Jesus Helps Us Make Good Choices



Explore how Jesus guides children to make wise decisions through love, wisdom, and faith in this inspiring 7-day Bible study plan.





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Introduction

Welcome to this 7-day journey on how *Jesus helps us make good choices*. As children of God, our decisions shape our character and future. The Bible is full of guidance from Jesus and His teachings that illuminate the path for every child seeking to live a life pleasing to God.

Throughout this study, we will discover how Jesus models decision-making filled with love, wisdom, and obedience. We'll learn that good choices are not always easy, but with Jesus as our helper, they become possible and joyful. From biblical stories demonstrating courage and kindness to practical reflections that challenge our hearts, this time will equip you to lean on Jesus' strength and guidance.

Each day, you'll read Scripture passages that highlight qualities and principles for godly decision-making. You'll also find devotional insights to help apply these truths, reflection questions for deeper understanding, journaling prompts to record your journey, and prayers to invite Jesus into your daily choices.

Remember, Jesus cares deeply about your choices, and He walks with you every step of the way. Let's open our hearts to His teaching and allow Him to inspire the good decisions He desires for us.







Day 1: 🎇 Jesus Loves Us and Guides Our Choices









Day 1: 🎇 Jesus Loves Us and Guides Our Choices

Your Verse

John 15:12 - "My command is this: Love each other as I have loved you."

Supporting Scriptures

- Proverbs 3:5-6 "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him..."
- Psalm 32:8 "I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you."







Day 1: 💥 Jesus Loves Us and Guides Our Choices

Devotional: Love Leads Our Choices

Jesus first teaches us to love. Good choices start with love, and Jesus' love is the perfect example. When we love others like Jesus, our decisions become kinder, more thoughtful, and pleasing to God. Just as Jesus told His friends to love one another, He encourages us to let love guide our actions every day.

Trusting Jesus means depending on His wisdom rather than just our feelings or what others say. Sometimes choices feel hard because we don't know what the right decision is, but Jesus promises to guide us with His loving care. When you're unsure, ask Jesus to show you the right path.

Today, remember that with Jesus' help, your choices reflect His love — a love that never fails and always leads us toward goodness.







Day 1: 🎇 Jesus Loves Us and Guides Our Choices

Reflect and Apply

| 1. | How can focusing on love help you make better choices? |
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| 2 | When have you felt unsure about a decision and needed Jesus' guidance? |
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| 3 | What does trusting Jesus with your choices look like in your life? |
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Day 1: 🎇 Jesus Loves Us and Guides Our Choices

Journaling Prompts

| 1. | Write about a time you chose kindness even when it was hard. |
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| 2. | List ways you can show Jesus' love in your daily decisions. |
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| 3. | Describe how you can ask Jesus for help when making choices. |
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Day 1: 🗱 Jesus Loves Us and Guides Our Choices

Prayer for Today

Dear Jesus, thank You for loving me and showing me how to love others. Help me to make choices that reflect Your love today. Teach me to trust You with every decision, big or small. Guide my heart and my actions so I can follow Your perfect example. Thank You for always being with me and helping me choose what is good and right. *Amen.* \bigwedge







Day 2: Wisdom Helps Us Choose Well









Day 2: Wisdom Helps Us Choose Well

Your Verse

James 1:5 - "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you."

Supporting Scriptures

- Proverbs 2:6 "For the Lord gives wisdom; from his mouth come knowledge and understanding."
- Ecclesiastes 7:12 "Wisdom is a shelter as money is a shelter... but the advantage of knowledge is this: Wisdom preserves those who have it."







Day 2: Wisdom Helps Us Choose Well

Devotional: Ask Jesus for Wisdom

Good choices require wisdom, and wisdom comes from God! Jesus, the source of all wisdom, invites us to ask Him whenever we feel confused or uncertain. Sometimes it may seem easier to follow the crowd or do what feels fun, but wisdom helps us see the long-term results of our decisions.

Imagine wisdom as a flashlight in a dark room — it helps you see the right door and avoid harmful traps. Jesus wants us to shine this light on every choice we make. He promises to give wisdom freely, not because we're perfect, but because He loves us and wants the best for us.

Today, let's ask Jesus to fill us with His wisdom, so we can make decisions that honor God and protect our hearts.







Day 2: 🔘 Wisdom Helps Us Choose Well

Reflect and Apply

| Why is wisdom important when making choices? |
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| How can you remember to ask Jesus for wisdom daily? |
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| What are some recent decisions you wish you had handled more wisely? |
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Day 2: 🔘 Wisdom Helps Us Choose Well

Journaling Prompts

| 1. | Write a prayer asking Jesus to give you wisdom this week. |
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| | Describe a situation where wisdom helped or could have helped your decision. |
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| | Make a list of ways to practice gaining wisdom (reading the Bible, praying, listening). |
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Prayer for Today

Jesus, my Wise Teacher, thank You for offering Your wisdom to me. When I feel unsure, help me to remember to ask You first. Give me understanding to see the best choices and courage to follow Your guidance. I want to make decisions that please You. Please teach me every day to seek Your wisdom in all I do. *Amen.* \square $\u0.4444$

















Day 3: Obedience Brings Blessings

Your Verse

Luke 11:28 - "Blessed rather are those who hear the word of God and obey it."

Supporting Scriptures

- Deuteronomy 5:33 "Walk in obedience to all that the Lord your God has commanded you..."
- 1 Samuel 15:22 "To obey is better than sacrifice..."







Day 3: Obedience Brings Blessings

Devotional: Obedience Opens Blessings

Listening and obeying God's Word is a good choice that brings blessings. Jesus teaches us that good decisions include following what God says, even when it's hard or different from what others do.

Sometimes obedience feels like giving up our own plans, but Jesus shows us that God's plan is always the best. Like a caring Father, God wants us to be safe, healthy, and joyful. By obeying, we align our hearts with His, opening the door to His blessings.

Today, choose obedience as an act of love. Think about what God is calling you to do, and take a step to obey His Word. Jesus is with you, helping you become the child He created you to be.







Day 3: 💙 Obedience Brings Blessings

Reflect and Apply

| 1. | What does obedience to God look like in your daily life? |
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| 2. | Why do you think obedience is sometimes difficult? |
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| 3. | How can you remind yourself that obeying God leads to blessings? |
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Day 3: 💙 Obedience Brings Blessings

Journaling Prompts

| 1. | Write about a time when obeying God made you feel happy or blessed. |
|----|---|
| | |
| 2. | List things you find hard to obey and ask Jesus to help you. |
| | |
| 3. | Describe how obedience helps your relationship with Jesus. |
| | |







Day 3: Obedience Brings Blessings

Prayer for Today

Lord Jesus, help me to obey Your Word even when it's hard. Teach me to listen carefully and follow Your plan for my life. Thank You for loving me and blessing me when I choose obedience. Give me strength today to say yes to You, trusting Your way is best. *Amen.*







Day 4: P Jesus Teaches Us Through Stories









Day 4: 🖓 Jesus Teaches Us Through Stories

Your Verse

Matthew 13:34 - "Jesus spoke all these things to the crowd in parables; he did not say anything to them without using a parable."

Supporting Scriptures

- Luke 15:4 "Suppose one of you has a hundred sheep and loses one of them..."
- Mark 4:30–32 "What shall we say the kingdom of God is like, or what parable shall we use to describe it?"







Day 4: 🖓 Jesus Teaches Us Through Stories

Devotional: Learning from Jesus' Stories

Jesus often teaches through stories called parables. These stories help us understand good choices and God's kingdom in ways that are easy to remember and think about.

Parables show us how to love, forgive, be brave, and make wise decisions. For example, the story of the lost sheep teaches us that Jesus cares about each person and wants us to make choices that bring us back to Him when we wander.

As you listen to or read Jesus' stories, imagine yourself in the story. What would you choose? How would Jesus help you? Stories make big lessons easier to follow and inspire us to walk in God's ways every day.







Day 4:
 Jesus Teaches Us Through Stories

Reflect and Apply

| | Which parable or story from Jesus has helped you understand a good choice? |
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| 2. | How do stories help you remember what God wants you to do? |
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| 3. | What story would you like to hear Jesus tell to help with your choices? |
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Day 4: 🖓 Jesus Teaches Us Through Stories

Journaling Prompts

| 1. | Write your favorite story Jesus told and why it speaks to you. |
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| 2. | Imagine a new story Jesus could tell to teach about choices. |
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| 3. | Describe a time a story or example helped you make a good decision. |
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Day 4:

O Jesus Teaches Us Through Stories

Prayer for Today

Dear Jesus, thank You for teaching me through stories. Help me to listen carefully and learn from Your examples. Show me how to make choices like the people in Your stories who follow You and love others. May Your stories guide my heart and help me grow. *Amen.* $\square \$

















Day 5: A Choosing Kindness Reflects Jesus

Your Verse

Ephesians 4:32 – "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

Supporting Scriptures

- Colossians 3:12 "Clothe yourselves with compassion, kindness, humility, gentleness, and patience."
- Galatians 5:22–23 "But the fruit of the Spirit is love, joy, peace, forbearance, kindness..."







Day 5: M Choosing Kindness Reflects Jesus

Devotional: Kindness Reflects Jesus' Love

One of the best choices we can make is to be kind. Kindness shows that Jesus lives in our hearts and wants us to share His love with others. When we choose kindness, we bring joy and healing to people around us.

Sometimes being kind means forgiving, helping, or simply smiling when someone needs it. Jesus reminds us that these little choices add up to a big difference in the world.

Let's today practice choosing kindness in every situation. It reflects Jesus and pleases God more than anything else we could do.







Day 5: 🤮 Choosing Kindness Reflects Jesus

Reflect and Apply

| 1. | Why is kindness a good choice for a child of God? |
|----|--|
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| 2. | Think of a time someone's kindness helped you. How did you feel? |
| | |
| 3. | How can you show kindness even when it's hard? |
| | |







Day 5: 🕍 Choosing Kindness Reflects Jesus

Journaling Prompts

| 1. | Write about a day you chose kindness and what happened. |
|----|---|
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| | |
| 2. | List simple ways you can practice kindness at school or home. |
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| 3. | Describe a time when forgiveness was a kind choice you made. |
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Day 5: 🧌 Choosing Kindness Reflects Jesus

Prayer for Today

Jesus, my Kindness Example, thank You for showing me how to love others by being kind. Help me make kindness my choice in every moment. Teach me to forgive and be compassionate like You. Use me to spread Your love through my actions and words today. *Amen.* **\mathbb{Y} \mathbb{Y}















Your Verse

Psalm 46:1 - "God is our refuge and strength, an ever-present help in trouble."

Supporting Scriptures

- Isaiah 41:10 "So do not fear, for I am with you... I will strengthen you and help you."
- 2 Timothy 1:7 "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."







Devotional: Trust Jesus for Courage and Strength

Trusting Jesus means we are never alone, especially when choices feel scary or confusing. God promises to be our refuge and strength. When you feel afraid or unsure about what to choose, remember Jesus is right there to help and protect you.

Trust gives us courage to say no to wrong choices and yes to what pleases God. With His Spirit, we have power, love, and self-control.

Today, lean on Jesus as your protector. Let His strength guard your heart and mind so you can make choices that are safe, loving, and wise.







Reflect and Apply

| 1. | What fears do you have about making choices? |
|----|--|
| | |
| 2. | How does knowing Jesus helps you feel brave? |
| | |
| 3. | When might you need to rely on Jesus for strength today? |
| | |







Journaling Prompts

| 1. | Write about a choice that scared you but trusting Jesus made it easier. |
|----|---|
| | |
| 2. | List ways Jesus protects and helps you in daily life. |
| | |
| 3. | Describe how you can practice self-control with Jesus' help. |
| | |







Prayer for Today

Lord Jesus, thank You for being my protector and strength. When I feel scared or confused about choices, remind me that You are always with me. Please give me courage and self-control to make the right decisions. Help me trust You more each day and find peace in Your presence. *Amen.* •

















Your Verse

John 16:24 – "Until now you have not asked for anything in my name. Ask and you will receive, and your joy will be complete."

Supporting Scriptures

- Psalm 100:2 "Worship the Lord with gladness; come before him with joyful songs."
- Nehemiah 8:10 "The joy of the Lord is your strength."







Devotional: Joy Blossoms from Following Jesus

Good choices bring joy, and following Jesus fills us with lasting joy. When we choose to listen to Jesus, obey His commands, and trust His love, our hearts overflow with happiness that no one can take away.

Jesus invites us to pray boldly, asking Him for help in every part of our lives. He promises that when we come to Him, our joy will be complete. This joy strengthens us amid challenges and helps us shine His light to others.

As you finish this study, know that Jesus celebrates every good choice you make. Keep following Him, and your joy will grow every day!







Reflect and Apply

| 1. | How does following Jesus bring joy to your life? |
|----|--|
| | |
| 2. | What are some joyful moments that came from making good choices? |
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| 3. | How can you share the joy of Jesus with others? |
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Journaling Prompts

| 1. | Write about a happy memory of choosing to follow Jesus. |
|----|--|
| | |
| 2. | List things that bring you joy when you obey God. |
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| 3. | Describe ways you can show Jesus' joy to friends and family. |
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Prayer for Today

Dear Jesus, thank You for the joy You bring to my heart. Help me to keep following You and making good choices. Fill me with Your joy and use me to share it with others. I trust You to guide me each day and make my heart glad. *Amen.* 💥 😊 🙏







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