Leading Women with Boldness and God's Strength



A 7-day Bible study empowering women leaders to overcome fear and teach boldly by relying on God's strength.





Table of contents

<u>Introduction</u>	3
Day 1: Courage from God's Promises	5
Day 2: 🔀 Leaning on the Holy Spirit's Power	11
<u>Day 3: ≵ Boldness Rooted in God's Word</u>	17
Day 4: 6 Overcoming Fear with Faith	23
Day 5: Trusting God's Timing and Plans	29
Day 6: V Leading with Love and Humility	35
Day 7: 6 Stepping Forward with Bold Faith	41







Introduction

Welcome to a powerful journey of leadership and faith! Leading a women's Bible study group is a profound privilege and responsibility. It's natural to feel hesitation or fear at the start, but God calls us to lead with courage and spiritual boldness.

Throughout this 7-day plan, we will explore how Scripture equips and encourages women to step into leadership roles confidently. We'll uncover how God's strength, not our own, empowers us to teach His Word effectively and lovingly. Whether you are new to leading or seeking renewed boldness, this study is designed to give practical encouragement rooted in God's promises.

Each day features a focused Scripture, supporting verses, a devotional to nurture your heart, reflection questions to deepen your understanding, journaling prompts to cultivate personal growth, and a prayer to center your leadership on God's power. Together, these elements will help you overcome fear and cultivate boldness in leading women with grace and truth.

Remember, God delights in using ordinary people who trust Him. He calls you by name and has uniquely equipped you for this ministry. So as you meditate on His Word and apply these truths, allow His Holy Spirit to fill you with confidence to teach His Word faithfully. Let His strength be made perfect when you feel weak (*2 Corinthians 12:9*).







Step forward with courage. Your women's Bible study group is waiting for your godly leadership filled with bold love and wisdom.















Your Verse

Joshua 1:9 - "Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go."

Supporting Scriptures

- Isaiah 41:10 "So do not fear, for I am with you; do not be dismayed, for I am your God."
- Psalm 27:1 "The LORD is my light and my salvation—whom shall I fear?"







Devotional: Embracing God's Courageous Call

God's command to Joshua stands as a timeless encouragement for all leaders. You may wonder if you're ready or afraid of not measuring up, but Scripture reminds us that courage is not the absence of fear but obedience to God's call despite fear.

God promises His presence wherever we go. As you prepare to lead, remember it's not your strength but His abiding presence that equips you. Allow His peace to quiet your anxious thoughts and His power to fill your heart.

Bold leadership emerges when we focus on God's unchanging promises instead of our fleeting doubts. Trust that God is already working through you and for your good. Embrace His courage today as you step forward.







Reflect and Apply

	What fears do you face when thinking about leading a women's Bible study?
2.	How does knowing God's presence go with you change your perspective on these fears?
	In what ways can you remind yourself of God's promises when courage feels distant?







Journaling Prompts

1.	Write about a time God helped you be courageous in a difficult situation.
2.	List scriptures that remind you of God's strength and presence.
3.	Describe how you want to grow in boldness as a Bible study leader.







Prayer for Today

Lord, thank You for Your steadfast presence and promises. Help me to replace fear with faith as I prepare to lead. Fill me with boldness that flows from Your strength, and silence any negative thoughts or discouragement. May Your Spirit guide my words and heart as I teach. I surrender my fears to You and trust You fully. *Amen.*







Day 2: W Leaning on the Holy Spirit's Power









Day 2: 😂 Leaning on the Holy Spirit's Power

Your Verse

Acts 1:8 - "But you will receive power when the Holy Spirit comes on you; and you will be my witnesses."

Supporting Scriptures

- Romans 8:26 "The Spirit helps us in our weakness..."
- Ephesians 3:16 "I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being."







Day 2: 😢 Leaning on the Holy Spirit's Power

Devotional: Empowered by the Holy Spirit

Leading takes more than your own wisdom and abilities. It requires divine empowerment that comes from the Holy Spirit. When Jesus told His disciples they would receive power, He meant they would have God's supernatural enablement for bold witness and teaching.

Allow the Holy Spirit to fill you daily. Pray for His guidance in preparation and delivery of Bible study lessons. When fear creeps in, ask the Spirit for strength, courage, and clarity.

Remember, you are not alone. The Spirit is your helper, comforter, and advocate who equips you to speak truth in love. Trust Him to give you the boldness you need to teach faithfully and lead effectively.







Day 2: W Leaning on the Holy Spirit's Power

Reflect and Apply

	How can you intentionally invite the Holy Spirit to empower your Bible study leadership?
2.	What weaknesses can you surrender to God and allow the Spirit to strengthen?
3.	How does relying on the Spirit change your approach to teaching?







Day 2: W Leaning on the Holy Spirit's Power

Journaling Prompts

1.	Write a prayer inviting the Holy Spirit to empower your leadership.
2.	Recall a moment when the Spirit gave you strength in a challenging situation.
	List ways you can be more sensitive to the Spirit's guidance during study preparation.







Day 2: 😂 Leaning on the Holy Spirit's Power

Prayer for Today

Holy Spirit, fill me with Your power and presence. Equip me beyond my natural abilities to lead with boldness and grace. When I feel weak or uncertain, strengthen my inner being. Guide my words and actions so that Your truth is proclaimed clearly and lovingly. Help me to rely fully on You. *Amen.* 😂 🐧 🙏















Your Verse

Hebrews 4:12 - "For the word of God is alive and active... sharper than any double-edged sword."

Supporting Scriptures

- 2 Timothy 3:16 "All Scripture is God-breathed and is useful for teaching..."
- Psalm 119:105 "Your word is a lamp to my feet and a light to my path."







Devotional: Teaching with Confidence from Scripture

Your authority as a leader comes from the Word of God. Confidence flows when we ground our teaching in Scripture instead of our opinions or fears. The living Word penetrates hearts, bringing transformation.

Spend time deeply studying the Bible. Let God's Word renew your mind and prepare you for teaching moments. When you rely on Scripture, you teach with clarity and confidence because you proclaim God's truth, not your own.

Allow the Word to shape you so it shapes those you lead. Every lesson becomes an opportunity to point women to God's promises and wisdom, inspiring bold faith together.







Reflect and Apply

How does deep knowledge of Scripture build your leadership confidence?
In what ways do you rely too much on your own ideas rather than God's Word?
How can you prepare differently to ensure Scripture is at the heart of your teaching?







Journaling Prompts

1.	Write about a passage of Scripture that encourages your leadership.
2.	Outline your process for studying a Bible passage before teaching.
3.	List ways to keep Scripture central in your Bible study lessons.







Prayer for Today

Father, thank You for Your living Word. Help me to study it carefully and teach it faithfully. Let Your Word be my foundation, giving me clarity and boldness. Guard me against relying on my own strength or ideas. Use Your Scriptures to transform hearts, including mine. In Jesus' name, Amen. $\square \ \r$







Day 4: 6 Overcoming Fear with Faith









Day 4: 💪 Overcoming Fear with Faith

Your Verse

2 Timothy 1:7 - "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."

Supporting Scriptures

- Psalm 56:3 "When I am afraid, I put my trust in you."
- Philippians 4:13 "I can do all this through him who gives me strength."







Day 4: 💪 Overcoming Fear with Faith

Devotional: Faith Defeats Fear in Leadership

Fear can grip the heart of even the most well-meaning leaders. But God reminds us that He has not given a spirit of fear but one of power, love, and self-discipline.

Faith breaks the grip of fear. When fear arises, consciously choose to trust God's power working in and through you. Recall past moments God enabled you and let that strengthen your faith.

Love for God and for the women you lead will fuel your courage. Discipline yourself to speak boldly, to prepare diligently, and to pray fervently. Fear will lose its hold as you lean into God's strength.







Day 4: 6 Overcoming Fear with Faith

Reflect and Apply

1.	What fears are most prominent in your leadership journey?
2.	How can power, love, and self-discipline practically counter these fears?
3.	What steps can you take today to choose faith over fear?







Day 4: 6 Overcoming Fear with Faith

Journaling Prompts

1.	Describe a fear you overcame by trusting God.
2.	List ways to cultivate love and self-discipline in your leadership.
3.	Write a prayer of surrender for your fears about leading.







Day 4: 💪 Overcoming Fear with Faith

Prayer for Today

Lord, I reject the spirit of fear today. Fill me instead with Your power, love, and discipline. Help me to trust fully in Your strength and goodness when fear threatens to overwhelm. Teach me to lead with a courageous heart that honors You. May Your Spirit guide and empower every step. *Amen.*















Your Verse

Proverbs 3:5-6 - "Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

Supporting Scriptures

- Ecclesiastes 3:1 "There is a time for everything..."
- Isaiah 40:31 "...those who hope in the LORD will renew their strength."







Devotional: Patience and Trust in God's Plan

One common cause of fear as a leader is impatience or uncertainty about God's timing. We want to see results fast or feel ready quickly. Yet God's path is often different from ours.

Trusting God means submitting your timeline and plans to Him. When you trust God wholeheartedly, He straightens your path even if you can't see all the turns ahead.

Rest in His timing and remain faithful in preparation and service. As you hope in the Lord, He will renew your strength daily. God's plan for your leadership is unfolding perfectly even when invisible.







Reflect and Apply

1.	Where do you struggle with impatience in your leadership role?
2.	How can trusting God's plan reduce anxiety or doubt?
	What practices help you renew hope and strength during uncertain seasons?







Journaling Prompts

1.	Write about a time God's timing was different than yours but good.
2.	List activities that help you surrender control to God.
	Journal your hopes for this Bible study ministry and surrender them to God.







Prayer for Today

Heavenly Father, I trust You with the timing and outcome of my leadership.

Help me to lean not on my own understanding but to submit every plan to You. Renew my strength when I feel weary and remind me that Your timing is perfect. Teach me patience and faithfulness as I serve You. *Amen.* $\mathbb{Z} \bigwedge \mathcal{B}$















Your Verse

Philippians 2:3-4 - "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others."

Supporting Scriptures

- 1 Corinthians 13:4 "Love is patient, love is kind..."
- John 13:14 "Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet."







Devotional: Bold Leadership Marked by Love

True leadership in God's kingdom is grounded in love and humility. Boldness can tempt us toward self-promotion, but Scripture calls us to consider others' needs above our own.

Leading well means serving with a heart shaped by Christ's example. When you lead with love, patience, and humility, women will feel genuinely valued and safe to grow in faith.

Ask the Lord to reveal any pride or selfish ambition and replace them with His servant's heart. Boldness empowered by love becomes an unstoppable force for God's glory.







Reflect and Apply

1.	How does humility enhance bold leadership?
	In what ways can love transform your interactions with the women you lead?
	Are there any selfish ambitions you need to surrender for God-honoring leadership?







Journaling Prompts

1.	Reflect on how Jesus modeled humble leadership.
2.	Write about ways to express love intentionally in your Bible study group.
3.	Journal any prideful tendencies and invite God's grace for transformation.







Prayer for Today

Lord Jesus, teach me to lead with a humble and loving heart. Help me to place the needs of the women I serve above my own. Remove any selfish ambition and fill me with patience, kindness, and grace. May my leadership reflect Your servant heart and draw others closer to You. *Amen.* \heartsuit \curlywedge

















Day 7: 6 Stepping Forward with Bold Faith

Your Verse

Esther 4:14 – "And who knows but that you have come to your royal position for such a time as this?"

Supporting Scriptures

- Hebrews 13:6 "The Lord is my helper; I will not be afraid."
- Psalm 31:24 "Be strong and take heart, all you who hope in the LORD."







Day 7: 6 Stepping Forward with Bold Faith

Devotional: Courageous Leadership for This Season

God places you in your leadership role for a purpose and a season — for such a time as this. Esther's boldness reminds us that God equips us for the moments we have been entrusted with.

As you complete this study, step forward with confidence. Remember all that God has taught you, the Spirit's power available, and the Word as your foundation.

Bold faith means trusting God's hand in every circumstance and moving ahead despite uncertainty. Know that as you lead women in His Word, God is glorified and lives transformed.







Day 7: 🖰 Stepping Forward with Bold Faith

Reflect and Apply

1.	How does Esther's story inspire you to embrace your leadership role?
2.	What bold step of faith is God calling you to take now?
3.	How can you remind yourself daily that God is your helper and strength?







Day 7: 🖰 Stepping Forward with Bold Faith

Journaling Prompts

1.	Write about your calling to lead this women's Bible study.
2.	List practical next steps you will take to lead boldly.
3.	Pray over your leadership ministry, inviting God's continuing guidance.







Day 7: 💍 Stepping Forward with Bold Faith

Prayer for Today

Gracious God, thank You for placing me here for such a time as this. Help me to walk boldly, relying always on Your strength and guidance. Equip me to lead well, teach faithfully, and love sincerely. May my leadership glorify You and build Your kingdom. I step forward in faith and courage. Amen. 6







Where God's Word Meets Your Daily Life



We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



- 100k+ Bible Study Plans on every topic of life
- Access studies anytime on your phone, tablet, or computer
- Studies for individuals, families, small groups, and churches
- Secure online journaling or keep using print for privacy
- A place to grow your faith alongside believers worldwide

Bonus for You:

Download exclusive study bundles and resources when you create a <u>free HolyJot account</u>. No spam. No gimmicks. Just God's Word.

Visit Now:

- * www.HolyJot.com
- Scan this QR code to start your next Bible Study today:

We'd love to hear your story. Email us at info@holyjot.com.



Connect with us at:
Facebook • Instagram • YouTube • TikTok

© 2025 HolyJot LLC. All Rights Reserved.

ase keep it intact so the full study and credits remain.

You are welcome to share this PDF with others.