a cheer; it is a prayer, a plea for salvation meaning "Save, please!" or "Save now!" It reflects the deep yearning of God's people for deliverance.

When the crowds shouted "Hosanna to the Son of David," they acknowledged Jesus' royal lineage and asked Him to bring salvation. This word ties back to Psalm 118, a song of victory and trust in God's saving power. It calls us to recognize Jesus as the fulfillment of these ancient hopes.

Today, the cry "Hosanna" challenges us to renew our dependence on God to save and redeem us in every circumstance. It invites us to call out to Him when we feel in need and to celebrate His ability to bring triumph where we see trials.



Day 2:  The Meaning Behind "Hosanna"


Reflect and Apply

1. How does understanding 'Hosanna' as a plea for salvation enrich your worship?

2. Do you find yourself calling on Jesus for help and rescue regularly? Why or why not?

3. In what areas of life do you need to proclaim Jesus as your Savior today?



Day 2:  The Meaning Behind "Hosanna"


Journaling Prompts

1. Write your own 'Hosanna' prayer asking Jesus to work in your life.

2. Reflect on moments when God has saved or helped you in hardship.

3. List times you can share the message of salvation with others.



Day 2:  The Meaning Behind "Hosanna"

Prayer for Today

Dear God, thank You for being our Savior who hears our desperate cries. Teach me to trust You fully and to call out 'Hosanna' not just on special days but in all moments of life. Help me to find strength and hope in Your salvation. May my heart be open to receive Your grace anew. In Jesus' name, Amen.





Day 3: 🕊️ Worshiping in Spirit and Truth



Day 3: 🕊️ Worshiping in Spirit and Truth

Your Verse

John 4:23-24 NIV "Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks. God is spirit, and his worshipers must worship in the Spirit and in truth."

Supporting Scriptures

- *Psalm 95:6 - "Come, let us bow down in worship, let us kneel before the Lord our Maker."*
- *Revelation 7:9-10 - "Every nation, tribe, people and language, standing before the throne and before the Lamb."*



Day 3: 🕊️ Worshiping in Spirit and Truth

Devotional: Living Authentic Worship Every Day

Palm Sunday's worship was both expressive and communal—a public declaration of Jesus as King. Yet *worship* goes beyond outward actions; it involves the heart and spirit.

Jesus teaches us that true worship is in spirit and in truth. It requires sincerity and a heart aligned with God's will. Our worship is not about the spectacle but about a genuine connection with the Father through Jesus.

As we wave our palms and sing "Hosanna," let us remember that authentic worship continues every day as we live for God's glory. It's an invitation to live fully surrendered, praising God both in joyous celebration and in quiet obedience.



Day 3: 🕊️ Worshiping in Spirit and Truth

Reflect and Apply

1. What does worship in spirit and truth look like in your personal life?

2. How can you deepen your connection to God beyond outward expressions?

3. Are there ways you may be worshiping without full sincerity or truth?



Day 3: 🕊️ Worshiping in Spirit and Truth

Journaling Prompts

1. Describe your understanding of worship and how you practice it.

2. Write about a moment when you experienced deep connection to God in worship.

3. List ways you can worship God daily beyond traditional gatherings.



Day 3: 🕊️ Worshiping in Spirit and Truth

Prayer for Today

Lord, help me worship You in spirit and truth. Remove any barriers in my heart that hinder genuine praise. May my life be an ongoing offering of worship, not just on special days but each moment I live. Teach me to honor You with sincerity and joy. Amen.





Day 4: ✨ The King Who Serves



Day 4: ✨ The King Who Serves

Your Verse

Mark 10:45 NIV "For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

Supporting Scriptures

- *Philippians 2:5-8 - "He made himself nothing by taking the very nature of a servant, being made in human likeness."*
- *John 13:14-15 - "Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet."*



Day 4: ✨ The King Who Serves

Devotional: Following Christ's Example of Servant Leadership

Though hailed as King on Palm Sunday, Jesus' kingship was unique—marked by humility and service rather than earthly power. He demonstrated that true leadership involves sacrifice.

Jesus came not just to be praised but to serve and ultimately give His life to redeem us. This contrast between the crowd's celebratory shouts and His servant heart reveals God's kingdom values.

As followers of Christ, we are called to emulate His servant leadership. The holiday reminds us to balance joyful worship with willing service, living out faith through love and humility.



Day 4: ✨ The King Who Serves

Reflect and Apply

1. How does Jesus' model of servant leadership challenge your assumptions about power?

2. In what ways can you serve others as part of your spiritual walk?

3. Do your actions reflect Jesus' humility and willingness to give of yourself?



Day 4: ✨ The King Who Serves

Journaling Prompts

1. Recall a time you served others inspired by Jesus' example.

2. Write about challenges you face in living out servant leadership.

3. Plan practical steps to serve someone this week in love.



Day 4: ✨ The King Who Serves

Prayer for Today

Jesus, my **Servant King**, teach me to lead with humility and serve with love. Help me to put others before myself as You did, following Your example every day. May my life reflect Your heart of sacrifice and grace. Use me to bring Your kingdom values to those around me. Amen.





Day 5: Hope Beyond the Palms



Day 5: 🌅 Hope Beyond the Palms

Your Verse

Luke 24:6-7 NIV "He is not here; he has risen! Remember how he told you, while he was still with you in Galilee: 'The Son of Man must be delivered over to the hands of sinners, be crucified and on the third day be raised again.'"

Supporting Scriptures

- *1 Corinthians 15:20 - "But Christ has indeed been raised from the dead, the firstfruits of those who have fallen asleep."*
- *Romans 6:9 - "For we know that since Christ was raised from the dead, he cannot die again; death no longer has mastery over him."*



Day 5: 🌅 Hope Beyond the Palms

Devotional: Living in the Hope of the Resurrection

The waving palms and shouts of 'Hosanna' on Palm Sunday point forward to the hope found beyond the cross—the resurrection.

Though the journey led Jesus through suffering and death, His resurrection assures us of ultimate victory over sin and death. This hope transforms holidays like Palm Sunday from mere tradition into a living celebration of God's redeeming power.

Reflecting on the risen King encourages us to live with confidence and peace, knowing that God's promises are sure and His love eternal.



Day 5: 🌅 Hope Beyond the Palms

Reflect and Apply

1. How does the resurrection shape your understanding of Palm Sunday?

2. In what ways does hope in Christ's victory affect your daily life?

3. What fears or doubts can you surrender to the risen King today?



Day 5: 🌅 Hope Beyond the Palms

Journaling Prompts

1. Write about what the resurrection means to you personally.

2. Reflect on how hope in Christ has helped you through difficult times.

3. Describe how you can share the hope of the resurrection with others.



Day 5: 🌅 Hope Beyond the Palms

Prayer for Today

Risen Savior, thank You for conquering death and giving us hope eternal. Help me to live in the victory You have won, sharing Your love and grace boldly. Renew my faith daily as I remember the power of Your resurrection. May Your hope shine through me always. Amen.





Where God's Word Meets Your Daily Life

A Personal Invitation from HolyJot

We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



What you'll discover when you visit [HolyJot.com](https://www.holyjot.com):



 100k+ Bible Study Plans on every topic of life

 Access studies anytime on your phone, tablet, or computer

 Studies for individuals, families, small groups, and churches

 Secure online journaling — or keep using print for privacy

 A place to grow your faith alongside believers worldwide

Bonus for You:

Download exclusive study bundles and resources when you create a [free HolyJot account](https://www.holyjot.com). No spam. No gimmicks. Just God's Word.

Visit Now:

 [www.HolyJot.com](https://www.holyjot.com)

 Scan this QR code to start your next Bible Study today:



 We'd love to hear your story.
Email us at info@holyjot.com.

 Connect with us at:

[Facebook](#) • [Instagram](#) • [YouTube](#) • [TikTok](#)



You are welcome to share this PDF with others.
Please keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.