# How to Be a Faithful Friend



Explore biblical principles on building and maintaining trusting, loving friendships that reflect God's faithfulness.





#### Table of contents

Introduction	3
<u>Day 1: The Value of True Friendship</u>	4
Day 2: W Honest Communication Builds Trust	10
<u>Day 3: ♥ Forgiveness in Friendship</u>	16
Day 4: W Serving and Supporting Friends	22
Day 5: F Growing Together in Faith	28
Day 6: Da	34
Day 7: X Faithfulness as a Lifestyle	40







#### Introduction

**Friendship** is one of the most beautiful gifts God has given us. It brings joy, support, and companionship in a world where human connections are essential. However, not every relationship is easy or enduring. The Bible offers timeless wisdom on how to cultivate friendships that are faithful, loving, and resilient.

*Being a faithful friend* means embodying qualities such as loyalty, honesty, kindness, and patience. It's about showing up not just in good times but also when challenges arise. This 7-day study will guide you through Scripture highlighting how to nurture friendships that honor God and bless others deeply.

Through passages from Proverbs, John, Ecclesiastes, and more, you will reflect on God's heart for friendship and learn practical ways to be dependable, trustworthy, and loving in your relationships. Whether you are seeking to improve an existing friendship or aspiring to become a better friend, this study will equip and inspire you to live with faithfulness in your friendships, reflecting the love Christ has shown to us.

















#### Your Verse

Proverbs 18:24 — 'One who has unreliable friends soon comes to ruin, but there is a friend who sticks closer than a brother.'

#### **Supporting Scriptures**

- Ecclesiastes 4:9 'Two are better than one, because they have a good return for their labor.'
- John 15:13 'Greater love has no one than this: to lay down one's life for one's friends.'







#### Devotional: The Great Value of Loyalty in Friendship

**Friendship is a treasure** that God treasures deeply. Proverbs 18:24 reminds us that some friends may be unreliable, but there exists a friend who is closer than family—this points to Jesus, but also to the ideal quality in human friendships: loyalty and faithfulness. True friends stand by us through thick and thin and show a love that embodies sacrificial care.

Why does friendship matter so much? Ecclesiastes 4:9 tells us that two are better than one, highlighting the value of partnership and support. Friendships provide encouragement, counsel, and strength. To be a faithful friend means to value this sacred bond and invest time and love into it.

Reflect on how you have experienced friendship in your life. Are you the kind of friend who sticks close? Remember John 15:13, where Jesus shows us the highest form of love—a love willing to sacrifice for a friend. The more we grow in faith, the more we reflect this faithful, selfless love in our friendships.







## Reflect and Apply

1.	How have you experienced faithfulness in a friend during difficult times?
2.	In what ways can you reflect Jesus' sacrificial love in your friendships?
3.	What makes a friend 'stick closer than a brother' in your experience?







## **Journaling Prompts**

1.	Write about a friend who has been faithful to you and why they stand out.
	List ways you can practice greater loyalty and presence in your friendships.
	Recall a time when you felt the blessing of being truly supported by a friend.







## Prayer for Today

**Lord, thank You for the gift of true friendship.** Help me to be a friend who is loyal, kind, and dependable, reflecting Your love in my relationships. Teach me to support and encourage others faithfully and to cherish the friends You bring into my life. May I be someone who sticks closer than a brother, offering sacrificial love just as Jesus did. Strengthen my heart to love with commitment and grace. *In Jesus' name, Amen.*







# Day 2: Propert Communication Builds Trust









Day 2: P Honest Communication Builds Trust

#### Your Verse

Ephesians 4:25 — 'Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body.'

#### **Supporting Scriptures**

- Proverbs 27:6 'Wounds from a friend can be trusted, but an enemy multiplies kisses.'
- James 1:19 'Everyone should be quick to listen, slow to speak and slow to become angry.'







Day 2: Phonest Communication Builds Trust

#### Devotional: Speak Truth with Love and Listen Well

**Faithful friendships thrive on honesty.** Ephesians 4:25 tells us to put away falsehood and speak truthfully because we are connected to each other in a sacred body. True friends don't just say what's easy; they speak with love and integrity, even when it's hard.

Honest communication builds trust. Proverbs 27:6 reminds us that sometimes true friends challenge us in ways that might sting but ultimately help us grow. This kind of vulnerable openness deepens relationships rather than breaking them.

James 1:19 encourages us to listen carefully before reacting, valuing patience in conversation. This wise approach helps prevent misunderstandings and fosters deeper connection. Are you slow to speak and quick to listen in your friendships? Practicing honesty with kindness allows your friendships to be safe places where truth is honored and love is cultivated daily.







Day 2: 💬 Honest Communication Builds Trust

# Reflect and Apply

	How can you balance honesty and kindness in conversations with friends?
	Recall a moment when honest feedback helped your growth in friendship or life.
3.	What habits can you develop to become a better listener in relationships?







Day 2: 💬 Honest Communication Builds Trust

# Journaling Prompts

1.	Write about a time you spoke truthfully but gently to a friend.
2.	Reflect on how listening more attentively has affected your friendships.
	List ways you can improve honest communication without hurting others.







Day 2: P Honest Communication Builds Trust

## Prayer for Today

**Dear God, guide my words and my heart.** Help me to communicate honestly and lovingly with my friends. Teach me to be quick to listen and slow to speak, so that I may strengthen trust and understanding. Remove any fear of speaking truth with kindness and give me courage to be transparent in my relationships. May each conversation bring us closer and reflect Your truth and grace. *In Christ's name, Amen.* 

















Day 3: W Forgiveness in Friendship

#### Your Verse

Colossians 3:13 — 'Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.'

#### **Supporting Scriptures**

- Matthew 18:21–22 'How many times shall I forgive my brother or sister? Up to seven times? Jesus answered, 'I tell you, not seven times, but seventy-seven times."
- Romans 12:10 'Be devoted to one another in love. Honor one another above yourselves.'







Day 3: W Forgiveness in Friendship

# Devotional: Forgiveness: The Heart of Faithful Friendship

Even the closest friendships experience hurt and disappointment. Colossians 3:13 commands us to bear with one another and forgive just as God has forgiven us. Forgiveness is not optional in faithful friendships—it's essential for healing and restoration.

Jesus' words in Matthew 18:21–22 show us that forgiveness should be limitless. Holding onto offenses damages relationships and keeps us from experiencing God's peace and joy with others. Rather, characterizing a friend who can forgive repeatedly is a sign of devotion and love.

Romans 12:10 encourages honoring one another above ourselves. This selflessness fuels forgiveness. Are there friendships in your life that need reconciliation? Pray for the grace to forgive and receive forgiveness, allowing God's love to mend your bonds and deepen the faithfulness between you and your friends.







Day 3: 🥰 Forgiveness in Friendship

## Reflect and Apply

1.	Is there someone you need to forgive to restore your friendship?
2.	How has God's forgiveness impacted your ability to forgive others?
3.	What does it mean to honor a friend above yourself in difficult moments?







Day 3: 🥰 Forgiveness in Friendship

# **Journaling Prompts**

1.	Write about a time forgiveness healed a broken friendship.
2.	Reflect on ways you resist forgiving and how God can help you.
	List practical steps you can take toward reconciliation in strained friendships.







Day 3: W Forgiveness in Friendship

## Prayer for Today

Merciful Lord, teach me to forgive as You forgive. Help me release any bitterness or hurt so I can restore friendships and reflect Your grace. Give me patience and love to bear with others, honoring them above myself. Heal broken relationships and make me an agent of Your peace and reconciliation. May my friendships be marks of Your forgiving love. *In Jesus' name, Amen.* 









# Day 4: 🌕 Serving and Supporting Friends









Day 4: 💭 Serving and Supporting Friends

#### Your Verse

Galatians 6:2 — 'Carry each other's burdens, and in this way you will fulfill the law of Christ.'

#### **Supporting Scriptures**

- Philippians 2:4 'Not looking to your own interests but each of you to the interests of the others.'
- Romans 12:10 'Be devoted to one another in love. Honor one another above yourselves.'







Day 4: 🖰 Serving and Supporting Friends

#### Devotional: Serving Friends Through Life's Burdens

**Faithful friendship involves selfless service.** Galatians 6:2 urges us to carry one another's burdens, fulfilling Christ's law of love. This means walking alongside friends in their struggles, offering physical, emotional, or spiritual support.

Philippians 2:4 reminds us not to be self-centered but to look to others' interests. True friends prioritize the well-being of those they love, sometimes putting others' needs before their own comforts.

Romans 12:10 teaches devotion and honor. Serving others is a way to express this devotion tangibly. Consider how you can actively support and serve your friends today. Service doesn't have to be grand—it can be a listening ear, a helping hand, or a heartfelt prayer. These acts cultivate faithfulness and deepen bonds that last.







Day 4: 🖰 Serving and Supporting Friends

# Reflect and Apply

1.	How have you carried another's burden in friendship?
2.	What might it look like to prioritize a friend's needs over your own?
3.	Are there ways you can serve your friends more intentionally?







Day 4: 🖰 Serving and Supporting Friends

## **Journaling Prompts**

1.	Write about a time you felt supported deeply by a friend's service.
2.	List practical ways to show care and serve in your friendships.
3.	Reflect on how serving others has impacted your spiritual growth.







Day 4: O Serving and Supporting Friends

## Prayer for Today

**Lord, cultivate in me a servant's heart.** Help me to carry the burdens of my friends and love them practically and deeply. Teach me to be attentive to their needs and to prioritize their well-being. May my actions reflect Your love and grace, building faithful and compassionate friendships. Strengthen me to serve cheerfully and consistently. *In Jesus' name, Amen.* 

















Day 5: F Growing Together in Faith

#### Your Verse

Hebrews 10:24-25 — 'And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together.'

#### **Supporting Scriptures**

- Ecclesiastes 4:12 'A cord of three strands is not quickly broken.'
- 1 Thessalonians 5:11 'Therefore encourage one another and build each other up.'







Day 5: Forowing Together in Faith

#### Devotional: Encouraging Spiritual Growth Together

**Faithful friends grow together spiritually.** Hebrews 10:24–25 encourages us to spur one another on in love and good deeds and to not neglect gathering together. Friendship isn't just about personal connection but also about encouraging each other in faith.

Ecclesiastes 4:12 describes how strong bonds form when God is the third strand in a friendship. Together, friends are stronger when grounded in Christ.

1 Thessalonians 5:11 calls us to encourage and build each other up. Reflect on your friendships: are you fostering spiritual growth together? Faithful friends lift each other, pray for one another, and share wisdom from God's Word. Seek to deepen your friendships by inviting God's presence into your time together.







Day 5: 🍞 Growing Together in Faith

# Reflect and Apply

1.	How do your friendships encourage your faith journey?
	Are there ways you can be more intentional about spiritual encouragement?
3.	What role does meeting together play in strengthening your friendships?







Day 5: 🍞 Growing Together in Faith

## **Journaling Prompts**

d deeds.
•







Day 5: Forowing Together in Faith

## Prayer for Today

God, thank You for friends who encourage me in my faith. Help me to be intentional about uplifting and building others up spiritually. Teach me to spur on love and good deeds and to cherish the time spent together in Your presence. May our friendships be rooted deeply in You and grow stronger each day. *In Jesus' name, Amen.* 

















#### Your Verse

1 Corinthians 13:4-7 — 'Love is patient, love is kind. It does not envy, it does not boast, it is not proud...' (full passage)

#### **Supporting Scriptures**

- Proverbs 17:17 'A friend loves at all times, and a brother is born for a time of adversity.'
- John 13:34 'A new command I give you: Love one another. As I have loved you, so you must love one another.'







#### Devotional: Enduring Love: The Core of Friendship

Love is the foundation of every faithful friendship. The famous passage from 1 Corinthians 13 describes love as patient, kind, humble, and enduring through all circumstances. This love goes beyond feelings—it is a steadfast choice to honor and care for another.

Proverbs 17:17 affirms that a true friend loves always. Even when challenges come, faithful friendship perseveres. Jesus' command in John 13:34 challenges us to love others as He has loved us, sacrificially and unconditionally.

Reflect today on how your friendships reflect this kind of love. Are you patient, kind, and humble in your interactions? Love that endures is the hallmark of a faithful friend and a testimony to God's presence in your life.







## Reflect and Apply

1.	In what ways do you demonstrate patient and kind love to friends?
2.	How does Jesus' example of love challenge your friendships?
3.	What does it mean to you that a friend loves at all times?







## **Journaling Prompts**

1.	Write about a friendship that has demonstrated enduring love.
2.	Reflect on how you can better embody 1 Corinthians 13 love daily.
3.	List specific actions that reflect humility and kindness in friendship.







## Prayer for Today

















Day 7: 🗱 Faithfulness as a Lifestyle

#### Your Verse

Proverbs 3:3-4 — 'Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart.'

#### **Supporting Scriptures**

- Psalm 41:9 'Even my close friend, someone I trusted, one who shared my bread, has turned against me.'
- 2 Timothy 2:13 'If we are faithless, He remains faithful, for He cannot disown Himself.'







Day 7: 🎇 Faithfulness as a Lifestyle

#### Devotional: Faithfulness: A Lifelong Commitment

**Faithfulness in friendship is a lifelong commitment.** Proverbs 3:3 urges us to hold love and faithfulness tightly, making them an integral part of our character and actions. Faithful friends build trust by consistently showing up with love and integrity.

Psalm 41:9 reminds us friendships can be painful when trust is broken, but God's faithfulness is steadfast. Even when we fail, He remains faithful (2 Timothy 2:13), giving us a perfect example and strength to be faithful in return.

As you conclude this study, consider how faithfulness can be a lifestyle you embrace in every relationship. Let faithfulness be written on your heart by God's Spirit, shaping the way you love your friends earnestly and enduringly.







Day 7: 🎇 Faithfulness as a Lifestyle

# Reflect and Apply

1.	How can you make faithfulness a daily practice in friendships?
2.	What can you learn from God's faithfulness when people around you fail?
3.	How do you respond when friendship trust is broken?







Day 7: 🎇 Faithfulness as a Lifestyle

## **Journaling Prompts**

ed.
hips.







Day 7: 🗱 Faithfulness as a Lifestyle

## Prayer for Today

Gracious Father, make faithfulness a part of my heart. Help me to love loyally and to be a friend who is reliable and steadfast. When I face challenges or disappointments, remind me of Your unwavering faithfulness. Empower me by Your Spirit to live with integrity in all my relationships, reflecting Your lasting love. *In Jesus' name, Amen.* 💸 🙏 💙







## Where God's Word Meets Your Daily Life



We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



- 100k+ Bible Study Plans on every topic of life
- Access studies anytime on your phone, tablet, or computer
- Studies for individuals, families, small groups, and churches
- Secure online journaling or keep using print for privacy
- A place to grow your faith alongside believers worldwide

#### **Bonus for You:**

Download exclusive study bundles and resources when you create a <u>free HolyJot account</u>. No spam. No gimmicks. Just God's Word.

#### Visit Now:

- \* www.HolyJot.com
- Scan this QR code to start your next Bible Study today:

We'd love to hear your story. Email us at <a href="mailto:info@holyjot.com">info@holyjot.com</a>.



Connect with us at:

<u>Facebook</u> • <u>Instagram</u> • <u>YouTube</u> • <u>TikTok</u>

You are welcome to share this PDF with others. ase keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.