



In-Laws and Outlaws: Loving Extended Family



A 7-day study to navigate tension with in-laws and extended family, fostering grace and humility through God's Word.



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Introduction

Family relationships are some of the most beautiful blessings God gives us, yet they can also bring challenges, especially when it comes to extended family like *in-laws* and those we might sometimes consider *outlaws* due to tension or conflict. This 7-day Bible study invites you to explore what Scripture says about loving extended family with grace, humility, and strength. Whether you are facing difficult dynamics with your in-laws, or needing to respond with kindness amid discord, God's Word provides wisdom and encouragement.

Throughout this study, we'll look at how Jesus modeled humility and love, and how the apostle Paul encouraged believers to live peaceably and with compassion toward all family members. You'll find practical guidance on dealing with emotional strain, letting go of resentment, and choosing to build bridges instead of walls. Remember, grace is not ignoring hurts but surrendering them to God so that love can flourish.

As you walk through these seven days, take time each day to reflect, pray, and journal honestly. This journey is about allowing God's Spirit to soften hearts, transform attitudes, and bring healing to relationships that may feel strained or broken. With patience and prayer, you can experience renewed peace and deeper love in your extended family. ❤️





Day 1: Embrace God's Design for Family



Day 1: 🌿 Embrace God's Design for Family

Your Verse

Ephesians 4:2 – Be completely humble and gentle; be patient, bearing with one another in love.

Supporting Scriptures

- *Colossians 3:13 – Bear with each other and forgive one another if any of you has a grievance against someone.*
- *1 Peter 4:8 – Love covers over a multitude of sins.*



Day 1: 🌿 Embrace God's Design for Family

Devotional: The Foundation of Grace in Family Relationships

Family relationships—especially with in-laws and extended family—require a foundation built on grace. In Ephesians 4:2, Paul calls us to humility, gentleness, and patience, all essential when tensions arise. Extended family can bring different backgrounds, opinions, and expectations that may trigger challenges, but God's Word invites us to approach these moments with love.

When carried by humility, we can bear with one another, forgiving mistakes and overlooking offenses. Colossians tells us to forgive grievances, which paves the way for peace. Love, as 1 Peter 4:8 highlights, is powerful enough to cover many faults and disagreements. As you start this study, ask God to fill your heart with His humility and gentleness. Remember, choosing grace does not mean pretending all is perfect—it's choosing to shine His light in relational darkness.

As you reflect, consider how you currently respond to your extended family in challenging moments. What would it look like to embody patience and forgiveness this week?



Day 1: 🌿 Embrace God's Design for Family

Reflect and Apply

1. How do humility and gentleness influence my family interactions?

2. Where in my extended family relationships is patience most needed?

3. Are there grievances I need to forgive to promote peace?



Day 1: 🌿 Embrace God's Design for Family

Journaling Prompts

1. Write about a recent tension with an in-law or extended family member. How did you respond?

2. List qualities of humility and gentleness and how you can apply them.

3. Describe a time when forgiveness brought peace to a family situation.



Day 1: 🌿 Embrace God's Design for Family

Prayer for Today

Lord, help me embrace humility and gentleness in my family relationships. Teach me to be patient and to bear with others in love, especially those who challenge me. Fill my heart with forgiveness and grace so I can reflect Your peace and unity. Guide me in choosing love even when it's difficult. *Amen.* 🙏





Day 2: 🕊 Choosing Peace Amidst Conflict



Day 2: ☞ Choosing Peace Amidst Conflict

Your Verse

Romans 12:18 – If it is possible, as far as it depends on you, live at peace with everyone.

Supporting Scriptures

- *Matthew 5:9 – Blessed are the peacemakers, for they will be called children of God.*
- *Proverbs 15:1 – A gentle answer turns away wrath, but a harsh word stirs up anger.*



Devotional: The Power of Peaceful Responses in Family Tensions

Living at peace with everyone can feel impossible, especially when tensions arise with in-laws or extended family members who may frustrate or hurt us. Romans 12:18 challenges us to take responsibility for peace as far as it depends on us. This means sometimes letting go of the need to be right or to insist on our way.

Jesus praised peacemakers in the Beatitudes, calling them His children. Pursuing peace often requires humility and self-control, choosing gentle speech over harsh responses that escalate conflict. Proverbs reminds us that gentle answers can diffuse anger, while sharp words provoke it. Even in difficult conversations, our tone and attitude carry much influence.

Ask God to empower you to respond with calm and kindness, even when tensions rise. Reflect on how you can become a peacemaker within your extended family by speaking life and acting with love rather than reacting to offense.



Day 2: ☞ Choosing Peace Amidst Conflict

Reflect and Apply

1. Where do I find it hardest to pursue peace with extended family?

2. How do my words affect tense situations in my family?

3. What steps can I take today to become a peacemaker?



Day 2: ☞ Choosing Peace Amidst Conflict

Journaling Prompts

1. Recall a recent family conflict and reflect on how you responded.

2. Write down practical ways you can cultivate a peace-making attitude.

3. Describe how Jesus serves as your example in handling conflict.



Day 2: 🕊 Choosing Peace Amidst Conflict

Prayer for Today

Father, grant me the grace to live at peace with my extended family. Help me to be a peacemaker, choosing gentle words and calm hearts. Teach me to respond from Your love and not from frustration. May Your peace reign where there is tension. *In Jesus' name, Amen.* 🕊 🗨 🙏





Day 3: ❤️ Loving in Truth and Humility



Day 3: ❤️ Loving in Truth and Humility

Your Verse

Ephesians 4:15 – Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ.

Supporting Scriptures

- *James 1:19 – Everyone should be quick to listen, slow to speak and slow to become angry.*
- *Philippians 2:3 – Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves.*



Day 3: ❤️ Loving in Truth and Humility

Devotional: Balancing Truth and Love in Family Discussions

Family dynamics often require us to speak difficult truths, but God calls us to do so with love and humility. Ephesians 4:15 reminds us that truth must be clothed in love, enabling growth and unity rather than division. When tensions flare, it's easy to either stay silent to avoid conflict or lash out in anger. Yet, James advises being quick to listen and slow to speak, which creates space for understanding.

Humility, as Philippians instructs, means valuing others above ourselves. This attitude softens the heart and opens doors to honest, loving communication. When dealing with in-laws or extended relatives, honor them with respect, even when disagreements arise. Our goal is mutual growth, not winning arguments.

Pray for God's wisdom to find the right balance today: to speak honestly, yet tenderly; to listen actively and love unconditionally.



Day 3: ❤️ Loving in Truth and Humility

Reflect and Apply

1. How can I speak truth in love within my extended family?

2. Am I quick to listen or quick to respond in conflicts?

3. In what ways can I practice humility during disagreements?



Day 3: ❤️ Loving in Truth and Humility

Journaling Prompts

1. Describe a time you successfully balanced truth and love.

2. List ways you can be a better listener in family conversations.

3. Write about areas where humility can improve your family relationships.



Day 3: ❤️ Loving in Truth and Humility

Prayer for Today

Lord, help me speak the truth in love. Teach me to listen more than I speak and to respond with humility. May my words build up, not tear down. Help me to value others and seek unity in my family relationships. *Thank You for Your guidance.* Amen. ❤️ 🙏 📖





Day 4: 💛 Forgiveness: The Bridge to Healing



Day 4: 🧡 Forgiveness: The Bridge to Healing

Your Verse

Colossians 3:13 – Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.

Supporting Scriptures

- *Matthew 6:14 – For if you forgive other people when they sin against you, your heavenly Father will also forgive you.*
- *Luke 17:3–4 – If your brother or sister sins against you, rebuke them; and if they repent, forgive them.*



Day 4: 🧡 Forgiveness: The Bridge to Healing

Devotional: Letting Go to Love Freely

Extended family relationships often carry long histories, including wounds and misunderstandings. Colossians 3:13 calls us to forgive just as God has forgiven us. Forgiveness is a powerful act that breaks chains of bitterness and opens a path for peace and reconciliation.

Jesus teaches in Matthew 6:14 the importance of forgiving others to receive God's forgiveness ourselves, and in Luke, He reminds us to forgive repeatedly when repentance occurs. Forgiving doesn't always mean forgetting but releasing the hold resentment has on your heart. It's a choice to trust God with justice and healing.

Today, reflect on any lingering hurts with extended family. Ask God to enable you to forgive even when it is difficult. Forgiveness is a gift you both give and receive, freeing your spirit to love more deeply. Through grace, let healing begin.



Day 4: 🧡 Forgiveness: The Bridge to Healing

Reflect and Apply

1. Are there unforgiven offenses in my extended family relationships?

2. What fears or obstacles keep me from forgiving?

3. How can God's forgiveness empower me to forgive others?



Day 4: 🧡 Forgiveness: The Bridge to Healing

Journaling Prompts

1. Write a letter (not necessarily to send) expressing forgiveness to someone.

2. Reflect on how forgiving has affected your own peace.

3. List ways God's forgiveness has changed your life.



Day 4: 🧡 Forgiveness: The Bridge to Healing

Prayer for Today

Gracious Father, give me a forgiving heart. Help me to release hurt and bitterness, extending grace like You have to me. Heal broken places and restore family relationships through Your mercy. Teach me to forgive as an act of love that frees. *In Jesus' name, Amen.* ✨ 🙏 ❤️





Day 5: 🦻 Listening to Understand, Not to Respond



Day 5: 🕊 Listening to Understand, Not to Respond

Your Verse

James 1:19 – Everyone should be quick to listen, slow to speak and slow to become angry.

Supporting Scriptures

- *Proverbs 18:13 – To answer before listening—that is folly and shame.*
- *Ecclesiastes 3:7 – A time to be silent and a time to speak.*



Day 5: 🕯 Listening to Understand, Not to Respond

Devotional: The Gift of Patient Listening in Family

One of the hardest yet most loving things we can do in tense family situations is to truly listen. James 1:19 advises us to be quick to listen and slow to speak. When we rush to respond or defend ourselves, we often miss understanding the other person's heart and perspective.

Proverbs warns us against answering before listening, calling it folly. Listening with patience creates room for empathy, reduces misunderstandings, and may prevent conflict before it starts. Ecclesiastes reminds us there is a wise time to speak and a wise time to be silent.

Listen today with intentionality to your in-laws and extended family. Notice how God can use your listening to heal, bridge gaps, and demonstrate love. Receiving others well opens doors for constructive conversations and deeper connections.



Day 5: 🕯 Listening to Understand, Not to Respond

Reflect and Apply

1. How often do I listen to understand instead of to respond?

2. What challenges do I face in staying silent and listening patiently?

3. How might truly listening change strained family relationships?



Day 5: 🕯 Listening to Understand, Not to Respond

Journaling Prompts

1. Describe a time listening changed the outcome of a family conversation.

2. Make a list of barriers you face in being a good listener.

3. Write about ways you can create space to listen more this week.



Day 5: 🧠 Listening to Understand, Not to Respond

Prayer for Today

Lord, teach me to listen with patience and love. Help me to slow down and hear others fully before forming responses. Use my ears and heart as instruments of Your peace. May my listening reflect Your grace in every family interaction. *Thank You for Your guidance. Amen.* 🧠 🙏 📖





Day 6: 💕 Serving One Another in Love



Day 6:  Serving One Another in Love

Your Verse

Galatians 5:13 – Serve one another humbly in love.

Supporting Scriptures

- *John 13:14 – Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet.*
- *Romans 12:10 – Be devoted to one another in love. Honor one another above yourselves.*



Devotional: Humility and Service: Keys to Family Unity

Service is a tangible way to show love in family relationships. Galatians 5:13 encourages us to serve one another humbly, reflecting Jesus' example. When tensions exist, acts of kindness and willingness to help can soften hearts and build goodwill.

Jesus' foot-washing in John 13 symbolizes servant leadership—humbling ourselves for others. Romans reminds us to honor and be devoted to one another, placing others' needs before our own. Serving in small ways often opens the door for healing bigger relational wounds.

Consider practical ways you can serve your extended family this week. Whether it's listening, doing a favor, or offering patience, your humble service reflects Christ's love and fosters unity amidst differences.



Day 6:  Serving One Another in Love

Reflect and Apply

1. How does serving others influence family dynamics?

2. Where can I humbly serve my in-laws or extended family today?

3. What does it mean to honor others above myself in difficult relationships?



Day 6:  Serving One Another in Love

Journaling Prompts

1. List tangible ways to serve your extended family.

2. Reflect on how serving has impacted your relationships before.

3. Write a plan for a specific service action this week.



Day 6: 💞 Serving One Another in Love

Prayer for Today

Jesus, help me serve my family with humility and love. Teach me to honor others and to put their needs before my own pride. May my actions reflect Your servant heart, bringing unity and grace to my extended family. *Thank You for modeling perfect love. Amen.* 💞 🙏 🤝





Day 7: ✨ Hope for Restored Relationships



Day 7: ✨ Hope for Restored Relationships

Your Verse

2 Corinthians 5:18 – All this is from God, who reconciled us to himself through Christ and gave us the ministry of reconciliation.

Supporting Scriptures

- *Matthew 19:26 – With God all things are possible.*
- *Psalms 147:3 – He heals the brokenhearted and binds up their wounds.*



Day 7: ✨ Hope for Restored Relationships

Devotional: Trusting God to Heal and Reconcile Family

As this study concludes, we anchor in hope. 2 Corinthians 5:18 reminds us that God not only reconciled us to Himself but has entrusted us with the ministry of reconciliation. Extended family relationships, no matter how strained, are within God's power to heal.

Matthew encourages us that with God, all things are possible—even restoring broken bonds. Psalm 147 assures us God heals broken hearts and binds wounds. If you're weary from conflict or carrying hurt, bring your burdens to Him. He is a God of restoration and new beginnings.

Commit your family relationships to God's care and timing. Remain faithful in love, humility, and grace. Trust that He will work miracles of healing and unity beyond what you can see. Your role is to love well and leave the results to Him.



Day 7: ✨ Hope for Restored Relationships

Reflect and Apply

1. How does God's promise of reconciliation encourage me today?

2. What hope can I hold onto for my extended family relationships?

3. How can I participate in God's ministry of reconciliation?



Day 7: ✨ Hope for Restored Relationships

Journaling Prompts

1. Write a prayer of hope and trust in God for your family.

2. Describe how you have seen God work in your family relationships.

3. Commit to one way you will foster reconciliation this week.



Day 7: ✨ Hope for Restored Relationships

Prayer for Today

Lord, thank You for the ministry of reconciliation. Help me trust You to heal and restore my family relationships according to Your perfect will. Strengthen my faith where hope feels faint, and empower me to love and forgive as You do. May Your peace reign in our hearts and homes. *Amen.* ✨🙌❤️





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