



Jesus Begins His Ministry: Lessons from the Gospels



Explore how Jesus began His ministry, His priorities, and how we can follow His example in these seven days of study.










HolyJot

Bible Journaling Made Easy.
www.HolyJot.com



Table of contents

<u>Introduction</u>	3
<u>Day 1:  Empowered by the Spirit</u>	4
<u>Day 2:  Proclaiming Good News to the Poor</u>	10
<u>Day 3:  Freedom for Captives</u>	16
<u>Day 4:  Healing the Brokenhearted</u>	22
<u>Day 5:  Proclaiming the Year of the Lord's Favor</u>	28
<u>Day 6:  Facing Opposition with Courage</u>	34
<u>Day 7:  Imitating Jesus' Priorities</u>	40



Introduction

Jesus' earthly ministry marks a pivotal moment in history, revealing the heart of God's kingdom. The Gospels present a powerful picture of how Jesus began His public service, what He emphasized, and how His example calls us to live. As followers of Christ, understanding the launch of His ministry helps us grasp what truly matters in our spiritual walk.

In *Luke 4:14–30*, Jesus returns from the wilderness empowered by the Holy Spirit and immediately steps into His mission. He prioritizes proclaiming good news to the poor, freedom for captives, and the year of the Lord's favor. This sets the tone for all He will teach and do. His ministry is not about self-promotion but about serving, healing, and restoring.

This 7-day study plan will take you on a journey through the initial focus of Jesus' ministry as recorded in the Gospels. You'll see how He modeled dependence on the Spirit, courage in the face of opposition, and compassion for the marginalized. Each day builds upon key Scriptures and reflections to inspire meaningful growth.

Whether you're new to the Bible or seeking renewed passion, this study will encourage you to imitate Christ's example by prioritizing love, justice, and humility in your own life. Let's explore how Jesus' first steps in ministry illuminate our walk with God today.





Day 1: Empowered by the Spirit



Day 1: 🔥 Empowered by the Spirit

Your Verse

Luke 4:14 – Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness.

Supporting Scriptures

- *Acts 1:8 – But you will receive power when the Holy Spirit comes on you;*
- *Romans 8:14 – For those who are led by the Spirit of God are the children of God.*



Day 1: 🔥 Empowered by the Spirit

Devotional: Start Strong: Led and Empowered by the Spirit

Jesus began His ministry driven by the power of the Holy Spirit. After His baptism and time of fasting in the wilderness, He returned with the Spirit's anointing and guidance. This model shows us that spiritual empowerment is foundational for every believer's service and witness. Jesus did not act on His own strength but was led continually by God's Spirit.

In our lives, we often rush ahead relying on our efforts, but Jesus teaches the importance of waiting, listening, and being filled by the Spirit first. The wilderness experience, full of testing and solitude, prepared Jesus for the challenges ahead, demonstrating that strength and clarity come from reliance on God.

How can you create space to be filled anew by the Holy Spirit? What areas of your life require God's power more than your own strength? Like Jesus, we must intentionally seek and submit to the Spirit's leading each day.



Day 1: 🔥 Empowered by the Spirit

Reflect and Apply

1. How have you experienced the Holy Spirit's guidance in your life recently?

2. What challenges might you face if you try to serve God without His Spirit's help?

3. In what ways can solitude or waiting times prepare you for God's work ahead?



Day 1: 🔥 Empowered by the Spirit

Journaling Prompts

1. Describe a moment when you felt clearly led by the Holy Spirit.

2. Write about areas where you need God's power instead of your own strength.

3. List steps you can take to deepen your daily reliance on the Spirit.



Day 1: 🔥 Empowered by the Spirit

Prayer for Today

Dear Lord, thank You for sending the Holy Spirit to lead and empower me. Help me to depend fully on Your guidance and resist the temptation to act in my own strength. Teach me to wait patiently and listen closely to Your voice. Fill me anew with Your presence so I can reflect Jesus' courage and love in all I do. *Spirit of God, empower my heart and hands for Your kingdom work.*

Amen. 🙏🔥✍️





Day 2: Proclaiming Good News to the Poor



Day 2:  Proclaiming Good News to the Poor

Your Verse

Luke 4:18 – The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor.

Supporting Scriptures

- *Matthew 5:3 – Blessed are the poor in spirit, for theirs is the kingdom of heaven.*
- *Isaiah 61:1 – He has sent me to bind up the brokenhearted, to proclaim freedom for the captives.*



Day 2:  Proclaiming Good News to the Poor

Devotional: Bringing Hope to the Humble and Hurting

One of Jesus' first priorities was to bring hope to the poor. Not just material poverty, but those who are broken, marginalized, or spiritually oppressed. His ministry started with an invitation to all who are weary and burdened, offering healing and restoration.

Jesus' declaration echoes the prophecy in Isaiah, showing that God's kingdom values those forgotten by society. Proclaiming good news means more than words; it's living out God's love through action and justice.

What does "good news" mean for you personally? How can you extend this hope to those around you who feel overlooked? Jesus' example challenges us to prioritize compassion and generosity, embracing people with the same heart God has for the vulnerable.



Reflect and Apply

1. Who are the 'poor' or marginalized people in your community needing good news?

2. How can your words and actions reflect Jesus' compassion for the brokenhearted?

3. What might holding onto pride or comfort prevent you from reaching out to others?



Journaling Prompts

1. List ways you have experienced God's good news in your life.

2. Identify someone who needs encouragement and a practical way you can help.

3. Reflect on barriers you face in showing Christ's love to the hurting.



Day 2: 📖 Proclaiming Good News to the Poor

Prayer for Today

Gracious Father, thank You for the good news You bring to my heart. Help me to become a vessel of hope for those feeling poor or abandoned. Open my eyes to see needs around me and courage to act with compassion. Teach me to love selflessly, following Jesus' example of reaching out to the broken and hurting with open arms. *Use my life to reflect Your kingdom's grace and justice.* Amen. 💖 📖 🙌





Day 3: 🕊 Freedom for Captives



Day 3: 🕊 Freedom for Captives

Your Verse

Luke 4:18 – ...to proclaim freedom for the prisoners.

Supporting Scriptures

- *John 8:36 – So if the Son sets you free, you will be free indeed.*
- *Galatians 5:1 – It is for freedom that Christ has set us free.*



Day 3: ☞ Freedom for Captives

Devotional: Embracing the Freedom Christ Offers

Jesus declared freedom for prisoners, symbolizing liberation from all forms of bondage. This refers not only to physical captivity but also spiritual slavery to sin, fear, and condemnation. His mission was to break chains and restore dignity to those trapped by life's difficulties.

True freedom comes through Christ, who transforms from within and empowers us to walk in new life. Jesus' ministry shows us that freedom is essential to God's kingdom — a release into abundant living.

Are there areas in your life where you feel captive? How can you embrace the freedom Jesus offers? Holding onto past hurts, sin, or guilt limits us from experiencing God's fullness. Jesus invites us to surrender and walk forward free, empowered by His grace and truth.



Day 3: 🕊 Freedom for Captives

Reflect and Apply

1. What personal 'captivities' do you need to surrender to Jesus?

2. How does understanding true freedom shape your faith journey?

3. How can you help others experience freedom in Christ?



Day 3: 🕊 Freedom for Captives

Journaling Prompts

1. Write about a time when you felt set free by God's grace.

2. Identify areas where fear or doubt hold you captive.

3. Make a plan to seek accountability or prayer regarding these areas.



Day 3: 🕊 Freedom for Captives

Prayer for Today

Lord Jesus, thank You for setting me free from the chains that bind me. Help me to live boldly in Your freedom and not return to old ways of captivity. Give me strength to resist temptations and the courage to trust Your transformative power. Empower me to walk in liberty and to be an agent of freedom for others caught in captivity. *Thank You for Your redeeming love.* Amen. 🕊🔒✨





Day 4: Healing the Brokenhearted



Day 4: 🧡 Healing the Brokenhearted

Your Verse

Luke 4:18 – ...to heal the brokenhearted.

Supporting Scriptures

- *Psalm 147:3 – He heals the brokenhearted and binds up their wounds.*
- *Matthew 11:28 – Come to me, all you who are weary and burdened, and I will give you rest.*



Day 4: 🧡 Healing the Brokenhearted

Devotional: Receiving Jesus' Healing Touch

Jesus' ministry deeply focused on healing emotional and spiritual pain. The brokenhearted represent all who suffer loss, grief, shame, or discouragement. Jesus offers restoration not just physically but in the deepest places of our souls.

His presence brings comfort and renewal, meeting us where we are and inviting us into His peace. Healing often requires patience and vulnerability, but Jesus meets every need with compassion and power.

Consider what brokenness you carry. How can Jesus' healing touch bring freedom and peace today? Just as He healed others in the Gospels, He is ready and able to heal your heart today.



Day 4:  Healing the Brokenhearted

Reflect and Apply

1. What broken areas of your heart need Jesus' healing right now?

2. How do you respond when Jesus invites you to bring your burdens to Him?

3. In what ways can you support others who are brokenhearted?



Day 4: 🧡 Healing the Brokenhearted

Journaling Prompts

1. Write a prayer asking Jesus to heal your deepest hurts.

2. Describe moments when you felt Jesus' comfort in hard times.

3. List people you can encourage who may need healing.



Day 4: 🧡 Healing the Brokenhearted

Prayer for Today

Compassionate Savior, You know my pain and the wounds I carry. I bring my broken heart to You, trusting in Your healing power and love. Please mend what is torn and comfort my spirit. Teach me to rest in Your presence and walk forward with hope renewed. Use me as an instrument of Your peace to others hurting around me. *Thank You for never turning away from my brokenness.* Amen. ❤️ ☒ 🌿





Day 5: Proclaiming the Year of the Lord's Favor



Day 5: 🌿 Proclaiming the Year of the Lord's Favor

Your Verse

Luke 4:19 – ...to proclaim the year of the Lord's favor.

Supporting Scriptures

- *Isaiah 61:2 – To proclaim the year of the Lord's favor and the day of vengeance of our God.*
- *2 Corinthians 6:2 – Now is the time of God's favor, now is the day of salvation.*



Day 5: 🌿 Proclaiming the Year of the Lord's Favor

Devotional: Living with Expectation of God's Grace

The "year of the Lord's favor" points to a divine time of grace and restoration. Jesus invited people into a new era where God's mercy, forgiveness, and blessing are available. His ministry offered a fresh start for all willing to receive it.

This reminds us that God's favor is not earned, but freely given. It calls us to respond in repentance and faith, stepping into the abundant life He offers. Every day presents an opportunity to experience God's grace personally and extend it to others.

How can you live in the awareness of God's favor today? What does it mean to you to receive and share His grace? By embracing this, we become conduits of hope and peace in a world longing for redemption.



Reflect and Apply

1. Have you experienced moments when you felt especially aware of God's favor?

2. How does God's grace influence the way you treat others?

3. What barriers might prevent you from fully embracing God's gift of favor?



Journaling Prompts

1. Recall a season when you received unexpected grace or blessing.

2. Reflect on how you can show grace to someone this week.

3. Write a prayer expressing gratitude for God's favor in your life.



Day 5: 🌿 Proclaiming the Year of the Lord's Favor

Prayer for Today

Faithful God, thank You for Your boundless favor and grace that meet me each day. Help me to live with open hands and a grateful heart, receiving Your blessings and sharing them generously. May I recognize Your favor in the ordinary and be bold to proclaim Your goodness to others. Teach me to walk humbly and extend mercy, just as You have done for me. *In Jesus' name, Amen.* ✨ 🙏 🌿





Day 6: Facing Opposition with Courage



Day 6:  Facing Opposition with Courage

Your Verse

Luke 4:28-29 - The people rose up to drive Jesus out, but He passed through the crowd and went on His way.

Supporting Scriptures

- *John 15:18 - If the world hates you, keep in mind it hated me first.*
- *2 Timothy 1:7 - For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.*



Day 6:  Facing Opposition with Courage

Devotional: Courageous Faith in the Face of Rejection

Even at the outset, Jesus faced rejection and hostility. When He boldly proclaimed His mission, some in His hometown attempted to expel Him. Despite opposition, Jesus stayed focused, confident in His calling and the Spirit's strength.

Following Jesus means we too may encounter resistance when standing for truth and love. Yet, He equips us with power, love, and self-discipline to respond with courage rather than fear or anger.

How do you typically respond to opposition or criticism in your faith journey? Jesus encourages us to stand firm, trusting God even when others reject or misunderstand us. Our courage and integrity become a witness to His sustaining presence.



Day 6:  Facing Opposition with Courage

Reflect and Apply

1. Recall a time when your faith was challenged by others—how did you respond?

2. What fears or doubts arise when facing opposition?

3. How can relying on the Spirit empower you to endure rejection?



Day 6:  Facing Opposition with Courage

Journaling Prompts

1. Write about an experience of opposition and what God taught you.

2. List verses or prayers that encourage you when feeling rejected.

3. Plan ways to strengthen your courage through community or Scripture.



Day 6: 🚫 Facing Opposition with Courage

Prayer for Today

Lord Jesus, thank You for modeling courage when faced with rejection. Help me to stand firm in my faith, relying on Your Spirit to overcome fear and discouragement. Fill me with power, love, and self-discipline to respond with grace, even when misunderstood or opposed. Let my life testify to Your steadfast presence and truth. *Be my strength and shield every day.* Amen. 🛡️





Day 7: ✨ Imitating Jesus' Priorities



Day 7: ✨ Imitating Jesus' Priorities

Your Verse

Matthew 4:17 – Jesus began to preach, “Repent, for the kingdom of heaven has come near.”

Supporting Scriptures

- *Mark 1:38 – Let us go somewhere else—to the nearby villages—so I can preach there also.*
- *John 13:15 – I have set you an example that you should do as I have done for you.*



Day 7: ✨ Imitating Jesus' Priorities

Devotional: Aligning Life with Jesus' Mission and Heart

The heart of Jesus' ministry was focused on proclaiming God's kingdom and calling people to repentance. He prioritized relationship, teaching, and loving service above all. His example invites us to align our lives with His purpose and values.

Jesus showed how to balance public ministry with personal connections, how to respond with humility and compassion, and how to serve others sacrificially. His priorities challenge us to examine what we value most and how we invest our time and energy.

What aspects of Jesus' priorities resonate most with your current season of life? How might you imitate His example in your community? Following Jesus means continually seeking His heart and embodying His mission in everyday actions.



Day 7: ✨ Imitating Jesus' Priorities

Reflect and Apply

1. What are your current priorities, and how do they compare to Jesus'?

2. How can you cultivate a heart like Jesus for people around you?

3. In what ways can you serve others as an act of worship?



Day 7: ✨ Imitating Jesus' Priorities

Journaling Prompts

1. Reflect on how Jesus' example influences your daily decisions.

2. Identify practical ways to serve or share the Gospel this week.

3. Write a commitment statement aligning your priorities with Christ's.



Day 7: ✨ Imitating Jesus' Priorities

Prayer for Today

Lord Jesus, thank You for setting the perfect example of love, service, and faithfulness. Help me to prioritize Your kingdom above all else and to live with humility and compassion. May my life reflect Your heart as I serve others and share Your truth. Guide my steps daily to follow Your mission with joy and courage. *Fill me with Your love to impact the world around me.* Amen. ❤️





Where God's Word Meets Your Daily Life

A Personal Invitation from HolyJot

We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



What you'll discover when you visit [HolyJot.com](https://www.holyjot.com):



 100k+ Bible Study Plans on every topic of life

 Access studies anytime on your phone, tablet, or computer

 Studies for individuals, families, small groups, and churches

 Secure online journaling — or keep using print for privacy

 A place to grow your faith alongside believers worldwide

Bonus for You:

Download exclusive study bundles and resources when you create a [free HolyJot account](https://www.holyjot.com). No spam. No gimmicks. Just God's Word.

Visit Now:

 [www.HolyJot.com](https://www.holyjot.com)

 Scan this QR code to start your next Bible Study today:



 We'd love to hear your story.
Email us at info@holyjot.com.

 Connect with us at:

[Facebook](#) • [Instagram](#) • [YouTube](#) • [TikTok](#)



You are welcome to share this PDF with others.
Please keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.