






Knowing Jesus Personally: Building a Real Relationship



Move beyond facts about Jesus to knowing Him personally as your friend and Savior through prayer, trust, and intentional connection.

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Introduction

Welcome to this transformative 3-day journey designed especially for teens looking to move beyond just knowing about Jesus to truly knowing Him personally. In a world full of noise and distractions, it's easy to know facts about Jesus or recite Bible stories, but not experience a deep and meaningful friendship with Him. This study invites you to step into an authentic relationship with Jesus — a friendship rooted in trust, love, and daily communication.

Many teens feel curious or even anxious about faith. They wonder: Is Jesus real to me? Does He really care about my struggles, hopes, and dreams? This study affirms that Jesus wants to be more than an idea — He longs to be your closest friend and Savior, guiding you every step of the way. You will encounter Scripture that reveals His heart, learn how prayer connects you intimately to Him, and discover the power of inviting Jesus into your everyday life.

Over the next three days, you'll be challenged to move from head knowledge to heart encounter. You will be encouraged to open up with Jesus honestly in prayer, listen for His voice, and experience His love in new ways. Even if you've tried before or don't know where to start, this plan is for you — because true relationship with Jesus is about relationship, not perfection.

Get ready to engage with God's Word, reflect deeply, and journal your thoughts as you discover the incredible joy of knowing Jesus personally. This



is just the beginning of a lifelong friendship that transforms your heart, changes your perspective, and fills you with hope and purpose.





Day 1: Start Your Journey with Jesus



Day 1: 🧡 Start Your Journey with Jesus

Your Verse

John 15:15 - "I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you."

Supporting Scriptures

- *Revelation 3:20 - "Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with that person, and they with me."*
- *Psalms 34:18 - "The LORD is close to the brokenhearted and saves those who are crushed in spirit."*



Day 1: 🧡 Start Your Journey with Jesus

Devotional: Jesus Invites You to Be His Friend

Jesus invites you into friendship, not just obedience. In John 15:15, Jesus calls His followers friends, revealing that knowing Him goes beyond rules or religion. Friendship means sharing life, feelings, and secrets. It's personal. Jesus wants to share everything with you — your fears, hopes, joys, and questions.

Think about relationships in your life. A good friend listens, cares, and is present. Jesus promises to be exactly that and more. He stands at the door of your heart, ready to enter when you open it (Revelation 3:20). This is an invitation to start a genuine relationship by simply saying yes — to invite Him into your life.

Friendship with Jesus means you are never alone. When you feel brokenhearted or crushed by life's challenges, Jesus draws near to comfort and heal (Psalm 34:18). No matter what your past looks like or what you're dealing with today, He loves you and wants to walk with you.

Today, take a moment to invite Jesus to be your friend, listen to His voice, and recognize how close He already is to you.



Day 1: 🧡 Start Your Journey with Jesus

Reflect and Apply

1. How do you view Jesus: as a distant figure or a close friend? Why?

2. What keeps you from opening the door of your heart to Jesus?

3. Can you recall a time when you felt Jesus was close to you in a tough moment?



Day 1: 🧡 Start Your Journey with Jesus

Journaling Prompts

1. Write a letter to Jesus inviting Him to be your personal friend.

2. Describe what friendship with Jesus would look like in your daily life.

3. List ways you can recognize Jesus' presence throughout your day.



Day 1: 🧡 Start Your Journey with Jesus

Prayer for Today

Dear Jesus, I thank You for calling me Your friend. I accept Your invitation to know You personally and open the door of my heart to You today. Help me listen closely to Your voice and trust that You are near, especially when I feel alone or hurt. Teach me to walk with You daily as my Savior and closest companion. Thank You for loving me unconditionally and wanting to share my life with me. In Your name, I pray. Amen.





Day 2: 🙏 Connecting Through Prayer



Day 2: 🙏 Connecting Through Prayer

Your Verse

Philippians 4:6 - "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."

Supporting Scriptures

- *1 Thessalonians 5:17 - "Pray continually."*
- *Matthew 6:6 - "But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you."*



Day 2: 🙏 Connecting Through Prayer

Devotional: Prayer: Talk and Listen to Jesus Daily

Prayer is the lifeline of a personal relationship with Jesus. Just like any good friendship flourishes through communication, your friendship with Jesus deepens when you talk to Him regularly. Philippians 4:6 encourages us to bring all our worries, hopes, and needs to God through prayer with a thankful heart.

Prayer doesn't have to be formal or perfect. It's simply talking to Jesus honestly — sharing your day, asking for help, or just sitting quietly in His presence. Jesus listens no matter where or how you pray, even in secret (Matthew 6:6).

Sometimes, teens feel unsure about how to pray or think their prayers won't be heard. But 1 Thessalonians 5:17 reminds us to pray continually, meaning it's okay to keep it simple and frequent. Like chatting with a close friend anytime you want. This ongoing conversation builds trust and helps you recognize God's guidance and peace.

Today, focus on praying throughout your day, knowing Jesus is eager to hear and respond. Notice how your heart changes as you share honestly and listen for His whisper.



Day 2: 🙏 Connecting Through Prayer

Reflect and Apply

1. How comfortable do you feel talking to Jesus right now?

2. What might help you pray more naturally and regularly?

3. In what ways has prayer brought you peace or clarity before?



Day 2: 🙏 Connecting Through Prayer

Journaling Prompts

1. Write a simple prayer telling Jesus about your day or feelings.

2. List things you're thankful for and include them in prayer.

3. Describe what you hear or feel when you spend quiet time praying.



Day 2: 🙏 Connecting Through Prayer

Prayer for Today

Jesus, thank You that I can talk to You anytime I want. Help me to be open and honest in my prayers, sharing everything on my heart. Teach me to listen patiently to Your voice and to trust Your guidance. Even when I feel worried or confused, remind me to turn to You first. Thank You for always being near, ready to hear my thoughts and to fill me with peace. In Your loving name, Amen.





Day 3: 💡 Living in Relationship Every Day



Day 3: 💡 Living in Relationship Every Day

Your Verse

Galatians 2:20 – "I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me."

Supporting Scriptures

- *Colossians 3:17 – "And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him."*
- *John 10:27 – "My sheep listen to my voice; I know them, and they follow me."*



Devotional: Walk Daily with Jesus at Your Side

Knowing Jesus personally means living with Him at the center of every moment. Galatians 2:20 teaches that life changes when we invite Jesus to live within us. Our actions, choices, and attitude flow from this intimate connection, shaped by His love and guidance.

Living in relationship with Jesus means seeking to hear His voice daily and following where He leads (John 10:27). It means thanking Him in everything and doing all that we do in His name (Colossians 3:17). This transforms ordinary moments into opportunities to grow closer, serve others, and reflect His character.

As a teen, it can feel overwhelming to juggle pressures from school, friendships, and your future. But Jesus' presence brings clarity and strength. When challenges arise, you can lean on Him, knowing He will guide your steps. This relationship isn't just about big moments; it's about the small, everyday choices that show your love for Jesus and trust in Him.

Today, ask yourself: How can I live out my friendship with Jesus in every part of my day? Consider simple ways to honor Him in your words, thoughts, and actions, trusting that He walks beside you always.



Day 3: 💡 Living in Relationship Every Day

Reflect and Apply

1. What does it mean for Jesus to 'live in you' personally?

2. How can you recognize Jesus' voice guiding your decisions today?

3. What are practical ways you can demonstrate your friendship with Jesus every day?



Journaling Prompts

1. Write about how you want Jesus to influence your daily choices.

2. List areas of your life where you want to follow Jesus more closely.

3. Describe what trusting Jesus looks like in moments of pressure or uncertainty.



Day 3: 💡 Living in Relationship Every Day

Prayer for Today

Lord Jesus, thank You for living in me and guiding my life. Help me to hear Your voice clearly and to follow Your leading in all I say and do. Teach me to honor You in every moment, big or small, and to trust Your love when life feels hard. May my life reflect Your grace and goodness so others can see You in me. I commit today to walk with You closely as my friend and Savior. Amen.





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