Journey to the Cross: Reflecting on Jesus' Love and Sacrifice



A 21-day study reflecting on Jesus' crucifixion, exploring His love, suffering, and the power of the cross to transform our lives.





Table of contents

| 4 |
|----|
| 6 |
| 12 |
| 18 |
| 24 |
| 30 |
| 36 |
| 42 |
| 48 |
| 54 |
| 60 |
| 66 |
| 72 |
| 78 |
| 84 |
| 90 |
| 96 |
| |
| |











Introduction

The crucifixion of Jesus Christ remains the central event of Christian faith, demonstrating unparalleled love, sacrifice, and redemption. This 21-day Bible study invites you to journey step-by-step with Jesus toward the cross, reflecting deeply on the immense suffering He endured and the overwhelming love He displayed for all humanity.

The cross is more than a symbol; it is the heart of the gospel story—where justice met mercy, where sin was defeated, and where hope was born. Each day, through scripture and reflection, you'll explore the events leading up to Jesus' crucifixion, the nature of His sacrifice, and the meaning it holds for your life today.

As you walk this path, be prepared to delve into the emotional and spiritual depths of Jesus' journey. You will gain a greater appreciation of His obedience despite agony, His forgiveness in suffering, and His power to bring peace amid brokenness. This study will challenge you to consider how the cross changes your understanding of love, suffering, and salvation.

Whether you are new to faith or have long followed Christ, this journey aims to deepen your relationship with Jesus. Be intentional: set aside a few moments each day for reflection, prayer, and journaling. Allow the Holy Spirit to illuminate these truths and help you respond with gratitude and renewed faith.







May this sacred journey lead you closer to the heart of God revealed through Jesus' ultimate sacrifice on the cross.

















Your Verse

Matthew 21:1-11 - Jesus' triumphant entry into Jerusalem

Supporting Scriptures

- Zechariah 9:9 'See, your king comes to you, righteous and victorious'
- John 12:12–19 The crowd welcomes Jesus with palm branches







Devotional: Jesus Begins the Journey in Humble Triumph

Jesus' journey to the cross begins with a humble triumph.

As crowds welcomed Him into Jerusalem with palm branches and shouts of 'Hosanna,' many expected a political Savior who would overthrow oppression. Yet Jesus entered not as a conquering king on a warhorse but on a donkey, symbolizing peace and servant leadership.

This moment marks the start of a path filled with challenge and sacrifice.

Jesus embraced the mission God gave Him, knowing it would lead to suffering. The cheers represented hope, but Jesus carried a deeper, weightier purpose—to die for our sins and redeem the world.

Reflect on the significance of Jesus' choice to enter quietly yet with authority. His journey is both triumphant and costly.

How willing are you to follow Jesus' path, even when it involves sacrifice and surrender?







Reflect and Apply

| 1. | What expectations do you have about Jesus that this passage challenges? |
|----|---|
| | |
| | How does Jesus' choice to ride a donkey instead of a horse speak to His character? |
| | |
| | In what ways are you called to embrace humility and purpose in your own journey? |
| | |
| | |







Journaling Prompts

| 1. | Describe your feelings imagining the crowd's welcome of Jesus. |
|----|---|
| | |
| 2. | Write about a time you chose humility over pride in your walk with God. |
| | |
| 3. | What hopes do you have for your spiritual journey during this study? |
| | |
| | |







Prayer for Today

Lord Jesus, as You began Your journey to the cross in humility and strength, teach me to walk in Your footsteps. Help me embrace the path You've set, even when it's difficult. May I serve others with love and surrender my desires to Your will. Open my heart to the true meaning of Your mission so I may follow faithfully. *Amen.*

















Day 2: "The Cleansing of the Temple

Your Verse

Matthew 21:12-17 - Jesus clears the temple courts

Supporting Scriptures

- Mark 11:15-17 Jesus drives out those buying and selling
- John 2:13-17 Jesus' first cleansing of the temple







Day 2: "The Cleansing of the Temple

Devotional: Zeal for God's House and Holiness

After entering Jerusalem, Jesus heads straight to the temple, a place meant for worship, only to find it corrupted by commercial activities.

With righteous anger, He overturns the tables of money changers and drives out those exploiting the sacred space. He declares, 'My house will be called a house of prayer, but you are making it a den of robbers.'

This act reveals Jesus' zeal for purity and true worship. His cleansing symbolizes not only physical cleansing but the need for hearts to be made pure and focused on God.

Consider how this challenges us to examine what may be cluttering our own spiritual lives—anything distracting us from authentic worship or relationship with God.

Jesus' authority and passion remind us that following Him requires holiness and sincere devotion.







Day 2: 🖔 The Cleansing of the Temple

Reflect and Apply

| 1. | What might Jesus be clearing out of your life to make room for Him? |
|----|---|
| | |
| 2. | How do you define true worship, and how can you cultivate it daily? |
| | |
| | In what ways does your heart align with God's desire for purity and devotion? |
| | |
| | |







Day 2: "The Cleansing of the Temple

Journaling Prompts

| | Write about habits or attitudes you feel God wants you to 'cleanse' from your life. |
|----|---|
| | |
| 2. | Reflect on how you can make your daily life a place of prayer and worship. |
| | |
| 3. | Describe what genuine worship means to you personally. |
| | |
| | |







Day 2: "The Cleansing of the Temple

Prayer for Today

Holy God, purify my heart as Jesus purified Your temple. Remove anything that distracts me from worshiping You sincerely. Help me to keep my life focused on You and full of reverence. Ignite within me a passion for holiness and authentic prayer. *Transform me by Your Spirit, Lord.* Amen. 😂 🖰 🙏

















Your Verse

Matthew 22:15-22 - Render unto Caesar

Supporting Scriptures

- Mark 12:28–34 The greatest commandment
- Luke 20:27-40 Questioning Jesus about resurrection







Devotional: Living Under God's Authority

During His time in Jerusalem, Jesus teaches with unmatched wisdom and authority, confounding those who try to trap Him.

When asked about paying taxes to Caesar, Jesus replies, 'Give back to Caesar what is Caesar's, and to God what is God's,' highlighting the importance of honoring earthly authorities while prioritizing our allegiance to God.

Jesus models truth spoken boldly yet wisely. His teaching reveals the kingdom values that contrast with worldly expectations and forces us to reflect on where our true loyalties lie.

As you consider this passage, ask yourself how the message of Jesus challenges your daily decisions, especially regarding what you give your time, resources, and heart.

His authority calls us to live fully for God amid earthly demands.







Reflect and Apply

| | Where do you see conflicts between earthly obligations and God's call in your life? |
|----|---|
| | |
| 2. | How can you honor God in areas often dominated by worldly pressures? |
| | |
| 3. | What does it mean to 'give to God what is God's' in your heart and actions? |
| | |
| | |







Journaling Prompts

| 1. | List ways you can prioritize God's kingdom in daily life. |
|----|--|
| | |
| 2. | Recall a situation where choosing God's way was difficult but right. |
| | |
| 3. | Write a prayer committing areas of your life fully to God. |
| | |







Prayer for Today

Lord, help me to live under Your authority above all else. In the midst of earthly responsibilities and pressures, teach me to keep my heart focused on You. Guide me to honor You with my resources, time, and actions. May my life reflect true allegiance to Your kingdom. *Thank You for Your wisdom and grace.* Amen. \square

















Your Verse

Luke 22:7-20 - Institution of the Lord's Supper

Supporting Scriptures

- Matthew 26:26-29 Jesus breaks bread with disciples
- 1 Corinthians 11:23–26 Paul recounts the Last Supper







Devotional: Remembering Jesus' Sacrifice Through the Supper

On the night before His crucifixion, Jesus shares the Passover meal with His disciples, a moment filled with deep meaning.

He takes bread and wine, symbolizing His body and blood, given for the forgiveness of sins—a new covenant to replace the old.

This sacred meal points to the sacrifice awaiting Jesus—the ultimate act of love and redemption. Jesus invites believers to remember His death and anticipate His return through this ordinance.

Reflect today on the profound love demonstrated in Jesus' willingness to be broken and poured out for us. The Last Supper is not just a past event but a present invitation to partake of His grace.

How does this remembrance shape your understanding of Jesus' sacrifice and your relationship with Him?







Reflect and Apply

| | What emotions arise as you think about Jesus offering His body and blood for you? |
|----|---|
| | |
| 2. | How can regularly participating in Communion deepen your faith and gratitude? |
| | |
| | |
| 3. | In what ways does this remembrance encourage you to live sacrificially? |
| | |
| | |







Journaling Prompts

| 1. | Describe what the Lord's Supper means to your personal faith. |
|----|--|
| | |
| 2 | Write about how locus' carrifice impacts your daily life |
| ۷. | Write about how Jesus' sacrifice impacts your daily life. |
| | |
| 3. | List ways you can share Jesus' love with others as a response. |
| | |
| | |







Prayer for Today

Jesus, thank You for Your body broken and blood shed for me. Help me remember the depth of Your love each time I partake in Communion. May this remembrance strengthen my faith and inspire a life of gratitude and service. Draw me closer to You in this sacred moment. *Amen.* ?

















Your Verse

Matthew 26:36-46 - Jesus prays in the Garden

Supporting Scriptures

- Mark 14:32-42 Jesus' sorrowful prayer
- Luke 22:39-46 Jesus' submission to the Father's will







Devotional: Surrendering to God's Will in Suffering

Jesus retreats to the Garden of Gethsemane, overwhelmed with sorrow and facing the weight of what is to come.

He prays earnestly, asking if the cup of suffering might pass from Him, yet submits fully to the Father's will.

This moment reveals Jesus' true humanity alongside His divine obedience.

He wrestles with fear and pain but chooses surrender over escape—demonstrating the cost of salvation is borne willingly.

Consider how Jesus' example of prayer and submission can encourage you when facing your own trials and fears.

Do you trust God's plan even in moments of deep uncertainty and pain?







Reflect and Apply

| | How does Jesus' prayer in Gethsemane challenge your response to hardship? |
|----|---|
| | |
| 2. | What fears or struggles can you bring to God with honesty today? |
| | |
| 3. | In what ways can submission to God's will bring peace amid trials? |
| | |
| | |







Journaling Prompts

| Write about a time you struggled to trust God but chose to surrender. |
|---|
| |
| Describe how prayer helps you面对痛苦和不确定性。 |
| |
| List ways to cultivate a heart of obedience like Jesus'. |
| |
| |







Prayer for Today

Father God, teach me to surrender my fears and desires to Your perfect will. Like Jesus in Gethsemane, help me to trust You fully even when the road is hard. Be my strength when I am weak and my peace amid uncertainty. *I yield to You today, Lord.* Amen.









Day 6: Betrayed by a Friend









Day 6: Day 6: Betrayed by a Friend

Your Verse

Matthew 26:47-56 - Judas betrays Jesus

Supporting Scriptures

- John 18:1-11 Judas leads soldiers to arrest Jesus
- Psalm 41:9 'Even my close friend' turned against me







Day 6: Day 6: Betrayed by a Friend

Devotional: Grace Despite Betrayal

In a painful act of betrayal, Jesus is delivered into the hands of His enemies by one of His own disciples, Judas Iscariot.

Despite His innocence and love, He faces rejection from those closest to Him—a reminder of human frailty and betrayal's sting.

Jesus' response, however, is marked by resilience and grace. He willingly allows Himself to be taken, fulfilling prophecy and moving closer to the purpose of salvation.

This betrayal invites us to consider how we respond when others hurt or disappoint us. Jesus teaches us forgiveness and faithfulness even in the darkest moments.

Can you forgive those who have betrayed you, trusting God's greater plan?







Day 6: Detrayed by a Friend

Reflect and Apply

| | Reflect on any personal experience of betrayal and how it affected your faith. |
|----|--|
| | |
| | How does Jesus' grace amidst betrayal inspire your response to hurtful situations? |
| | |
| 3. | What steps can you take to forgive and release bitterness? |
| | |
| | |







Day 6: Detrayed by a Friend

Journaling Prompts

| 1. | Write down feelings you have about betrayal and forgiveness. |
|----|---|
| | |
| | |
| | |
| 2. | Recall how God has comforted you through painful experiences. |
| | |
| | |
| | |
| 3. | List practical ways you can extend grace like Jesus. |
| | |
| | |
| | |







Day 6: Detrayed by a Friend

Prayer for Today

Lord Jesus, You know the pain of betrayal intimately. Teach me to forgive as You did, even when it feels impossible. Heal my wounds and replace bitterness with love. Help me trust Your sovereign plan above every hurt. Thank You for Your enduring grace. Amen. ••• —

















Your Verse

Mark 14:53-65 - Jesus before the Sanhedrin

Supporting Scriptures

- Matthew 26:57-68 False witnesses accuse Jesus
- Isaiah 53:7 He was oppressed and afflicted, yet did not open His mouth







Devotional: Quiet Strength in the Face of Injustice

Jesus stands silently before the religious leaders who falsely accuse and condemn Him.

Despite the injustice, He does not defend Himself but fulfills the prophecy of the suffering servant who bears our sins.

This submission highlights Jesus' sacrifice and trust in the Father. He willingly accepts unjust treatment, knowing it is necessary for redemption.

Today, reflect on Jesus' example of quiet strength amid persecution. When facing unfair treatment, can you also choose faith and patience?

How does Jesus' endurance inspire you to trust God in difficult circumstances?







Reflect and Apply

| | How do you respond to unfair treatment, and how can Jesus' example guide you? |
|----|---|
| | |
| 2. | What does Jesus' silence teach about trusting God's timing? |
| | |
| 3. | Where do you need strength to endure trials without bitterness? |
| | |
| | |







Journaling Prompts

| 1. | Write about a time you faced injustice but chose to trust God. |
|----|--|
| | |
| 2. | Reflect on how silent endurance can be a powerful witness. |
| | |
| 3. | Identify areas in your life needing God's peace and strength. |
| | |







Prayer for Today

Jesus, You endured unjust accusations with peace and trust. Help me to respond with patience and faith when faced with trials. Strengthen my spirit to endure hardships without anger or despair. Teach me to trust Your perfect justice and timing. *Be my refuge and strength.* Amen. \triangle

















Your Verse

John 19:1–3 – Jesus is flogged and mocked

Supporting Scriptures

- Isaiah 53:5 He was pierced for our transgressions
- Psalm 22:7-8 Mocked by all who see Him







Devotional: Wounds That Bring Healing

Jesus undergoes brutal physical suffering, scourged and mocked by soldiers who deride Him as a king.

These acts of humiliation fulfill prophecy and reveal the cost of our forgiveness.

Jesus willingly endures pain and shame so we could be reconciled to God. His body bears the wounds necessary for our healing and salvation.

As you meditate on this suffering, consider the depth of God's love demonstrated through such selfless sacrifice.

What does this sacrificial love mean for how you live and relate to others today?







Reflect and Apply

| | How does Jesus' suffering personally touch your understanding of God's love? |
|----|--|
| | |
| 2. | Are there areas in your life that need healing through His sacrifice? |
| | |
| 3. | How can you reflect Christ's love to others in practical ways? |
| | |
| | |







Journaling Prompts

| Describe how Jesus' wounds bring you spiritual and emotional healing. |
|---|
| |
| Write about the significance of His willingness to suffer for you. |
| |
| List ways to demonstrate sacrificial love in your relationships. |
| |
| |







Prayer for Today

Father, thank You for the deep love shown in Jesus' suffering. Help me never to take for granted the price He paid for my redemption. Heal my wounds and empower me to love others as He loved me. May His sacrifice inspire a life of grace and service. *In Jesus' name, Amen.* ☒☒☒

















Your Verse

Matthew 27:27-31 - Soldiers mock Jesus

Supporting Scriptures

- Mark 15:16-20 A crown of thorns placed on His head
- Psalm 22:1-2 'My God, my God, why have you forsaken me?'







Devotional: The Humble King Crowned with Thorns

Jesus, the true King, is ridiculed by soldiers who dress Him in mock royalty with a crown of thorns and a purple robe.

Though mocked, His kingship is real and eternal—His kingdom is not of this world.

His suffering and humiliation remind us that earthly power and glory are fleeting compared to God's kingdom. Jesus chooses to bear shame for our salvation, showing that true greatness comes through sacrifice.

Think today about what it means to follow a king who defeated sin and death by humbling Himself.

How can you honor Jesus as King in your life, especially when it contrasts with worldly values?







Reflect and Apply

| | What does Jesus' humility and suffering say about the nature of true leadership? |
|----|--|
| | |
| 2. | How can you embody servant leadership in your community? |
| | |
| 3. | In what ways do you struggle with honoring Jesus' kingship daily? |
| | |
| | |







Journaling Prompts

| 1. | Write about moments you've experienced God's leadership in your life. |
|----|---|
| | |
| 2. | Reflect on attitudes that need aligning with Jesus' kingdom values. |
| | |
| 3. | List practical ways to demonstrate humility and service this week. |
| | |







Prayer for Today

King Jesus, You wore a crown of thorns to save me. Teach me to follow Your example of humility and sacrificial love. Help me submit to Your kingship and live according to Your kingdom values, not worldly approval. *Reign in my heart today. Amen.*

















Your Verse

John 19:16-17 - Jesus carries His cross

Supporting Scriptures

- Luke 23:26–31 Simon helps carry the cross
- Isaiah 53:4-6 He bore our griefs and carried our sorrows







Devotional: Following Jesus by Carrying Our Own Cross

Jesus takes up His cross, physically and spiritually burdened by the weight of sin for the world.

He walks toward Golgotha, the place of crucifixion, embodying love that bears suffering for others.

His journey symbolizes our own call to take up the cross daily. It is a call to follow Him through sacrifice, surrender, and self-denial.

Consider what carrying your cross means—letting go of selfish desires and embracing God's transformative work in your life.

Are you willing to walk the path of obedience and love, no matter the cost?







Reflect and Apply

| 1. | What crosses are you carrying or avoiding in your spiritual journey? |
|----|--|
| | |
| 2. | How does Jesus' endurance inspire perseverance in your challenges? |
| | |
| 3. | What does daily surrender to God look like in your life? |
| | |
| | |







Journaling Prompts

| 1. | Write about struggles you're inviting God to help you carry. |
|----|--|
| | |
| 2. | Describe ways you can intentionally follow Jesus' example this week. |
| | |
| 3. | Reflect on how surrendering control brings freedom. |
| | |







Prayer for Today

Jesus, You bore the cross for my salvation. Give me strength to carry my own crosses with faith and courage. Teach me surrender and obedience in all things, trusting Your grace to sustain me. *Thank You for walking this path before me*. Amen.

















Your Verse

Luke 23:33-38 - Jesus is crucified

Supporting Scriptures

- Psalm 22:16 They pierce my hands and my feet
- John 19:18 Jesus is crucified between two criminals







Devotional: The Ultimate Sacrifice of Love

Jesus is nailed to the cross, enduring excruciating pain and humiliation.

His hands and feet pierced, He hangs between two criminals, fulfilling God's plan for salvation.

Each nail represents the price paid for our sins and the depth of Jesus' love. Through this sacrifice, the barrier between God and humanity is broken.

As you reflect on this powerful moment, consider the magnitude of grace offered freely to you.

How does understanding the cost of the cross affect the way you view your life and God's mercy?







Reflect and Apply

| 1. | How does the image of Jesus nailed to the cross move your heart? |
|----|---|
| | |
| 2. | What does Jesus' sacrifice teach you about God's mercy and forgiveness? |
| | |
| 3. | How can you live in gratitude for this gift daily? |
| | |







Day 11: <a> Nailed to the Cross

Journaling Prompts

| 1. | Write about your thoughts and feelings on Jesus' crucifixion. |
|----|---|
| | |
| 2. | Reflect on ways God's mercy has changed your life. |
| | |
| 3. | List practical responses to the gift of grace He offers. |
| | |







Prayer for Today

Lord Jesus, thank You for enduring the cross for me. Help me to never take for granted the price You paid. Fill my heart with gratitude and inspire me to live a life worthy of Your sacrifice. *May I always proclaim Your love and grace.* Amen. \checkmark

















Your Verse

Luke 23:34 - 'Father, forgive them...'

Supporting Scriptures

- Romans 5:8 Christ died for us while we were sinners
- Colossians 3:13 Forgive as the Lord forgave you







Devotional: Forgiveness in the Midst of Suffering

From the cross, Jesus utters a profound prayer, 'Father, forgive them, for they do not know what they are doing.'

Even in unimaginable pain, He embodies forgiveness and mercy.

This truth challenges us to forgive those who hurt and wrong us. Jesus models unconditional grace that transcends human limits.

Reflect on your own heart: is there someone you need to forgive? How can you extend God's mercy to others?

The cross invites us into the freedom and healing of forgiveness.







Reflect and Apply

| 1. | Who do you find difficult to forgive, and why? |
|----|---|
| | |
| | |
| 2. | What barriers does forgiveness break down in your life? |
| | |
| | |
| 3. | How can Jesus' example reshape your relationships? |
| | |
| | |







Journaling Prompts

| 1. | Write a letter (not to be sent) forgiving someone or asking for forgiveness. |
|----|--|
| | |
| 2. | Reflect on how forgiveness could bring peace to your heart. |
| | |
| 3. | List biblical promises that encourage forgiveness. |
| | |







Prayer for Today

Jesus, Your prayer of forgiveness moves my heart deeply. Help me to forgive others as You have forgiven me. Free me from bitterness and fill me with Your peace. Teach me to love unconditionally even when it's hard. *Thank You for Your mercy. Amen.* \swarrow \heartsuit

















Your Verse

Luke 23:39-43 - Jesus' promise to the repentant thief

Supporting Scriptures

- John 3:16 Whoever believes in Him shall not perish but have eternal life
- 2 Corinthians 5:21 He became sin for us, so that we might become righteous







Devotional: Grace and Salvation for All Who Believe

One of the criminals crucified alongside Jesus acknowledges His innocence and asks to be remembered in His kingdom.

Jesus responds with a promise: 'Today you will be with me in paradise.'

This encounter reveals the boundless grace available even in our final moments. Salvation is a gift of faith, not works.

Consider the hope the cross offers to all regardless of past mistakes—a fresh start through Jesus' blood.

Are you resting in the assurance of His promise today?







Reflect and Apply

| 1. | How does this promise affect your understanding of God's mercy? |
|----|---|
| | |
| 2. | In what ways can you share this message of hope with others? |
| | |
| 3. | What does it mean to live with confidence in Jesus' salvation? |
| | |
| | |







Journaling Prompts

| 1. | Write about how you personally received Jesus' gift of grace. |
|----|---|
| | |
| 2. | Reflect on the difference faith makes in your daily life. |
| | |
| 3. | List people you can pray for to experience this hope. |
| | |







Prayer for Today

Lord Jesus, thank You for the promise of eternal life to all who trust in You. Strengthen my faith and help me to live securely in Your grace. May I always share Your hope with those who need it most. *Thank You for loving me completely. Amen.* *

















Your Verse

John 19:25-27 - Jesus entrusts Mary to John

Supporting Scriptures

- Psalm 68:5 A father to the fatherless, defender of widows
- Proverbs 31:25–28 Strength and dignity clothe her







Devotional: Love and Responsibility Amid Suffering

From the cross, Jesus shows tender care for His mother by entrusting her to the beloved disciple.

Even amid agony, He fulfills familial responsibilities and models love that reaches beyond personal suffering.

This scene encourages us to love and care for others, upholding relationships in hardship.

Reflect on the ways Jesus' example calls us to compassion and responsibility in our communities and families.

How can you extend love and care faithfully, inspired by Christ's example?







Reflect and Apply

| 1. | How does Jesus' care from the cross speak to your own relationships? |
|----|--|
| | |
| 2. | In what areas can you show faithful love despite challenges? |
| | |
| 3. | What steps will you take to support those in need today? |
| | |







Journaling Prompts

| 1. | Write about people you feel called to care for intentionally. |
|----|---|
| | |
| | |
| | |
| 2. | Reflect on ways suffering can deepen compassion and service. |
| | |
| | |
| 3. | List practical actions to love others well this week. |
| | |
| | |







Prayer for Today

Jesus, thank You for showing us love even in pain. Help me to care faithfully for those around me. Give me a compassionate heart and strength to serve others well. May Your love flow through me into all my relationships. *Amen.*



















Your Verse

Matthew 27:45-50 - Darkness covers the land during crucifixion

Supporting Scriptures

- Joel 2:31 Blood, fire, and pillars of smoke
- Amos 8:9 The sun will go down at noon







Devotional: God's Justice and Mercy Intersect

As Jesus hangs on the cross, a supernatural darkness covers the land from noon until 3 PM.

This extraordinary sign reflects the gravity of the moment when sin confronts its conqueror.

The darkness echoes the spiritual weight of judgment turning toward love and redemption.

Pause to consider the cosmic significance of Christ's sacrifice and how it shifts the course of history and your life.

What does this darkness reveal about God's justice and mercy?







Reflect and Apply

| | How does the image of darkness during the crucifixion affect your understanding of that moment? |
|----|---|
| | |
| 2. | What do you learn about God's nature in the balance of justice and mercy? |
| | |
| 3. | How does Christ's sacrifice impact your daily walk with God? |
| | |
| | |







Journaling Prompts

| 1. | Write about fears or uncertainties God has helped you through. |
|----|--|
| | |
| 2. | Reflect on ways God's justice and mercy are evident in your life. |
| | |
| 3. | List moments when God's grace overwhelmed difficult circumstances. |
| | |
| | |







Prayer for Today

Lord, Your justice and mercy meet perfectly in Jesus' sacrifice. Help me to trust Your righteous plan even when I don't understand it fully. Thank You for the hope that comes through the cross. May Your light break through any darkness in my heart today. *Amen.* \triangle \nearrow









Day 16: Jesus' Cry of Forsakenness









Day 16: See Jesus' Cry of Forsakenness

Your Verse

Matthew 27:46 - 'My God, my God, why have you forsaken me?'

Supporting Scriptures

- Psalm 22:1 A cry from the depths
- Hebrews 5:7 Jesus' prayers and supplications with loud cries







Day 16: Jesus' Cry of Forsakenness

Devotional: God Understands Our Deepest Pain

On the cross, Jesus experiences the weight of separation from the Father, crying out in profound anguish.

This moment reveals the full cost of bearing humanity's sin—experiencing separation so we might be reconciled.

Jesus' honest cry shows us that God understands deep pain and abandonment.

While this prayer expresses deep suffering, it also points to hope through the fulfillment of God's redemptive plan.

When you face feelings of abandonment or despair, remember Jesus understands and intercedes for you.







Day 16: (2) Jesus' Cry of Forsakenness

Reflect and Apply

| Have you ever felt abandoned or alone? How does Jesus' cry comfort you? |
|---|
| |
| How can you bring your honest emotions to God in prayer? |
| |
| What hope does Jesus' suffering give you amid personal trials? |
| |
| |







Day 16: (2) Jesus' Cry of Forsakenness

Journaling Prompts

| | Write about a time you felt distant from God and how you prayed through it. |
|----|---|
| | |
| 2. | Reflect on ways to be honest with God about your struggles. |
| | |
| 3. | List Scriptures that bring you comfort in moments of pain. |
| | |
| | |







Day 16: Jesus' Cry of Forsakenness

Prayer for Today

Father, thank You for Jesus' faithfulness even in abandonment. Help me to trust You when I feel alone or forsaken. Comfort my heart and remind me that You are always near. May Jesus' suffering give me hope and strength today. *Amen.* (2) \(\bigcirc

















Your Verse

John 19:28-30 - 'It is finished.'

Supporting Scriptures

- Revelation 5:9 Jesus' sacrifice is worthy
- Isaiah 53:10 By His wounds, we are healed







Devotional: Victory Through Finished Work

After hours of agony, Jesus declares, 'It is finished,' signifying the completion of His redemptive work.

He surrenders His spirit—a victorious King accomplishing salvation.

This declaration brings hope, signaling sin's defeat and the opening of the way to eternal life.

Reflect on the power of these words and the freedom they bring to all who trust in Jesus.

How does knowing Jesus completed the work change your outlook on life and death?







Reflect and Apply

| 1. | What freedom do you experience knowing Jesus' work is complete? |
|----|---|
| | |
| 2. | How can you live in the light of this victory daily? |
| | |
| 3. | What fears does this truth help you overcome? |
| | |







Journaling Prompts

| 1. | Write about how Jesus' declaration impacts your faith. |
|----|---|
| | |
| 2. | Reflect on areas where you need to trust His finished work. |
| | |
| | |
| 3. | List ways you can celebrate the victory of the cross. |
| | |
| | |







Prayer for Today

Jesus, thank You for completing the work of salvation. Help me to live each day in the freedom You provide. Strengthen my faith and remove fear of death. May I proclaim Your victory and share Your love with others. *Amen. €*











Day 18: **▼** The Burial of Jesus









Your Verse

Luke 23:50-56 - Jesus is laid in the tomb

Supporting Scriptures

- Isaiah 53:9 He was assigned a grave with the wicked
- Psalm 16:10 You will not abandon me to the realm of the dead







Devotional: Hope Buried, Awaiting Resurrection

After Jesus' death, Joseph of Arimathea courageously requests His body and lays it in a new tomb.

The silence of the grave envelops Jesus, but only for a moment.

The burial signifies the completion of Jesus' earthly mission. Yet it also prepares the way for the miracle of resurrection and new life.

Consider the hope buried even in death—the promise that life triumphs over the grave.

How does the burial remind you of God's faithfulness in darkness?







Reflect and Apply

| What darkness or losses in your life need to be surrendered to God? | |
|--|--|
| | |
| How can the reality of resurrection bring hope in difficult seasons? | |
| | |
| What does trusting God through 'burial' moments teach you? | |
| | |
| | How can the reality of resurrection bring hope in difficult seasons? |







Journaling Prompts







Prayer for Today

God, thank You for Your faithfulness even in the silence of the tomb. Help me to trust in Your promises when life feels dark. Fill me with hope in the resurrection and new beginnings. May I cling to Your unfailing love always. *Amen.* ☒ ☒ ☒









Day 19: A The Resurrection Morning









Day 19: 🔒 The Resurrection Morning

Your Verse

Matthew 28:1-10 - The empty tomb

Supporting Scriptures

- Luke 24:5-7 He is not here; He has risen
- 1 Corinthians 15:20 Christ is risen from the dead







Day 19: A The Resurrection Morning

Devotional: New Life in the Resurrection

The dawn breaks with earth-shaking news: Jesus is risen, defeating death and sin!

The empty tomb symbolizes new life and the fulfillment of God's promises.

This resurrection is the cornerstone of our faith, offering hope beyond the grave.

Reflect on what resurrection power means for you personally—renewal, freedom, and eternal life.

How does this victory inspire you to live in joy and hope each day?







Day 19: 📤 The Resurrection Morning

Reflect and Apply

| 1. | What areas of your life need resurrection power today? |
|----|---|
| | |
| 2. | How can living in the hope of the resurrection affect your attitudes and actions? |
| | |
| 3. | What does eternal life mean to you personally? |
| | |
| | |







Day 19: 📤 The Resurrection Morning

Journaling Prompts

| 1. | Write about how the resurrection has transformed your faith. |
|----|--|
| | |
| 2. | Reflect on ways to share resurrection hope with others. |
| | |
| 3. | List fresh starts you feel called to embrace. |
| | |







Day 19: A The Resurrection Morning

Prayer for Today

Risen Savior, thank You for conquering death and bringing new life. Fill me with the joy and hope of the resurrection every day. Empower me to live boldly for You and share this life-changing news with the world. *Amen.*





















Day 20: Appearance to the Disciples

Your Verse

John 20:19-29 - Jesus appears to the disciples

Supporting Scriptures

- Luke 24:36-43 Jesus shows His hands and feet to the disciples
- Acts 1:3 Jesus proves He is alive







Day 20: Appearance to the Disciples

Devotional: Peace and Commission After Resurrection

After His resurrection, Jesus appears to His disciples, bringing peace and reassurance.

He shows His wounds, proving He is alive and inviting them to believe and be sent as witnesses.

Jesus restores faith and commissions His followers to carry the gospel forward.

Reflect on the peace Jesus offers amid doubt and fear and the mission entrusted to believers.

How does His presence encourage you to live boldly for Him?







Day 20: 💢 Appearance to the Disciples

Reflect and Apply

| | What doubts have you struggled with, and how can Jesus' peace calm them? |
|----|--|
| | |
| 2. | How are you being called to share the gospel in your sphere? |
| | |
| 3. | What role does faith play in facing uncertainty? |
| | |
| | |







Day 20: 💢 Appearance to the Disciples

Journaling Prompts

| 1. | Write about a time God gave you peace amid fear or doubt. |
|----|--|
| | |
| 2. | Reflect on ways you can share Jesus' love with others this week. |
| | |
| | |
| 3. | List personal gifts God can use for His kingdom. |
| | |
| | |







Day 20: ₹ Appearance to the Disciples

Prayer for Today

Jesus, thank You for Your peace and presence today. Calm my doubts and fill me with boldness to share Your love. Use me faithfully for Your purposes, trusting Your guidance always. *Amen.* ₩ Д ♥

















Your Verse

Acts 1:4-8 - Jesus promises the Holy Spirit

Supporting Scriptures

- John 14:26 The Spirit will teach and remind you
- Romans 8:11 The Spirit gives life to our mortal bodies







Devotional: Living Empowered by the Holy Spirit

Before ascending, Jesus promises the gift of the Holy Spirit to empower His followers to be His witnesses.

This Spirit equips believers with wisdom, courage, and strength for the mission ahead.

The journey to the cross culminates in resurrection life and Spirit-filled power.

As you conclude this study, reflect on how the Holy Spirit empowers you daily to live out the love and sacrifice of Christ.

Are you open to receive and be led by His presence and power?







Reflect and Apply

| 1. | How have you experienced the Holy Spirit's guidance in your life? |
|----|---|
| | |
| 2. | In what areas do you need greater boldness or wisdom? |
| | |
| 3. | What does it mean to live Spirit-empowered for Christ? |
| | |







Journaling Prompts

| 1. | Write about moments when you felt empowered by God's Spirit. |
|----|--|
| | |
| 2. | Reflect on ways to be more open to the Spirit's leading. |
| | |
| 3. | List spiritual gifts you want to grow in and use. |
| | |







Prayer for Today

Holy Spirit, come and fill me afresh. Empower me to live boldly for Jesus and share His love with courage. Teach me, guide me, and give me strength to fulfill the mission God has for me. *I surrender to Your power today. Amen.* \(\bigce\)









Where God's Word Meets Your Daily Life



We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



- 100k+ Bible Study Plans on every topic of life
- Access studies anytime on your phone, tablet, or computer
- Studies for individuals, families, small groups, and churches
- Secure online journaling or keep using print for privacy
- A place to grow your faith alongside believers worldwide

Bonus for You:

Download exclusive study bundles and resources when you create a free HolyJot account. No spam. No gimmicks. Just God's Word.

Visit Now:

- * www.HolyJot.com
- Scan this QR code to start your next Bible Study today:

We'd love to hear your story. Email us at info@holyjot.com.



Connect with us at:

Facebook • Instagram • YouTube • TikTok

You are welcome to share this PDF with others.

© 2025 HolyJot LLC. All Rights Reserved.

ase keep it intact so the full study and credits remain.