



Influence and Identity: Living Boldly for Christ as a Teen



Explore how your influence shapes others and how peers influence you. Learn to be a positive force for Christ and choose uplifting friendships.

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Introduction

Being a teen is one of the most pivotal and challenging seasons in life. You are discovering who you are, what you believe, and how you want to impact the world around you. During this time, the influence you have on others and the influence others have on you is incredibly powerful. **Each choice you make, each word you speak, and each friend you keep shapes not only your story but also the stories of those around you.**

As a follower of Christ, you are called to be a light in a world that often feels dark and confusing. This Bible study plan explores how you can embrace your role as a positive influence among your peers and how to carefully surround yourself with friends who uplift and challenge you to grow spiritually.

Understanding the dynamics of influence will help you confidently stand firm in your faith and inspire others to do the same. Throughout these three days, you will discover scriptural truths, reflect deeply on your own relationships, and find encouragement to be bold for Christ in everyday life.

Remember, **God has uniquely gifted you to impact the next generation, your community, and beyond.** With the right heart and friendships grounded in Christ, your influence can transform lives. Let's embark on this journey to live authentically for Jesus and become the kind of friend and leader that glorifies God.





Day 1: ✨ Embracing Your God-Given Influence



Day 1: ✨ Embracing Your God-Given Influence

Your Verse

Matthew 5:14 "You are the light of the world. A town built on a hill cannot be hidden."

Supporting Scriptures

- *1 Timothy 4:12 "Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity."*
- *Proverbs 4:23 "Above all else, guard your heart, for everything you do flows from it."*



Day 1: ✨ Embracing Your God-Given Influence

Devotional: Your Light Is Powerful and Needed

As a teen, you might sometimes feel overlooked or underestimated. But Jesus reminds us that you are a vital light in this world. Your actions, words, and attitudes shine brightly and can make a real difference. Being a positive influence starts with understanding your value to God and the calling you have to set an example.

Think about how your daily decisions reveal the light of Christ to people around you. Your kindness, integrity, and faith are visible beacons that others notice, whether in school, family, or social circles. But this influence is only sustainable when you protect your heart and mind by staying rooted in God's truth.

Guarding your heart means surrounding yourself with people who build you up spiritually and encourage you to live according to God's standards. It also means guarding against negative peer pressure or harmful habits that dim your light. When you embrace God's calling to shine, you accept that your youth is not a barrier but a tool for kingdom impact.

Today, ask God to help you recognize how precious your influence is and to empower you to live as a reflection of His love in all you do.



Day 1: ✨ Embracing Your God-Given Influence

Reflect and Apply

1. How do you currently influence the people around you, both positively and negatively?

2. What steps can you take to guard your heart against harmful influences?

3. In what areas of your life do you feel God is calling you to shine more brightly?



Day 1: ✨ Embracing Your God-Given Influence

Journaling Prompts

1. Write about a time when your actions influenced someone else in a positive way.

2. List three characteristics you want others to see in you that reflect Christ's light.

3. Describe any relationships or habits that might be dimming your light and how you can address them.



Day 1: ✨ Embracing Your God-Given Influence

Prayer for Today

Dear Lord, thank You for sending me as a light into this world, even at my young age. Help me to recognize the power and responsibility I have to influence others. Please guard my heart and mind from anything that dims my light or draws me away from You. Surround me with friends and mentors who encourage me in faith and truth. Empower me to live boldly and authentically for You so that through me, others might see Your love and grace. Give me courage to stand firm when I face pressure or doubt. *Thank You for loving me and equipping me to shine bright.* In Jesus' name, Amen.





Day 2: 🤝 Choosing Friends Who Build You Up



Day 2: 🍷 Choosing Friends Who Build You Up

Your Verse

1 Corinthians 15:33 "Do not be misled: 'Bad company corrupts good character.'"

Supporting Scriptures

- *Proverbs 13:20 "Walk with the wise and become wise, for a companion of fools suffers harm."*
- *Ecclesiastes 4:9 "Two are better than one, because they have a good return for their labor."*



Day 2: 🍷 Choosing Friends Who Build You Up

Devotional: Friends Shape Your Faith Journey

Friendships play a crucial role in shaping who we become. The people you spend the most time with influence your habits, attitudes, and ultimately your direction in life. This truth is not to make you fearful but to invite you to be intentional about your relationships.

God desires for your friends to be sources of wisdom, encouragement, and strength, not distractions or temptations that pull you away from Him. When you surround yourself with friends who walk closely with the Lord, you gain accountability and support in living out your faith.

Conversely, unwise friendships can corrupt your character and cause slow damage over time. It's okay to evaluate your friendships and seek godly counsel about who is best for your growth and mission. Remember, healthy friendships are two-way streets marked by mutual respect, encouragement, and honesty.

Today, reflect on your current friendships. Are they helping you pursue Christ with passion? Are there relationships you need to distance yourself from for your spiritual health? Trust God to guide your heart toward friendships that uplift and challenge you.



Reflect and Apply

1. Who are the closest people in your life, and how do they influence your choices?

2. Have you ever had to distance yourself from a friendship for spiritual reasons? How did that feel?

3. What qualities do you value most in a friend who helps you grow closer to God?



Journaling Prompts

1. List your top five closest friends and describe how each influences your faith.

2. Write about a time when a friend helped you overcome a challenge or grow spiritually.

3. Consider the traits you want to develop in yourself. How can your friendships support that?



Day 2: 🧡 Choosing Friends Who Build You Up

Prayer for Today

Heavenly Father, I thank You for the gift of friendships and the ways You use others to shape me. Please help me be wise in choosing friends who encourage me in my faith and who walk in Your truth. Give me discernment to recognize unhealthy influences and the courage to distance myself when necessary. Surround me with godly companions who will build me up and hold me accountable. Teach me how to be a faithful friend in return. I trust You to lead me to relationships that glorify You and help me grow. *Thank You for being my ultimate friend and guide.* In Jesus' name, Amen. 🧡 🙏 💬 ❤️





Day 3: 💡 Being a Positive Influence for Christ



Day 3: 💡 Being a Positive Influence for Christ

Your Verse

Philippians 2:15 "...so that you may become blameless and pure, 'children of God without fault in a warped and crooked generation.' Then you will shine among them like stars in the sky."

Supporting Scriptures

- *Colossians 3:23 "Whatever you do, work at it with all your heart, as working for the Lord, not for human masters."*
- *Galatians 6:9 "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."*



Day 3: 💡 Being a Positive Influence for Christ

Devotional: Shine Bright for God's Glory

God calls you not just to follow Him but to actively impact the world around you by living out His goodness. In a world that often feels selfish or cynical, you are invited to stand out as a shining example of Christ's love, integrity, and hope.

Living as a positive influence means intentionally choosing to act, speak, and make decisions that reflect God's heart. It can be in small everyday moments—from showing kindness to a classmate to standing up for truth despite peer pressure.

Sometimes it can be tiring, and the influence you have might go unnoticed or unappreciated, but God sees and promises a harvest. Persisting in faithfulness honors God and encourages others to follow Him too. Remember, your witness is powerful because it demonstrates God's power working through you.

Today, commit to shining like a star in your 'generation.' Ask God to help your influence draw people closer to Him by your example.



Reflect and Apply

1. What does being 'blameless and pure' look like in your daily life?

2. How do you respond when your faith causes you to stand out or face opposition?

3. What small actions can you take this week to positively influence your peers for Christ?



Day 3: 💡 Being a Positive Influence for Christ

Journaling Prompts

1. Describe a moment when you acted as a positive influence, even if it was difficult.

2. Write about any challenges you face in standing firm in your faith and how you can overcome them.

3. List three practical ways you can 'shine like a star' this week in your circle of influence.



Day 3: 💡 Being a Positive Influence for Christ

Prayer for Today

Lord Jesus, thank You for calling me to be a light in the world. Help me to live a life that is blameless and pure, reflecting Your love and truth daily. When I feel tired or discouraged, give me strength and perseverance to keep doing good. Use me as a positive influence among my friends and family so that others may see Your glory through my actions. Let my life shine brightly for You, drawing others closer to Your heart. *I trust You to work through me in powerful ways.* In Your name, Amen. ✨ 🙏 💪 ❤️





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