



Learning from God's Patience in Psalm 86



Explore God's patience through Psalm 86 over 3 days, learning to trust His timing and mercy in our lives.



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Introduction

Welcome to a transformative journey through God's patience as revealed in **Psalm 86**. In a world often marked by haste and impatience, this psalm invites us to pause and reflect on the incredible patience, mercy, and steadfast love that God extends to us daily. God's patience is not passive delay but active compassion, allowing us time to grow, repent, and find peace.

Psalm 86 serves as a powerful prayer of David, expressing deep reliance on God's enduring love and pleading for His mercy. This psalm teaches us about God's gracious character — He is compassionate, slow to anger, and abounding in steadfast love. As we meditate on this passage, we learn how to align our hearts with God's timing, embracing patience in our trials and extending grace to others.

Throughout these three days, you will explore the facets of God's patience and learn practical ways to reflect this divine attribute in your own life. By engaging with Scripture and thoughtful reflection, you will be encouraged to trust God's timing, lean into His mercy, and develop a deeper, more patient relationship with Him and others. May this study inspire a heart that waits confidently on the Lord, experiencing His faithfulness in every season.





Day 1: God's Compassionate Patience



Day 1: 🌿 God's Compassionate Patience

Your Verse

Psalm 86:5 - "You, Lord, are forgiving and good, abounding in love to all who call to you."

Supporting Scriptures

- *Exodus 34:6 - "The Lord, the Lord, the compassionate and gracious God, slow to anger, abounding in love and faithfulness."*
- *Lamentations 3:22-23 - "Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness."*



Day 1: 🌿 God's Compassionate Patience

Devotional: God's Compassion: The Heart of His Patience

God's patience is rooted in His compassion and love. Psalm 86:5 highlights God's forgiving nature and His abundance of love toward those who seek Him. This patience is not mere tolerance; it's a deep, enduring compassion that welcomes us despite our flaws and failures.

Like a loving parent, God patiently waits for us to turn back to Him. His patience is an expression of His grace, giving us time to learn, repent, and grow. When we feel frustrated with ourselves or others, remembering God's patient love can transform our attitude.

Reflect today on God's abundant love and forgiveness. How does understanding God's patience help you extend grace to yourself and those around you? Let this truth encourage you to call upon the Lord confidently, knowing He is always ready to receive you.



Reflect and Apply

1. How have you experienced God's patience in your own life?

2. In what ways can you mirror God's forgiving and loving nature to others?

3. What hinders you from fully trusting God's compassionate timing?



Journaling Prompts

1. Write about a time when God's patience surprised you.

2. Reflect on how God's compassion changes the way you view your mistakes.

3. List ways you can practice patience with yourself and others this week.



Day 1: 🌿 God's Compassionate Patience

Prayer for Today

Father, thank You for Your endless compassion and patience. Help me to remember Your forgiving nature whenever I falter or feel discouraged. Teach me to reflect Your love in my interactions and to wait patiently on Your perfect timing. May Your grace shape my heart today and every day. *In Jesus' name, Amen.* 🙏❤️🌿





Day 2: Trusting God's Timing



Day 2: 🕒 Trusting God's Timing

Your Verse

Psalm 86:15 – "But you, Lord, are a compassionate and gracious God, slow to anger, abounding in love and faithfulness."

Supporting Scriptures

- *Ecclesiastes 3:1 – "There is a time for everything, and a season for every activity under the heavens."*
- *Isaiah 40:31 – "But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."*



Day 2: 🕒 Trusting God's Timing

Devotional: Embracing Hope Through God's Perfect Timing

God's patience reminds us to trust His perfect timing rather than rushing ahead. Psalm 86:15 paints a picture of a God who is abounding in love and faithfully slow to anger. This means that God is not hurried or impatient but acts according to His wise plan, which always aims for our best.

Waiting is never easy, especially when life's challenges press hard on us. Yet, Scripture reassures us that waiting on the Lord renews our strength and aligns us with His divine purposes. Patience isn't passive; it's hopeful expectation rooted in trusting God's faithfulness.

Today, consider the areas in your life where you struggle to trust God's timing. Ask God to help you rest in His sovereignty and to strengthen your hope as you wait. God's timing is always perfect, working through every delay to bring about growth and blessing.



Reflect and Apply

1. What areas in your life challenge your trust in God's timing?

2. How can waiting on God strengthen your faith?

3. In what ways does God's patience give you hope in difficult seasons?



Day 2: 🕒 Trusting God's Timing

Journaling Prompts

1. Describe your feelings when you struggle to wait on God.

2. Write a prayer surrendering your timing to God's plan.

3. List blessings or growth that have come from waiting patiently.



Day 2: 🕒 Trusting God's Timing

Prayer for Today

Lord, teach me to trust Your timing, even when I don't understand the wait. Renew my strength and fill me with hope as I rest in Your faithfulness. Help me to embrace patience as a gift from You and to see Your hand at work in every season. *I trust in Your perfect plan.* Amen. ⌚🕊️💪





Day 3: ✨ Living Out God's Patience



Day 3: ✨ Living Out God's Patience

Your Verse

Psalm 86:3 – "Have mercy on me, Lord, for I call to you all day long."

Supporting Scriptures

- *Colossians 3:12 – "Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience."*
- *James 5:8 – "You too, be patient and stand firm, because the Lord's coming is near."*



Day 3: ✨ Living Out God's Patience

Devotional: Reflecting God's Patience in Our Daily Lives

God's patience not only comforts us but calls us to extend patience to others. David's persistent prayer in Psalm 86:3 models a life lived in continual dependence and trust. Our daily call to God cultivates a heart transformed by His mercy.

As we receive God's patience, we are also empowered to clothe ourselves with patience toward others, reflecting Christ's love in a world that often rushes and judges. This requires humility, kindness, and gentleness — fruits of a Spirit-led life.

Today, reflect on how you can actively live out God's patience. Pray for eyes to see others through God's grace and for a heart willing to wait, forgive, and love selflessly.



Reflect and Apply

1. How does calling on God daily deepen your experience of His patience?

2. In what ways can you embody God's patience in relationships?

3. What practical steps can help you grow in patience and compassion?



Journaling Prompts

1. Write about a relationship where you need to show more patience.

2. List ways to cultivate kindness and gentleness alongside patience.

3. Journal a prayer asking God to help you live out His patience daily.



Day 3: 🌟 Living Out God's Patience

Prayer for Today

Gracious Father, thank You for Your endless patience and mercy. Help me to call on You continually and to reflect Your patience in all my relationships. Teach me to love with kindness and to wait with humility, showing Your grace to those around me. May my life be a mirror of Your steadfast love. *In Jesus' name, Amen.* 🙏❤️🌻





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